



## **JACC-HF: Great papers of the last year**

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# Conflict of Interest Disclosures

- **Grants/research support:** AstraZeneca, Volumetrix, Novonordisk, AHA, NIH
- **Consulting fees:** AstraZeneca, Abbott, Alleviant, Boehringer Ingelheim, Boston Scientific, CVRx, Edwards Lifesciences, Merck, Medtronic, VWave, Vascular Dynamics, Whiteswell
- **Speaker fees:** None
- **Other:** None

# Clinical Outcomes in Patients With Heart Failure Hospitalized With COVID-19



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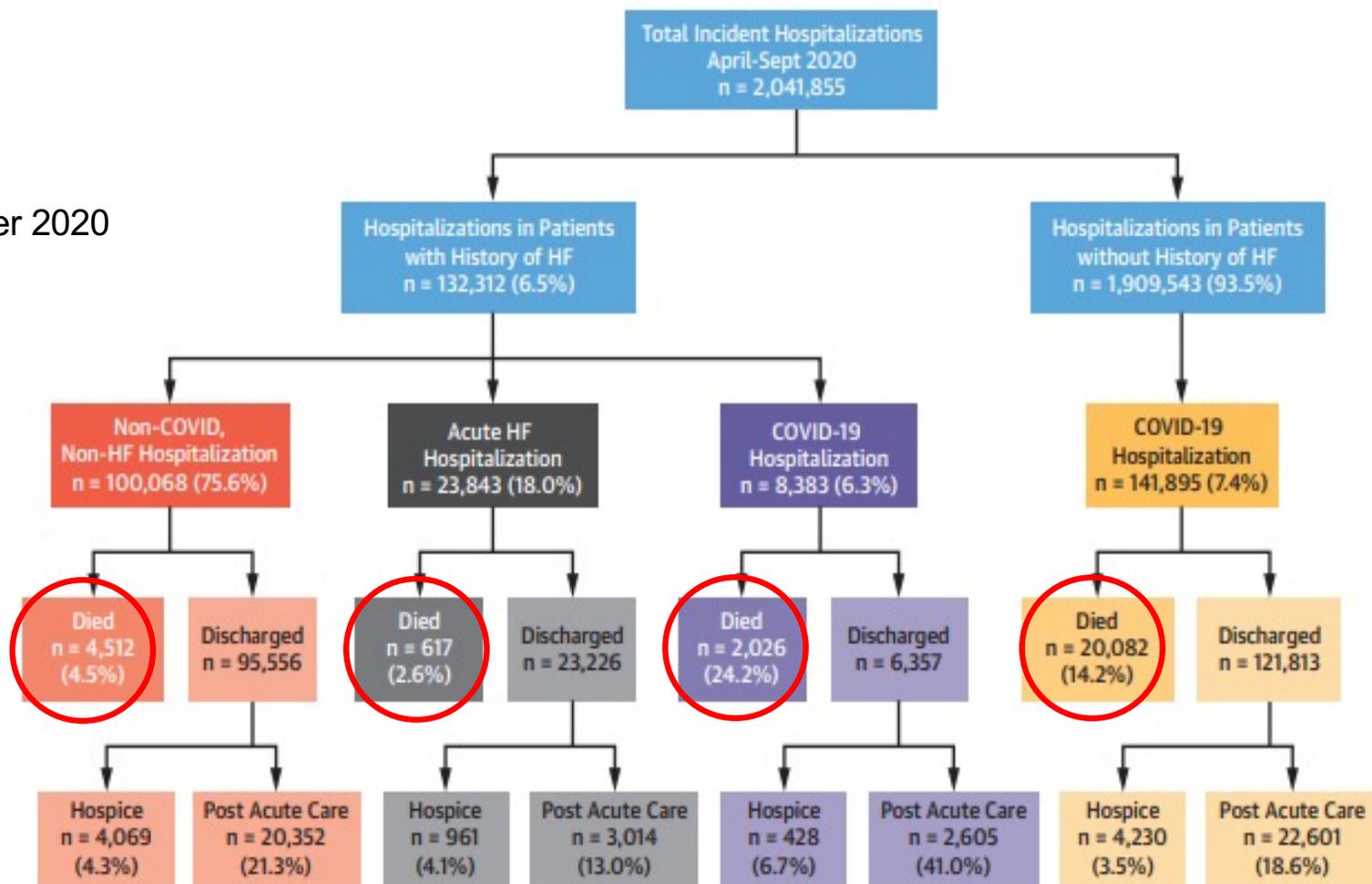
## ABSTRACT

**OBJECTIVES** The purpose of this study was to evaluate in-hospital outcomes among patients with a history of heart failure (HF) hospitalized with coronavirus disease-2019 (COVID-19).

