

The background of the banner features a vibrant night scene of the Montreal skyline, with numerous skyscrapers illuminated against a dark purple sky. A large, colorful fireworks display is visible in the upper left corner, adding a festive atmosphere.

11th ANNUAL HEART FAILURE UPDATE 2024

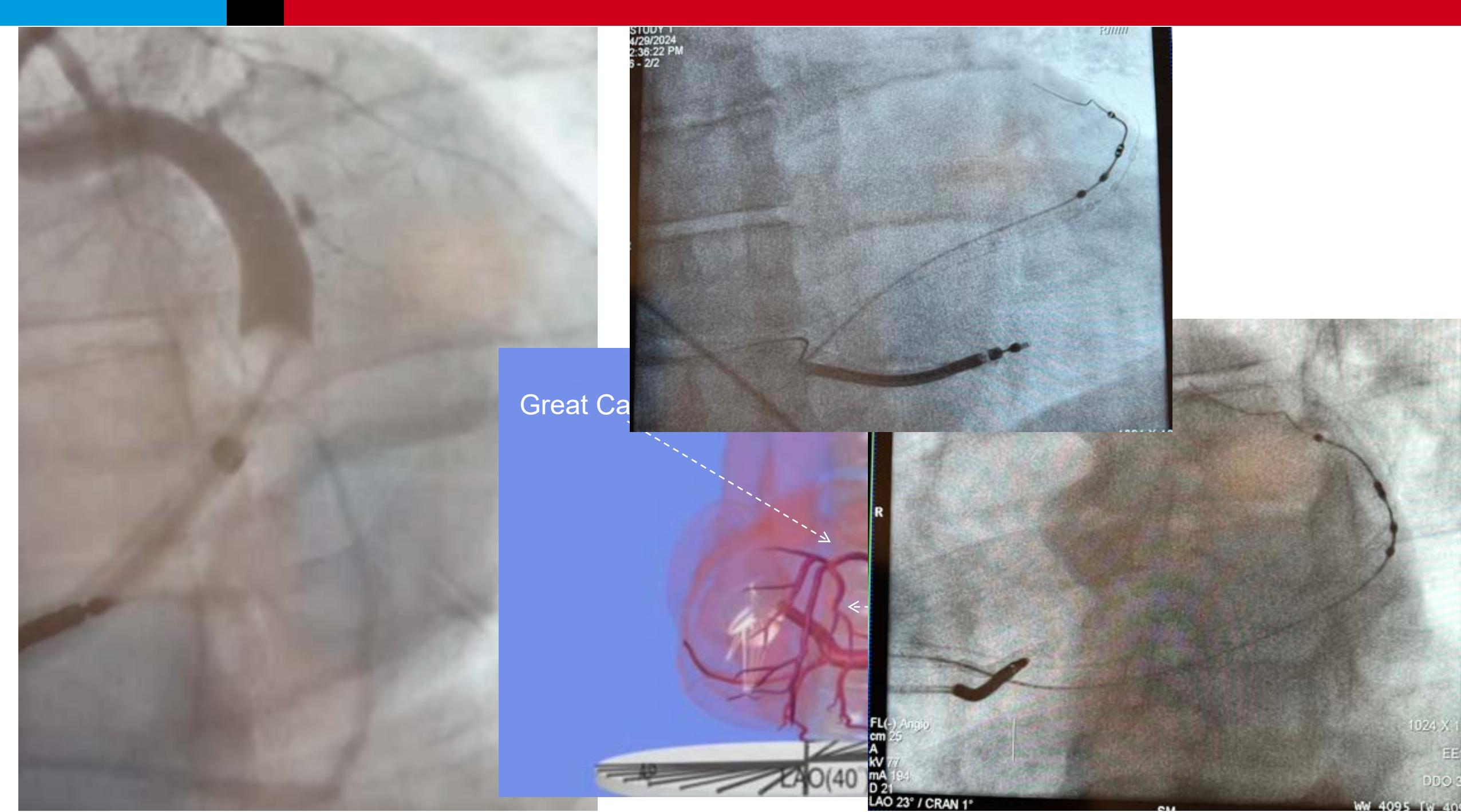
Friday May 24 - Saturday May 25
Marriott Chateau Champlain, Montreal, Quebec

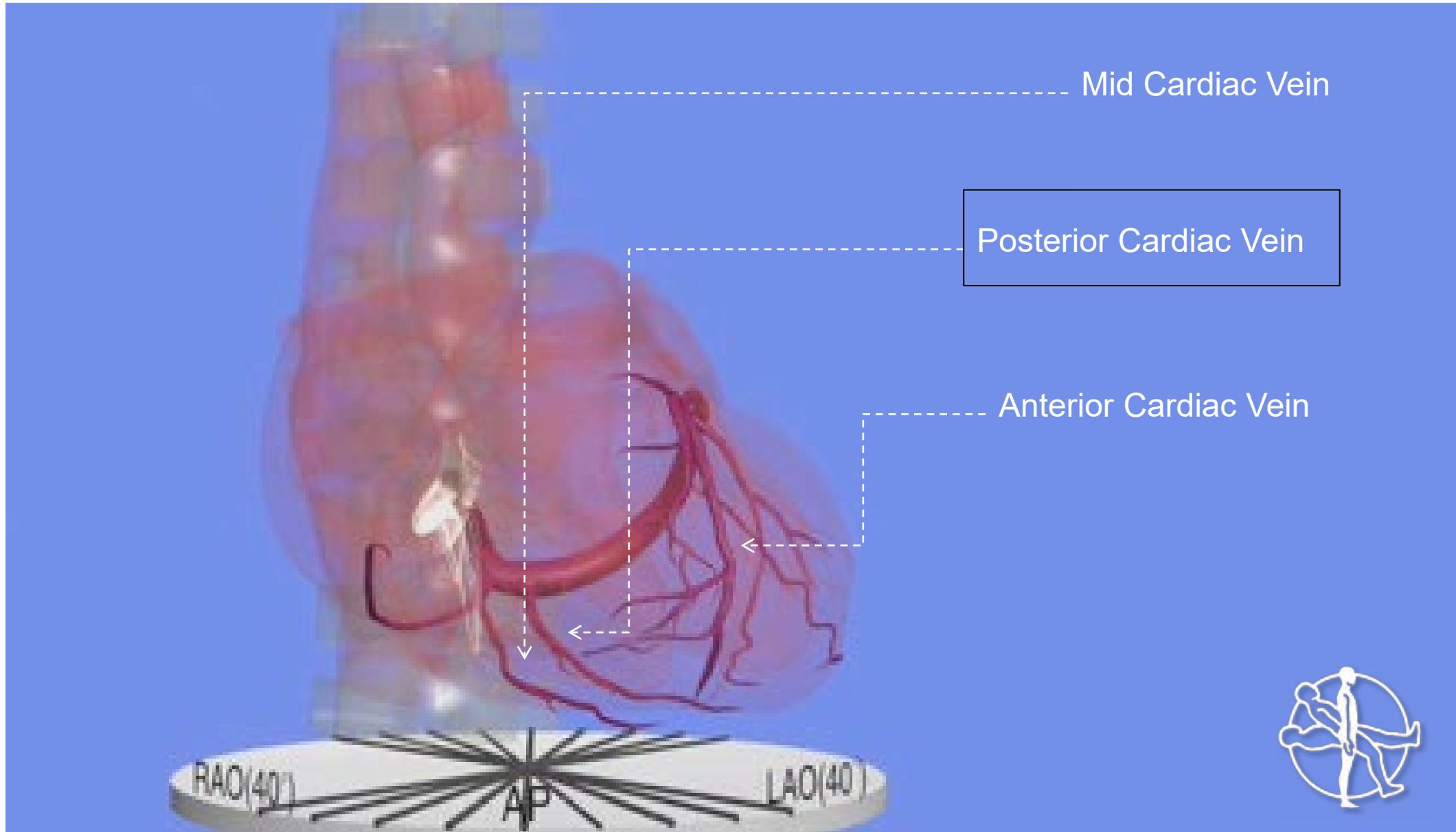
Optimisation des appareils de resynchronisation cardiaque

D^{re} Jacqueline Joza

Disclosures

- External research grant, investigator-initiated (Medtronic)
- Advisor: Boston Scientific, Abbott





Advantages of MultiPole Pacing?

