

## HFU TRAINEE COMPETITION PAST RECIPIENTS

- 2026 Ahmed Kubba (Kingston, ON) - 1<sup>st</sup> Place**  
Outcomes of Heart Failure Management with Cardiologist Involvement versus Primary Care–Led Care: A Systematic Review and Meta-analysis
- George Perlman (Montréal, QC) - 2<sup>nd</sup> Place**  
Determination of Percentile-Based Accelerometry Measures Most Predictive of Mortality Risk in Heart Failure
- Janie Leroux (Montréal, QC) - Finalist**  
Photoplethysmography-derived heart rate signal quality across tasks and demographic groups in WEAR-HF: A post-hoc analysis
- Arjun Aggarwal (Kingston, ON) - Finalist**  
Words Matter: Association Between Echocardiography Report Wording and Time to Nuclear PYP Scanning for the Diagnosis of Transthyretin Cardiac Amyloidosis
- 2025 Rachel Lu (Richmond Hill, ON) - 1<sup>st</sup> Place**  
Variation in Lipoprotein(a) Levels by Place of Birth Worldwide: A Population-based Cross-sectional Study
- Alex Van (Kingston, ON) - 2<sup>nd</sup> Place**  
Predictors and Outcomes of Heart Failure Diagnosis in the Community compared to Acute Care Settings: Insights from Linked Administrative Health Databases
- Conor Sheridan (Kingston, ON) - Finalist**  
Impact of a Multifaceted QI Initiative on Accelerating Detection, Diagnosis, and Management of ATTR Cardiac Amyloidosis
- Nikhila Butani (Oakville, ON) - Finalist**  
Is De Novo Use of Angiotensin Receptor-Nepriylsin Inhibitors Associated with Improved Outcomes in Newly Diagnosed Heart Failure?

**2024 Kevin Ma (Edmonton, AB) - 1<sup>st</sup> Place**

Guideline Directed Medical Therapy in Heart Failure Patients with Advanced Chronic Kidney Disease: A Prospective Study from the Heart Function Clinic Registry

**Mohammed Adam Benharrats (Sherbrooke, QC) - 2<sup>nd</sup> Place**

Acute Myocarditis and Pericarditis in PASC (Post-Acute Sequelae of COVID-19): Initial Insights From the IMPACT-COVID-19 Study

**Florence Bernier (Montréal, QC) - Finalist**

Patient selection for advanced therapies in heart failure, can we agree to disagree?

**Amir Razaghizad (Montréal, QC) - Finalist**

Cardiovascular Phenotypes in Type 2 Diabetes: Latent Profile Analysis of the CANVAS program and CREDENCE trial

**2023 Avinash Pandey (Ottawa, ON) - 1<sup>st</sup> Place**

The Impact of Medical Optimization with the CCS Four Pillar Model on Echocardiographic Parameters in Heart Failure with Reduced Ejection Fraction

**Amir Razaghizad (Montréal, QC) - 2<sup>nd</sup> Place**

Sex-Specific Pathways in the Pathogenesis of Heart Failure in Diabetes: Insights from the EXAMINE Trial

**Simroop Ladhar (Vancouver BC) - Finalist**

Evaluation of PHARM-HF, a Pharmacist-led Heart Failure Medication Titration Clinic

**Safia Chatur (Cambridge, MA) - Finalist**

Decline in Estimated Glomerular Filtration Rate Following Transition to Sacubitril/Valsartan in Patients with Heart Failure: Insights From Paragon-HF and Paradigm-HF

**2022 Simroop Ladhar (Vancouver, BC) - 1<sup>st</sup> Place**

Evaluation of Written Medication Educational Resources for People Living with Heart Failure: A Systematic Review

**Nima Moghaddam (Vancouver, BC) - 2<sup>nd</sup> Place**

Prescription Patterns and Patient Eligibility for Established and Novel Guideline-Directed Medical Therapies After Acute Heart Failure Hospitalization

**Aine Lynch (Toronto, ON) - Finalist**

Outcomes of Children with Hypoplastic Left Heart Syndrome and Systemic Ventricular Dysfunction on Guideline Directed Medical Therapy

**2021 Marilyn Jarjour (Montréal, QC) - 1<sup>st</sup> Place**

Impact of Optimization of Evidence-Based Therapies on Outcomes of Patients with Heart Failure and Reduced Ejection Fraction Followed in an Ambulatory Specialized Clinic

**Priccila Zuchinali, (Montréal, QC) – 2<sup>nd</sup> Place**

Compliance to Remote Monitoring of Patients with Heart Failure and Diabetes

**Bridve Sivakumar (Oshawa, ON) – Finalist**

Healthcare Provider Perspectives on the Use of Mobile Apps in Heart Failure Management

**Nima Moghaddam (Vancouver, BC) – Finalist**

Impact of Oral Soluble Guanylate Cyclase Stimulators in Heart Failure: A Systematic Review and Meta-Analysis of Randomized Controlled Trials