

CCCN/CHFS Webinar

Wednesday May 5th

3 PM EST

Title: Supporting patient self-care activities in patients with heart failure-what nurses need to know

Objectives:

- Share some practical tips for nurses teaching patients with HF about physical activity and exercise
- Provide an overview of evidence-based medications for HF with practical tips for helping patients understand and adhere to their medications
- Provide an opportunity for participants to “Ask the expert” during a discussion with a multidisciplinary panel including nursing, kinesiology and pharmacy team members

Team:

Gord Fogg BKin, Fitness Professional, Manitoba

Eva Romano MSc, Nurse Practitioner, Quebec

Rody Pike RN MSN, Nurse Practitioner, NFLD

Lynette Kosar, BSP, MSc, Pharmacist, SK

Wynne Chiu RN MSN, Clinical Nurse Specialist, BC

Karen Harkness RN PhD, Clinical Strategist, Ontario