



Canadian Heart Failure Society  
Société canadienne d'insuffisance cardiaque

## 2019 Annual Report



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## PRESIDENT'S REPORT

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What an extraordinary year for CHFS! This past year marked our first ever National Heart Failure Awareness Week and we had our most successful Heart Failure Update meeting ever. Through these endeavours we have expanded our national and global collaborations, which will broaden our capacity to improve the quality of heart failure care and advocate for those living with heart failure.

Let's review what we have accomplished in this past year:

- As an affiliate of the CCS, we are pleased to support the "One Heart Team" model, which is intended to increase the level of collaboration and improve sustainability for both the CCS and its affiliates.
- Membership in the CHFS continues to be free for trainees. There are many

opportunities including Committee involvement, Planning Committee participation for CCC workshops and spotlights, as well as research competitions.

- We continue to offer joint membership with CCCN so membership savings are passed onto our nursing members when joining both organizations.
- The 6<sup>th</sup> annual Heart Failure Update in Montreal was a resounding success. This year's meeting featured the first ever CHFS-HFSA joint symposium, which highlighted amyloid heart disease. HFSA President Dr. Randall Starling and Dr. Maz Hanna were present on behalf of HFSA. In addition, our patient partners HeartLife Foundation were present and organized a concurrent meeting. They even entertained us during a break with an energizing line dance that went viral on Twitter.
- On September 16, 2019, at the 23<sup>rd</sup> annual HFSA Scientific Meeting, the HFSA-CHFS joint session highlighted barriers to implementation of new therapies and featured Canadian speakers Dr. Jillianne Code from HeartLife Foundation and Dr. Sean Virani, CHFS Past President.
- CHFS is developing collaborations with ESC-HFA. I met with Prof. Yuri Lopatin and ESC-HFA President Petar Seferovic in Athens at the end of May. More to come on this exciting opportunity!
- CHFS hosted CxXchange on September 2, 2019 in Paris - our first international event! My co-host, Dr. Justin Ezekowitz and I were honored that Dr. Scott Solomon and Dr. Carolyn Lam were there to present PARAGON-HF and other new clinical trials to our Canadian and global colleagues.
- CHFS represented CCS at ACC in March 2019. The international perspective session highlighted heart failure advocacy.
- The CHFS is proud to announce that Dr. Heather Ross is this year's recipient of the Annual Achievement Award, which will be presented at CCC.
- This year we launched National Heart Failure Awareness Week for Canada May 6-12. CHFS partnered with five Canadian organizations to establish a national campaign to promote heart failure awareness among health care professionals, patients and their families. Our partners included the Canadian Cardiovascular Society, Heart Link Foundation, Canadian Counsel of Cardiovascular Nurses, Heart and Stroke and the Quebec Heart Failure Society. Our social media campaign went global and was aligned with the ESC-HFA Heart Failure Awareness week in Europe.
- CHFS was once again proud to co-sponsor the opening night symposium at BC Heart Failure Update along with BC Cardiac Services. Thank you to Dr. Mustafa Toma for organizing this meeting.
- The CHFS-CCTN Research Competition Award continues this year - the four finalists are: Zahra Azizi, Roberto Ribeiro, Cvetan Trpkov, Mitchell Adamson. We were pleased to include a Trainee Research Award at HF Update this year. Our grand prize winner and runners up were: Sangyang Jia, Kevin Murray, Louise Pei, Roberta Ribeiro, Kashif Khan.
- We are pleased to announce our proposal for a consensus statement regarding the safe use of antihyperglycemic agents to reduce cardiovascular and renal disease in patients with type 2 diabetes, was accepted by the CCS guidelines committee. This is a joint proposal submitted by Diabetes Canada, CHFS, and the Canadian Society of Nephrology and will be chaired by Dr. Eileen O'Meara and Dr. John Mancini.

- In collaboration with the CCS Guidelines Committee - the CHFS has endorsed the development of:
  1. A position statement on cardiac amyloidosis, chaired by Dr. Margot Davies and Dr. Nowell Fine.
  2. An article on the status of specialized ambulatory heart failure care in Canada, chaired by myself and Dr. Sean Virani.
- Thanks to our productive Education Committee, CHFS is very present at CCC. In addition to our Spotlight Session, we will be featuring a Limelight Session, as well as two collaborative workshops. Our Spotlight will feature Cardio-oncology.
- CHFS is pleased to be one of the CCS Affiliates participating in Cardiogenic Shock Day on Sunday, October 27 at CCC. This is a new multi-affiliate endeavour building upon CANCARE's previous ECMO days. This is a hot topic with great content anticipated.
- CHFS is proud to present the first ever affiliate led Accredited Symposium at CCC. Join us on stage on October 24 at noon to see an international perspective on ATTR Amyloid.
- Our new website heartfailure.ca was launched - this mobile friendly website is growing in content and we would love your feedback. Insuffisancecardiaque.ca is soon to follow. Stay
- tuned! Our social media presence continues to grow so please follow up on Twitter @CanHFSociety

