

**Navneet Sidhu**

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Over the past 15 years, Ms. Sidhu's journey with heart disease has given her a unique perspective on the challenges and opportunities within our healthcare system. She is passionate about ensuring that patient voices are heard, and that care is delivered in a way that prioritizes the dignity, needs, and well-being of individuals and their families.

Her lived experiences have equipped her with valuable insights into the critical elements of patient-centered care, and she is eager to contribute these to the Canadian Heart Failure Society. By serving on the board, she aims to advocate for meaningful changes that enhance collaboration between patients, families, and healthcare providers, ultimately promoting a more inclusive and supportive system for all.