**BACKGROUND** Cardiometabolic comorbidities are common in patients with severe COVID-19. Patients with HF may be particularly susceptible to COVID-19 complications.

**METHODS** The Premier Healthcare Database was used to identify patients with at least 1 HF hospitalization or 2 HF outpatient visits between January 1, 2019, and March 31, 2020, who were subsequently hospitalized between April and September 2020. Baseline characteristics, health care resource utilization, and mortality rates were compared between those hospitalized with COVID-19 and those hospitalized with other causes. Predictors of in-hospital mortality were identified in HF patients hospitalized with COVID-19 by using multivariate logistic regression.

April –September 2020



# Use of Cardiopulmonary Stress Testing for Patients With Unexplained Dyspnea Post-Coronavirus Disease



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## ABSTRACT

**OBJECTIVES** The authors used cardiopulmonary exercise testing (CPET) to define unexplained dyspnea in patients with post-acute sequelae of severe acute respiratory syndrome-coronavirus-2 (SARS-CoV-2) infection (PASC). We assessed participants for criteria to diagnose myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS).

**BACKGROUND** Approximately 20% of patients who recover from coronavirus disease (COVID) remain symptomatic. This syndrome is named PASC. Its etiology is unclear. Dyspnea is a frequent symptom.

- 
- **Many patients (20%) with SARS-CoV 2 infection(COVID) have post acute sequelae of COVID (PASC) or “long” COVID**
  - **41 patients with “long COVID” (persistent dyspnea at least 3 months post-COVID)**
    - √ **Mean time post-COVID =  $8.9 \pm 3.3$  months**
    - √ **Normal CXR**
    - √ **Normal PFTs**
    - √ **Normal Chest CT**
  - **Underwent Cardio-Pulmonary Exercise Testing(CPET)**

- 
- **18 men and 21 women**
  - **Oxygen consumption  $77 \pm 21\%$  predicted**
  - **88% had ventilatory abnormalities with either or both increased VE/VC02 or hypocapnia (PetC02)**
  - **44% met criteria for ME/CFS (myalgic encephalomyelitis-chronic fatigue syndrome)**
  - **CPET may be a valuable tool to assess these patients**

# Efficacy of Tafamidis in Patients With Hereditary and Wild-Type Transthyretin Amyloid Cardiomyopathy

## Further Analyses From ATTR-ACT



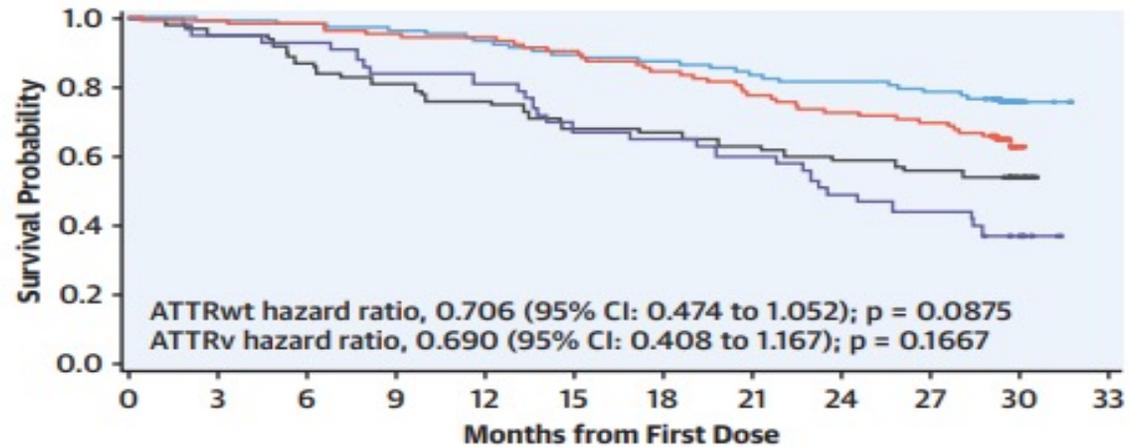
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### ABSTRACT

**OBJECTIVES** Tafamidis is an effective treatment for transthyretin amyloid cardiomyopathy (ATTR-CM), this study aimed to determine whether there is a differential effect between variant transthyretin amyloidosis (ATTRv) and wild-type transthyretin (ATTRwt).

