

Cardio-Oncology 2022 – Heart Failure Update

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Disclosures

- None

Objectives

- Describe the emerging links between cancer and current or future HF
- Discuss the approach to surveillance strategies for early identification of LV dysfunction in patients receiving chemotherapy
- Discuss strategies to prevent and/or treat HF in setting of active cancer

Clinical Case

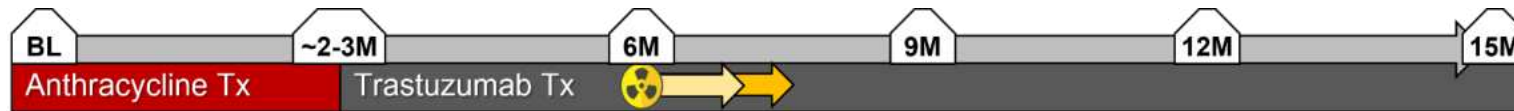
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Patient in Cardio-oncology Clinic

- 51F, high risk HER2+, left sided breast cancer, stage III
- Surgery, Anthracyclines (Doxorubicin equivalent 200mg/m²), Trastuzumab, Radiation therapy, hormonal therapy



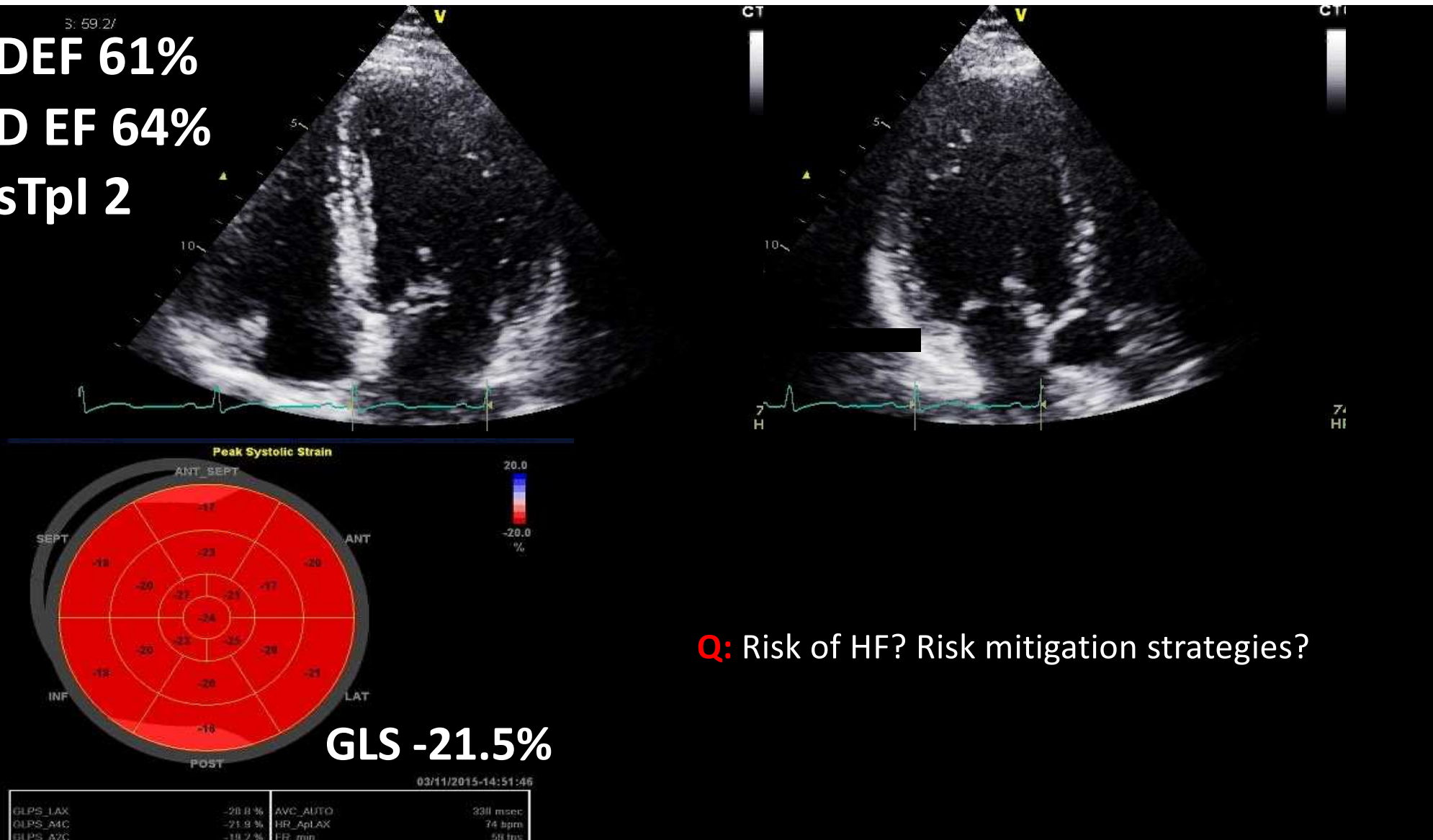
- No cardiovascular disease history, no CV risk factors, non-smoker, no medications, excellent functional capacity
- Physical exam / ECG – normal

Question 1

What is her risk of HF during cancer treatment?

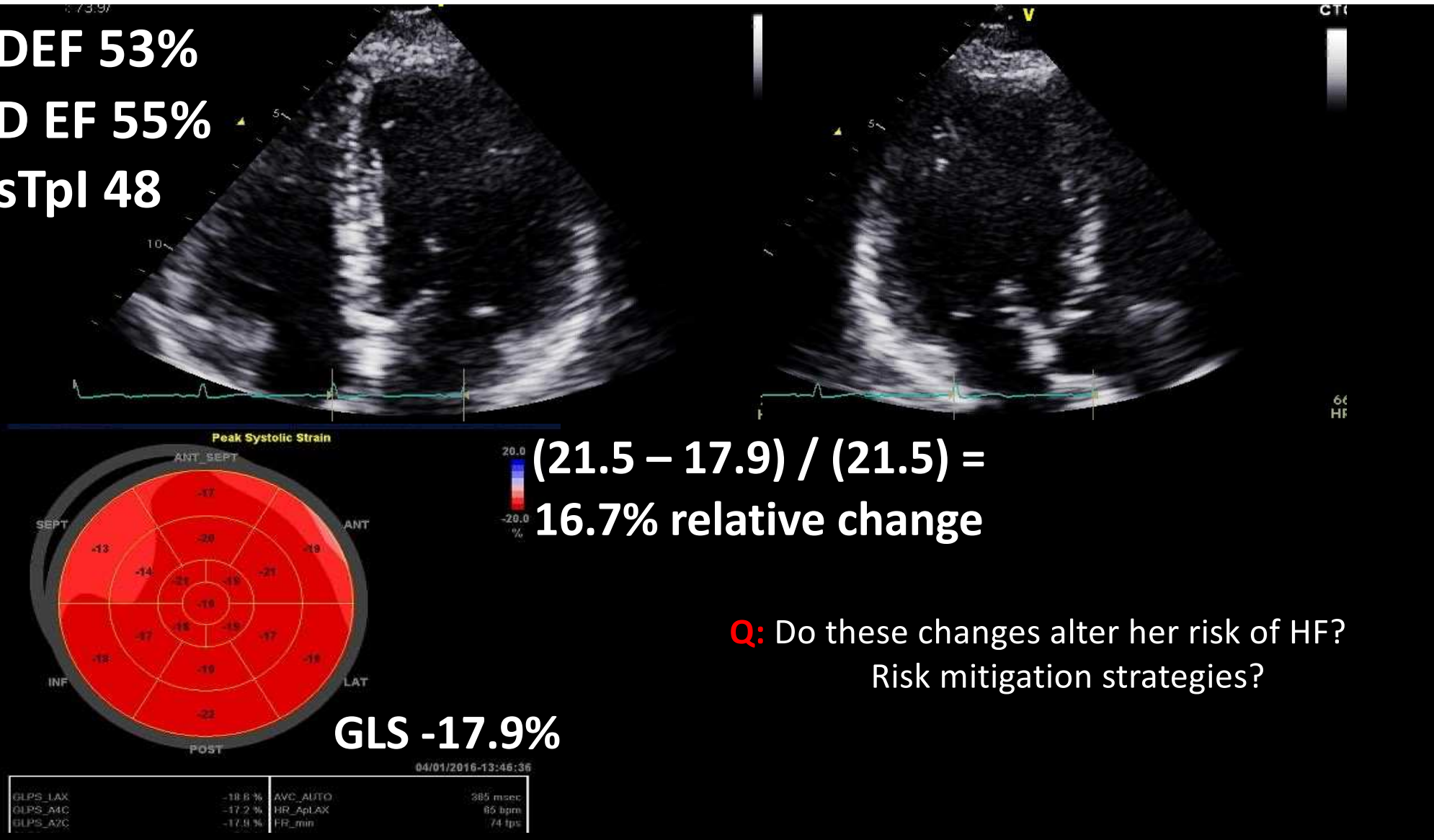
1. Low - her total cumulative dose of doxorubicin is $< 250\text{mg/m}^2$, she is < 60 years of age, and has no CVD risk factors
2. High – because she has HER2+ breast cancer
3. High – because she is receiving 3 potentially cardiotoxic therapies
4. Not sure – but an echocardiogram will help determine risk

3DEF 61%
2D EF 64%
hsTpl 2



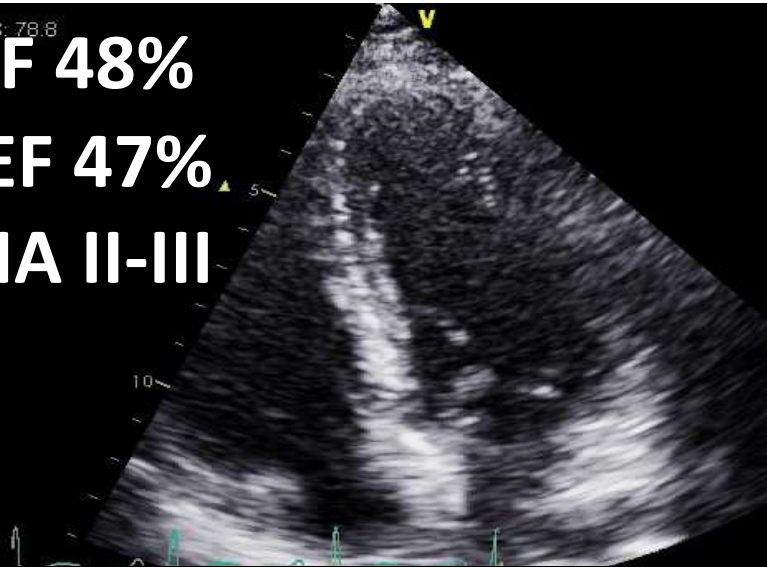
Q: Risk of HF? Risk mitigation strategies?

3DEF 53%
2D EF 55%
hsTpl 48



Q: Do these changes alter her risk of HF?
Risk mitigation strategies?

FPS: 78.8
3DEF 48%
2D EF 47%
NYHA II-III



FPS: 78.8



Q: Treatment Options?
Stop / hold cancer therapy?

FPS: 57.0/
3DEF 56%

2DEF 54%

NYHA I



6 wks Post Cessation of Trastuzumab + BB/ACE

$\text{VO}_{2\text{peak}} = 16 \text{ mL}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ (67% predicted)

Q: Long Term Follow-up?

Consequences to having developed cardiotoxicity / TZM interruption?

Question 2

Which of the following regarding this patient is correct?

1. There is strong evidence from several RCTs that if HF therapy (BB/ACE/ARB) was started when GLS change occurred, HF could have been prevented.
2. Stopping trastuzumab therapy transiently will affect her cancer outcomes.
3. Although her VO₂peak was low post therapy in long term follow-up it will not be different from those who did not develop cardiotoxicity.
4. Troponin measurements do not have prognostic value in women with HER2+ breast cancer receiving anthracyclines.