Enlarge the area of capture by pacing from two sites in the LV within the same CS vein



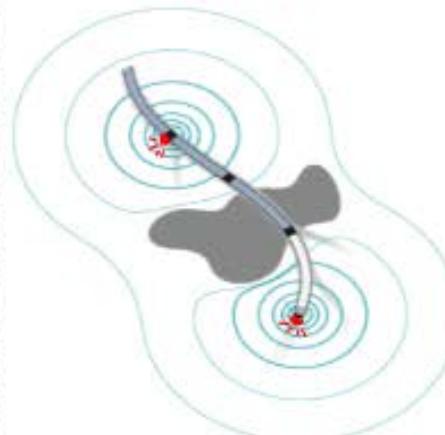
- Depolarize the left ventricle faster

Ischemic CM

Without MPP



With MPP

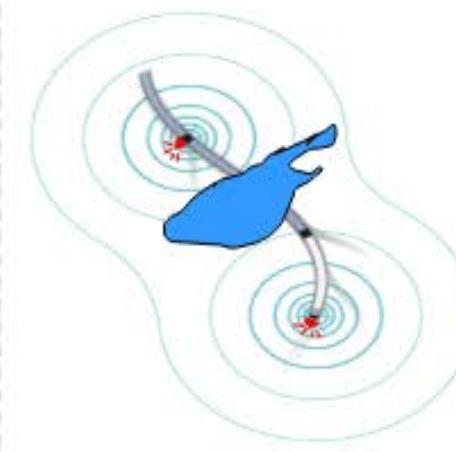


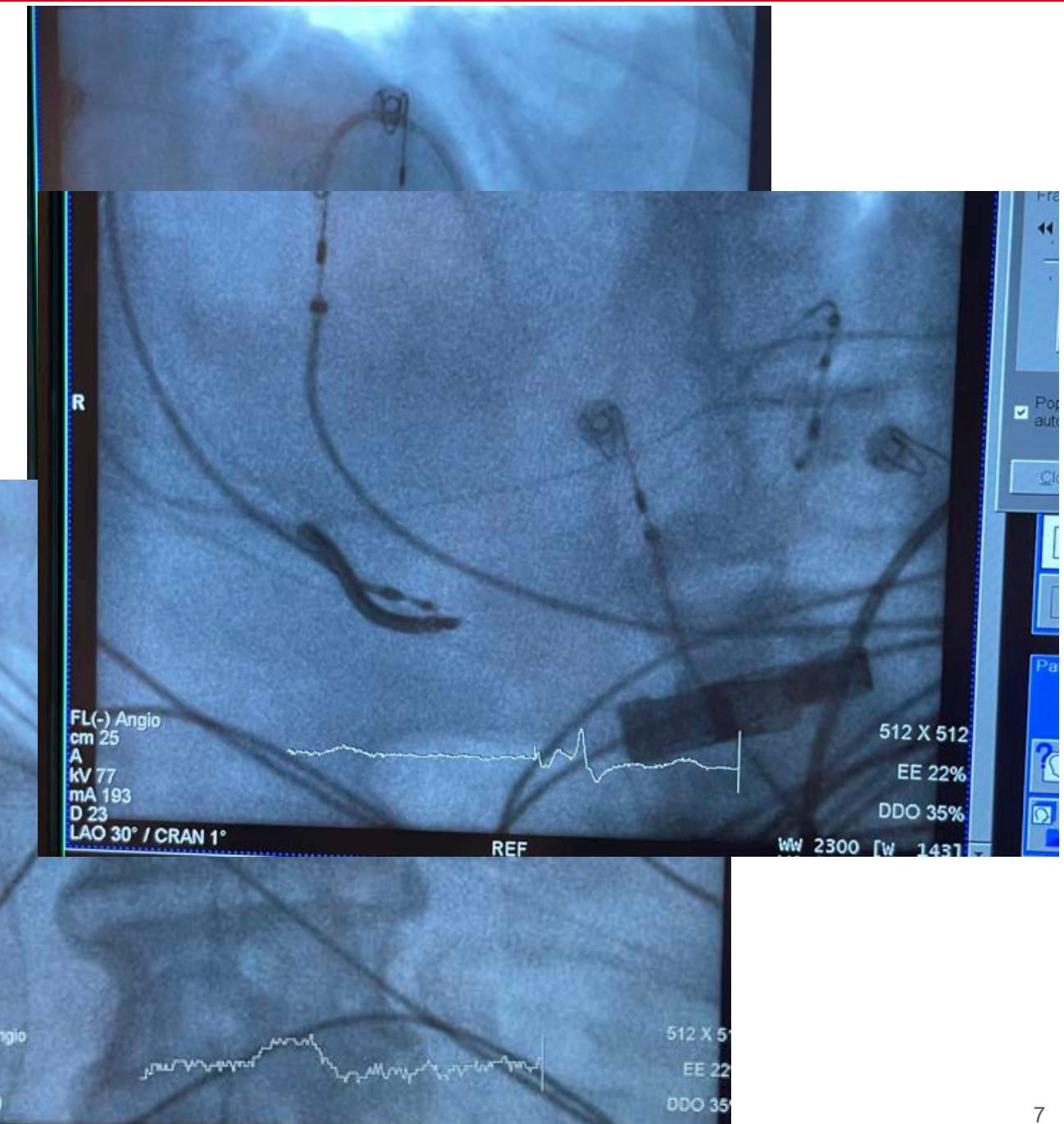
Non-ischemic CM