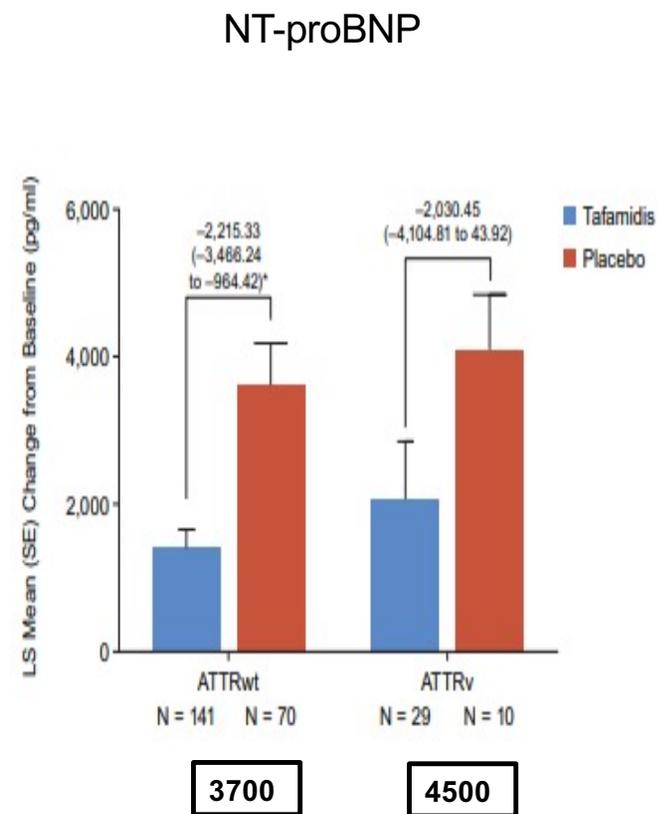
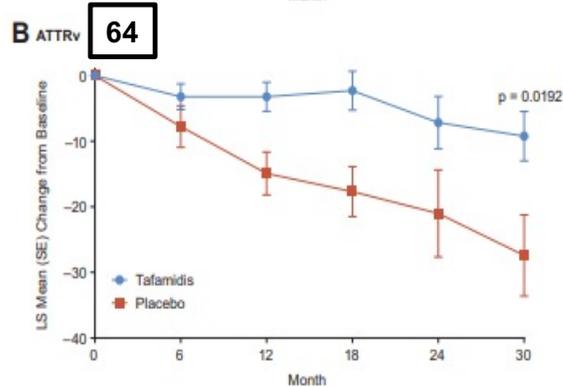
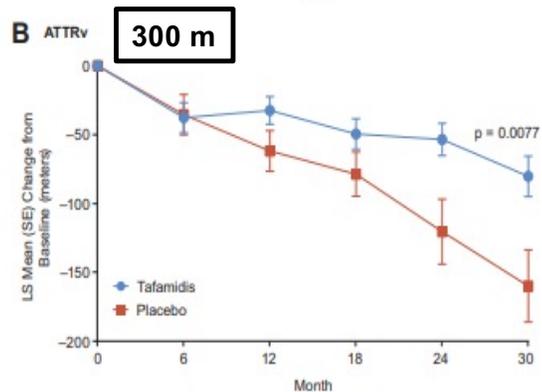
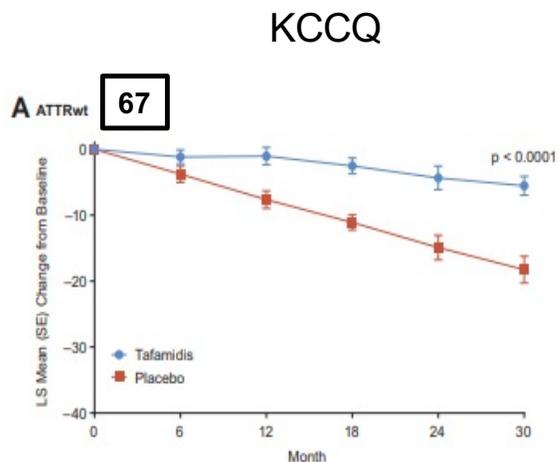
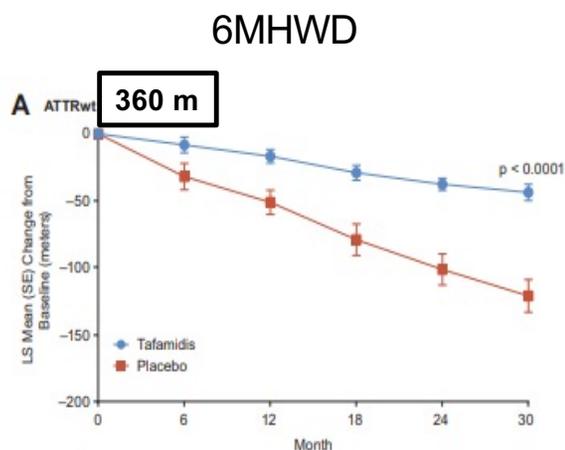
**BACKGROUND** ATTR-CM is a progressive, fatal disorder resulting from mutations in the ATTRv or the deposition of denatured ATTRwt.

