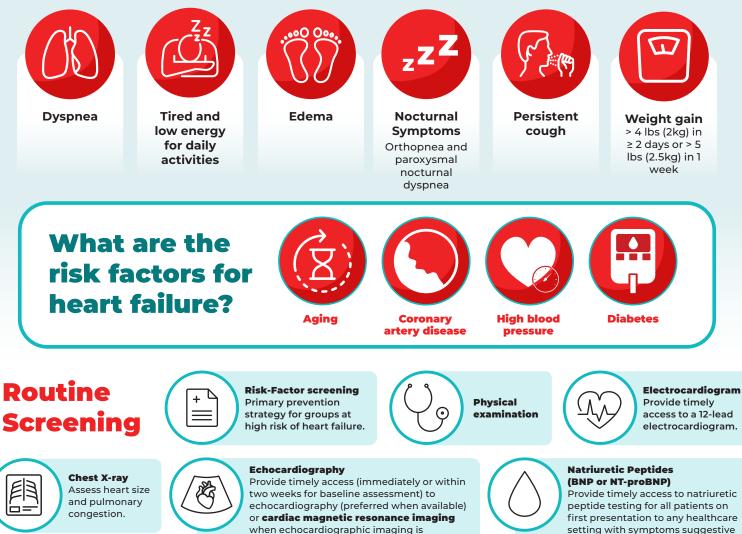


Know the Signs and Symptoms of Heart Failure. Act Now. Live Longer.

What is heart failure?

Heart failure is a chronic condition caused by the heart not functioning as it should, or by a problem with its structure. It can happen if the heart is too weak or too stiff, or both¹

What are the common symptoms of heart failure?



non-diagnostic.

setting with symptoms suggestive of new or worsening heart failure.

Diagnosis

HFrEF (HF with reduced EF)	LVEF ≤ 40%
HFmrEF (HF with mildly reduced EF)	LVEF 41%-49%
HFpEF (HF with preserved EF)	LVEF ≥ 50%
HFimpEF (HF with improved EF)	Previous LVEF ≤ 40% and a follow-up measurement of LVEF >40%

Management

Coordination of Care



Strategies for management of cardiac function may differ based on evaluation of LVEF.



Access to evidence based and guideline-directed medical therapy (GDMT).



Guidelines & KT Tools -Canadian Cardiovascular Society (ccs.ca).

Monitor



€ ↓ ↓ HF Specialists, Nurse Practitioners, Nurses, Pharmacists, Dieticians, Multi-disciplinary Team, HF Clinic, Cardiac Rehabilitation, Mental Health Support, Palliative Care Support, Families and Caregivers.

Follow Up

CA .

Establish treatment and management plan with follow-up appointments with care team.

Get more information

Visit HeartFailure.ca or scan the QR code to learn more and access patient education and support resources.



Stay up to date by following us on social media.

- @CanadianHeartFailureSociety
- f @CanHFSociety
- X @CanHFSociety
- in @CanadianHeartFailureSociety

















SPECIAL THANKS:

This event is made possible through support from Abbott, Boehringer Ingelheim Lilly, Bristol Myers Squibb, Novo Nordisk and Pfizer.



Proud Creative Sponsor of HFAW · HabitHQ.ca

This content has been independently researched and/or written and reviewed by event organizers. Event sponsors have no direct influence over any aspect of the materials and activities associated with Heart Failure Awareness Week.

™ The heart and / Icon on its own and the heart and / Icon followed by another icon or words are trademarks of the Heart and Stroke Foundation of Canada.

References

(i) Heart and Stroke Foundation of Canada. Falling Short. How Canada is Failing People with Heart Failure-and How We Can Change That. 2022 Spotlight on Heart Failure.2022 https://www.heartandstroke.ca/heart-disease/conditions/heart-failure