Without MPP

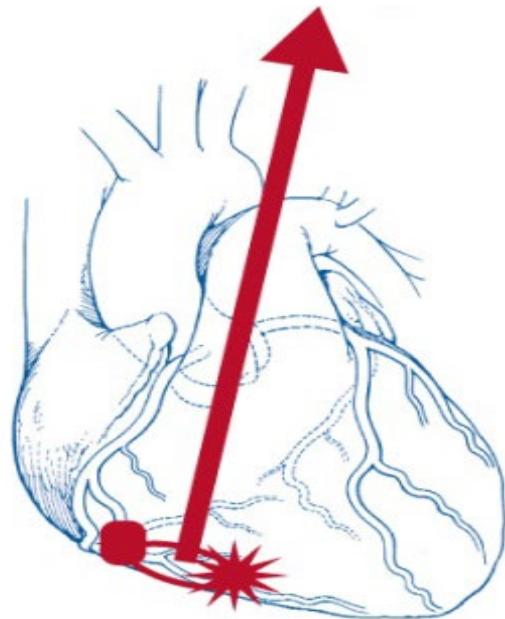


With MPP

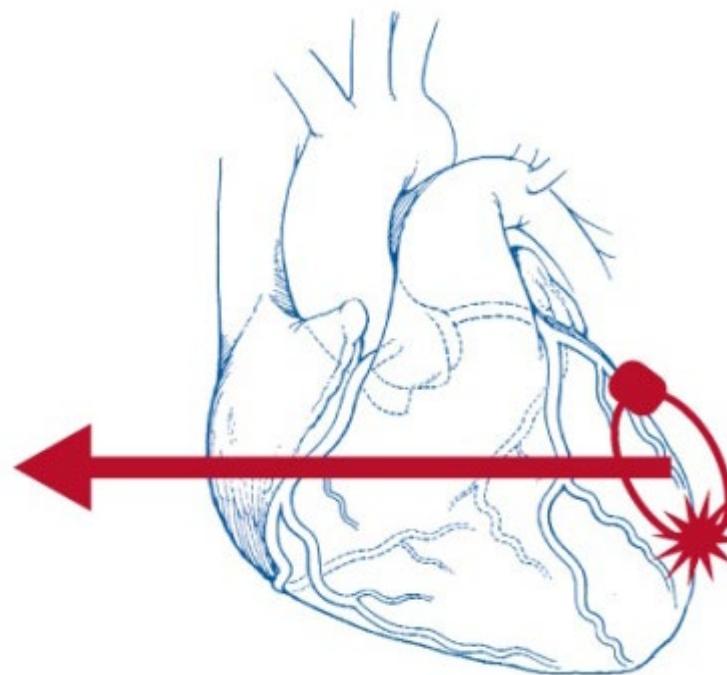




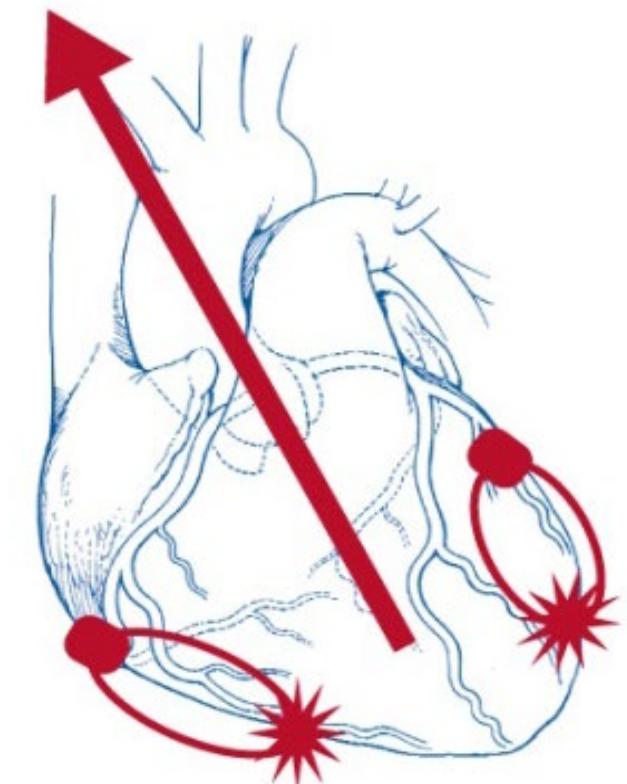
RV pacing

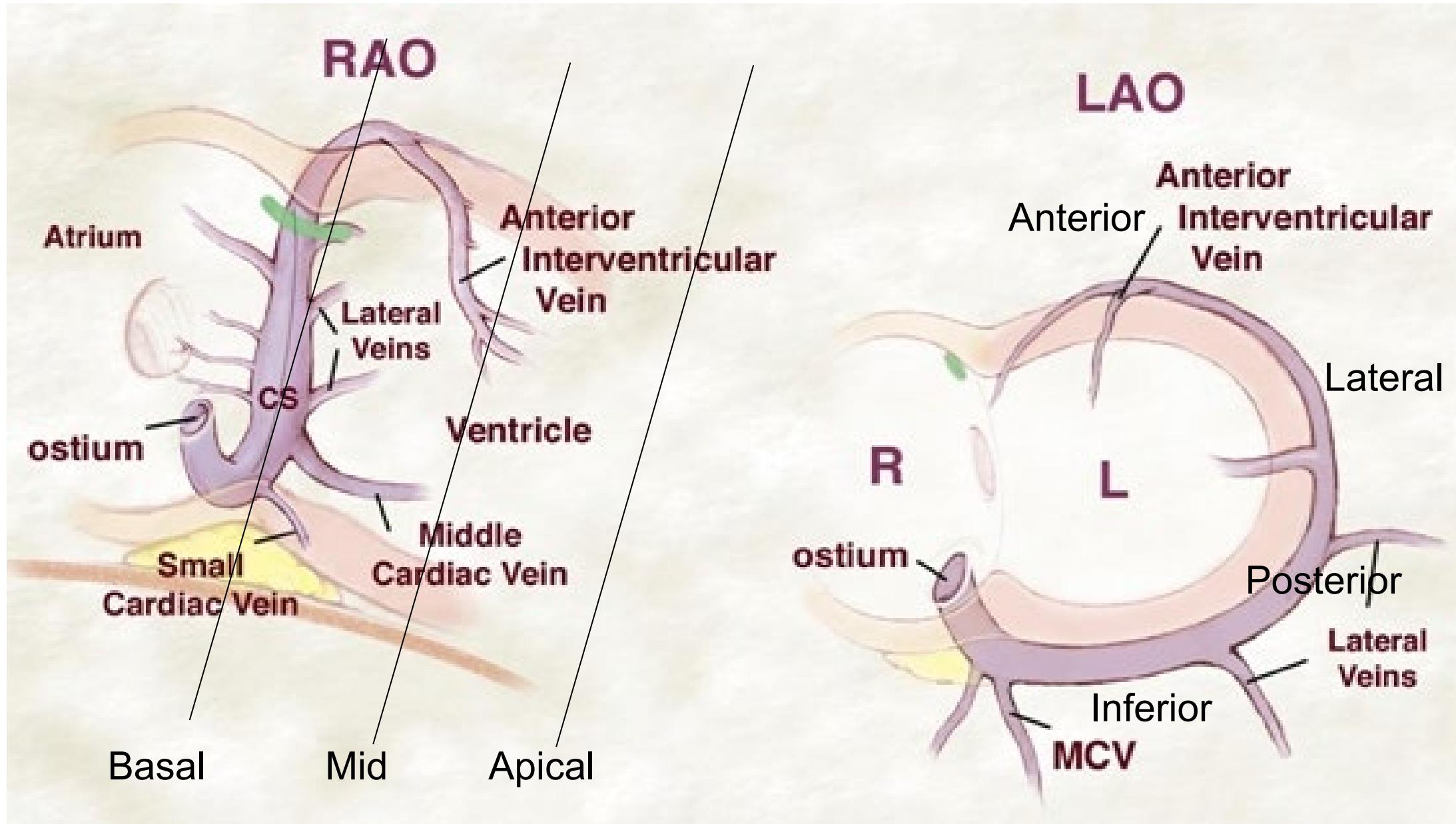


LV pacing

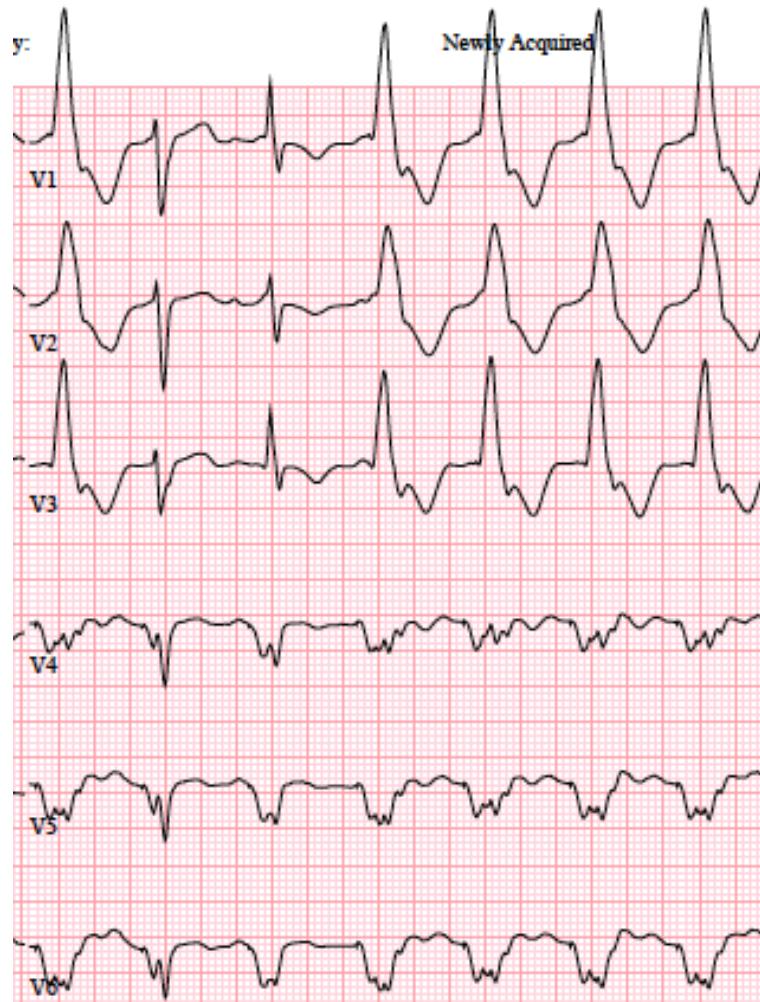


BiV pacing



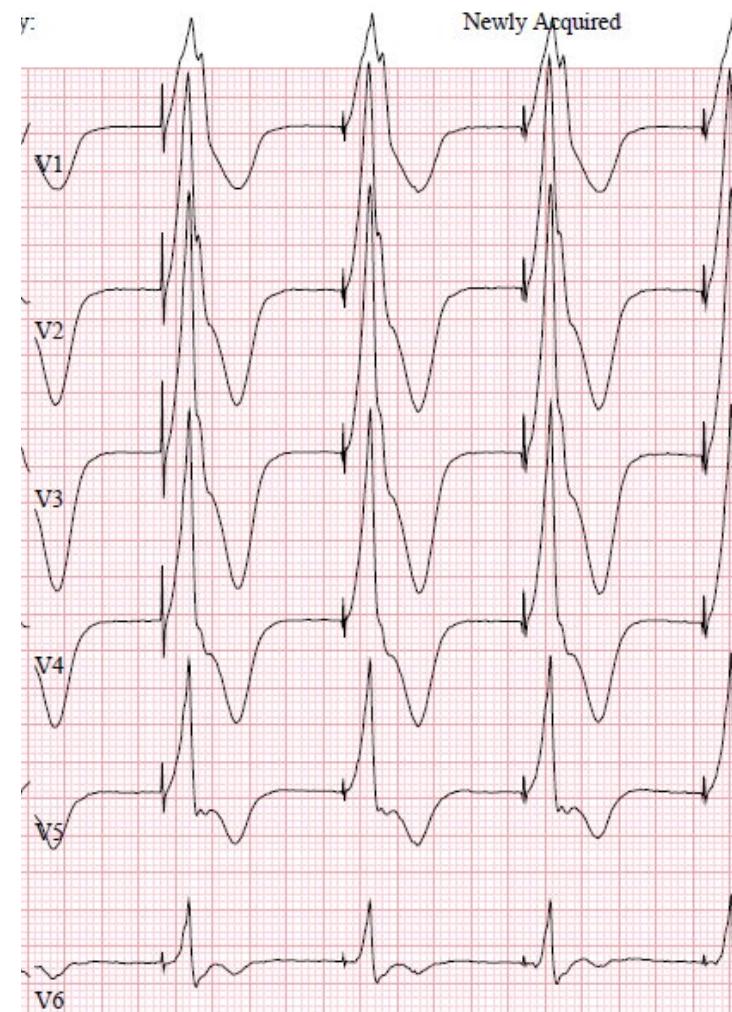