# Survival in TTR Cardiac Amyloid for both wild type and hereditary



	No. at Risk											
	Patients Remaining at Risk (Cumulative Events)											
	0	3	6	9	12	15	18	21	24	27	30	33
— ATTRwt, Tafamidis	201	199	197	193	187	179	174	169	163	158	80	0
— ATTRwt, Placebo	134	132	131	127	126	121	113	105	97	94	40	0
— ATTRv, Tafamidis	63	60	55	51	48	43	42	40	37	35	19	0
— ATTRv, Placebo	43	41	40	36	35	29	28	26	21	19	11	0
	0	2	3	7	8	14	15	17	22	24	27	27

# Changes in 6MWD, KCCQ, NT proBNP



# NT-proBNP and ICD in Nonischemic Systolic Heart Failure



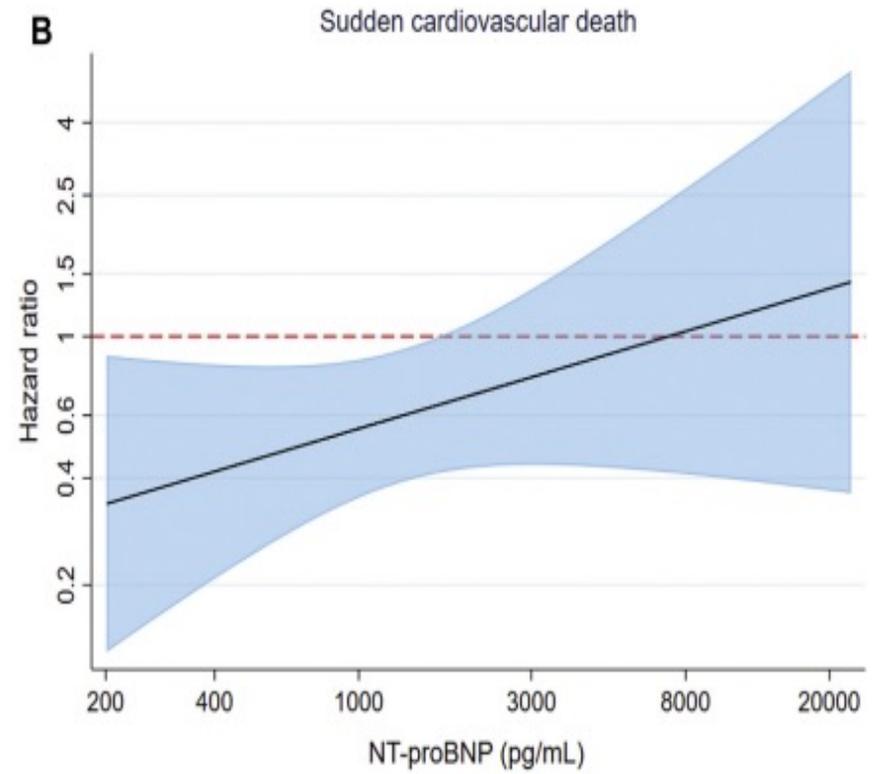
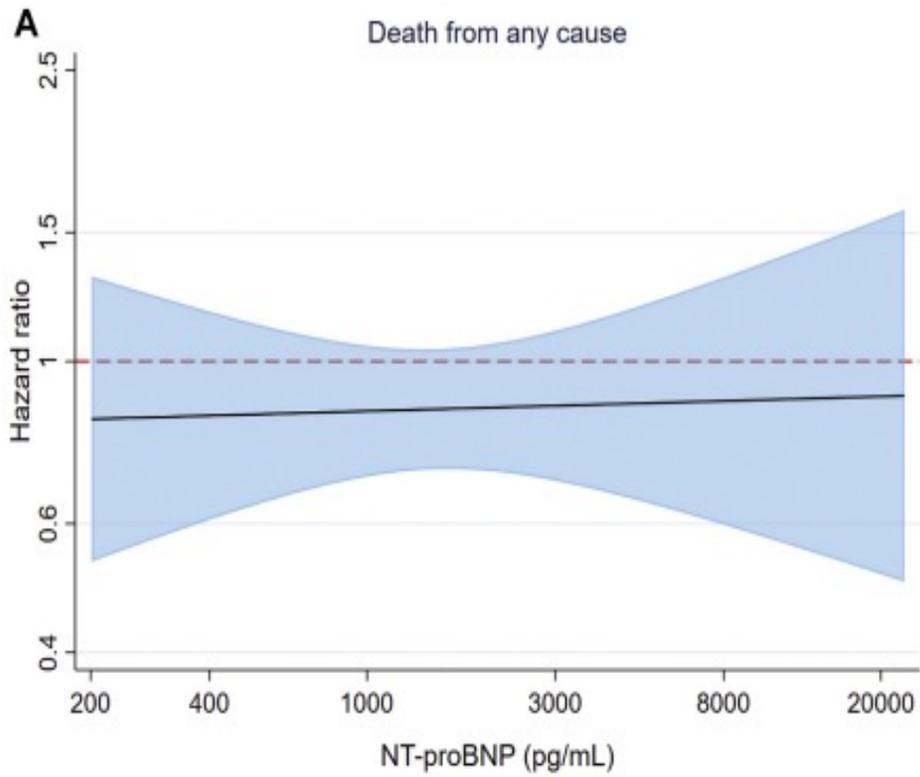
## Extended Follow-Up of the DANISH Trial

