CORRIDOR _____CONSULT

CANM* PYP IMAGING GUIDELINES

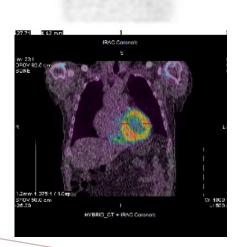
Dr. Cigdem AKINCIOGLU

*Canadian Association of Nuclear Medicine

CLINICAL IMPACT



Dr. Nowell FINE





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LEARNING OBJECTIVES

 Discuss clinical applications of the Canadian Association of Nuclear Medicine (CANM) Cardiac Amyloid PYP Imaging Guidelines through casebased presentations

DISCLOSURES

CIGDEM AKINCIOGLU

• Consulting Fees/Honoraria: Pfizer

I had full editorial control over the content of this presentation and wish to advise that it may contain content that is not consistent with the approved Canadian Product Monographs

NOWELL FINE

- Consulting Fees/Honoraria: Pfizer,
 Akcea/Ionis, Alnylam, Takeda, Sanofi-Genzyme, Astra-Zeneca, Bayer
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- Speaker Fees: Pfizer, Akcea/Ionis, Alnylam
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Canadian Journal of Cardiology 36 (2020) 322-334

Society Position Statement

Canadian Cardiovascular Society/Canadian Heart Failure Society Joint Position Statement on the Evaluation and Management of Patients With Cardiac Amyloidosis

CANM Cardiac Amyloid PYP Imaging Guidelines

https://canm-acmn.ca/guidelines

Cardiac amyloidosis suspected based on standard heart failure workup, including cardiac imaging with either echocardiography and/or CMR, troponin and BNP/NT-proBNP

Screen for plasma cell dyscrasia — serum and urine protein electrophoresis with immunofixation, serum free light chain assay

AL amyloidosis suspected — monoclonal protein present

Hematology referral — biopsy of involved organ, typically EMB, renal, BMB or fat pad (which cannot exclude systemic amyloidosis) with MS or IHC if positive

AL cardiac amyloidosis – (or other type by EMB with MS or IHC)

Cardiac amyloidosis excluded ATTR amyloidosis suspected — monoclonal protein absent

Tc-99m-PYP scan —
if unavailable, perform
EMB with MS or IHC
if positive

ATTR cardiac amyloidosis – perform TTR genetic testing

Positive – hATTR

Cardiac amyloidosis excluded — if equivocal results, consider EMB

Negative – wtATTR

RECOMMENDATION

5. We recommend performance of nuclear scintigraphy with bone-seeking radiotracer (if available) to evaluate for cardiac involvement when ATTR cardiac amyloidosis is suspected after exclusion of AL (Strong Recommendation, Moderate-Quality Evidence).

Low grade PYP uptake can be associated with early TTR or AL

Practical tip. Patients with AL cardiac amyloidosis (or other rare non-ATTR subtypes) might have radiotracer uptake by nuclear scintigraphy, and a positive scan does not exclude AL. Serum and urine screening for monoclonal protein (as described earlier) is required for all patients with suspected cardiac amyloidosis.

Figure 1. Quantitation of Cardiac 99mTc-PYP Uptake Using Heart-to-Contralateral Lung (H/CL) Ratio