Apical LV pacing



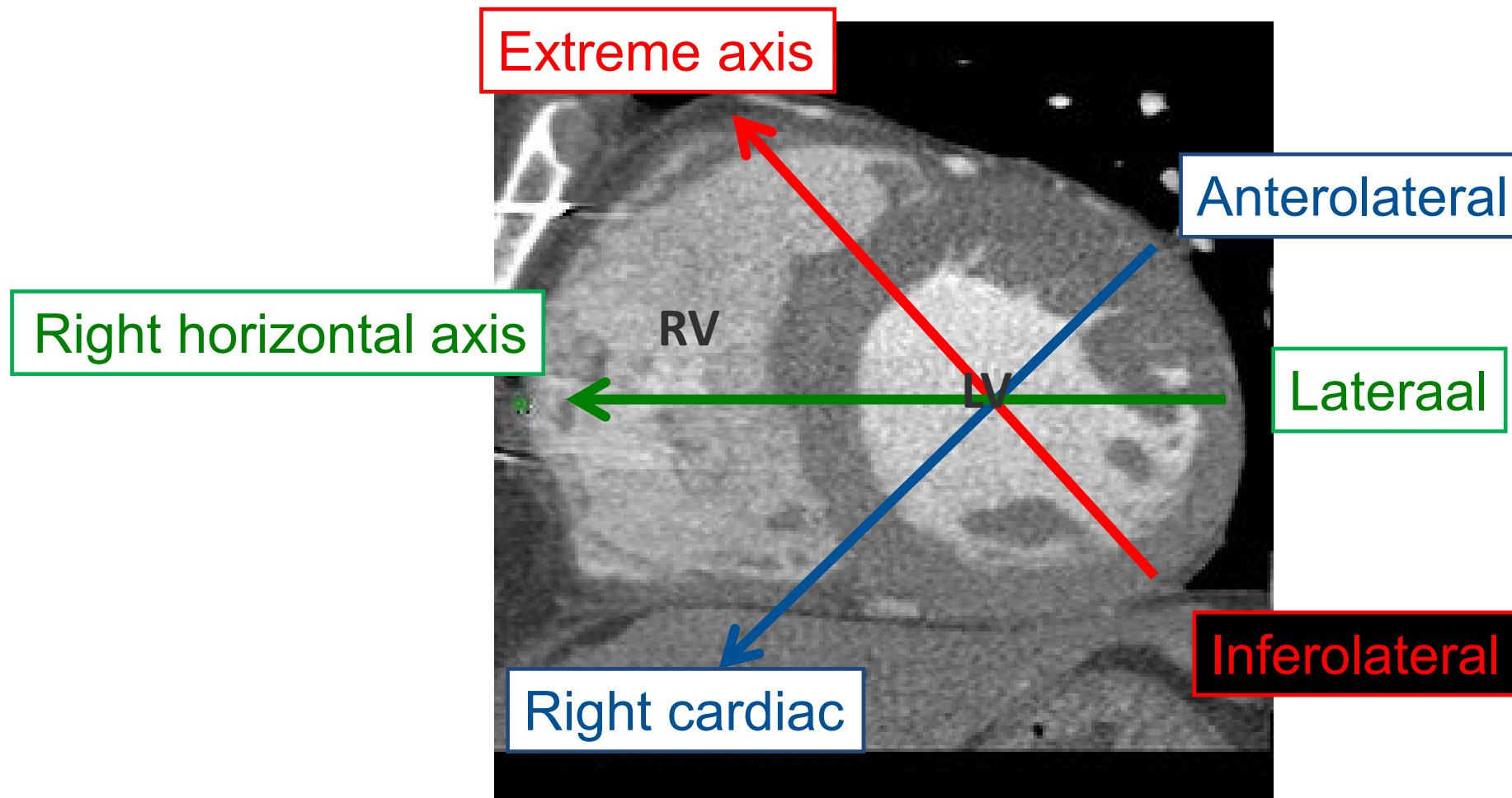
V4-6 negative: apical

Basal LV pacing



V4-6 positive: basal

Lead position relative to axis



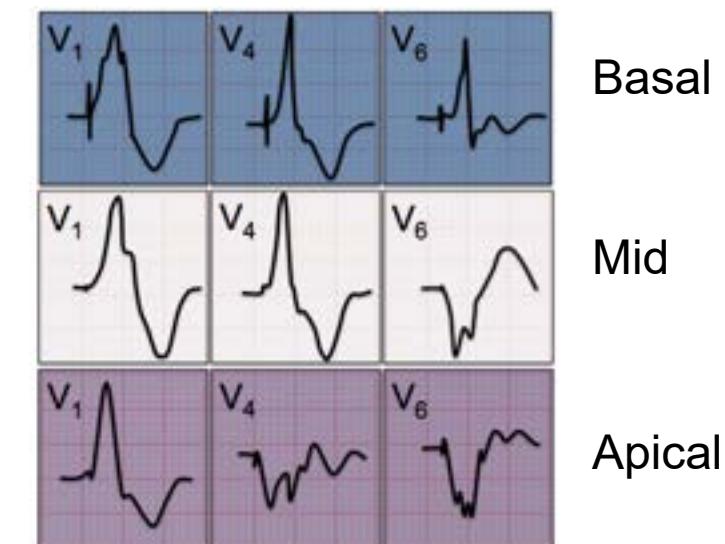
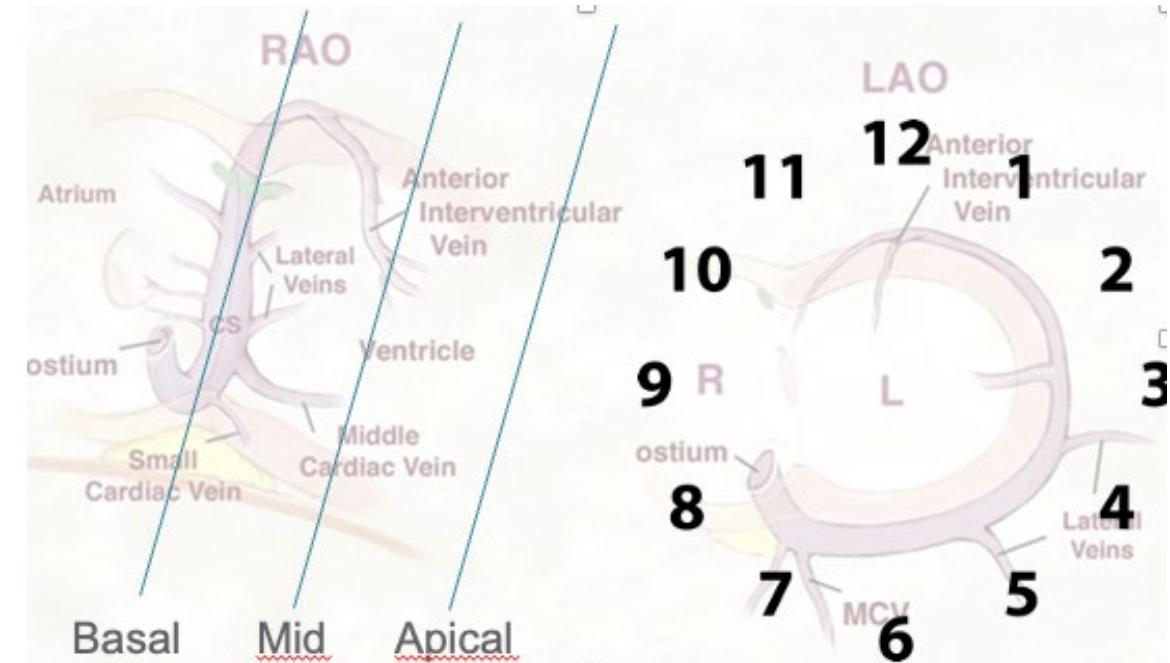
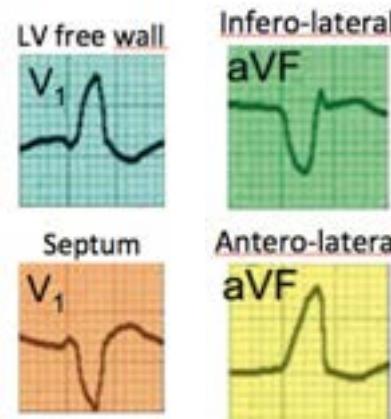
LV Lead Location on ECG

