## When aTTR gets on your nerves: A primer on ATTR neurological involvement for Cardiologists

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#### Disclosures

- Consulting services for the following companies: Mitsubishi Tenabe Pharma America, Sanofi Genzyme, AL-S Pharma, AB Sciences, Biogen, Novartis, CSL Behring, Anavex, Avexis, Alexion, Wave life sciences, Revalesio, Roche, Cytokinetics, Orion, Akcea, Clene and Bayshore
- Participates as CRU medical director, PI or sub-PI on trials sponsored by the following companies: AB Sciences, AL-S Pharma, Acceleron, Amicus, Alnylam, Bioblast, Biogen, BMS, Boston Biomedical, Cytokinetics, Sanofi Genzyme, Grifols, Ionis, Lily, Mallinckrodt, Medimmune, Novartis, Orion, Orphazyme, Pfizer, Ra Pharmaceuticals, Roche, Teva, UCB,



## ATTR Amyloidosis Is a Rare, Progressive, and Fatal Disease

 Characterized by deposition of amyloid fibrils, formed from misfolded transthyretin (TTR), in multiple organs<sup>1</sup>

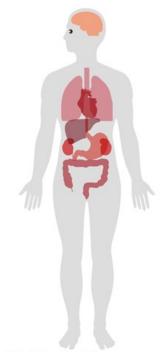
#### Two Main Types of ATTR Amyloidosis<sup>1-3</sup>

Hereditary

Deposition of misfolded mutant TTR in multiple organ systems

Wild-Type

Deposition of wild-type misfolded TTR primarily in the heart of patients typically >60 years of age

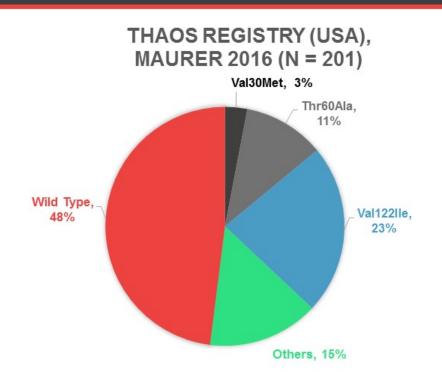


<sup>1.</sup> Hawkins P et al. Ann Med. 2015; 47:625-638; 2. Ando Y et al. Orphanet Journal of Rare Diseases 2013, 8:31; 3. Coelho T, et al. A physician's guide to transthyretin amyloidosis. Research Gate Amyloidosis; Foundation, 2008. https://www.researchgate.net/publication/265490881. A. Physician's Guide to Transthyretin Amyloidosis. Authored\_by. Accessed January 3, 2018



TTR, transthyretin; ATTR, amyloid transthyretin

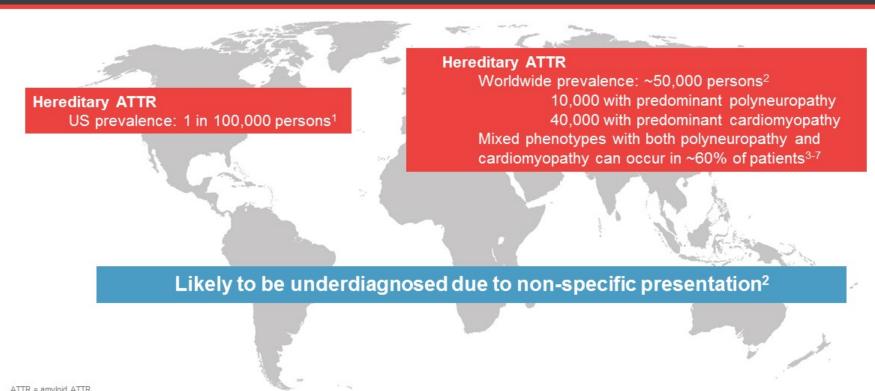
## Val122lle, Thr60Ala, and Val30Met Are the Most Common Mutations in the United States<sup>1</sup>



- Val122lle is the most common mutation in patients with cardiomyopathy, but a significant proportion also present with mild sensory neuropathy<sup>2,3</sup>
- Thr60Ala is predominantly a disease of the heart and autonomic nerves, but many also present with peripheral neuropathy<sup>4</sup>
- Val30Met is the most common mutation in patients with polyneuropathy<sup>2,3</sup>

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#### Rare, but Most Likely Underdiagnosed