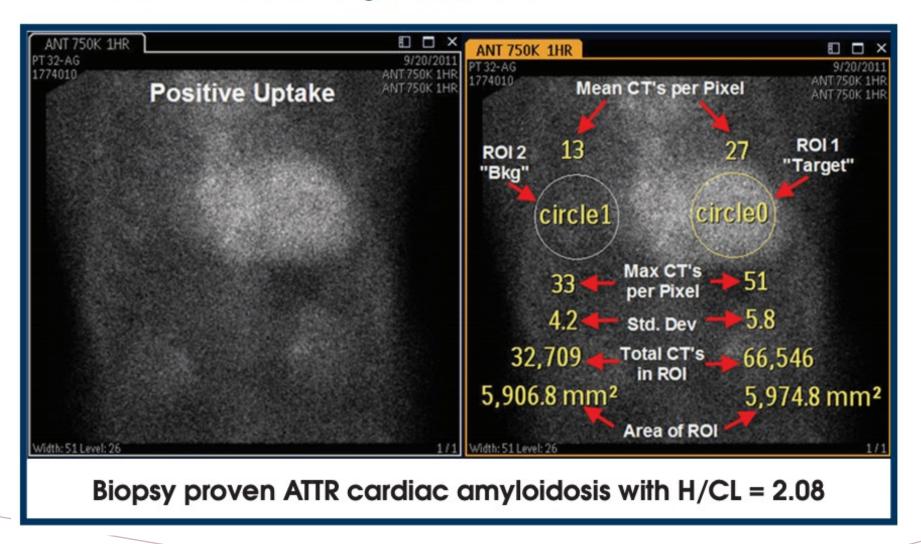
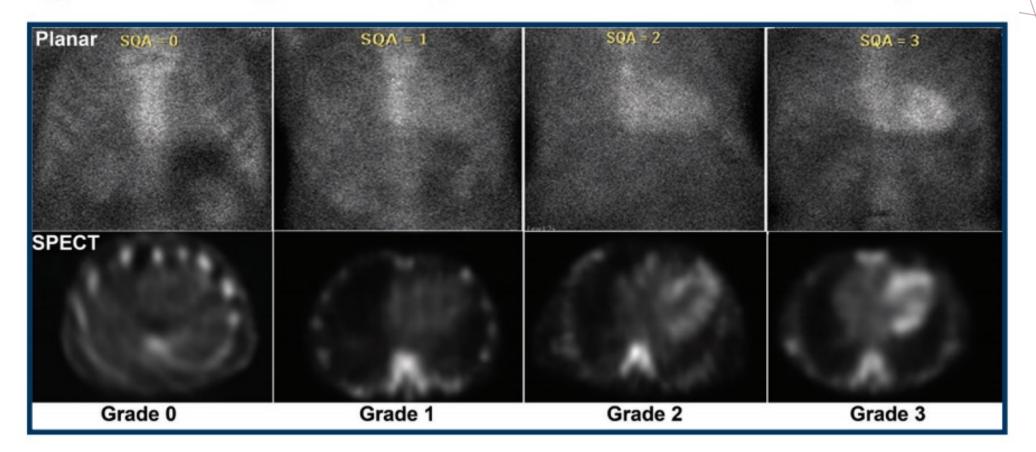