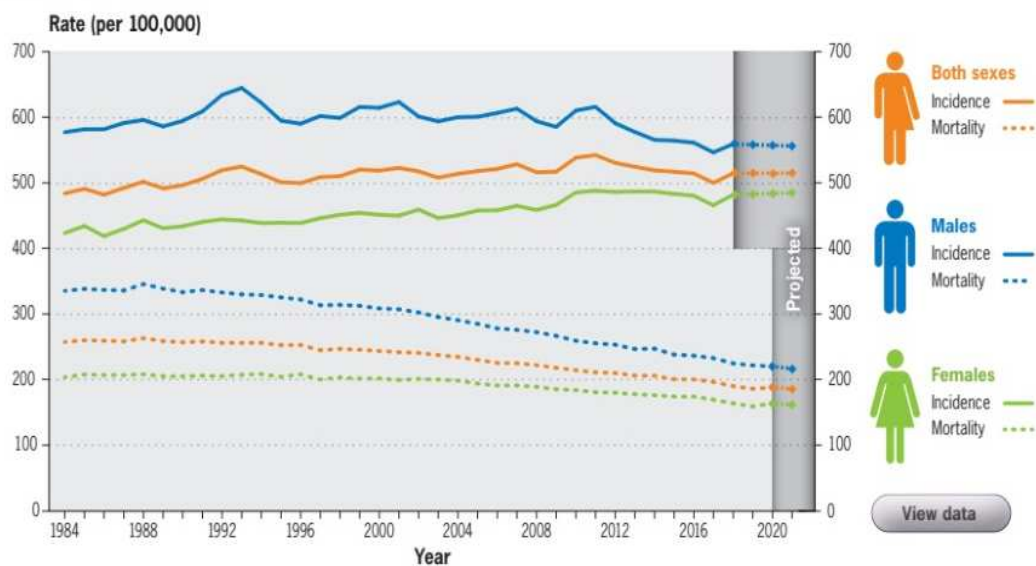
Cancer and CVD

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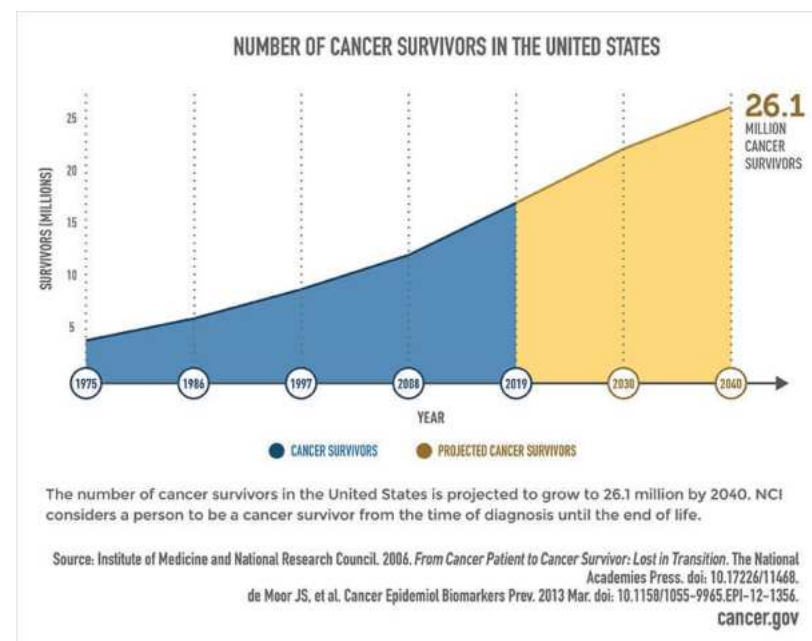


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Cancer Incidence and Survivorship



Canadian Cancer Statistics 2021

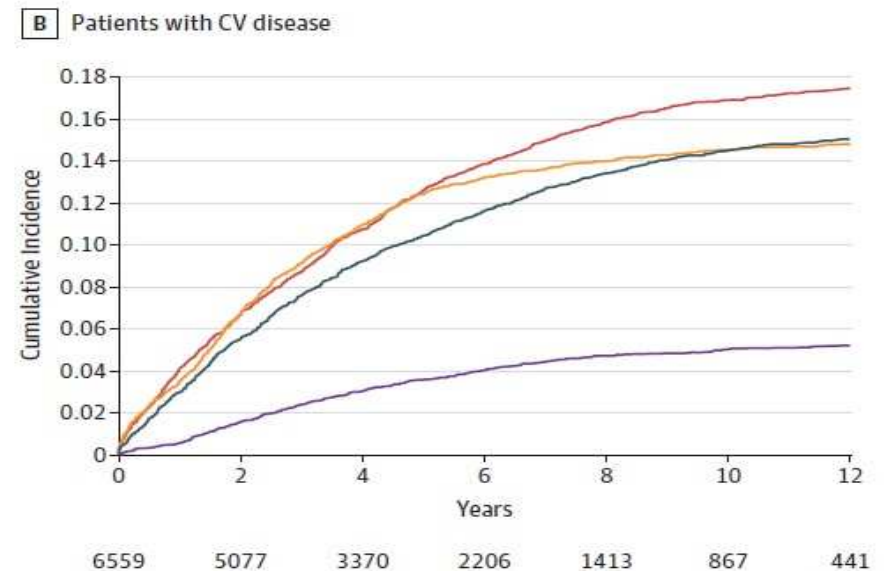
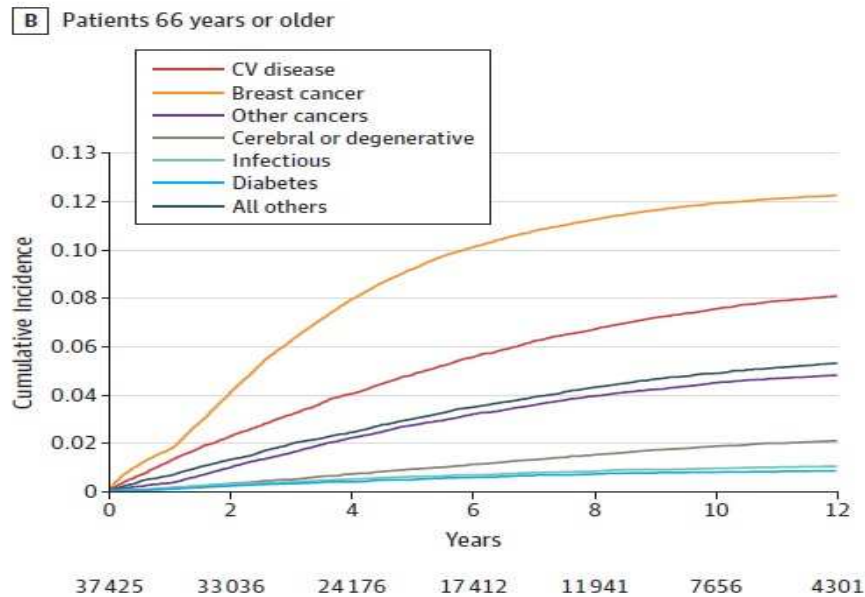


Spectrum of CVD in Patients with Cancer

	LVSD	HTN	Angina	ACS	Takotsubo	Stroke	PAD	PHTN	DVT/ PE
Anthracyclines	X								
5-FU	X		X	X	X				
Gemcitabine			X	X					
Paclitaxel		X	X	X					X
Cisplatin		X	X	X		X	X		
Bleomycin			X	X		X		X	
Vincristine		X	X	X					
Cyclophos-phamide	X		X					X	
mTOR inhibitors		X	X						X
Carfilzomib	X	X		X				X	
Bevacizumab	X	X	X	X	X	X			X
Sunitinib	X	X	X	X	X	X			X
Nilotinib			X	X		X	X		X
Dasatinib	X							X	
Thalidomide									X
Rituximab		X	X	X	X				

Chung R et al, Open Heart 2018

Older Adults – Breast Cancer



Abdel-Qadir H et al JAMA Cardiology 2016
Similar pattern in other cancers

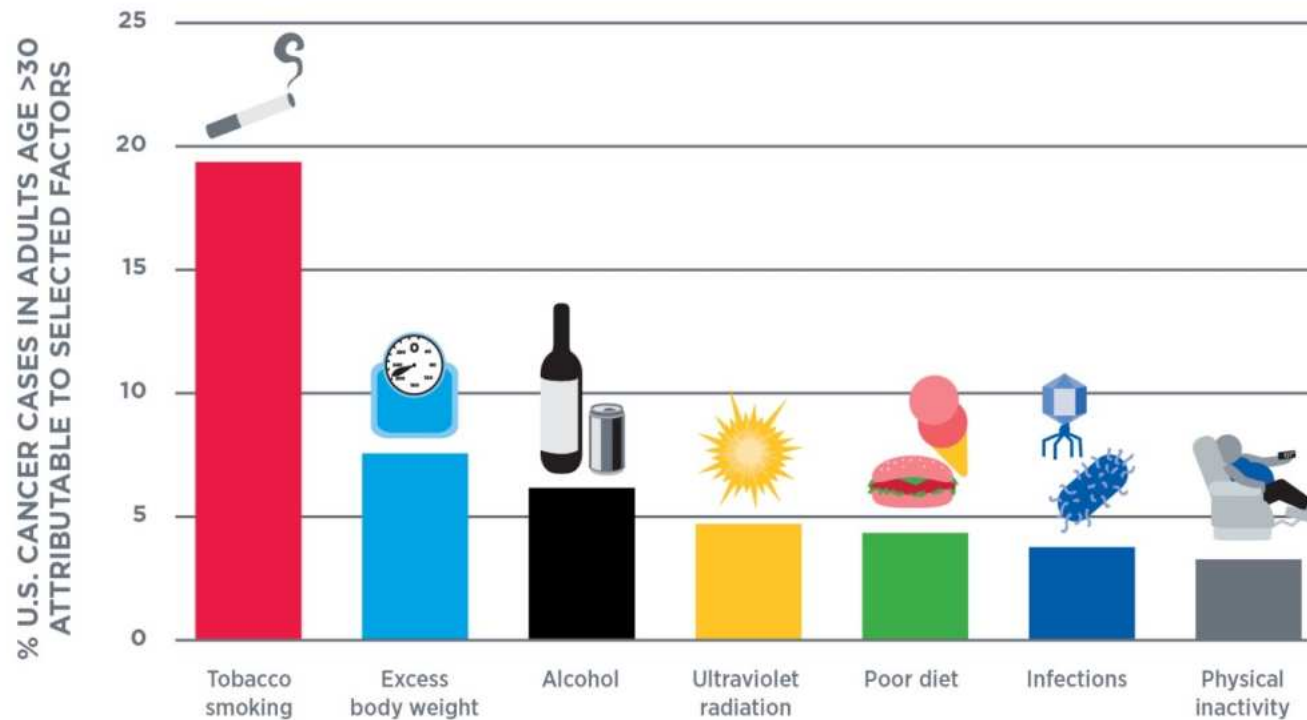
Links Between Cancer and HF

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Shared Risk Factors for Cancer and HF



Source: AACR Cancer Progress Report 2019

Novel Shared Risk Factor



Clonal Hematopoiesis and Risk of Atherosclerotic Cardiovascular Disease

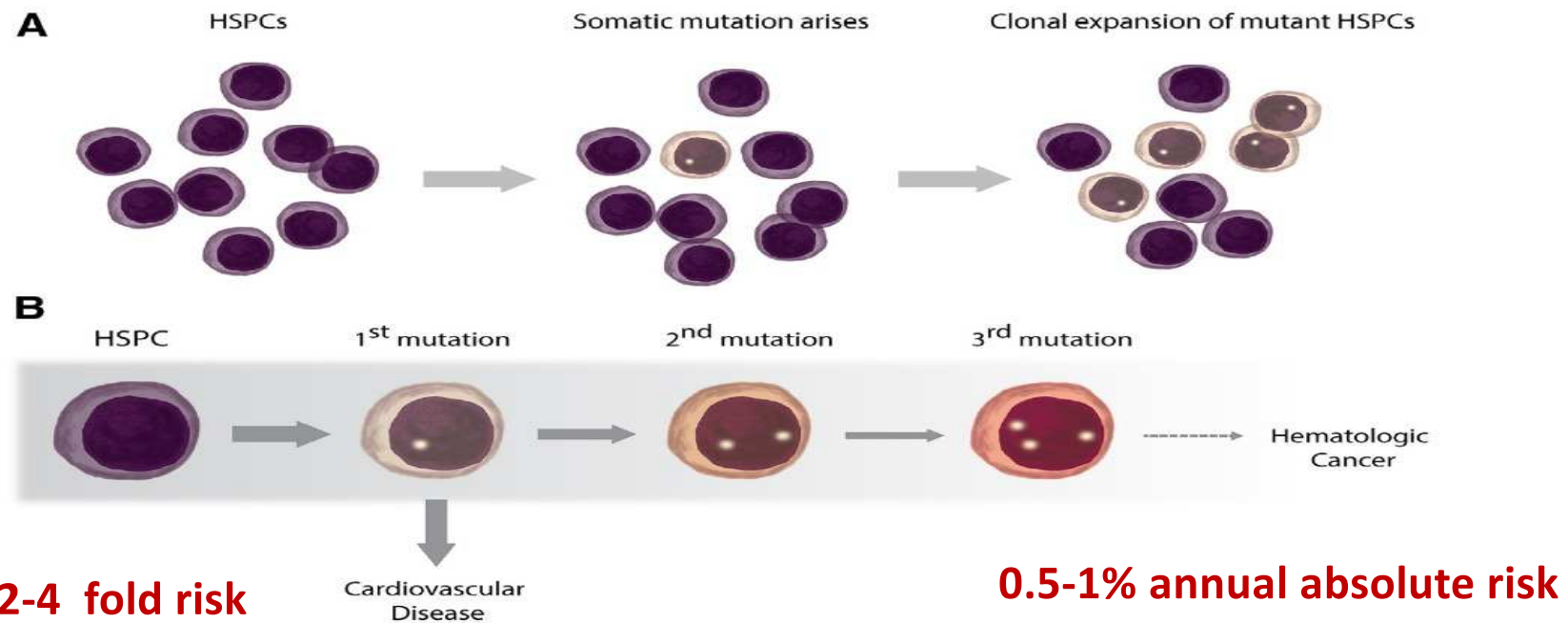
S. Jaiswal, P. Natarajan, A.J. Silver, C.J. Gibson, A.G. Bick, E. Shvartz, M. McConkey, N. Gupta, S. Gabriel, D. Ardissino, U. Baber, R. Mehran, V. Fuster, J. Danesh, P. Frossard, D. Saleheen, O. Melander, G.K. Sukhova, D. Neuberg, P. Libby, S. Kathiresan, and B.L. Ebert