Precordial Leads

- Positive concordance: basal
- Negative concordance: apical
- Positive to negative: mid-level
- Negative to positive: septum or RV

Limb Leads

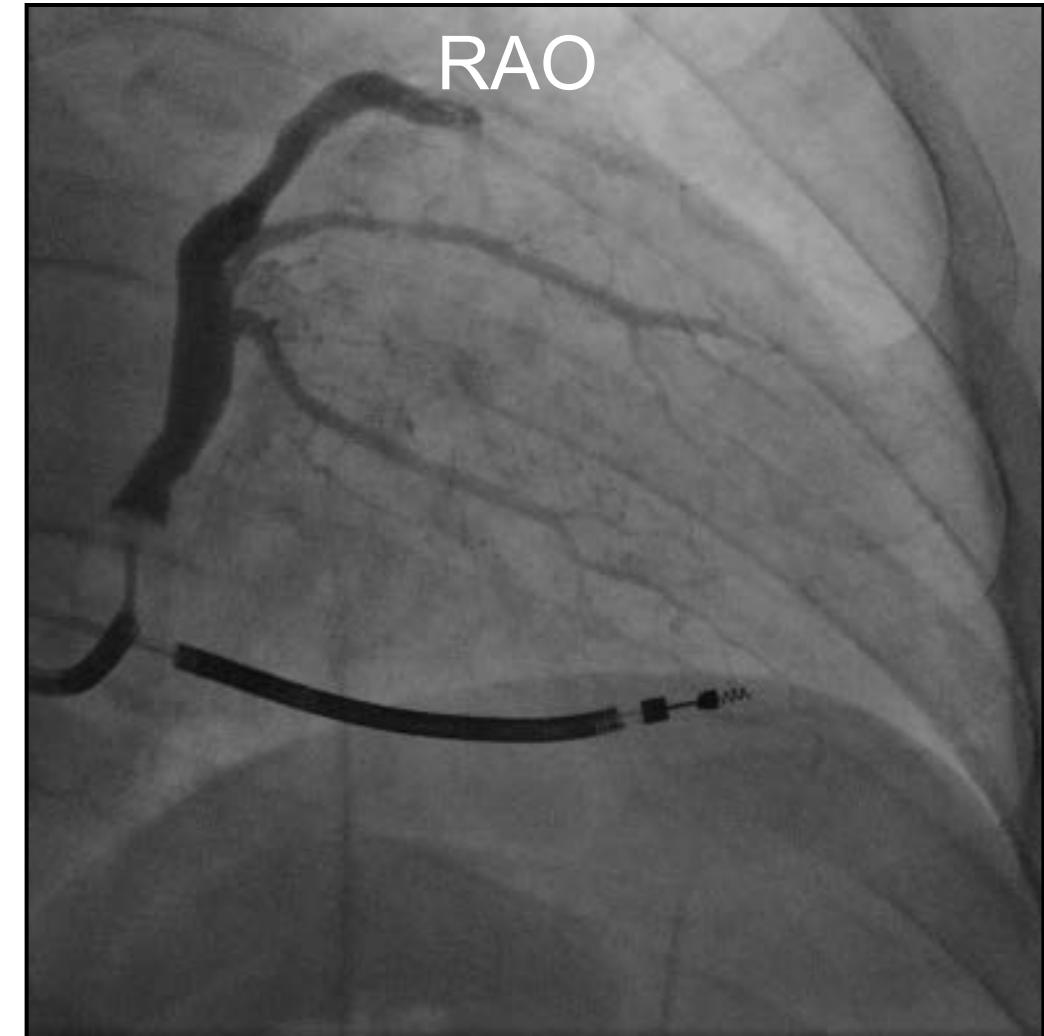
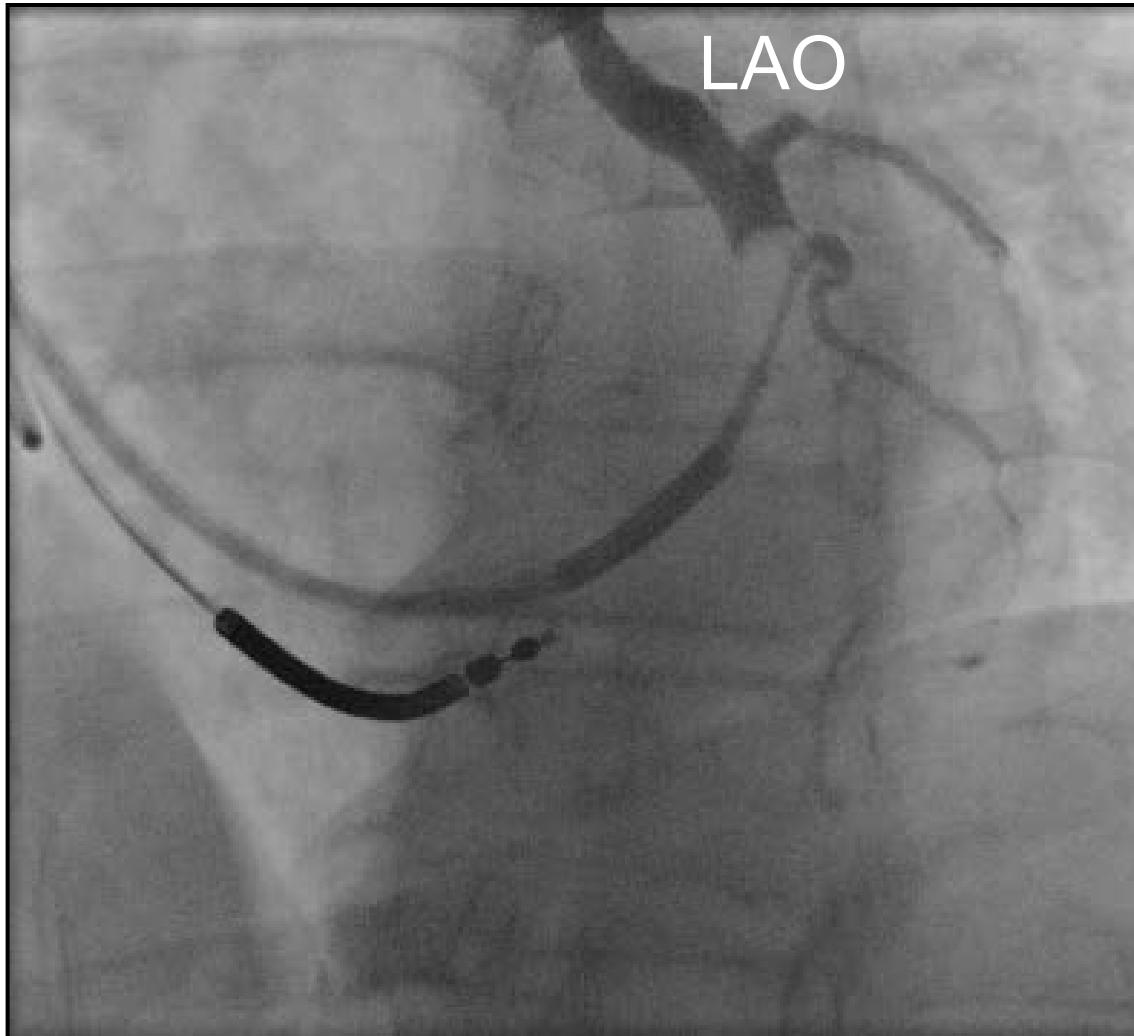
- Horizontal axis: postero-lateral (3h)
- Left or right superior axis: inferior to posterior (4-5h)
- Intermediate or right axis: antero-lateral to lateral (1-2h)
- Inferior axis: anterior (12h)
- Superior axis: inferior (6h)