Figure 2. Grading 99mTc-PYP Uptake on Planar and SPECT Images



Visual score

0: absent myocardial uptake

1: myocardial uptake < bone

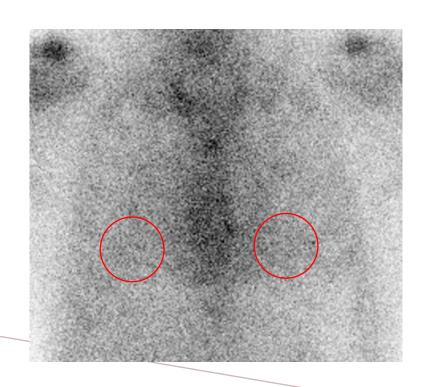
2: myocardial uptake = bone

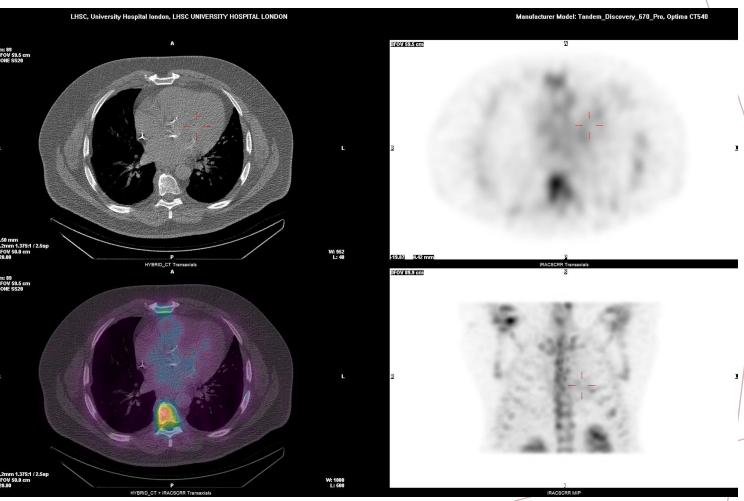
3: myocardial uptake > bone