Thank you to our membership for your support and engagement. There are many ways to get involved and we would welcome your participation and ideas. Our next Heart Failure Awareness Week will be an even bigger event with your help. Contact us at [chfs@ccs.ca](mailto:chfs@ccs.ca) to get involved or to join our growing membership.

Sincerely,

Shelley Zieroth MD, FRCPC, FCCS, HFSA  
President, Canadian Heart Failure Society



ESC-HFA Meeting  
Athens - May 2019

From left: Prof. Yuri Lopatin (ESC-HFA), Prof. Hitoyuki Tsutsui (President, Japanese Heart Failure Society), Dr. Shelley Zieroth (President, CHFS), Dr. Biykem Bozkurt (Incoming President, HFSA), Prof. Petar Seferovic (President, ESC-HFA), Dr. Randall Starling (President, HFSA)

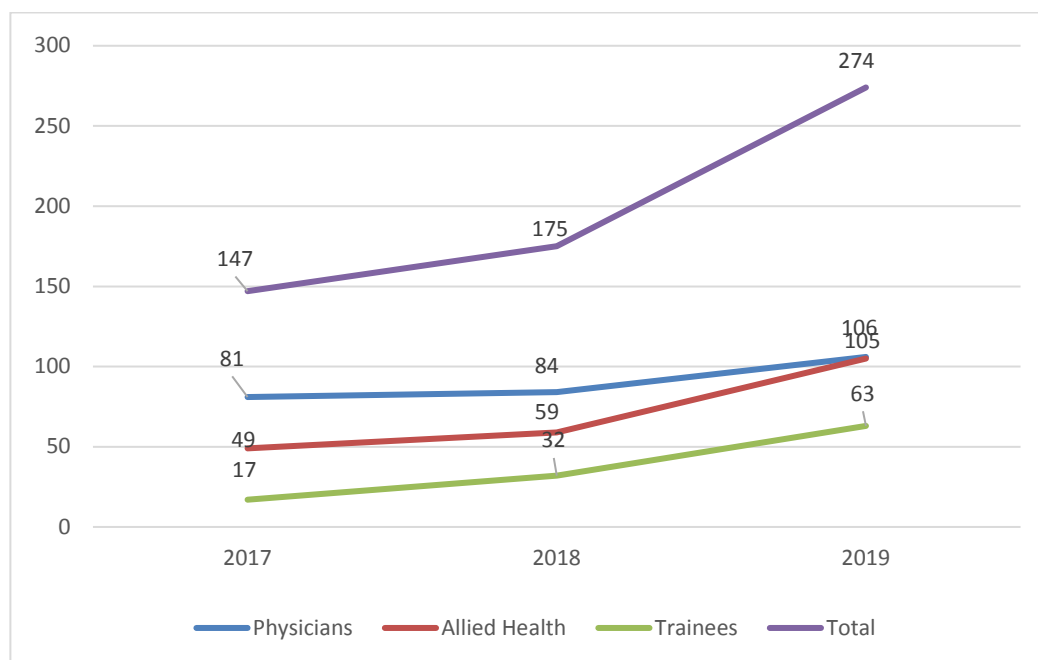
# FINANCIAL REPORT

**Canadian Heart Failure Society**  
**Société canadienne d'insuffisance cardiaque**  
**Statement of Operations and Changes in Net Assets**  
*For the year ended March 31, 2019*

(unaudited - see notice to reader)

	2019	2018
<b>Revenue</b>		
Administration (Note 1)	\$ 16,061	\$ 12,189
Educational Programs (Note 2)	42,600	16,800
HF Update (Note 3)	557,681	555,864
HF Symposia (Note 4)	285,250	-
CPD Admin (Note 5)	28,525	-
	<u>930,117</u>	<u>584,853</u>
<b>Expenses</b>		
Administration (Note 1)	18,347	16,487
Educational Programs (Note 2)	40,502	14,766
HF Update (Note 3)	469,909	516,806
HF Symposia (Note 4)	274,421	-
CPD Admin (Note 5)	11,558	-
	<u>814,737</u>	<u>548,059</u>
<b>Excess of revenues over expenses</b>	<u>\$ 115,380</u>	<u>\$ 36,794</u>
Net assets, beginning of year	\$ 94,310	\$ 57,516
Net assets, end of year	<u>\$ 209,690</u>	<u>\$ 94,310</u>