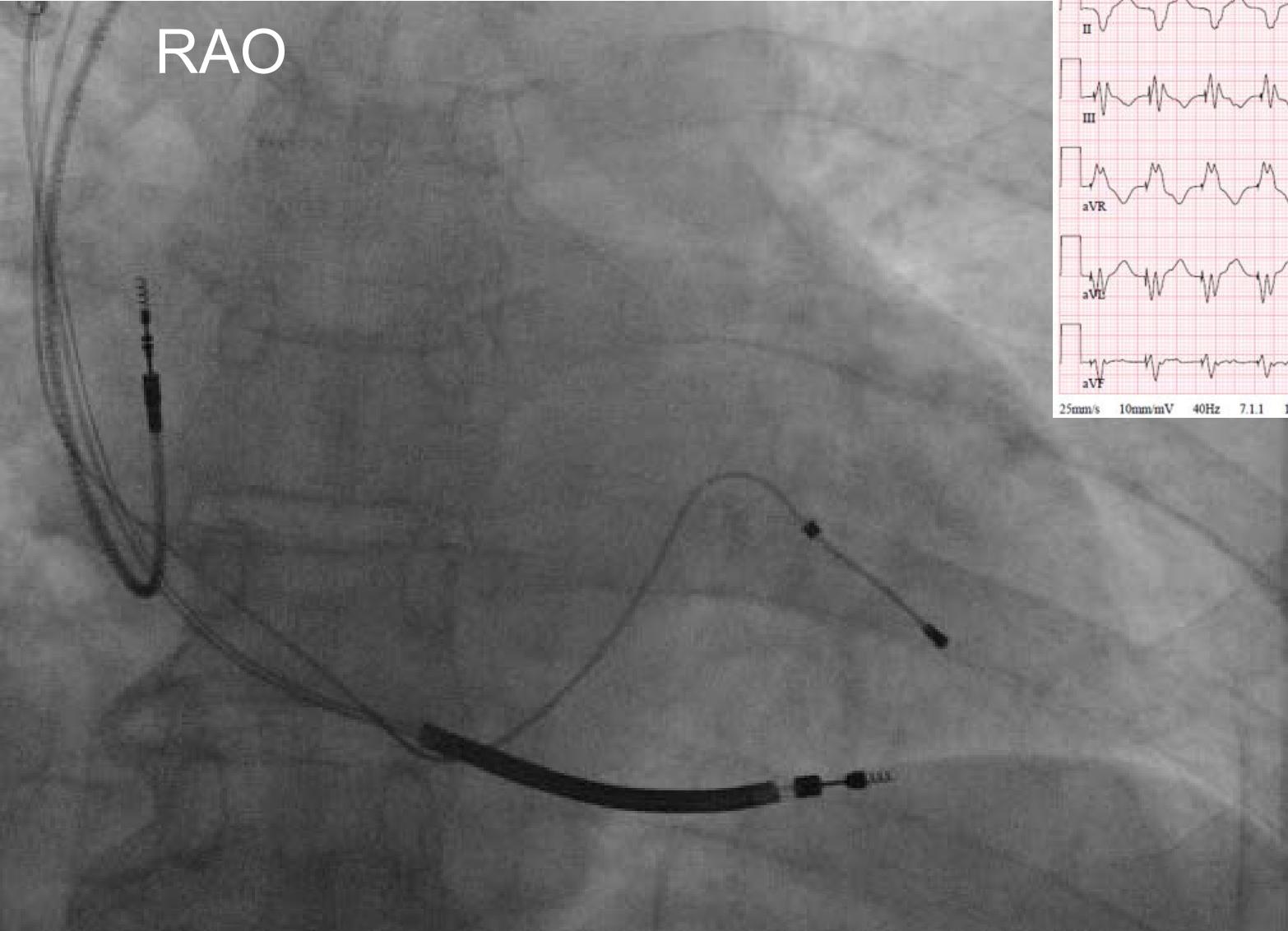
LV pacing: Where is the LV lead?



Fluoroscopy



RAO



Precordial Leads

Positive concordance: basal

Limb Leads

Horizontal axis (lead I): postero-lateral (3h)

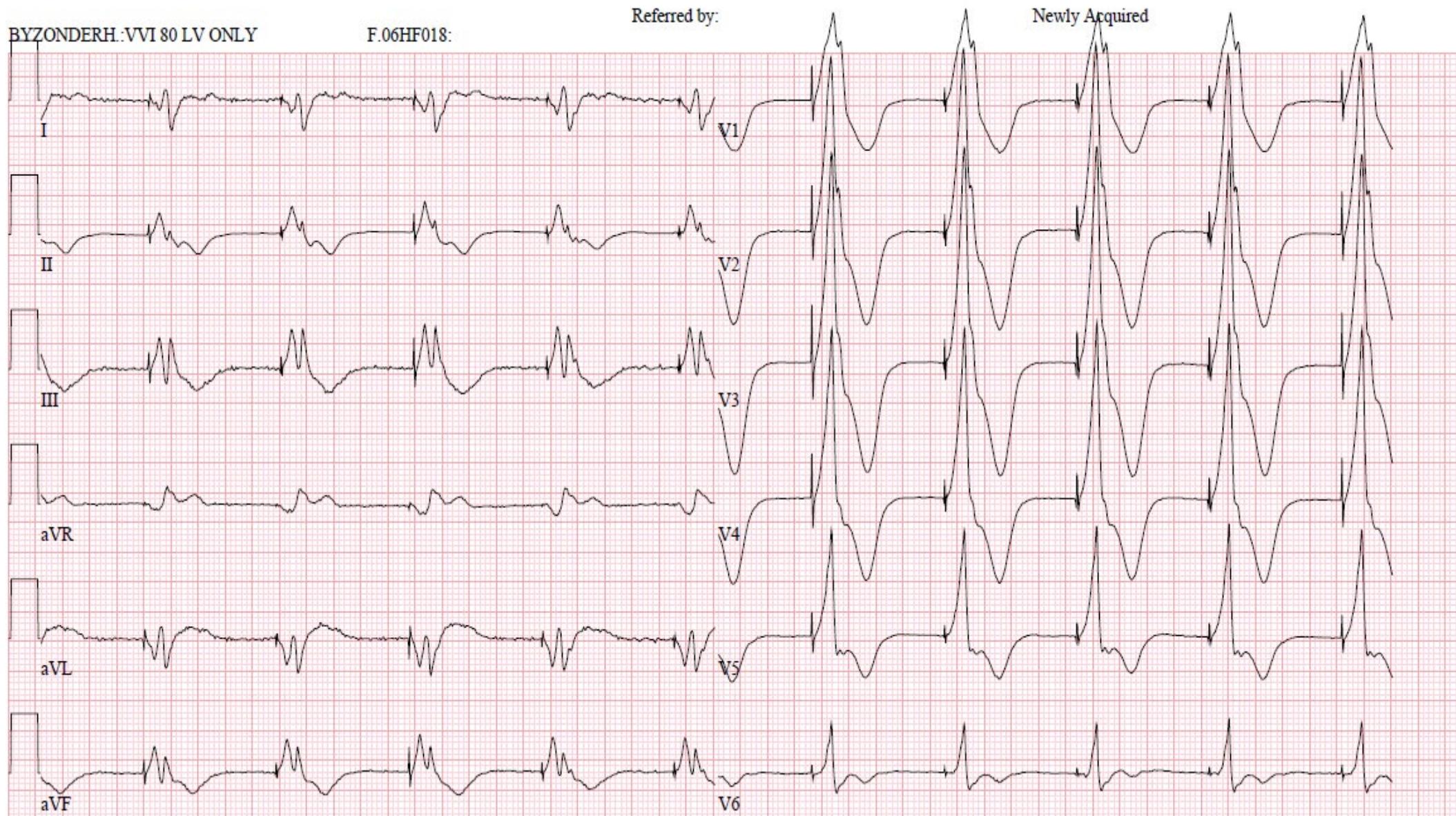
Left or right superior axis: inferior to posterior (4-5h)

Intermediate or right axis: antero-lateral to lateral (1-2h)

Inferior axis: anterior (12h)