ASNC Practice Points February 2019 CANM PYP Imaging Guidelines 2021

81 M, HCM Asymmetrical septal hypertrophy

1 hr HCL: 1.0



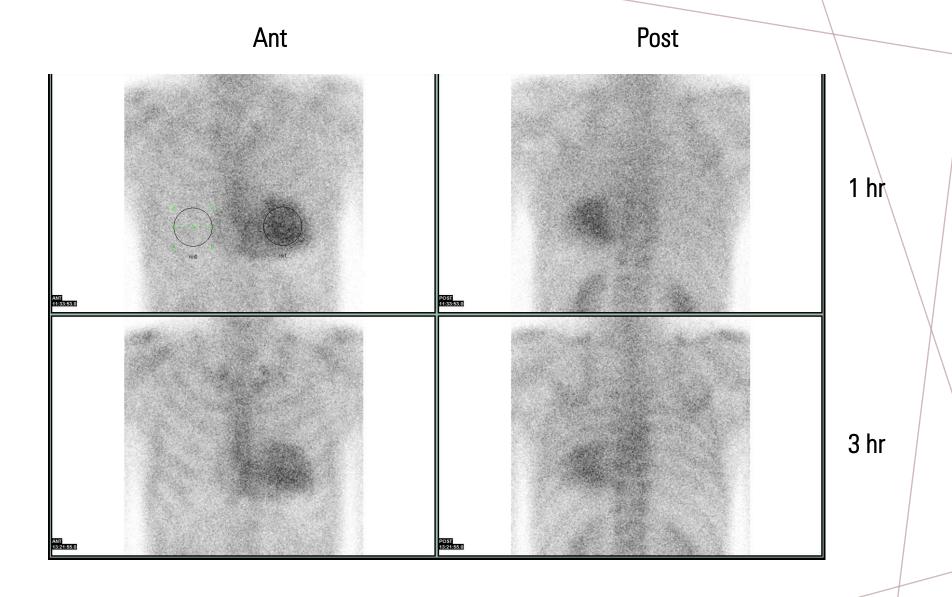


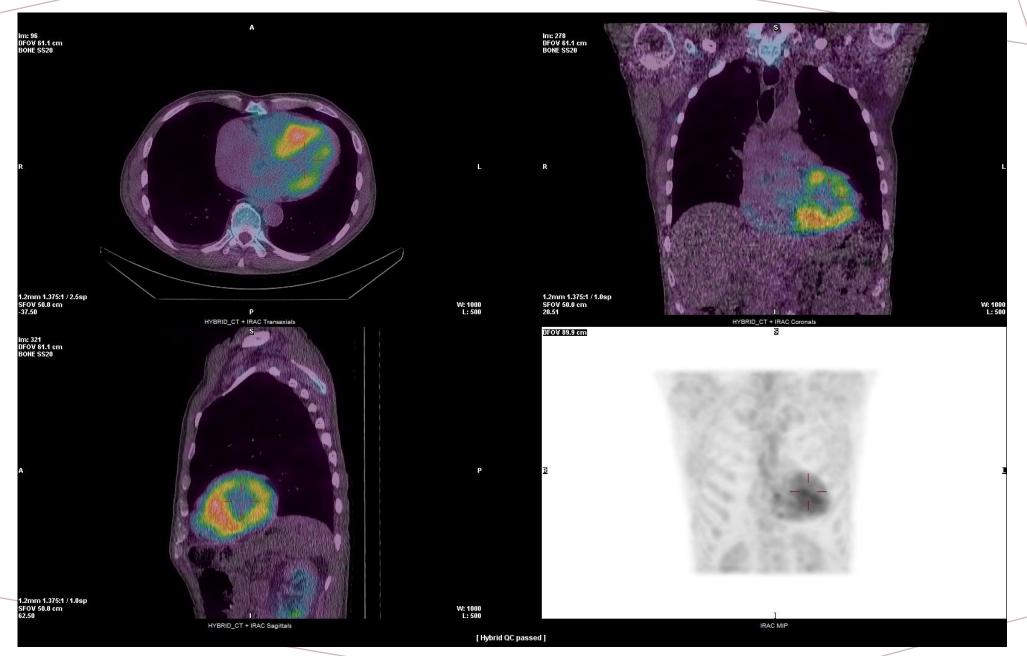
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 – London ON