# MEMBERSHIP STATISTICS



CHFS is an Affiliate Society of the



**Canadian Cardiovascular Society**  
*Leadership. Knowledge. Community.*

**Société canadienne de cardiologie**  
*Communauté. Connaissances. Leadership.*



# HEART FAILURE UPDATE 2019

MONTREAL, MAY 10-11

Presented by:



Canadian Heart Failure Society  
Société canadienne d'insuffisance cardiaque

The sixth edition of Heart Failure Update was held at the Centre Sheraton Montréal from May 10-11, 2019. The congress returned to Montréal after having been held in Toronto for the past two years. With more than 300 attendees, HF Update continues to lead as the largest Canadian meeting devoted to heart failure.

This national congress was accredited by the Canadian Cardiovascular Society (CCS) for 9.5 Maincert section 1 credits. The planning committee was co-chaired by Dr. Shelley Zieroth, President of the CHFS, Dr. Jonathan Howlett, CHFS past-president, and Dr. Serge Lepage, past-president of the Quebec Heart Failure Society. Including the co-chairs, the 10-person planning committee was comprised of seven cardiologists, two nurses, and one fellow. Planning committee members appropriately represented the target audience.

HF Update delegates attended plenary sessions on the themes such as optimization of HF therapy, imaging, HFpEF and HFrEF and amyloid. Outside of the plenary sessions, delegates attended workshops on a variety of topics; some geared more towards nurses, some were offered in French. Three industry sponsored symposia and one CHFS-HSFA joint symposium were held.

# SAVE THE DATE!

## HEART FAILURE UPDATE 2020



Canadian Heart Failure Society  
Société canadienne d'insuffisance cardiaque

Toronto, April 17-18

Pre-register today at [HFupdate.ca](https://www.hfupdate.ca)



## CHFS ANNUAL ACHIEVEMENT AWARD



The CHFS Annual Achievement Award was created in 2016 to recognize a member who has made significant contributions to the academic, research, or clinical scopes of heart failure. The CHFS is very pleased to announce this year's award recipient, **Dr. Heather Ross**.

Heather Ross, MD, MHSc, FRCP (C), FACC, FCCS is the Division Head and Fellowship Program Director of Cardiology at the Peter Munk Cardiac Centre, Professor of Medicine at the University of Toronto.

She is the Site Lead for the Ted Rogers Centre for Heart Research, and currently holds the Loretta A. Rogers Chair in Heart Function. She received her MD from the University of British Columbia, Canada, her Cardiology training at Dalhousie University, and a postdoctoral fellowship in Cardiac Transplantation at Stanford University, California.

She is the Site Lead for the Ted Rogers Centre for Heart Research, and currently holds the Loretta A. Rogers Chair in Heart Function. She received her MD from the University of British Columbia, Canada, her Cardiology training at Dalhousie University, and a postdoctoral fellowship in Cardiac Transplantation at Stanford University, California.

Dr. Ross earned her MHSc in Bioethics from the University of Toronto. She has had numerous leadership roles including President of the Canadian Society of Transplantation in 2005, Executive of the International Society for Heart & Lung Transplantation (ISHLT) from 2002-2005 and Secretary Treasurer 2007-2010.

She has served 11 years over two terms on the Canadian Cardiovascular Society Council and is a past president of the CCS. She spent 6 years on the Board of the Canadian Cardiovascular Society Academy and 4 years on the executive of the Heart Failure Society of America. She is an Associate Editor for the Journal of Heart and Lung Transplantation. She is the past Ted Rogers and Family Chair in Heart Function 2010-2017.

Dr. Ross has published over 280 peer reviewed articles and won numerous teaching awards including the University of Toronto Teacher of the Year (2017), and the UHN Department of Medicine Michael Hutcheon Mentor Award (2017). In 2015, she was named by Canadian Geographic as one of the top 100 modern day explorers.



CHFS 2018 Annual Achievement Award Recipient - Dr. Jean Rouleau

# THE 4<sup>TH</sup> ANNUAL UBC HEART FAILURE SYMPOSIUM

JUN 7-8, 2019

THE SHERATON VANCOUVER

The 2019 UBC Heart Failure Symposium was held at the Sheraton Vancouver on June 7<sup>th</sup> and 8<sup>th</sup>. The over-all theme of the symposium was Contemporary Care of HF. Now in its fourth year, the symposium continues to grow and develop into the leading meeting for the heart failure community in Western Canada.