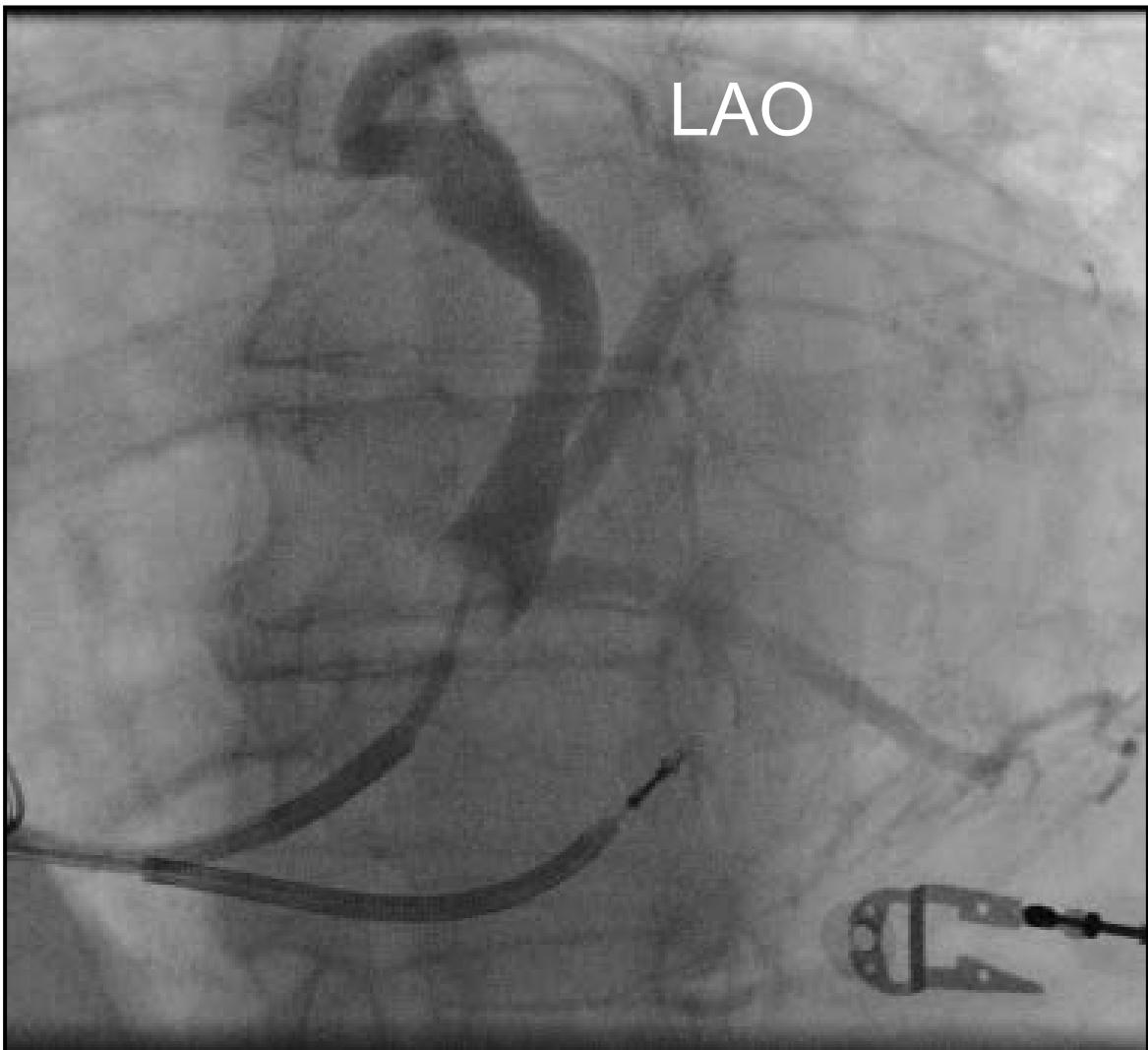
Superior axis: inferior (6h)

Where is the LV lead?