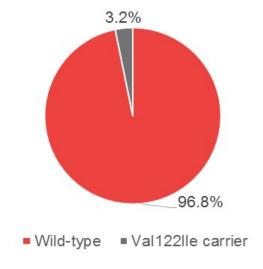


1. Ando Y, et al. Orphanet J Rare Dis 2013;8:31; 2. Hawkins PN et al. Ann Med 2015;47(8):625-638; 3. Gertz MA. Am J Manag Care. 2017;23:S107-S112; 4. Benson. Am J Pathol. 1996 Feb;148:351-354; 5. Rapezzi et al. Eur Heart J. 2013 Feb;34:520-528; 6. Connors et al. Amvloid. 2003 Sep;10(3):160-84; 7. Wixner J et al. Orphanet J Rare Dis. 2014;9:61.



#### Val122lle hATTR Is Thought to Be Significantly Underdiagnosed

Frequency of Val122Ile Allele in US African-Americans Quarta 2015 (n=3856)<sup>1</sup>



African-Americans ≥65 years old account for ~1% of the overall US population = 3.5 million people (using US census data from 2000 and 2016)

This translates to ~100,000 Val122IIe carriers age 65+ (as also estimated by Ruberg and Berk, 2012)<sup>2</sup>

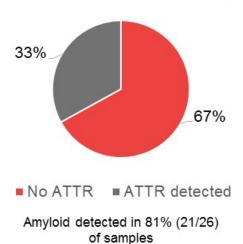
Quarta et al. (2015) estimated **1.4 million carriers in the US**, which will increase to **2.5 million by 2060**, at an increased risk for heart failure (consistent with an estimate by Ruberg and Berk (2012): 1.5 million Val122lle carriers)<sup>1,2</sup>

While the clinical penetrance of this mutation is currently undefined, Val122lle is "almost certainly underrecognized as a cause of heart failure"

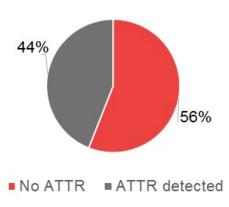


## ATTR Can Be an Underlying Cause of Lumbar Spinal Stenosis

Lumbar Spinal Stenosis (Westermark 2014, n=15)



Methods: Congo red staining, immunohistochemistry Lumbar Spinal Stenosis (Sueyoshi 2011, n=36)

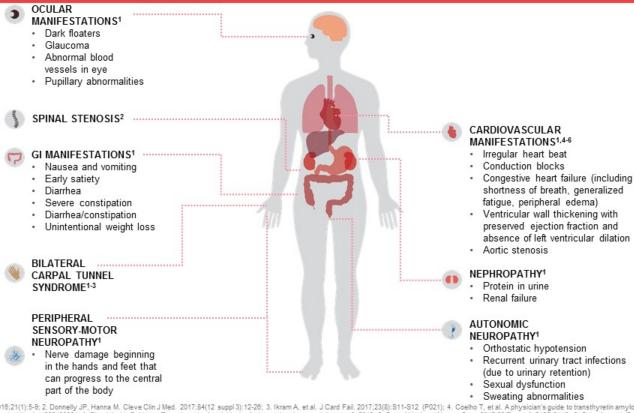


All samples obtained from patients at Kumamoto University Hospital, Japan

Methods: biopsy of affected area (yellow ligament), Congo red staining, immunohistochemistry



#### Hereditary ATTR Amyloidosis is a Systemic, Multi-organ Disease



1. Conceição I, et al. J Peripher Nerv Syst. 2016; 21(1):5-9; 2. Donnelly JP, Hanna M. Cleve Clin J Med. 2017; 84(12 suppl 3):12-26; 3. Ikram A, et al. J Card Fail. 2017; 23(8):S11-S12 (P021); 4. Coelho T, et al. A physician's guide to transthyretin amyloidosis. Research Gate Amyloidosis Foundation, 2008. https://www.researchgate.net/publication/265490881\_A\_Physician's\_Guide\_to\_Transthyretin\_Amyloidosis\_Authored\_by. Accessed January 3, 2018; 5. Gertz MA. Am J Manag Care, 2017;23(7 suppl):S107-S112; 6. Galat A, et al. Eur Heart J. 2016;37(47):3525-31.