The symposium began with a Friday evening session co-sponsored by the Canadian Heart Failure Society and Cardiac Services BC. The theme for the session was the *Interplay between Heart Failure and Arrhythmias*. The themes for the Saturday session were *Streamlining HF Care in BC* and *Recent Advances in HF Care*. As previously, there were numerous workshops that attendees could attend based on their interest.

Thank you to Dr. Mustafa Toma for organizing the meeting.

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## CHFS at CCC 2019

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### Thursday, October 24, 2019

SPC Plenary Session: Cardiogenic Shock - A Heart Team Approach

10:30-12:00, Palais des congrès de Montréal

Room: 517D

ABCD of ATTR Amyloidosis - A Practical Approach

CCC Accredited Symposium

12:30-13:30, Palais des congrès de Montréal

Room: 517C

CHFS Limelight Session: Disruptive Tech in Heart Failure: Drilling Down and Pressure Monitoring

13:30-14:00, Palais des congrès de Montréal

Room: Community Forum Theatre A

CCS Heart Failure Guidelines: Clinical Trials Update

16:30-17:30, Palais des congrès de Montréal

Room: 220CDE - Plenary Room via CF

### Friday, October 25, 2019

CHFS Board Meeting (by invitation only)

8:00-9:00, Palais des congrès de Montréal

Room: 518B

"Chip"ping Away At HF: A Frank Discussion on Frailty, HFREF And Procedural Interventions

9:00-10:00, Palais des congrès de Montréal

Room: 517D

### Friday, October 25, 2019 continued

Canadian Heart Failure Society Spotlight: Cardio-Oncology: Debunking Myths - Does Surviving Cancer Mean Living with Heart Failure?

10:30-12:00, Palais des congrès de Montréal

Room: 517D

CCTN/CHFS Research Competition

16:30-17:30, Palais des congrès de Montréal

Room: 520BE

Together in Celebration 2019 Awards Ceremony

18:15 - 20:00, Le Westin Montréal

Room: Fortification, 9th Floor

Presentation of the CHFS Annual Achievement Award will take place during the Awards Ceremony. Please join us!

### Saturday, October 26, 2019

CHFS Annual General Meeting

18:00-19:00, Le Westin Montréal

Room: Fortification Room, 9th Floor

### Sunday, October 27, 2019

Cardiogenic Shock Day

7:00-15:00, Palais des congrès de Montréal

Room: 517C

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## CHFS COMMITTEES

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### Research Committee

The purpose of the Research Committee is to promote, foster, and facilitate high quality research to improve the care of patients with heart failure disorders through creation of knowledge and its translation into best practices.

**Chair: Justin A. Ezekowitz, MBBCh, MSc**  
Professor, Department of Medicine  
Co-Director, Canadian VIGOUR Centre  
Cardiologist, Mazankowski Alberta Heart Institute



### Nominations & Awards Committee

The purpose of the Nominations and Awards Committee is to prepare a call for nominations to the membership for vacant Board positions, select a CHFS Annual Achievement Award recipient, and recruit candidates for consideration as members on CHFS Committees.

**Chair: Sean A. Virani, MD, MSc, MPH, FRCPC, FCCS**  
Head, Division of Cardiology, Providence Health Care  
Physician Program Director, The HEART Centre, St. Paul's Hospital  
Associate Professor, Department of Medicine, University of British Columbia  
Senior Medical Advisor, Cardiac Services BC  
Past President and Chair, Canadian Heart Failure Society



### Website Content Committee

The primary purpose of the Website Content Committee is to ensure current and contemporary content is available to CHFS members and stakeholders.

**Chair: Anique Ducharme, MD, FRCPC**  
Professor of Medicine, Université de Montréal  
Founder and Director, Heart Failure Clinic, Montreal Heart Institute

### Education Committee

The Education Committee provides a structure to address educational efforts aimed at heart failure professionals, patients and caregivers on behalf of the CHFS Board and to provide recommendations to the Board on related issues.