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Clonal Hematopoiesis (CH)



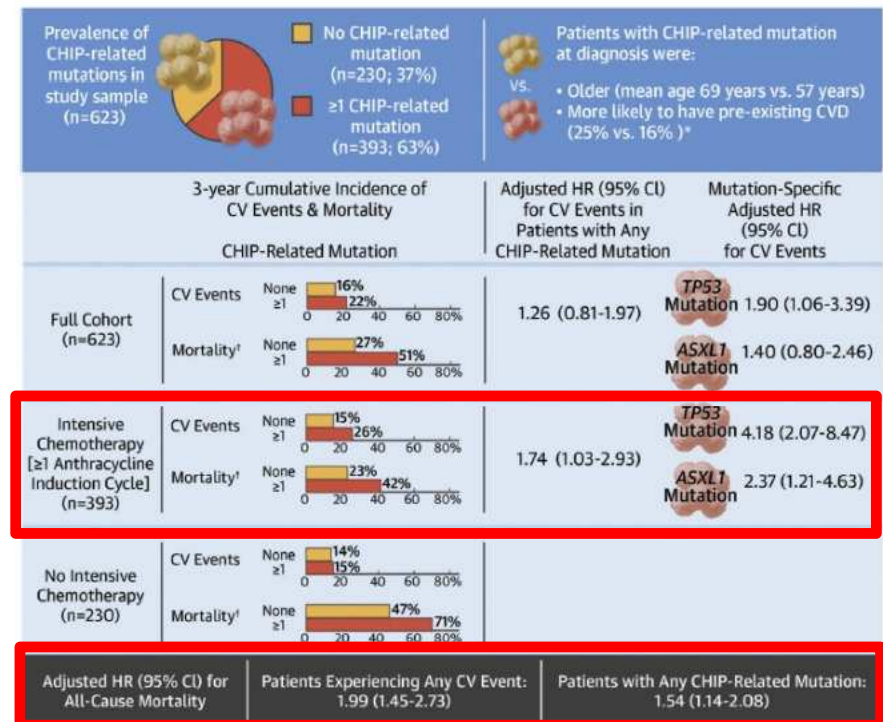
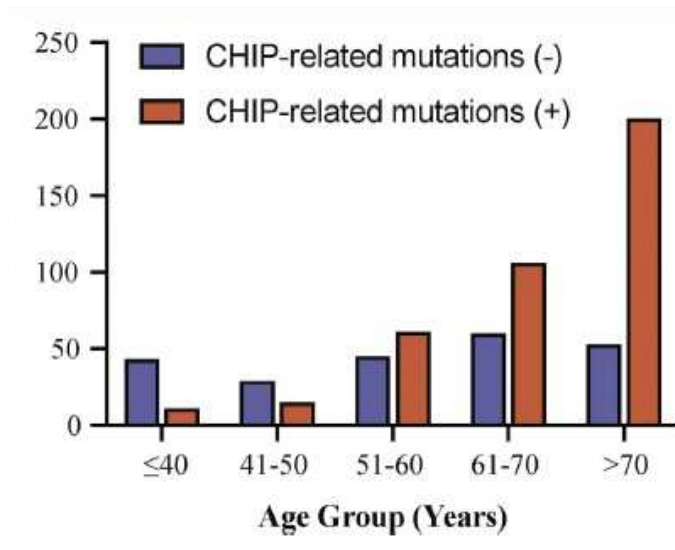
Fuster JJ, Walsh K. *Circ Res*. 2018;122(3):523-532

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CH-associated mutations and CVD in AML



Calvillo-Arguelles O, et al. JACC Cardioncology, March 2022

Impact of Cancer / Treatment

Moslehi J, NEJM 2016

Table 1. Cancer Therapies, Cellular Targets, and Associated Cardiovascular Toxic Effects.^a

Class	Drug	Cellular Target	Common Cardiovascular Toxic Effects
Traditional cancer therapies			
Radiation	NA	NA	Myocardial ischemia, pericarditis, myocarditis, valvular heart disease, arrhythmia
Anthracyclines	Doxorubicin, daunorubicin, idarubicin, epirubicin, mitoxantrone	Type II topoisomerase, DNA and RNA synthesis	Cardiomyopathy, arrhythmia, acute myocarditis or pericarditis
Platinum	Cisplatin, carboplatin, oxaliplatin	Cross-link DNA	Hypertension, myocardial ischemia
Antimetabolites	Fluorouracil	Thymidylate synthase	Myocardial ischemia
	Capecitabine	Thymidylate synthase	Myocardial ischemia, arrhythmias
Alkylating agents	Cyclophosphamide	Cross-link DNA	Congestive heart failure, myocarditis, pericarditis
Antimicrotubule agents	Paclitaxel	Microtubule	Arrhythmias (including bradycardia, heart block, premature ventricular contractions, and ventricular tachycardia), thrombosis
	Vinca alkaloids	Microtubule	Myocardial ischemia, coronary spasm
Targeted cancer therapies			
HER2 inhibitors			
HER2 monoclonal antibody	Trastuzumab	HER2	Decline in LVEF, congestive heart failure
Newer HER2 inhibitors	Pertuzumab, trastuzumab emtansine, tucatinib	HER2	Decline in LVEF, congestive heart failure
VEGF signaling pathway inhibitors		VEGF signaling pathway	Hypertension, venous or arterial thromboembolic events, proteinuria, cardiomyopathy
VEGFA monoclonal antibody	Bevacizumab		
VEGF trap	Aflibercept		
VEGFR2 monoclonal antibody	Ramucicab		
Tyrosine kinase inhibitor with anti-VEGF activity	Sunitinib, sorafenib, pazopanib, axitinib, vandetanib, regorafenib, cabozantinib, lenvatinib	VEGF receptors (mainly VEGFR2) and other kinases; PDGFR	
Multitargeted tyrosine kinase inhibitors	Dasatinib	ABL, ABL mutants (except T315I), and other kinases; SRC, KIT, PDGFR, EGFR, BRAF, DDR1, DDR2, ephrin receptors	Pulmonary hypertension, vascular events, prolongation of QT interval corrected for heart rate
Other multitargeted tyrosine kinase inhibitors			
Anaplastic lymphoma kinase inhibitors	Crizotinib, ceritinib	Anaplastic lymphoma kinase	Bradycardia, prolongation of QT interval corrected for heart rate
PI3K-AKT-mTOR inhibitors†	Everolimus, temsirolimus	PI3K-AKT-mTOR signaling pathway	Cardiometabolic toxic effects, including hypercholesterolemia, hypertriglyceridemia, hyperglycemia
Bruton's tyrosine kinase inhibitors	Ibrutinib	Bruton's tyrosine kinase	Atrial fibrillation, other arrhythmias
MEK inhibitors	Trametinib	MEK1, MEK2	Cardiomyopathy
Immunomodulatory drugs	Thalidomide, lenalidomide, pomalidomide	Lymphoid transcription factors IKZF1 and IKZF3	Venous or arterial thromboembolic events
Proteasome inhibitors	Bortezomib, carfilzomib	Ubiquitin-proteasome system	Cardiomyopathy, hypertension, venous or arterial thromboembolic events, arrhythmia
Immune checkpoint inhibitors	Pembrolizumab, nivolumab	Programmed cell death 1	Myocarditis
	Ipilimumab	CTLA4	Myocarditis

Pre-treatment Risk Stratification

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Pre-Treatment Risk Assessment - Clinical

- Patients at elevated risk – ASCO guidelines
 - Anthracycline dose (doxo $\geq 250\text{mg/m}^2$) / radiation dose $\geq 30\text{Gy}$ / trastuzumab / cardiovascular risk factors
 - Lower dose combinations
- Others (no clear guidelines)
 - Proteasome inhibitors, ICLs, multi-targeted TKIs, VEGFi, MEK inhibitors, EGFR

Pre-Treatment Risk Assessment - Clinical

Baseline cardiovascular risk assessment in cancer patients scheduled to receive cardiotoxic cancer therapies: a position statement and new risk assessment tools from the Cardio-Oncology Study Group of the Heart Failure Association of the European Society of Cardiology in collaboration with the International Cardio-Oncology Society

Alexander R. Lyon^{1*}, Susan Dent², Susannah Stanway³, Helena Earl⁴, Christine Brezden-Masley⁵, Alain Cohen-Solal⁶, Carlo G. Tocchetti⁷, Javid J. Moslehi⁸, John D. Groarke⁹, Jutta Bergler-Klein¹⁰, Vincent Khoo^{11,12}, Li Ling Tan¹³, Markus S. Anker¹⁴, Stephan von Haehling^{15,16}, Christoph Maack¹⁷, Radek Pudil¹⁸, Ana Barac¹⁹, Paaladinesh Thavendiranathan²⁰, Bonnie Ky²¹, Tomas G. Neilan²², Yury Belenkov²³, Stuart D. Rosen¹, Zaza Iakobishvili²⁴, Aaron L. Sverdlov²⁵, Ludhmila A. Hajjar²⁶, Ariane V.S. Macedo²⁷, Charlotte Manisty²⁸, Fortunato Ciardiello²⁹, Dimitrios Farmakis^{30,31}, Rudolf A. de Boer³², Hadi Skouri³³, Thomas M. Suter³⁴, Daniela Cardinale³⁵, Ronald M. Witteles³⁶, Michael G. Fradley²¹, Joerg Herrmann³⁷, Robert F. Cornell³⁸, Ashutosh Wechelaker³⁹, Michael J. Mauro⁴⁰, Dragana Milojkovic⁴¹, Hugues de Lavallade⁴², Frank Ruschitzka⁴³, Andrew J.S. Coats^{44,45}, Petar M. Seferovic⁴⁶, Ovidiu Chioncel^{47,48}, Thomas Thum⁴⁹, Johann Bauersachs⁵⁰, M. Sol Andres¹, David J. Wright⁵¹, Teresa López-Fernández⁵², Chris Plummer⁵³, and Daniel Lenihan⁵⁴

Table 3 Baseline cardiovascular risk stratification proforma for HER2-targeted cancer therapies (trastuzumab, pertuzumab, T-DM1, lapatinib, neratinib)

Risk factor	Score	Level of evidence	References
Previous cardiovascular disease			
Heart failure or cardiomyopathy	Very high	C	31
Myocardial infarction or CABG	High	B	31,32
Stable angina	High	B	31–34
Severe valvular heart disease	High	C	31
Baseline LVEF <50%	High	C	
Borderline LVEF 50–54%	Medium ²	B	35–37
Arrhythmia ²	Medium ²	C	31,32
Cardiac biomarkers (where available)			
Elevated baseline troponin ⁶	Medium ²	B	38,39
Elevated baseline BNP or NT-proBNP ⁶	Medium ²	C	17
Demographic and cardiovascular risk factors			
Age ≥80 years	High	B	32,33
Age 65–79 years	Medium ²	B	35,36,40,41
Hypertension ^c	Medium ¹	B	32–36,42,43
Diabetes mellitus ^d	Medium ¹	C	31,32,42
Chronic kidney disease ^e	Medium ¹	C	32
Current cancer treatment regimen			
Includes anthracycline before HER2-targeted therapy	Medium ^{1f}	B	32,40,41,43–45
Previous cardiotoxic cancer treatment			
Prior trastuzumab cardiotoxicity	Very high	C	
Prior (remote) anthracycline exposure ^d	Medium ²	B	42
Prior radiotherapy to left chest or mediastinum	Medium ²	C	41,46,47
Lifestyle risk factors			
Current smoker or significant smoking history	Medium ¹	C	34
Obesity (BMI >30 kg/m ²)	Medium ¹	C	29,34,43,45
Risk level			