## hATTR amyloidosis Has a Variable Natural History

- Median age of onset can vary, depending on geographic location<sup>1</sup>
  - · United States: 68 years
  - Portugal: 32 years
  - Sweden: 52 years
  - Most common TTR mutation in both Portugal and Sweden is Val30Met, whereas in the US, Val122l is the most common mutation.
- But, even in similar geographic locations, the age range of patients can be fairly wide<sup>2</sup>
- Val30Met Early-onset (age <50 years)<sup>3</sup>
  - Progressive sensory-motor and autonomic neuropathy leading to cachexia and death in ~11 years.
- Val30Met Late-onset (age ≥50 years)<sup>3</sup>
  - More rapid progression of sensory and motor ability
  - Median survival is shorter than early-onset at ~7 years



#### Confounding Findings for hATTR-PN

#### Characteristics of ATTR-PN

- Symmetric, distal polyneuropathy<sup>2</sup>
- Axonal polyneuropathy<sup>2</sup>

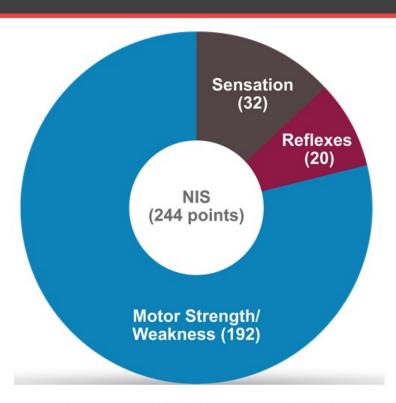
But due to nonspecific, atypical, sporadic presentation, and rarity…

#### Common Misdiagnoses<sup>1</sup>

- Idiopathic axonal polyneuropathy
- Chronic inflammatory demyelinating polyneuropathy (CIDP)
- Charcot-Marie-Tooth neuropathy
- Diabetic or alcoholic neuropathy
- Motor neuron disease



#### NIS

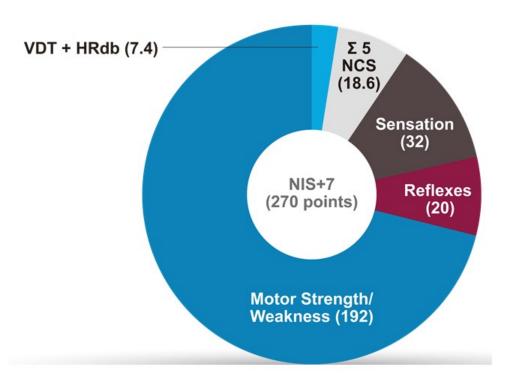


- NIS is a scoring system to evaluate global neuropathic impairments
  - Range: 0-244; higher score is worst neurologic deficit<sup>1,2</sup>
- NIS and its variants have been used in clinical trials and natural history studies as an outcome measure<sup>3-6</sup>

<sup>1.</sup> Adams D, et al. Neurology 2015;85(8):675-682; 2. Diabetic polyneuropathy in controlled clinical trials: Consensus Report of the Peripheral Nerve Society. Ann Neurol 1995;38(3):478-482; 3. Planté-Bordeneuve V, et al. J Neurol. 2017 Feb;264(2):268-276; 4. Berk JL, et al. JAMA. 2013 Dec 25;310(24):2658-67; 5. Benson MD, et al. N Engl J Med 2018;379:22-31; 6. Coelho T, et al. Muscle Nerve. 2017 Mar;55(3):323-332.



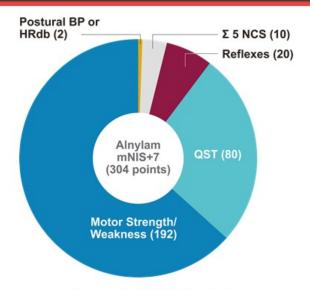
#### NIS+7

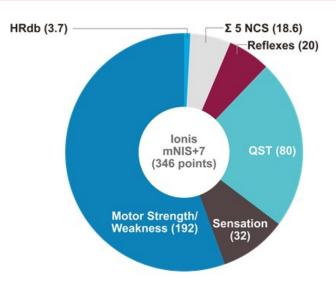


- Combines NIS with 5 nerve conduction study attributes from 3 lower extremity nerves, and other tests<sup>1</sup>
- Range: 0-270; higher score is worse neurologic deficit<sup>1</sup>
- NIS+7 has been shown to have some deficits in assessing sensation, autonomic dysfunction, and conduction abnormalities<sup>2</sup>