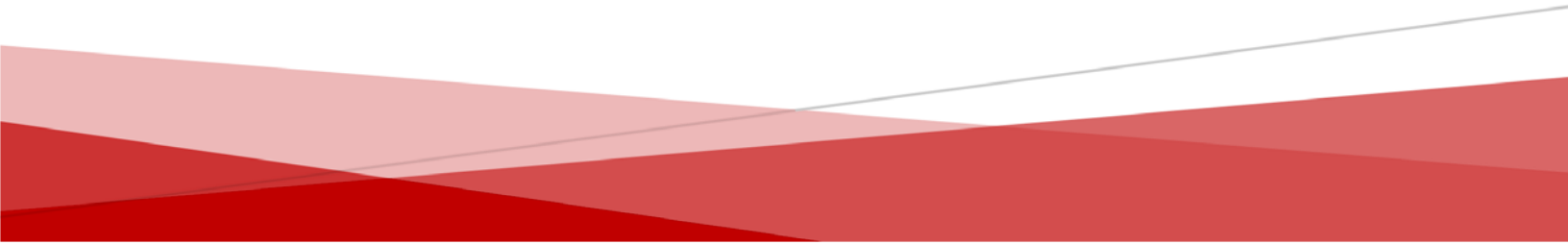
**Chair: Anique Ducharme, MD, FRCPC**



### Heart Failure Update Planning Committee

The Heart Failure Update Planning Committee is responsible for developing a premier meeting for healthcare and research professionals involved in heart failure care and ensure the educational integrity and financial success of the meeting.

**Chair: Jonathan Howlett, MD, FRCPC, FACC, FCCS**  
Clinical Professor of Medicine, University of Calgary  
Libin Cardiovascular Institute of Alberta, South Health Campus





## RESEARCH COMMITTEE REPORT

The purpose of the Research Committee is to promote, foster, and facilitate high quality research to improve the care of patients with heart failure disorders through creation of knowledge and its translation into best practices. Since being established, the committee has had a reinvigoration and refocussing of the efforts. As such, the committee underwent renewal in terms of membership and an active discussion as to the best focus of the activities that represent the membership and community goals.

Important actions included reviewing the CHFS Research Competition submissions, the combined efforts of reviewing the upcoming CCC 2019 CHFS/CCTN Research Competition submissions and other trainee related considerations. Ongoing endorsement of research related activities such as the amyloidosis registry lead by Drs. Davis and Fine were also reviewed. A key decision of 2018-2019 was to pursue and lead a patient engagement exercise with stakeholders to help establish a research agenda that could be nationally recognized. Discussions on this front have been initiated and are being led by Dr. van Spall on behalf of CHFS.



2018 CHFS/CCTN Research Competition



Be sure to check out Dr. Stanley Nattel's, Editor-in-Chief of the *Canadian Journal of Cardiology* (CJC), top article pick published in the CJC over the past year:

**The Current Role of Viability Imaging to Guide Revascularization and Therapy Decisions in Patients with Heart Failure and Reduced Left Ventricular Function**

Kandolin RM et al, *Can J Cardiol* 35(8):1015-1029, 2019

## 2019 NATIONAL HEART FAILURE AWARENESS WEEK

The Canadian Heart Failure Society (CHFS) was pleased to announce the launch of the 1st National Heart Failure Awareness Week for Canada, May 6 to 12, 2019.

The goal of a national HF awareness campaign was to raise public awareness about heart failure.

CHFS and five partner organizations; Canadian Cardiovascular Society, Quebec Heart Failure Society, Heart & Stroke Foundation of Canada, Canadian Council of Cardiovascular Nurses, and Heart Life Foundation, came together to establish a national campaign to promote HF awareness among health care professionals, patients and their families. The campaign leads circulated information, posters and materials across the nation with an invitation to HF Clinics. to promote the National CHFS Heart Failure Awareness campaign and to distribute and provide HF information.

National events included:

- The distribution of a 2-page public-facing flyer that highlighted information about heart failure. Over 8000 copies were distributed to 100 sites (primarily HF clinics) across Canada to share with patients and their families;
- Two webinars were hosted for almost 400 Healthcare professionals during lunchtime sessions – one in English and a second in French. The goal of the webinar was to help people learn more about living with heart failure and self-care activities to be active partners in their care.
- A well-organized social media campaign with daily tweets and announcements highlighting HF facts and some current statistics to further awareness of HF. The Social media campaign reached over 571,000 people with almost 20,000 link clicks and 61,000 video views.

Patient partners were actively involved in helping organize and participate in the national events, including the webinar. One of our talented patient partners, the co-founder of Heart Life Foundation, Jillianne Code, created the Log used prominently in the campaign material.



See what's happening on Twitter. Follow us @CanHFSociety

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CHFS WOULD LIKE TO THANK ALL OF OUR  
SPONSORS FOR THEIR GENEROUS SUPPORT

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Boehringer  
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## CONTACT US

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Be sure to follow us on Twitter! @CanHFSociety