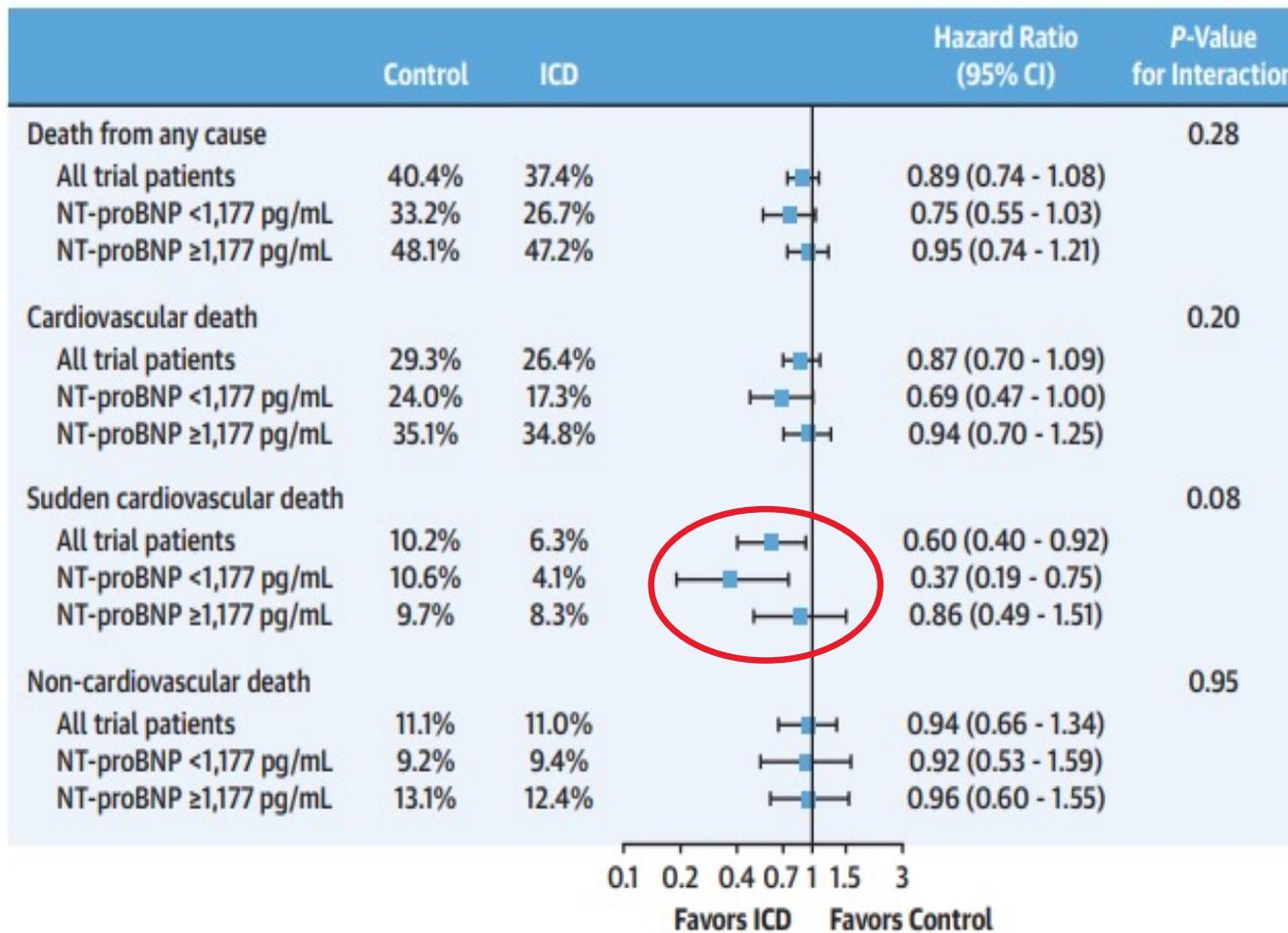
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### ABSTRACT