Pre-Treatment Risk Assessment - Clinical



European Heart Journal (2019) 40, 3913–3920
doi:10.1093/eurheartj/ehz460

CLINICAL RESEARCH
Disease management

Development and validation of a multivariable prediction model for major adverse cardiovascular events after early stage breast cancer: a population-based cohort study

Husam Abdel-Qadir^{1,2,3,4,*}, Paaladinesh Thavendiranathan^{2,5}, Peter C. Austin^{3,4}, Douglas S. Lee^{2,3,4,5}, Eitan Amir^{4,6}, Jack V. Tu^{3,4,7}, Kinwah Fung³, and Geoffrey M. Anderson^{3,4}

¹Department of Medicine, Women's College Hospital Toronto, 76 Grenville St, Room 3444, Toronto, ON M5S 1B2, Canada; ²Department of Medicine, Division of Cardiology, Peter Munk Cardiac Centre, University Health Network, Toronto, ON, Canada; ³Cardiovascular Research Program, ICES, Toronto, ON, Canada; ⁴University of Toronto, Institute of Health Policy, Management, and Evaluation, Toronto, ON, Canada; ⁵Joint Department of Medical Imaging, University Health Network, Toronto, ON, Canada; ⁶Department of Medical Oncology and Hematology, Princess Margaret Cancer Centre, Toronto, ON, Canada; and ⁷Department of Medicine, Sunnybrook Health Sciences Centre, Toronto, ON, Canada

Received 17 January 2019; revised 18 May 2019; editorial decision 12 June 2019; accepted 12 June 2019; online publish-ahead-of-print 18 July 2019

See page 3921 for the editorial comment on this article (doi: 10.1093/eurheartj/ehz598)

Aims

Develop a score to predict the risk of major adverse cardiovascular events (MACE) after early stage breast cancer (EBC) to facilitate personalized decision-making about potentially cardiotoxic treatments and interventions to reduce cardiovascular risk.

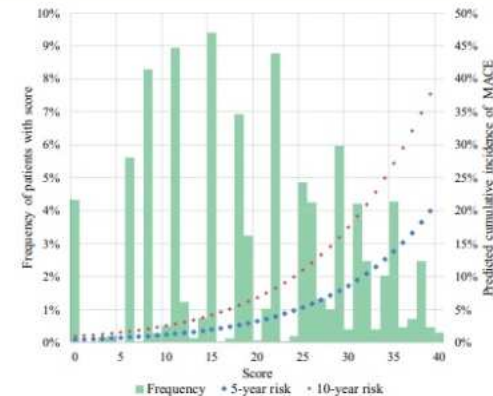
Methods and results

Using administrative databases, we assembled a cohort of women diagnosed with EBC in Ontario between 2003 and 2014, with follow-up through 2015. Two-thirds of the cohort were used for risk score derivation; the remainder were reserved for its validation. The outcome was a composite of hospitalizations for acute myocardial infarction, unstable angina, transient ischaemic attack, stroke, peripheral vascular disease, heart failure (HF), or cardiovascular death. We developed the score by regressing MACE incidence against candidate predictors in the derivation sample using a Fine-Gray model. Discrimination was assessed in the validation sample using Wolber's c-index for prognostic models with competing risks, while calibration was assessed by comparing predicted and

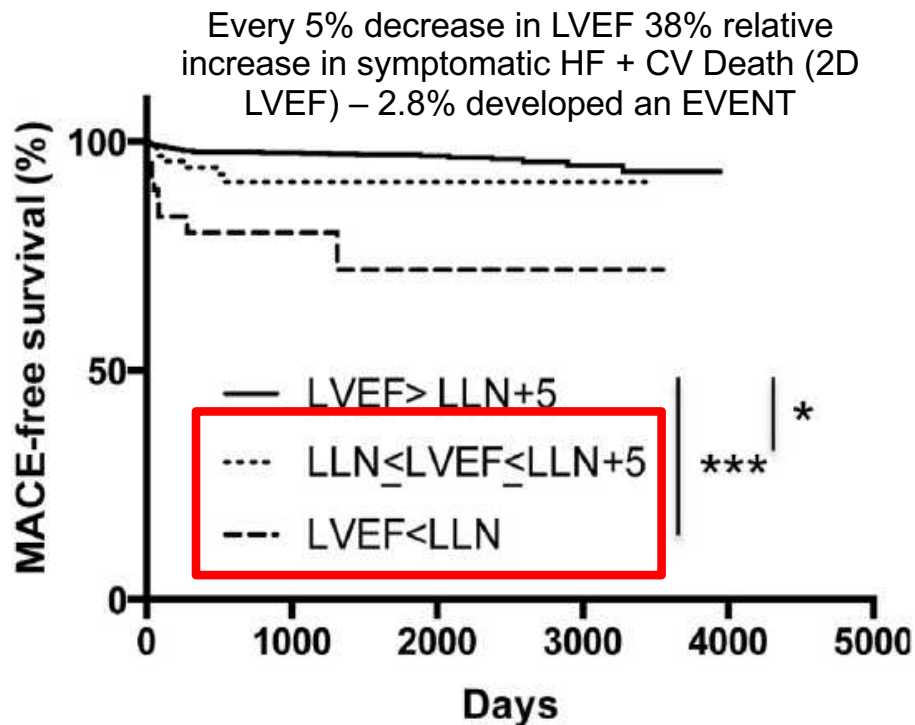
Table 2 Risk score for prediction of major adverse cardiovascular events risk after breast cancer

Select age category		Select past medical history	
<40 years	0	Heart failure	7
40–44 years	6	Atrial fibrillation	4
45–49 years	8	Peripheral vascular disease	4
50–54 years	11	Hypertension	4
55–59 years	15	Ischaemic heart disease	3
60–64 years	18	Diabetes	3
65–69 years	22	Chronic kidney disease	3
70–74 years	25	COPD	3
75–79 years	27	Cerebrovascular disease	2
≥80 years	31	Total score	

COPD, chronic obstructive pulmonary disease.



Pre-Treatment Risk Assessment - LVEF

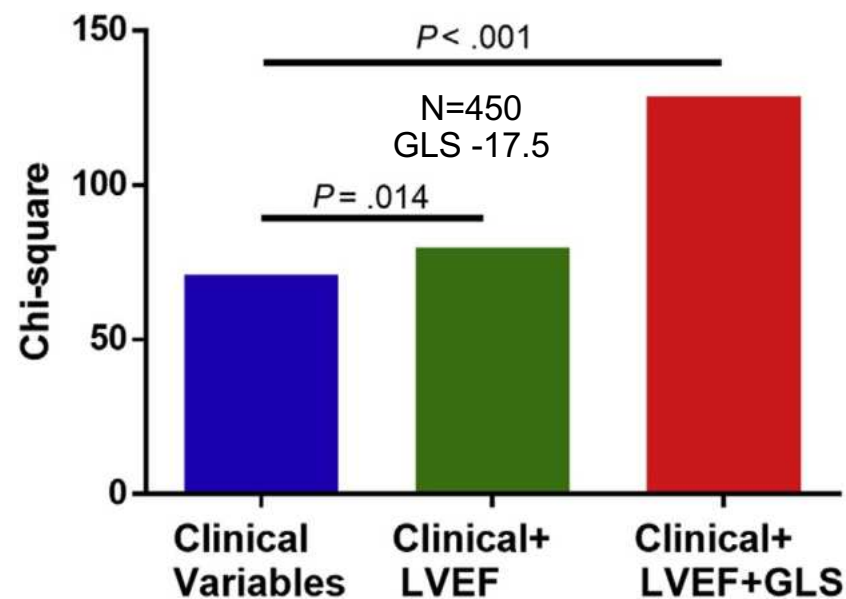


2285 Patients, BREAST, HEME, OTHER,
 Anthracycline (Doxo - 223mg/m²)
 Wang L..Scherrer-Crosbie et al AJC 2015

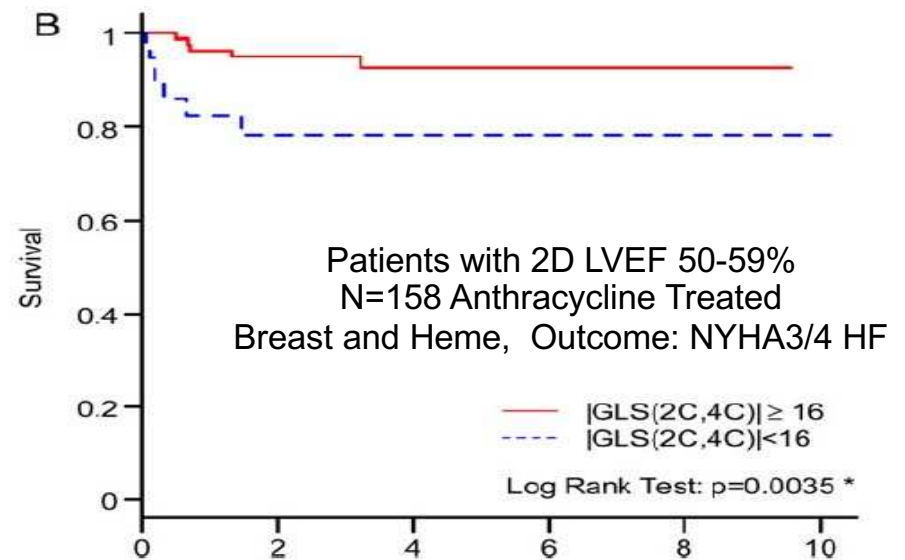
Risk Factor	# Pts	HR	p
Baseline LVEF			
≥ 65%	423	Ref	
55-64%	451	1.98	0.092
50-54%	70	6.72	<0.001
Post-AC LVEF			
≥ 65%	351	Ref	
55-64%	473	3.58	0.02
50-54%	111	11.84	<0.001

NSABP-31, 944 Patients, HER2+ BC
 Cardiac Death, Clic HF (assoc with LVEF drop)
 4.0% Developed an Event (by 7 years)

Pre-Treatment Risk Assessment - Strain

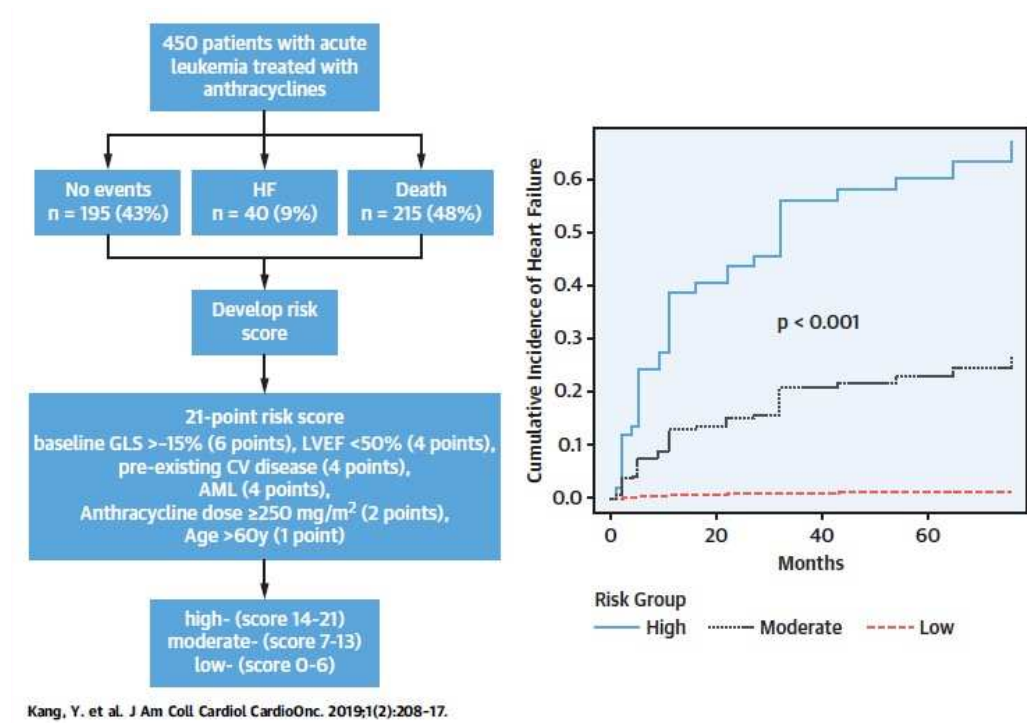


Mohammed TA, et al JASE 2016
 Strain TomTec (2D CPA), n=450
 Anthracycline Rx Heme Malignancies
 Symptomatic HF or CV Death



Mousavi et al, EHJCVI 2015
 Strain – TomTec 2D CPA, n=158
 Heme, Breast, Other
 Symptomatic HF or CV Death

Pre-Treatment Risk Assessment - Strain



Symptomatic HF
GLS associated with all cause death!