79 M, HF EF 40%, Afib Hx carpal tunnel Sx

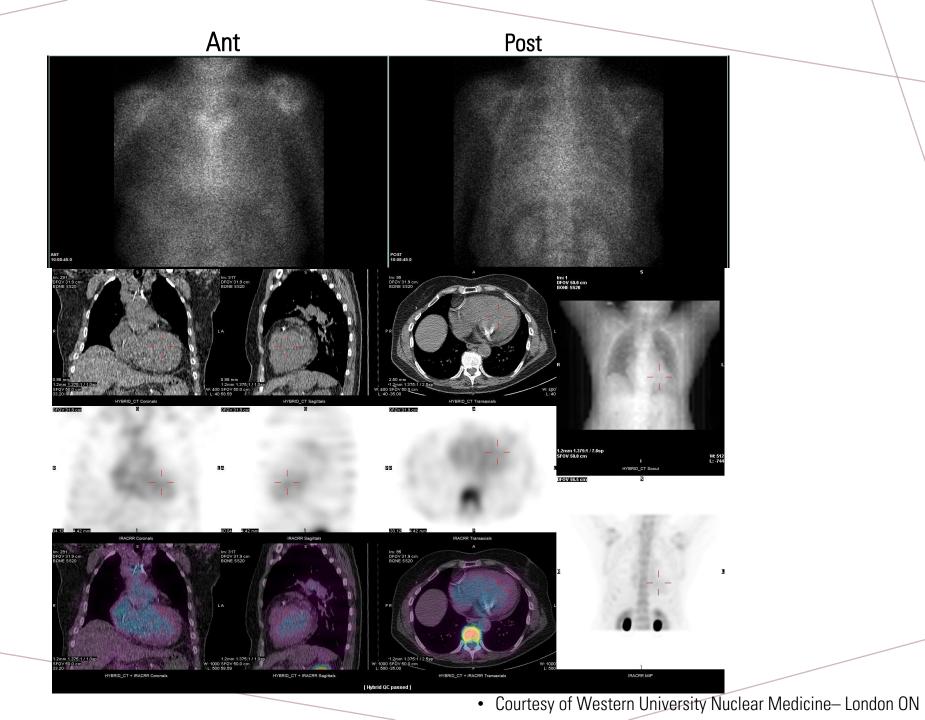
1 hr HCL 2.2

3 hr Visual Grade 3





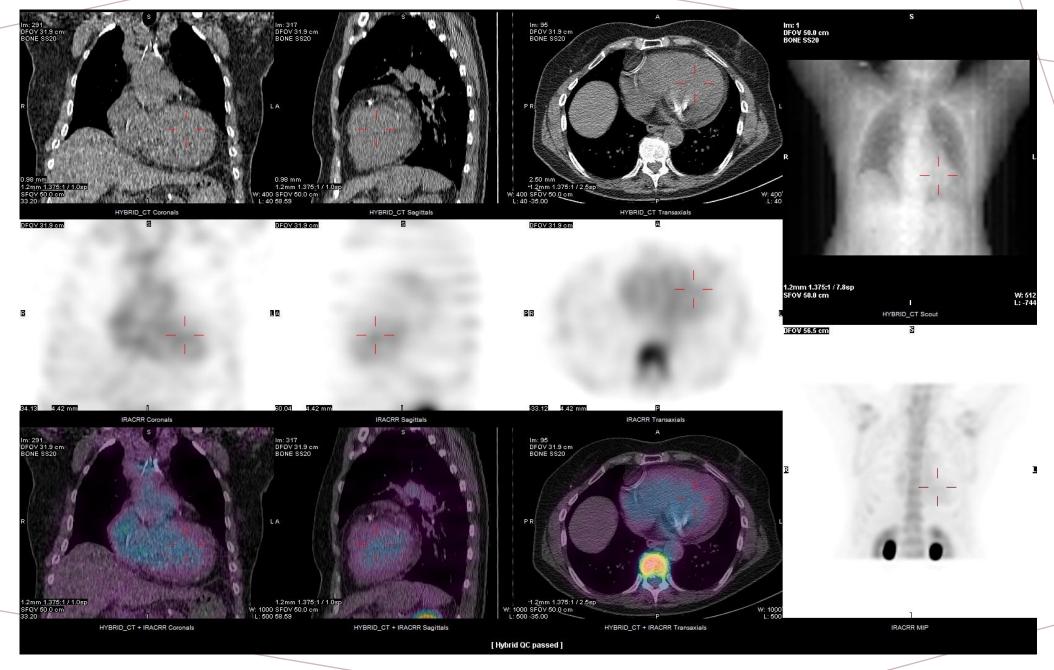
Courtesy of Western University Nuclear Medicine
 – London ON