**OBJECTIVES** In this extended follow-up study of the DANISH (Danish Study to Assess the Efficacy of Implantable Cardioverter Defibrillators in Patients with Non-ischemic Systolic Heart Failure on Mortality) trial, adding 4 years of additional follow-up, we examined the effect of implantable cardioverter-defibrillator (ICD) implantation according to baseline N-terminal pro-B-type natriuretic peptide (NT-proBNP) level.

**BACKGROUND** In the DANISH trial, NT-proBNP level at baseline appeared to modify the response to ICD implantation.





# Clinical Outcomes With Metformin and Sulfonylurea Therapies Among Patients With Heart Failure and Diabetes

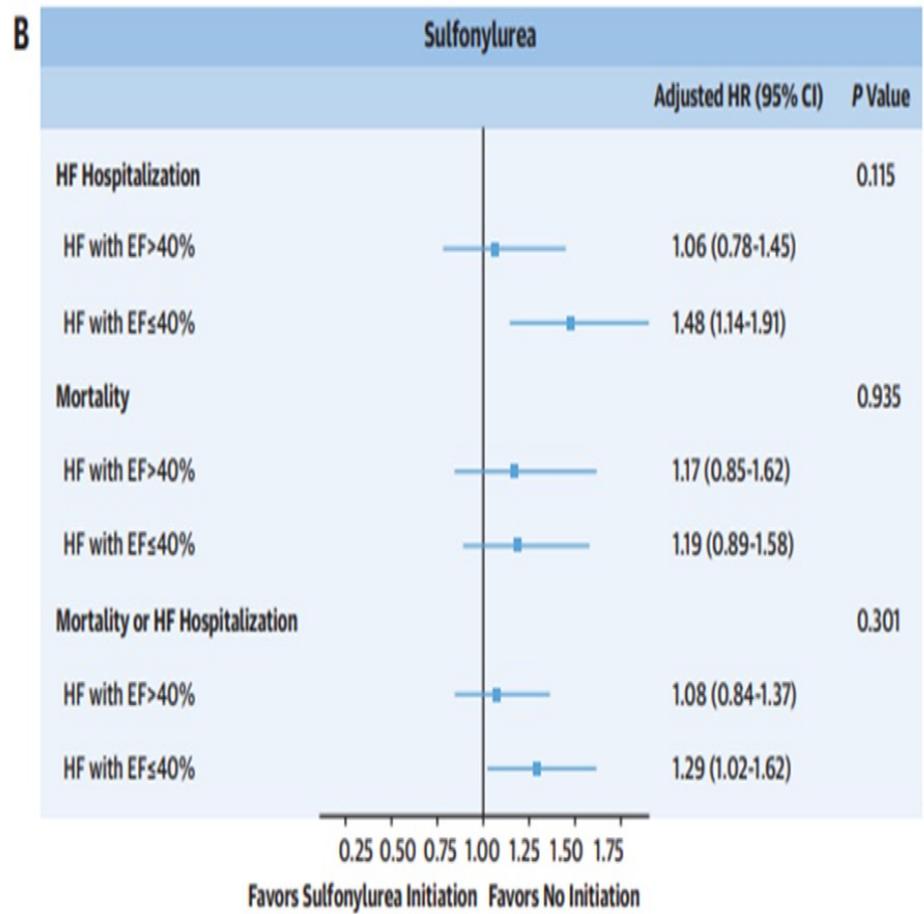