Kang et al JACC CO 2020

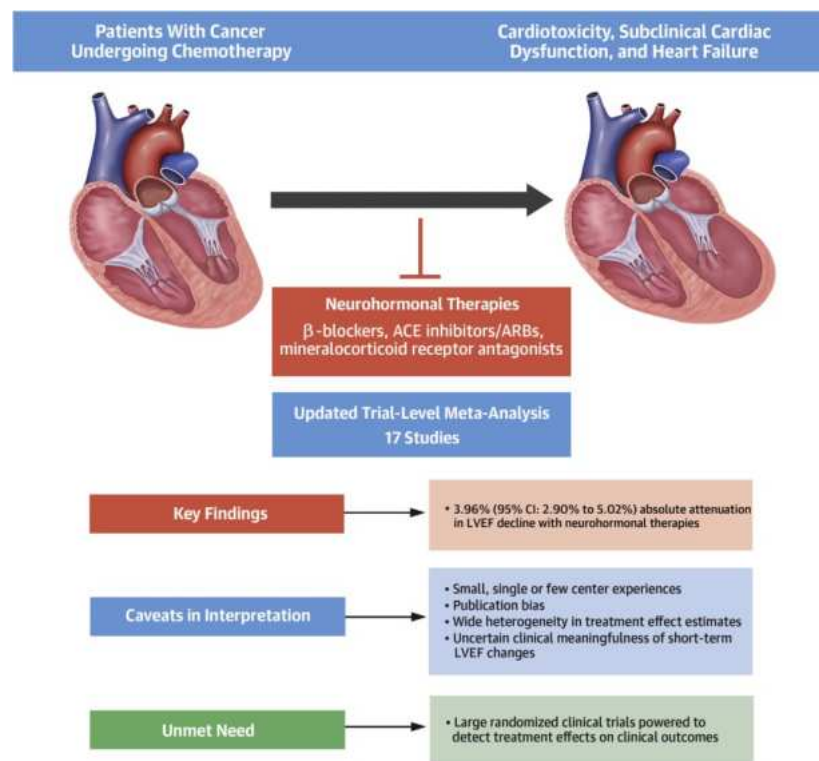
Universal Primary Prevention

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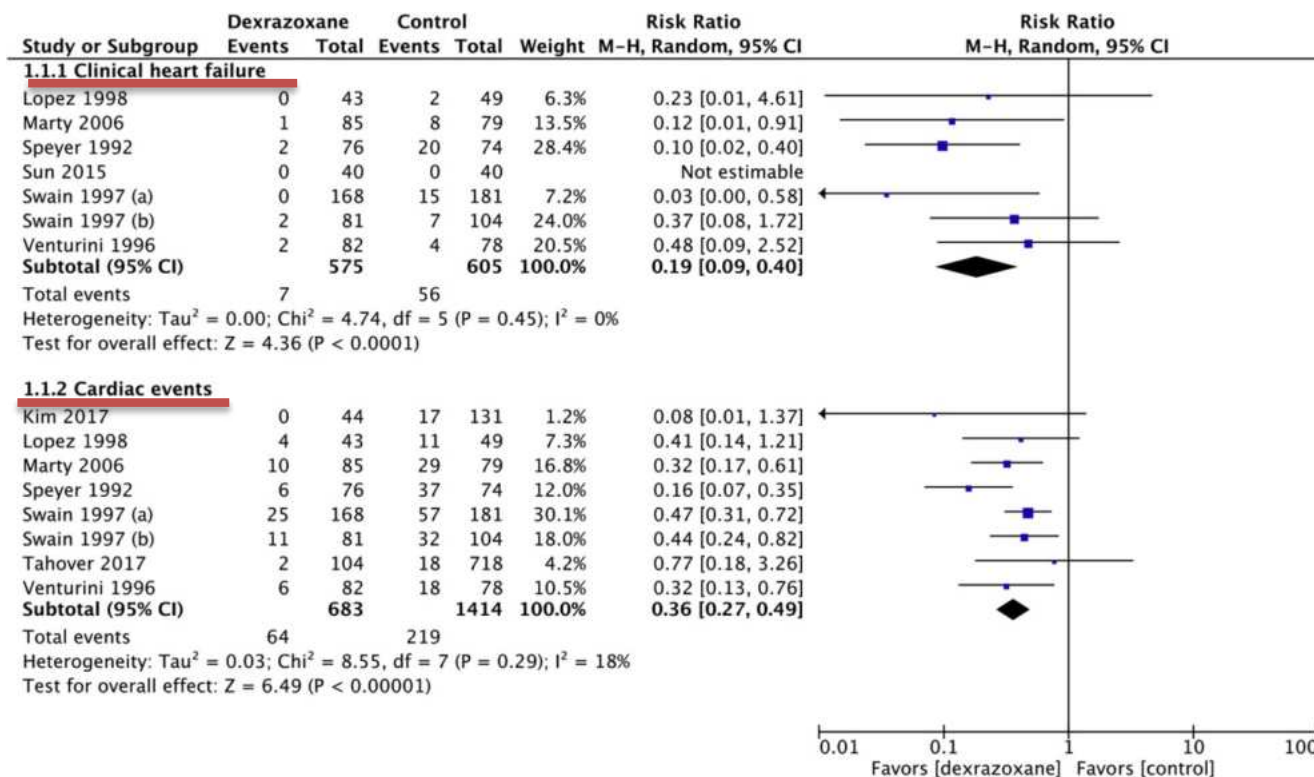
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Neurohormonal Blockade



Vaduganathan M et al, JACC Cardio-oncology 2019

Dexrazoxane



Macedo et al, JACC CO 2019

Risk Assessment During Cancer Treatment

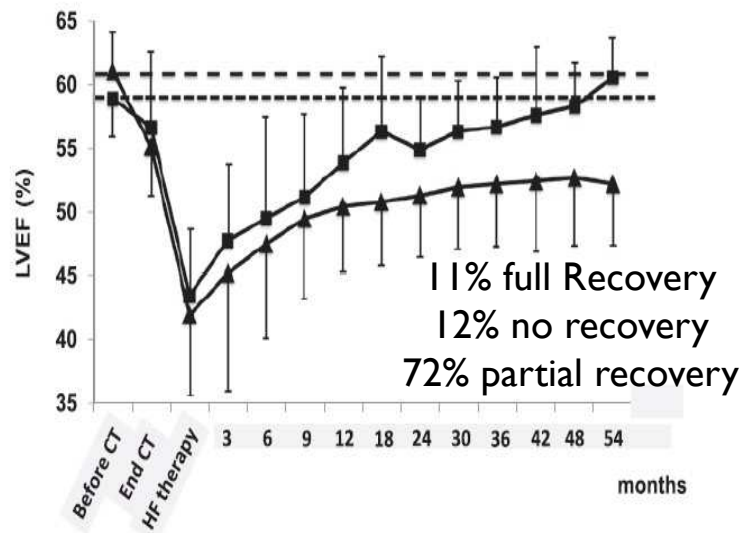
The Promise of a Healthy Heart.



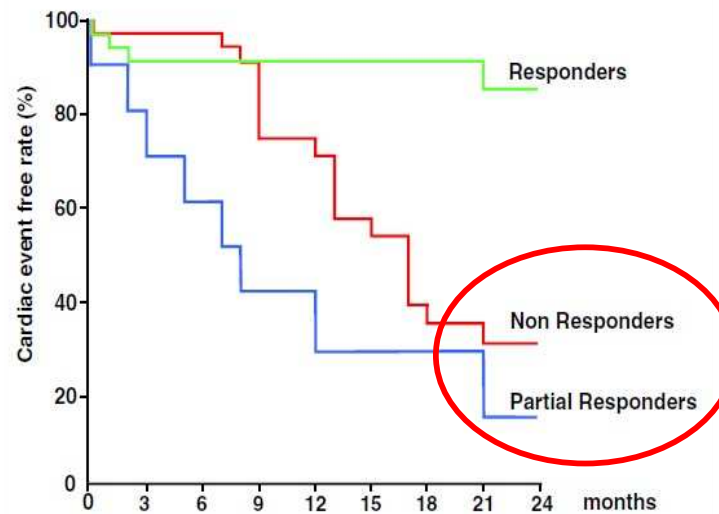
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Limitations of an LVEF Only Approach

Anthracyclines ± Trastuzumab

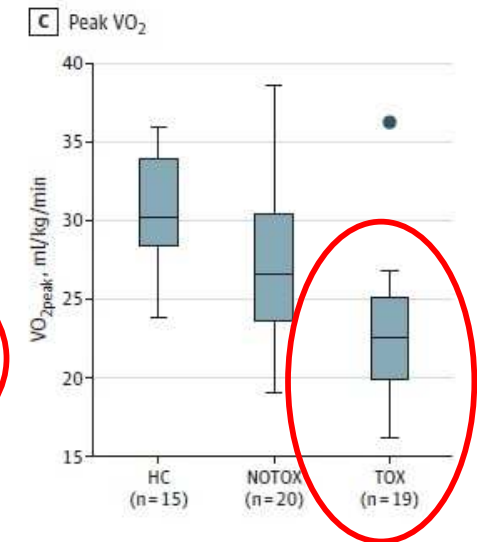


Cardinale D et al, Circulation 2015



Death, acute pulmonary edema, HF
hospitalization, life threatening arrhythmia,
conduction abnormalities requiring PM

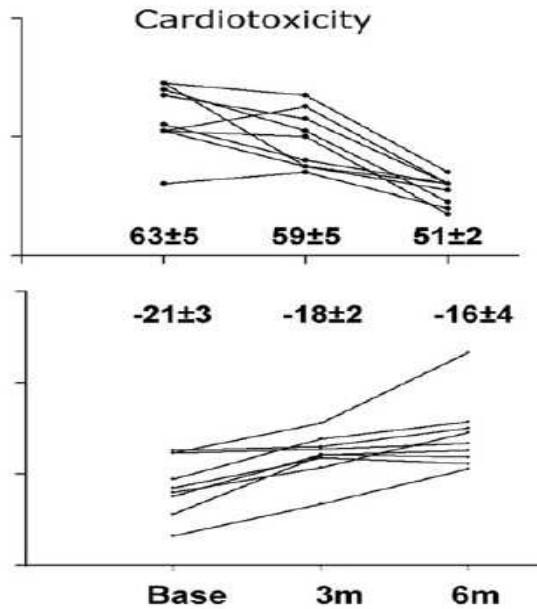
Cardinale D et al, JACC 2010



MEDIAN 7.0 Years Post Therapy

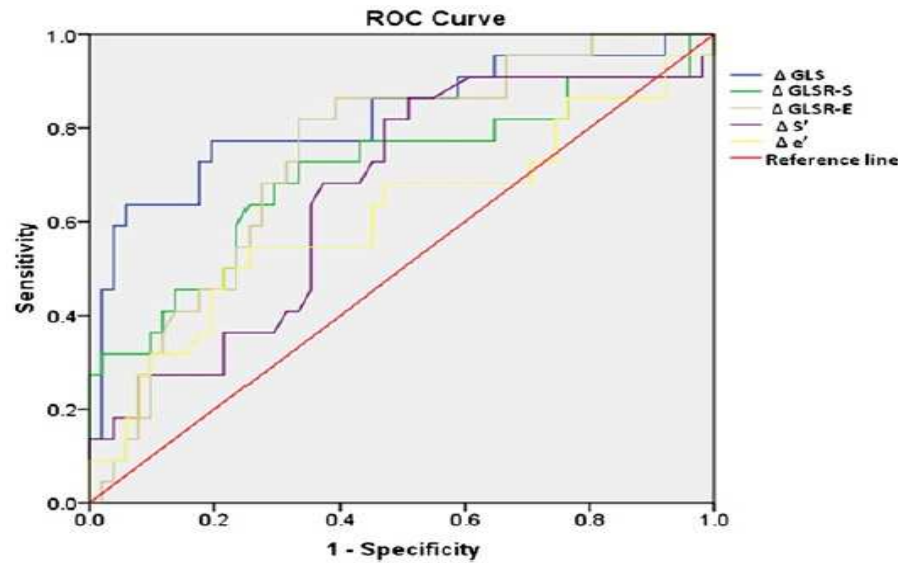
Yu A et al, JAMA Cardiology, 2019

Global Longitudinal Strain



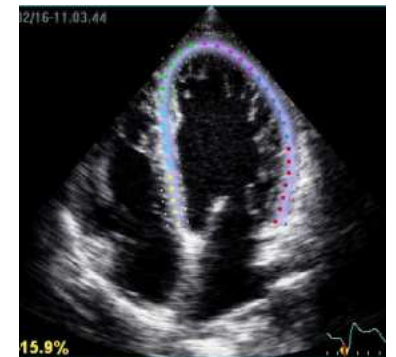
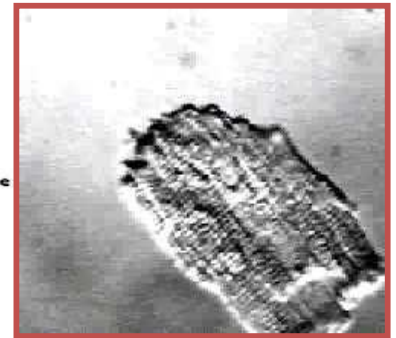
N=43, 21% CTOX, AC followed by T2M