#### mNIS+7

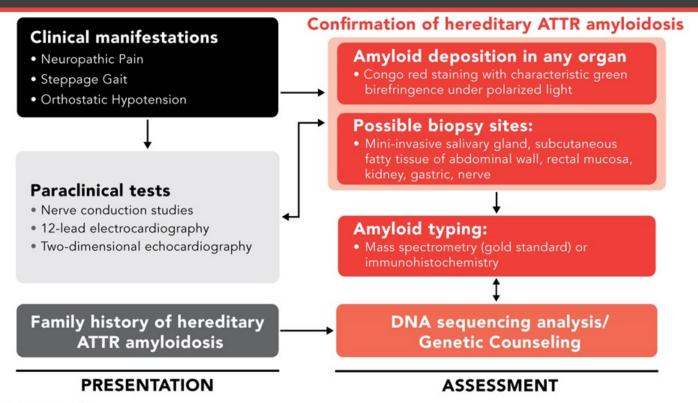




- Various different versions of mNIS+7 exist<sup>1</sup>
- Range:0 >300; higher score is worst neurologic deficit<sup>2</sup>
- May improve characterization and quantification of symptoms compared to previous NIS tests<sup>3</sup>
- NIS can be used in clinical practice but NIS+7 and mNIS+7 require equipment and are time consuming<sup>3</sup>



#### Approach to Diagnosing ATTR-PN



ATTR, amyloid transthyretin

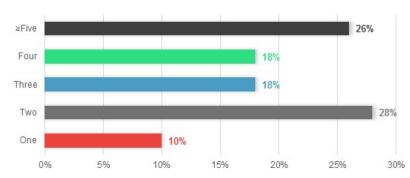
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<sup>\*</sup>Figure modified with permission from Carvalho A et al.

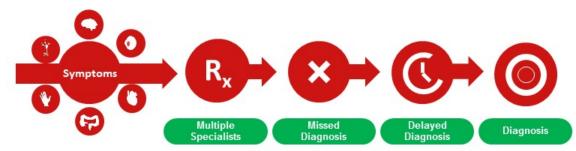
<sup>1.</sup> Carvalho A et al. Liver Transplantation. 2015;21:282-292

#### Delays in Diagnosis Occur Often

#### NUMBER OF PHYSICIANS VISITED BEFORE DIAGNOSIS



 30% of patients had hATTR diagnosis delayed for 3 or more years

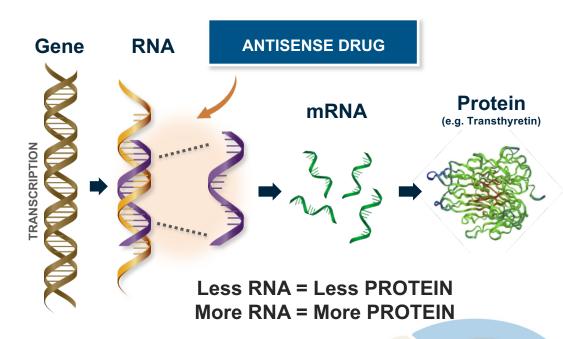


hATTR, hereditary amyloid transthyretin
Lousada, et al. Patient Experience With Hereditary and Wild-type Amyloidosis: A Survey from the Amyloidosis Research Consortium. Presented at: European Congress on Hereditary Amyloidosis 2015.



## The Science of Antisense: Targeting RNA, Not Proteins

- Antisense technology prevents the production of proteins involved in disease
  - This results in a therapeutic improvement to patients
  - Potential to treat patients with a wide range of serious rare genetic diseases
- Typically, DNA is transcribed into messenger RNA (mRNA) and then translated into protein
- Antisense technology binds to mRNA causing it to degrade.
   With no mRNA to translate, there is no protein product

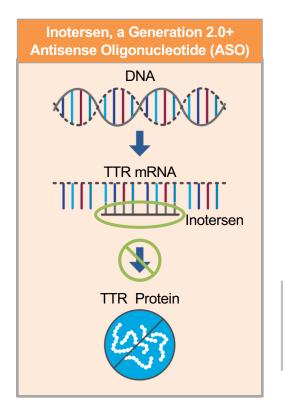


Inotersen in investigational and not approved



#### Inotersen (AKCEA-TTR<sub>Rx</sub>)

An Antisense Approach to Treat TTR-related Amyloid Diseases



- Inotersen binds to TTR messenger RNA (mRNA)
   reducing the amount of disease causing TTR protein
  - Binds to TTR mRNA and all known mutations
  - Results in degradation of TTR mRNA and reduction of TTR protein production by the liver



Inotersen in investigational and not approved









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### THANK YOU!