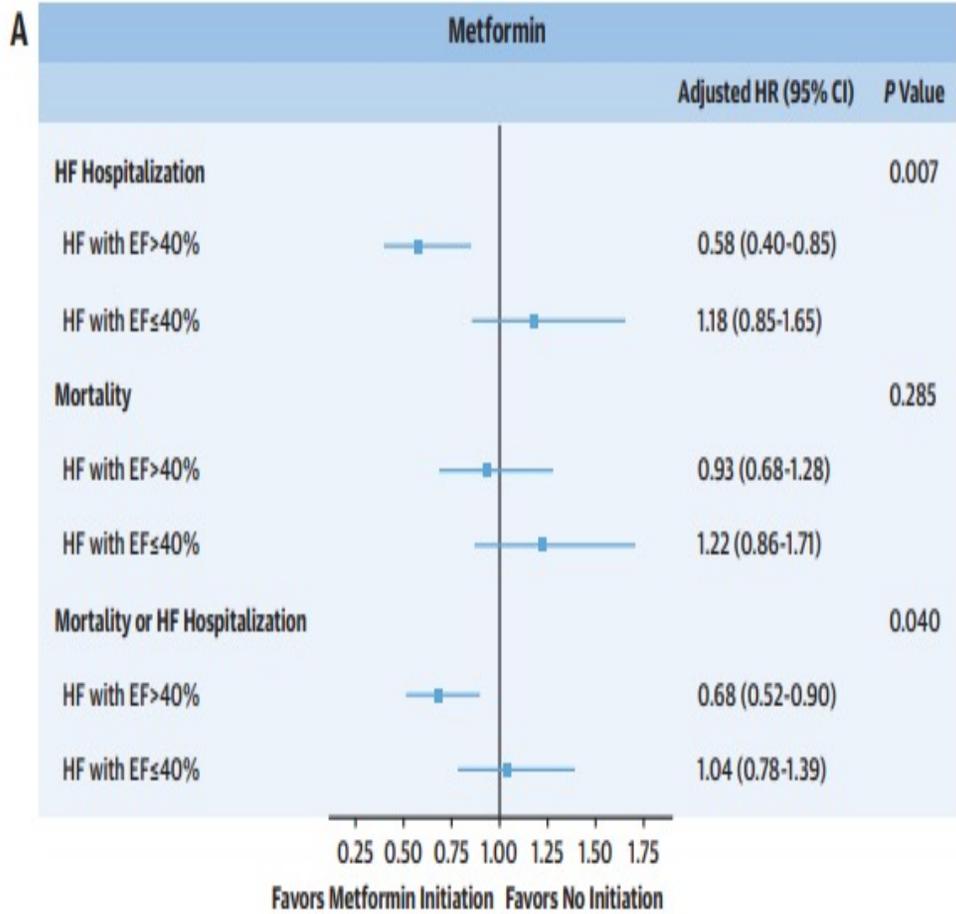


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## ABSTRACT

**OBJECTIVES** The authors sought to characterize associations between initiation of metformin and sulfonylurea therapy and clinical outcomes among patients with comorbid heart failure (HF) and diabetes (overall and by ejection fraction [EF] phenotype).

**BACKGROUND** Metformin and sulfonylureas are frequently prescribed to patients with diabetes for glycemic control. The impact of these therapies on clinical outcomes among patients with comorbid HF and diabetes is unclear.