Sawaya H et al. Am J Cardiol 2011;107:1375



N=81, 30% CTOX, All trastuzumab, 40% A

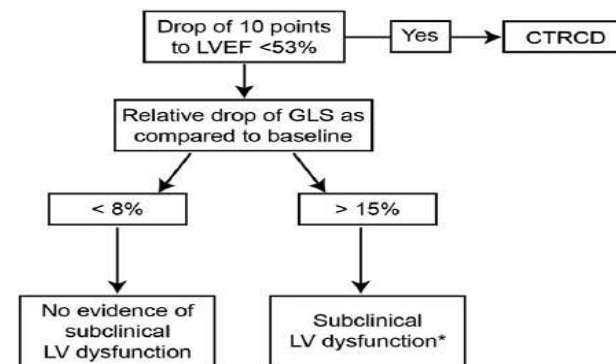
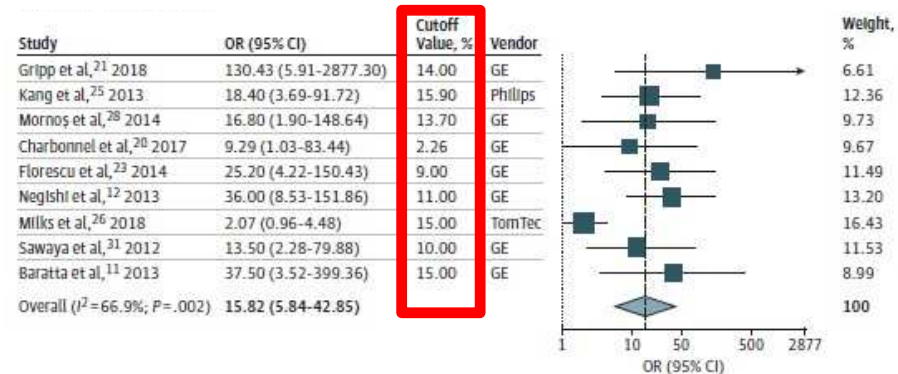
Negishi K et al, JASE 2013, 26: 493-8



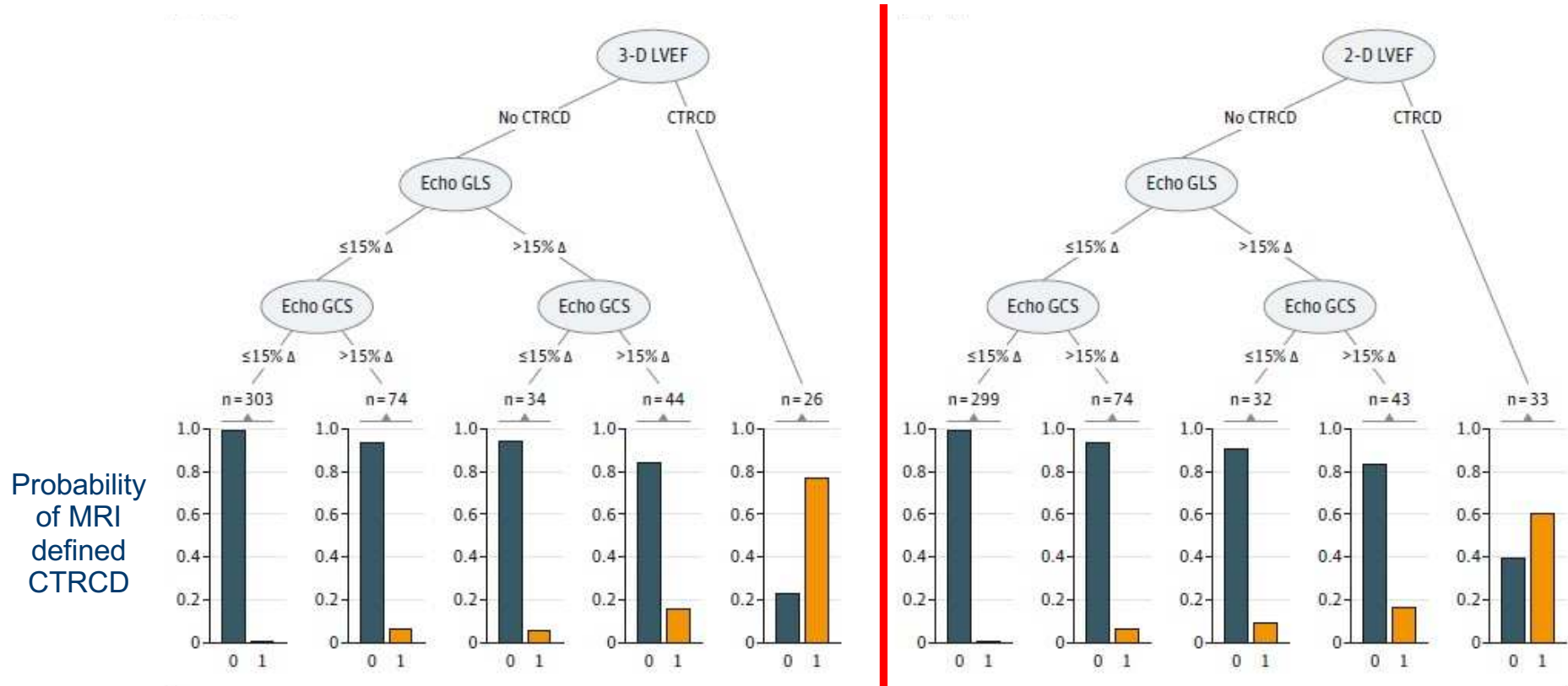
Global Longitudinal Strain – Meta-analysis

- Relative GLS (n=9)
 - Median 13.7%

- Absolute GLS (n=9)
 - Median -18.0%

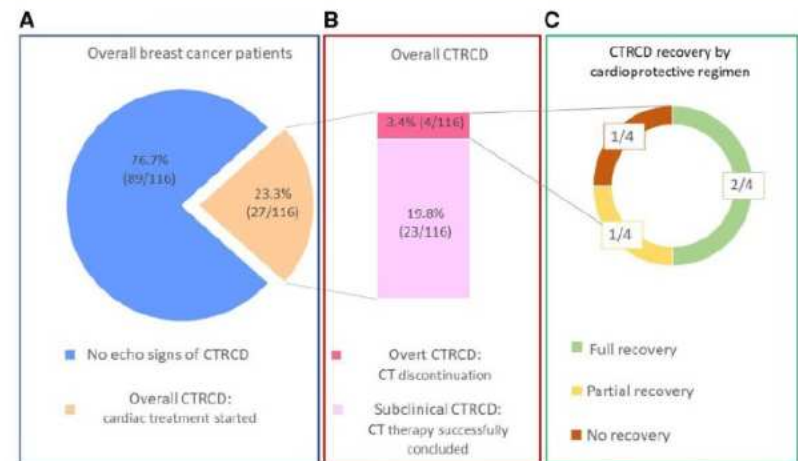
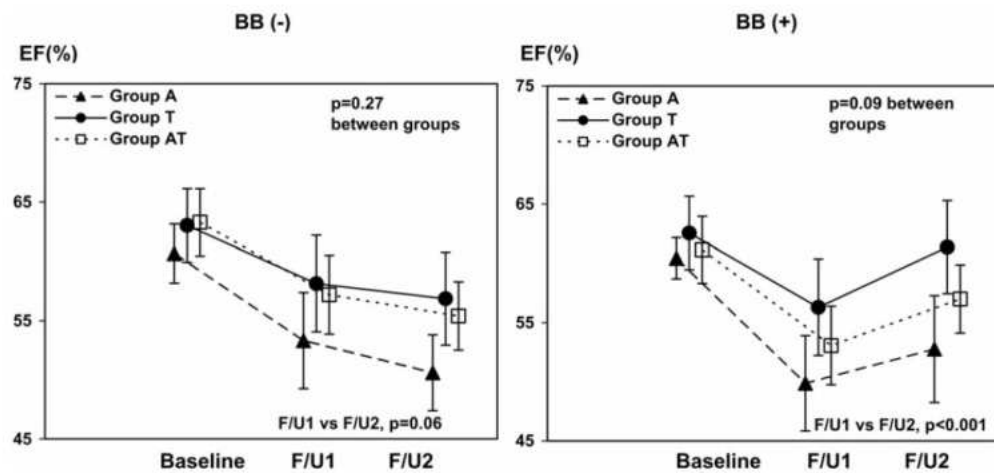


Integrated Approach to The Diagnosis



Esmailzadeh M et al JAMA Cardiology, Feb 2022

GLS Guided Cardioprotection



Negishi K et al, EHJ CVI 2014; Santoro C et al EHJ CVI 2019

SUCCOUR TRIAL

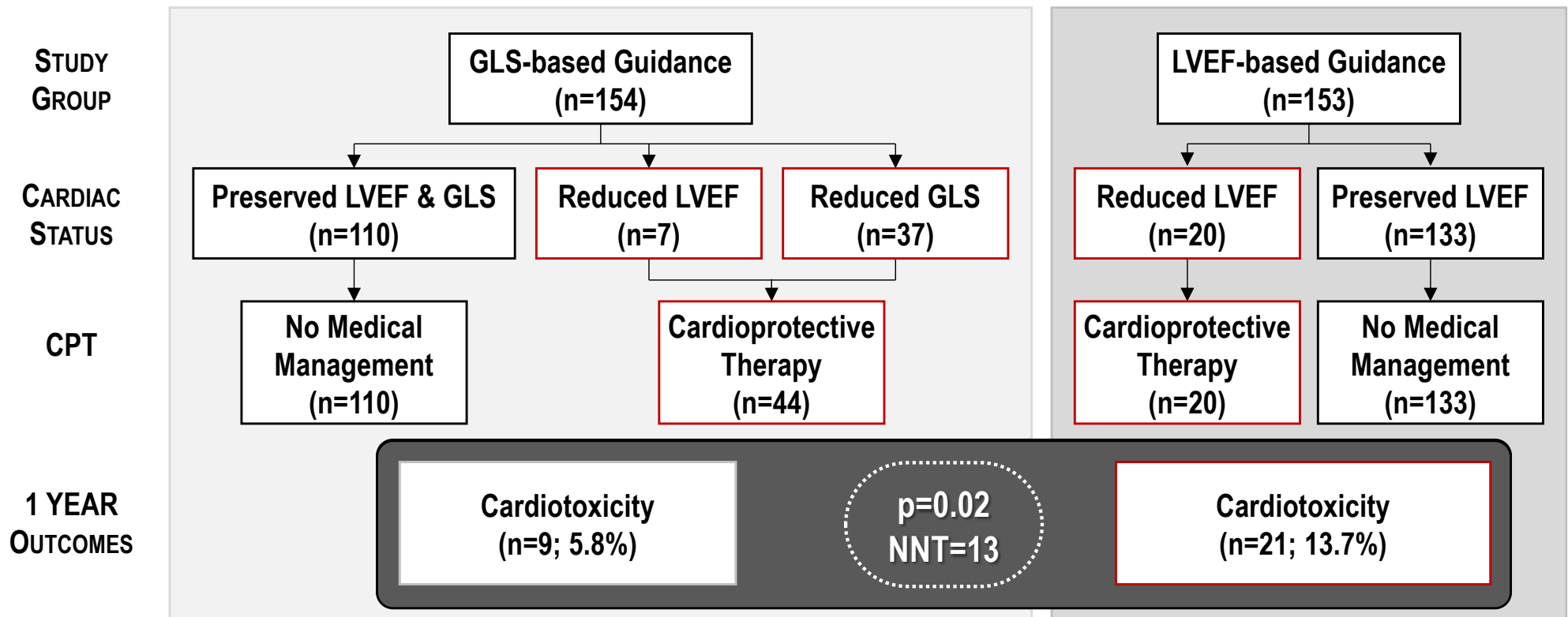
Strain- vs LVEF-based Guidance for Cardio-protection