93 F

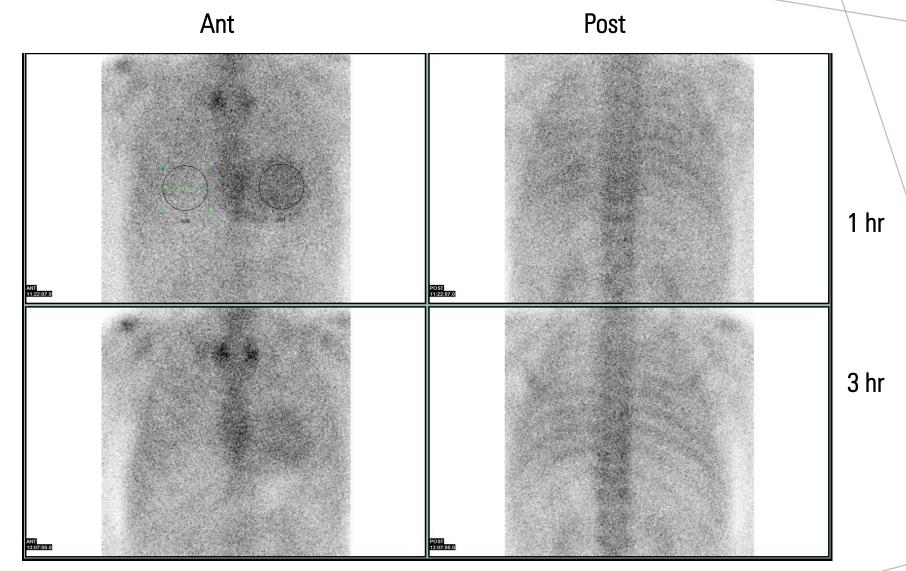
CAD, Afib, HF

HCL: 1.4



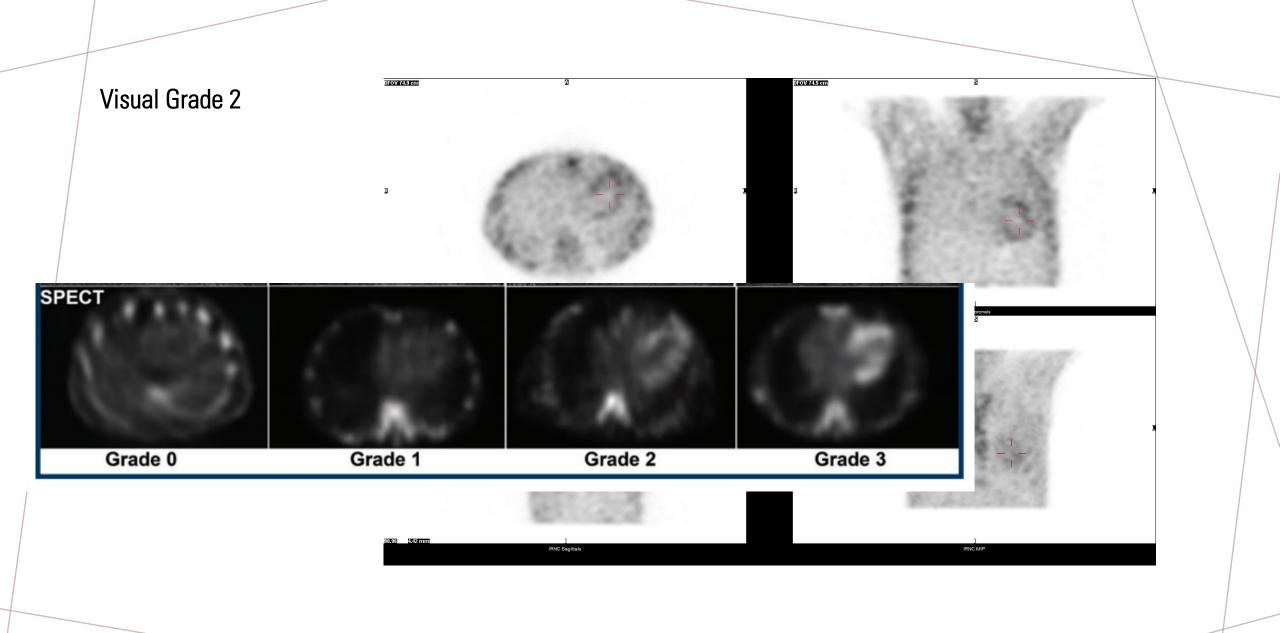
Courtesy of Western University Nuclear Medicine