# Remote Speech Analysis in the Evaluation of Hospitalized Patients With Acute Decompensated Heart Failure

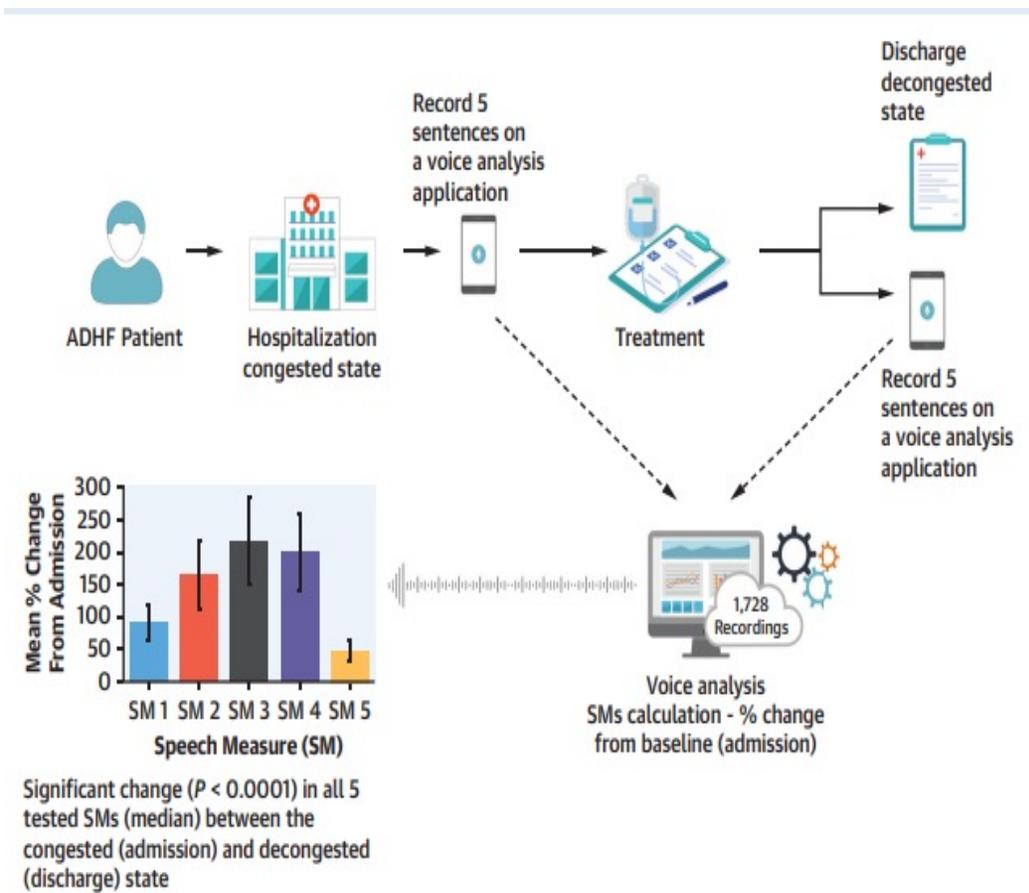


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## ABSTRACT

**OBJECTIVES** This study assessed the performance of an automated speech analysis technology in detecting pulmonary fluid overload in patients with acute decompensated heart failure (ADHF).

**BACKGROUND** Pulmonary edema is the main cause of heart failure (HF)-related hospitalizations and a key predictor of poor postdischarge prognosis. Frequent monitoring is often recommended, but signs of decompensation are often missed. Voice and sound analysis technologies have been shown to successfully identify clinical conditions that affect vocal cord vibration mechanics.



## EDITOR'S PAGE



## Promoting Diversity in Clinical Trial Leadership: A Call to Action



JoAnn Lindenfeld, MD, *Deputy Editor, JACC: Heart Failure*,  
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With this in mind, we ask what we can do to make a change. This journal will take a new approach to evaluate diversity of authorship and

also the trial leadership in general. We have changed our author instructions with new language to evaluate this point:

Diversity information (required for multicenter clinical trials design and results papers): The authors must explain the diversity of the study's leadership (PIs, committees, core labs, etc.) and author list in the Methodology section of the manuscript. If there is a lack of diversity, an explanation of this must be stated in the Limitations section of the manuscript.



# SUMMARY

- The inpatient mortality for patients with decompensated HF and COVID is high
- CPET may be a good way to document symptoms in “long COVID” (in patients without HF)
- Tafadimis is effective as slowing deterioration in both wild type and hereditary amyloidosis
- NT proBNP may be helpful in deciding the clinical benefit of ICD for patients with HFrEF and dilated CM
- Sulfonureas should probably be eliminated in most patients with HF and DM
- There are exciting new potential methods being evaluated to follow HF patients
- Let’s use all the tools we have to promote inclusivity