OBJECTIVE

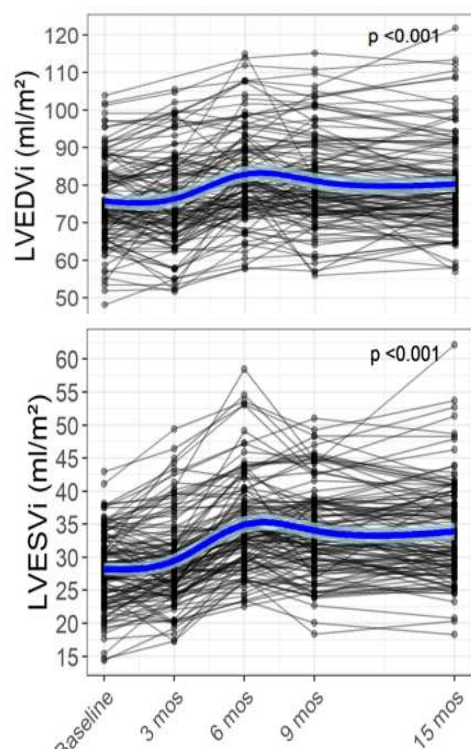
To determine whether a strain guided approach to CPT can prevent reduction in LVEF and development of cardiotoxicity compared to standard of care (LVEF based CPT) in patients receiving anthracycline based cancer therapy at elevated cardiotoxicity risk

Thavendiranathan P, Negishi T....Marwick TH et al, JACC 2021

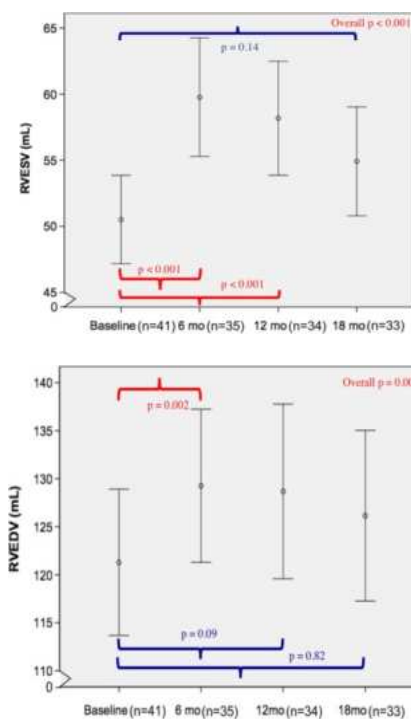
Results



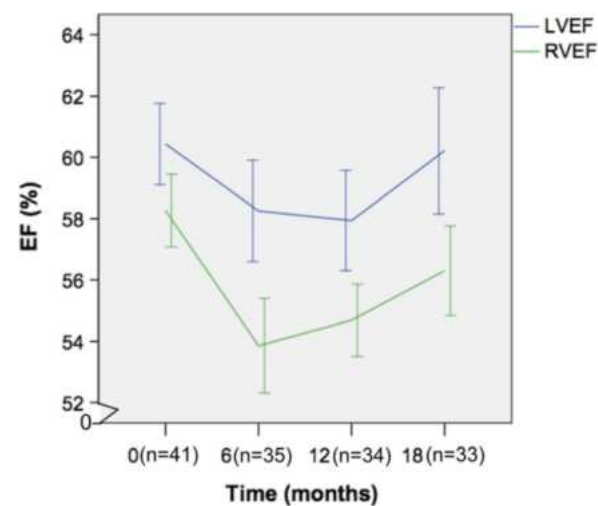
CMR - Ventricular Remodeling



HER2+ BC, FEC-DH, N=125
Hubois C, Thavendiranathan P et al, JACCI; 2021



HER2+ BC, 56% Anthracyclines, N=41
Barthur A, Yan AT et al SCMR 2017, 19:44



The Promise of a Healthy Heart.

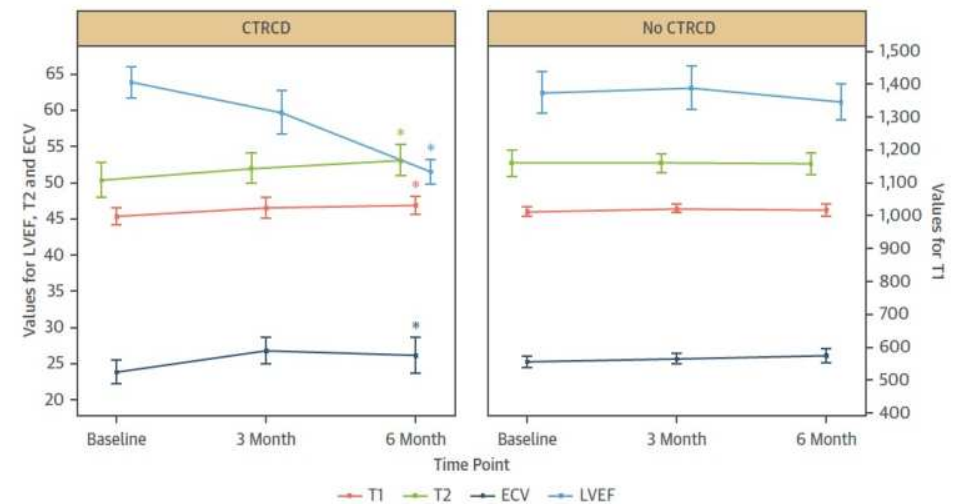


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CMR Tissue Characterization

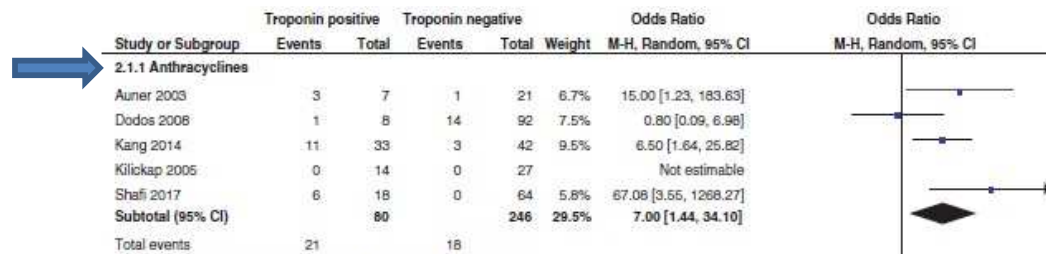
	Anthracycline (N=40)		Non-anthracycline (N=16)	
	Baseline (N=40)	3 months (N=40)	Baseline (N=16)	3 months (N=16)
Native T1, ms	1,058 ± 100	1,071 ± 85.2*	1,036 ± 41	1,041 ± 38
T2, ms	50.8 ± 2.9	51.6 ± 3.5	51.5 ± 2.2	52.4 ± 2.9
T2 Septum, ms	50.7 ± 2.7	51.9 ± 3.8*	51.6 ± 3.1	52.3 ± 3.2
ECV, %	26.9 ± 3.1	28.6 ± 3.0*	26.7 ± 3.3	27.7 ± 3.8

CMR pre and ~3 months post initiation of Rx
 Doxorubicin equivalent mean - 375mg/m²
 Melendez GC et al. JACCi 2017

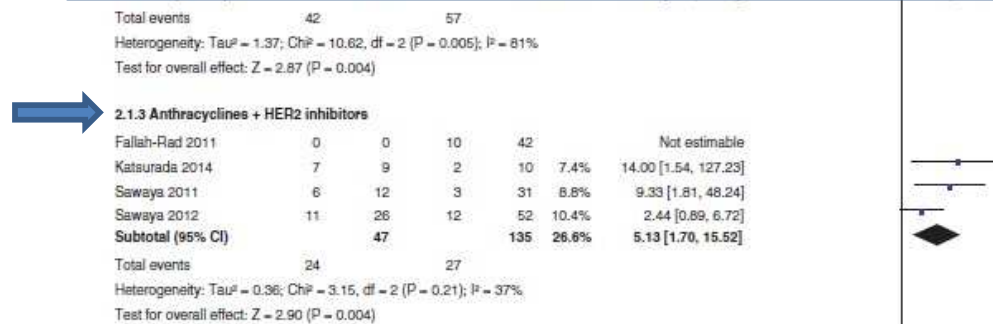


FEC-DH, N=20
 Doxorubicin equivalent mean 200mg/m²
 Altaha M et al JACCi 2020

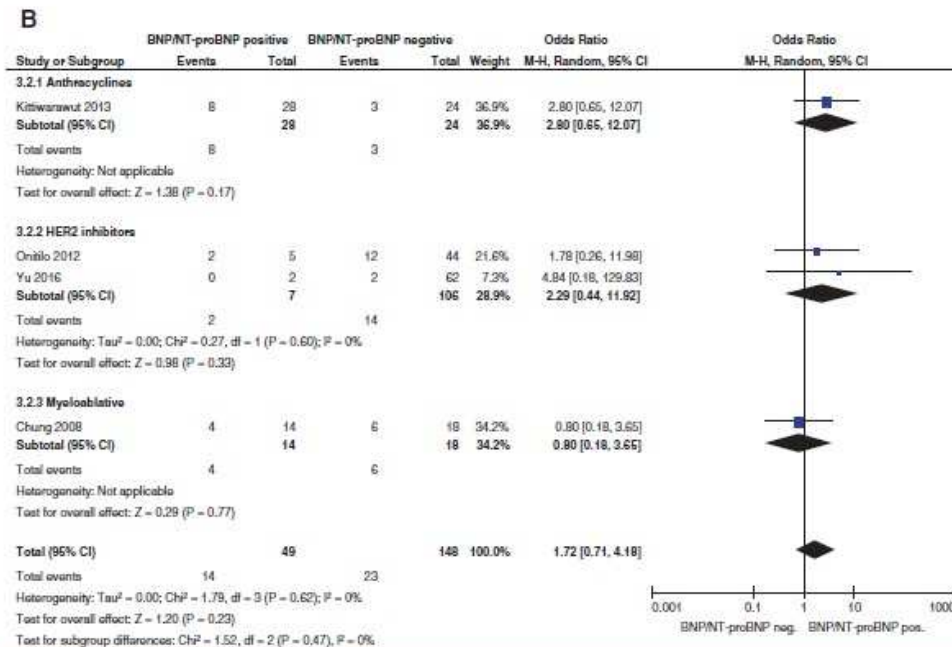
Role of Serum Biomarkers



Sensitivity 69%, Specificity 87%
Benefit with doxorubicin equivalent dose >240mg/m²

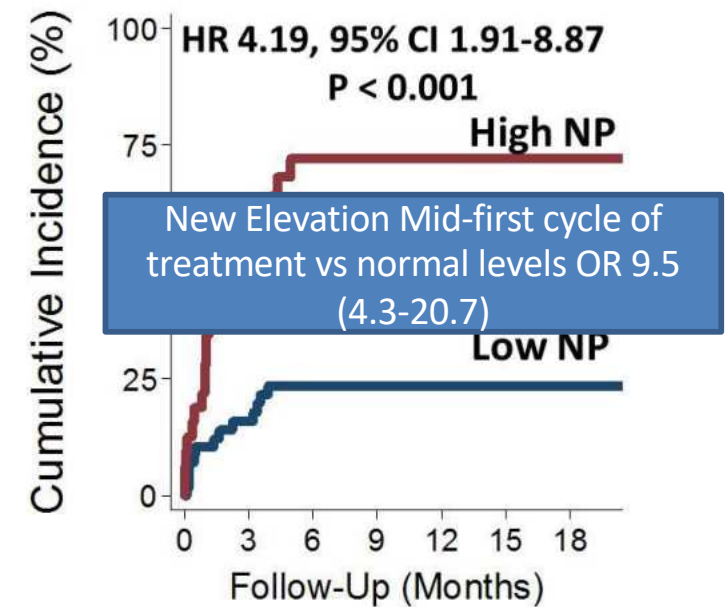


Role of Serum Biomarkers



Michel L et al, EJHF 2020

Multiple Myeloma PI



Cornell F ...Lenihan D et al, JCO 2019

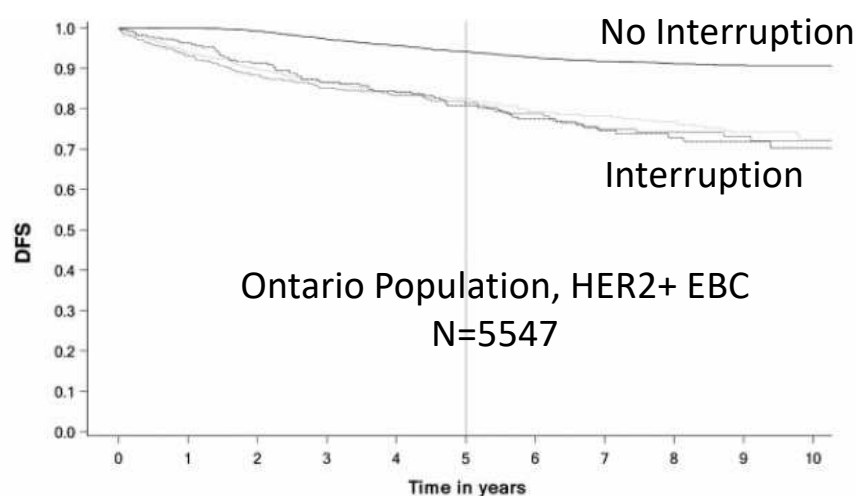
Interruption of Cancer Therapy?