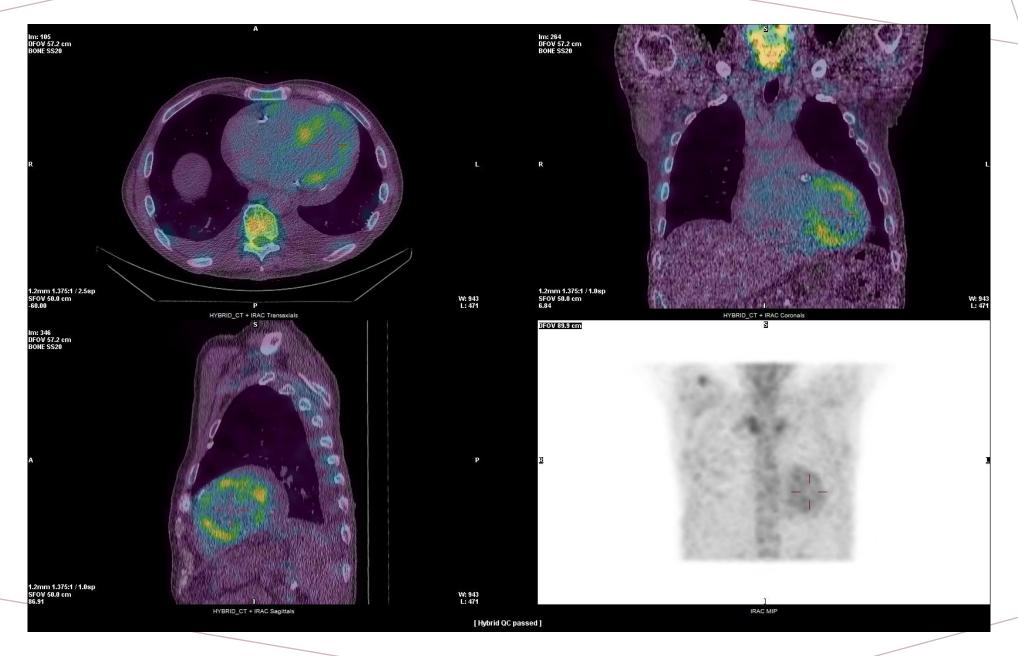
– London ON



77 M HF, EF 20%, ↑myo thickness, Afib, CKD, Bilat carpal tunnel Sx

HCL 1.4



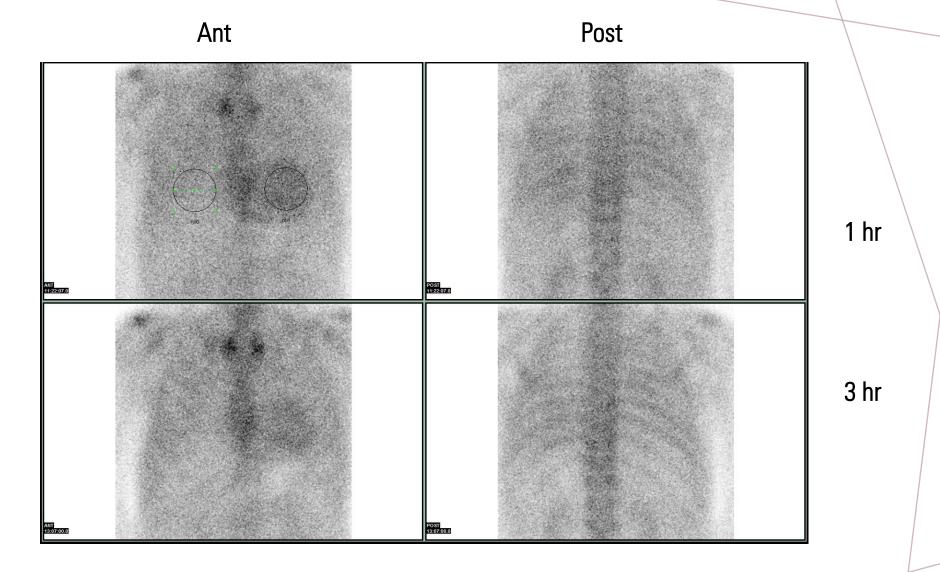


Courtesy of Western University Nuclear Medicine
 – London ON

77 M HF, EF 20%, ↑myo thickness, Afib, CKD, Bilat carpal tunnel Sx

HCL 1.4 Visual G 2

Serum FLC and urine IF negative



Imaging in Diagnosis of Cardiac Amyloidosis

Cardiac ATTR amyloidosis can be reliably diagnosed in the absence of histology, provided that ALL of the following criteria are met:

- 1. HF
- 2. Echo or CMR consistent with or suggestive of amyloidosis
- 3. Grade 2 or 3 cardiac uptake on radionuclide scan (PYP, DPD or HMDP)

AND

4. <u>absence of a detectable monoclonal protein</u> by serum IFE, urine IFE and sFLC (Freelite) assay

Histological confirmation and typing of amyloid should be sought in all cases of suspected cardiac amyloidosis in which these criteria are not met

CLINICAL APPLICATION OF THE 2021 CANM CARDIAC AMYLOID PYP IMAGING GUIDELINE

Thank you!

Questions / comments?