The Promise of a Healthy Heart.



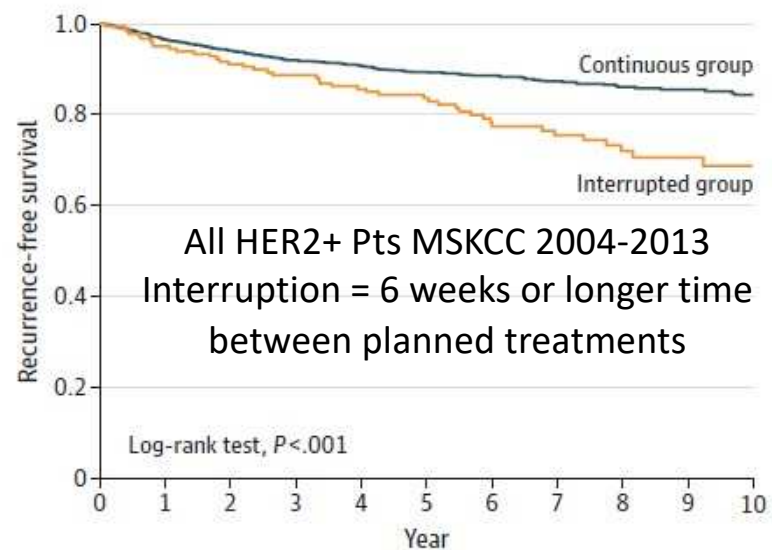
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Consequences of Trastuzumab Interruption



Disease Group	Group A	Group B	Group C	Group D
Group A	3790	3786	3602	3293
Group B	3087	2759	2326	1820
Group C	1349	881	441	286
Group D	277	260	220	194
	160	133	97	78
	55	30	334	315
	295	269	254	183
	134	106	85	64
	38	903	852	803
	734	675	499	337
	265	213	156	108

Rushton M et al, JNCI 2020



No. at risk	0	1	2	3	4	5	6	7	8	9	10
Continuous group	1212	1152	1101	1038	989	853	614	502	356	263	182
Interrupted group	184	171	158	145	136	119	92	75	57	42	30

Copeland-Halperin R et al, JAMA Oncol2020

Treatment of HF

The Promise of a Healthy Heart.



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Pillars of Therapy

- Decision regarding cancer therapy (lean towards continuing)
- The 4 foundations of therapy for HFrEF apply (majority LVEF >40%)
 - Focus on BB/ACE/ARB
 - Goal is rapid recovery to enable cancer therapy
- Early imaging follow-up to assess recovery
- Advanced HFrEF – no different from other NICM/HF

Identifying Subclinical Injury / CVD Risk Assessment in Survivors

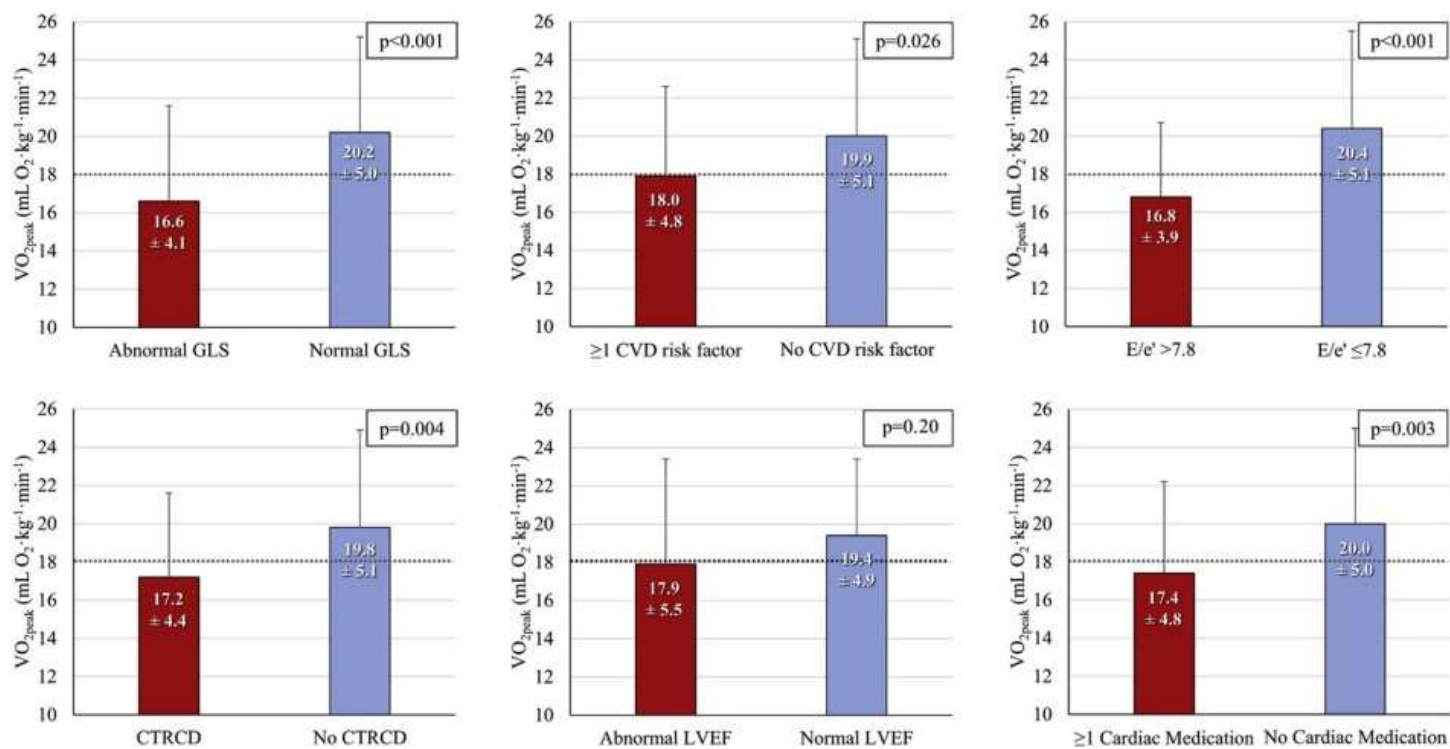
The Promise of a Healthy Heart.



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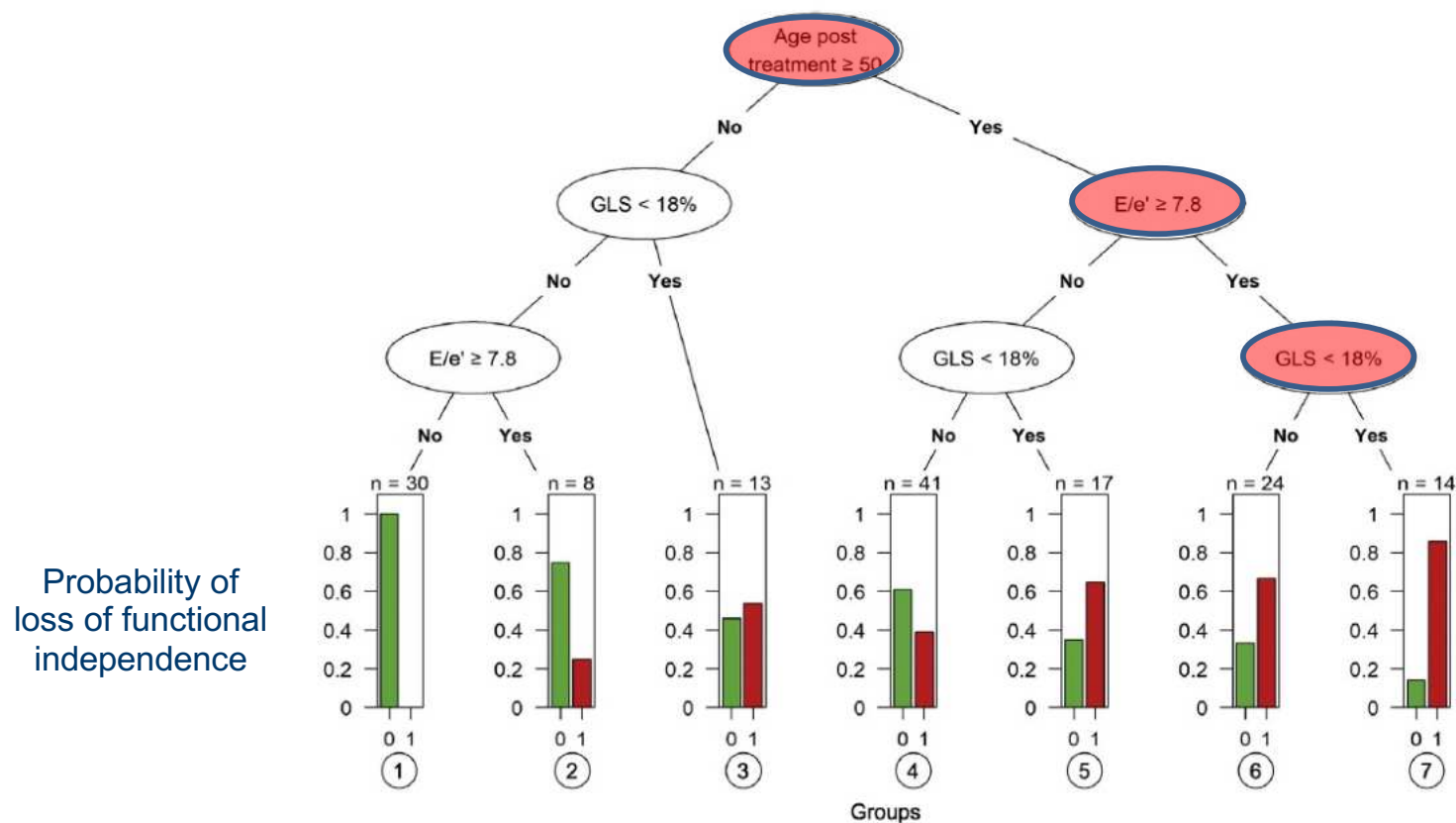
End of Treatment Variables and CRF

FIGURE 1 Comparison of VO_{2peak} for Various Clinical and Imaging Measures



Bonsignore A et al JACC CardioOncology, 2021

End of Treatment Variables and CRF



Bonsignore A et al JACC CardioOncology, 2021

Summary

- CVD important competing risk for morbidity / mortality
- Pre-treatment risk stratification challenging
 - LVEF / GLS
 - No established primary prevention strategies (statins / SGLT2?)
 - High risk patients – BB, ACE/ARB, statins, dexrazoxane
- Early detection of cardiovascular injury attractive
- Global longitudinal strain
 - Identifies subclinical injury / GLS guided Rx reduces cardiotoxicity

Summary

- Troponin and BNP may have a role with select treatments
 - Measured after each cycle
- Interruption of cancer therapy should be minimized
- HF treatment – as per HFrEF
- Assessing long term risk / determining follow-up challenging
 - Cardiotoxicity history, imaging abnormalities – may be helpful



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Peter Munk
Cardiac
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Thank you
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