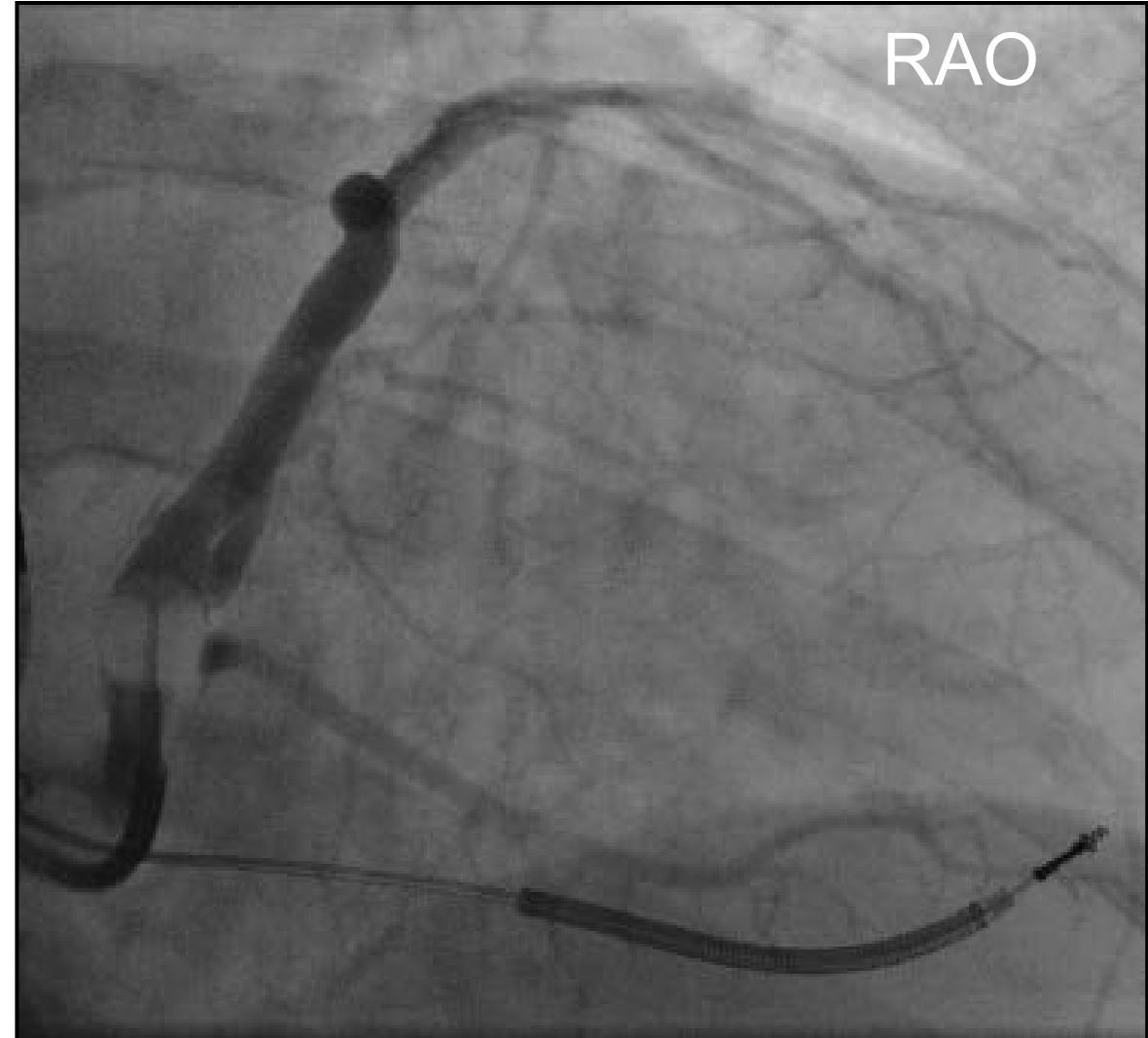


Fluoroscopy

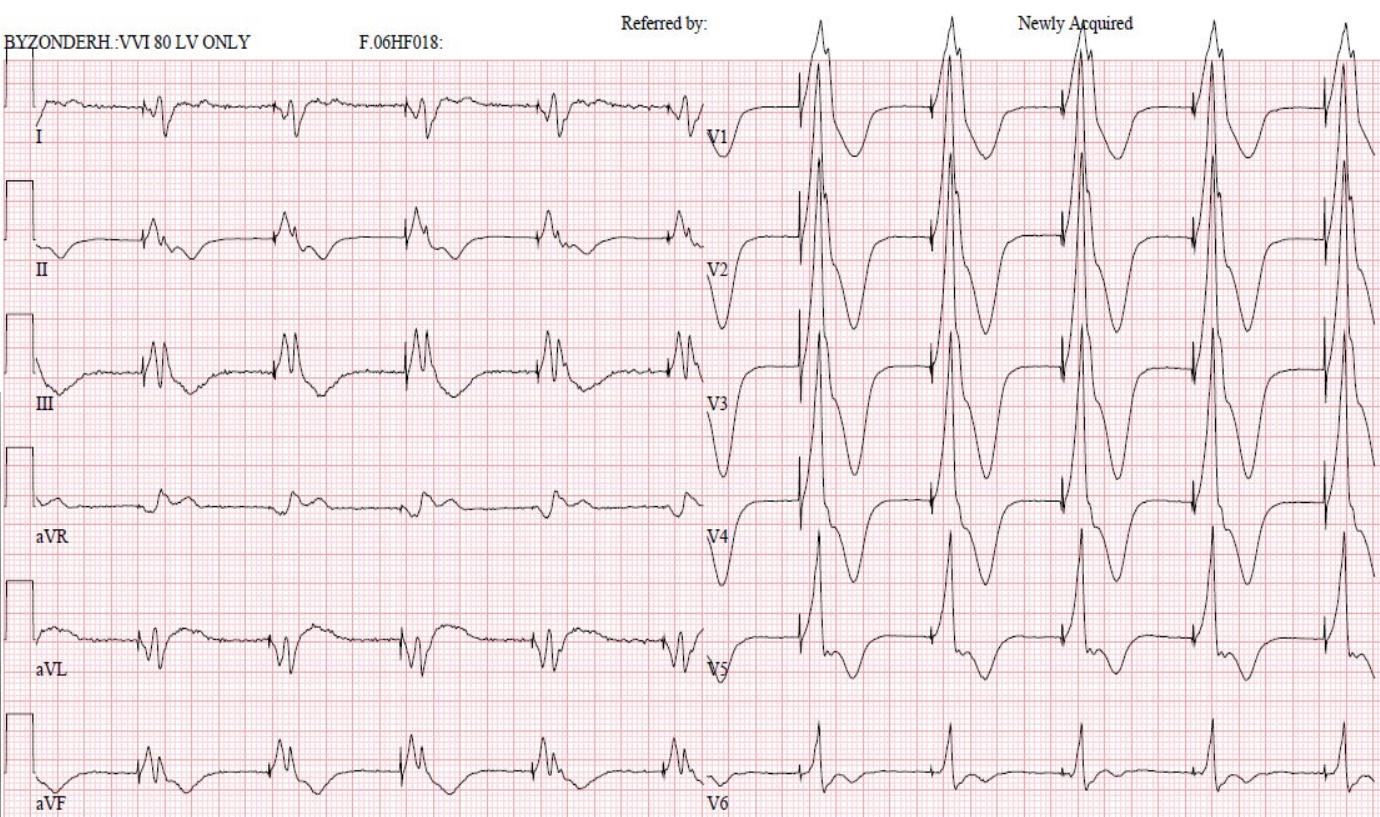
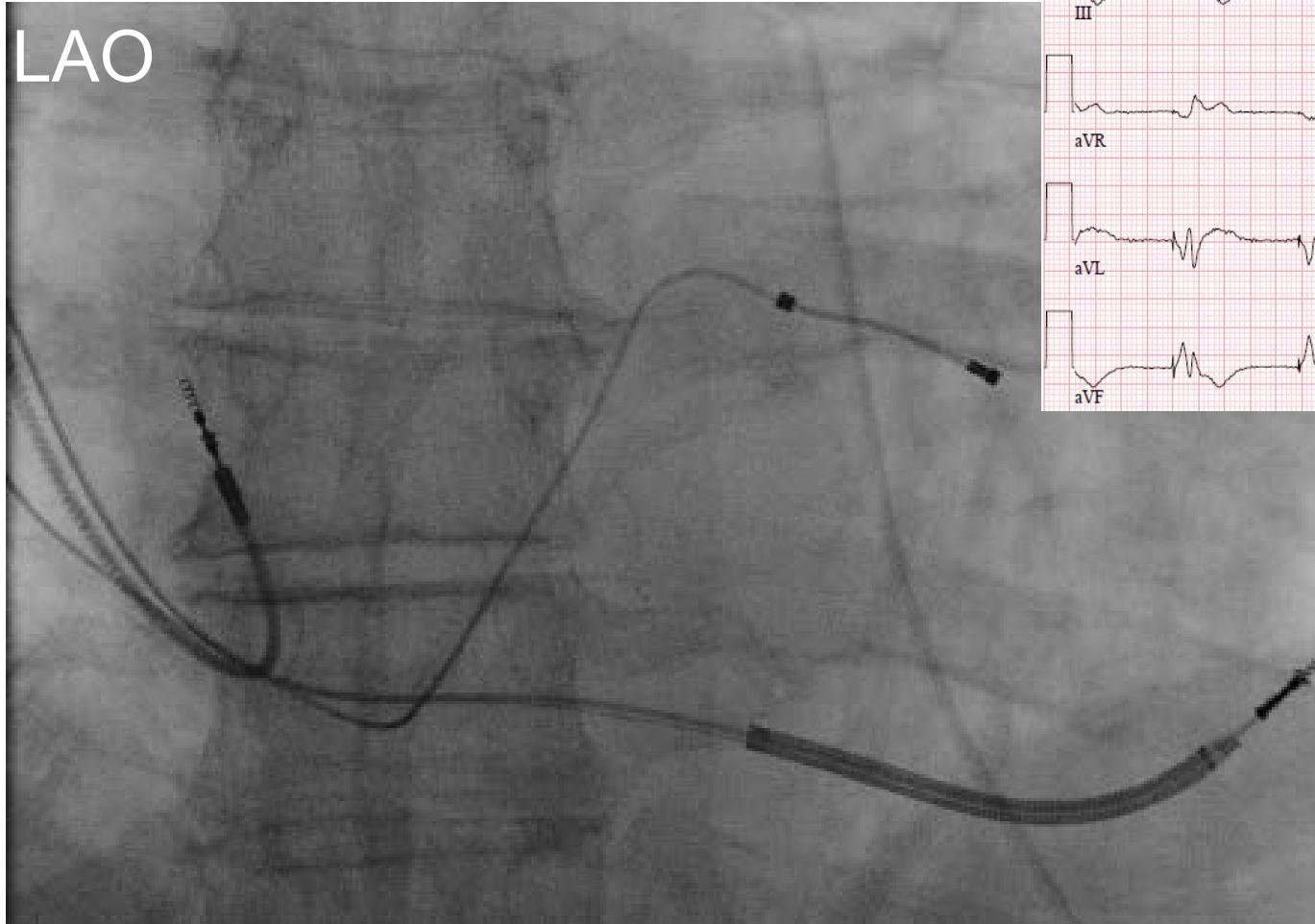
LAO



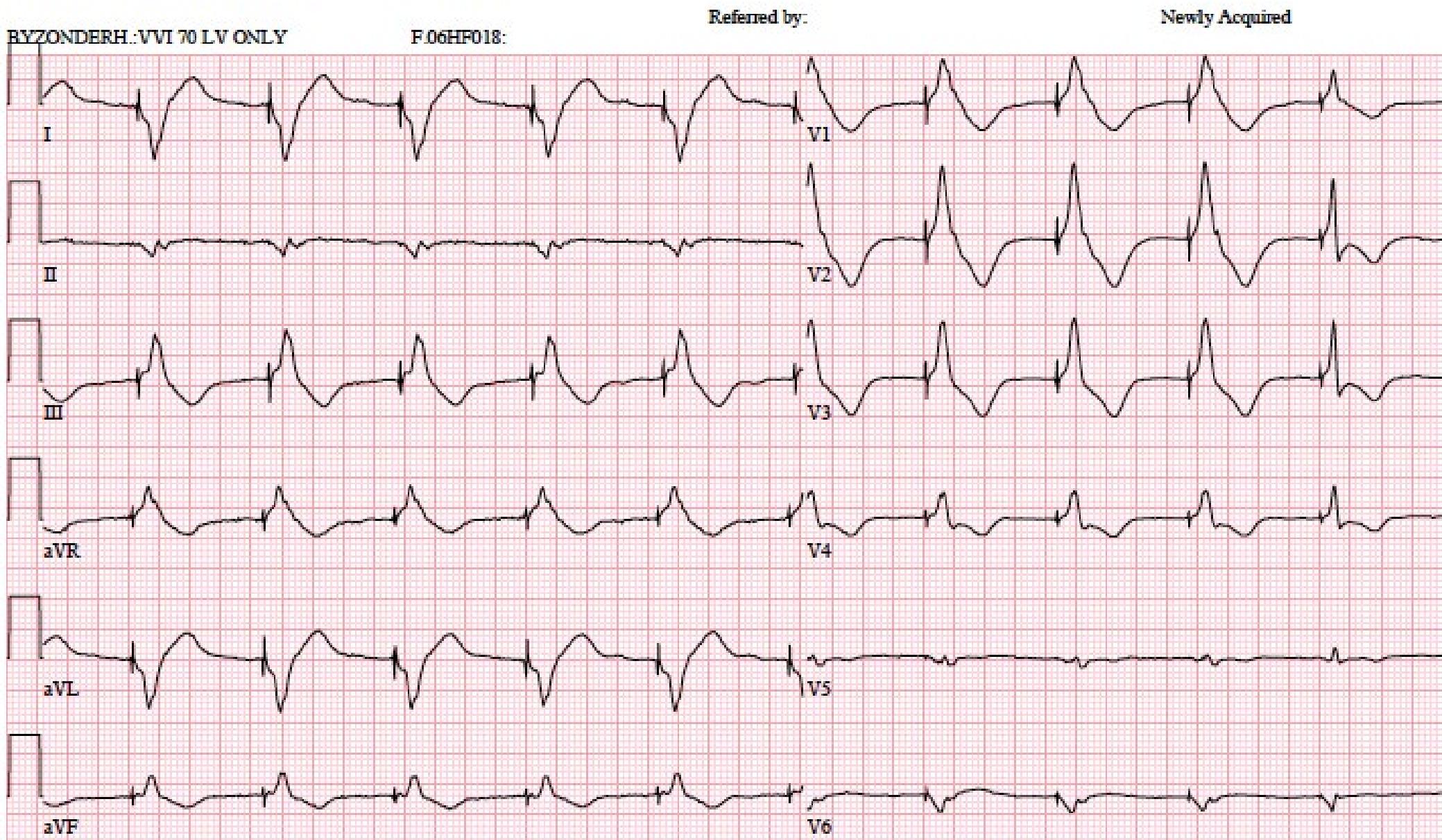
RAO

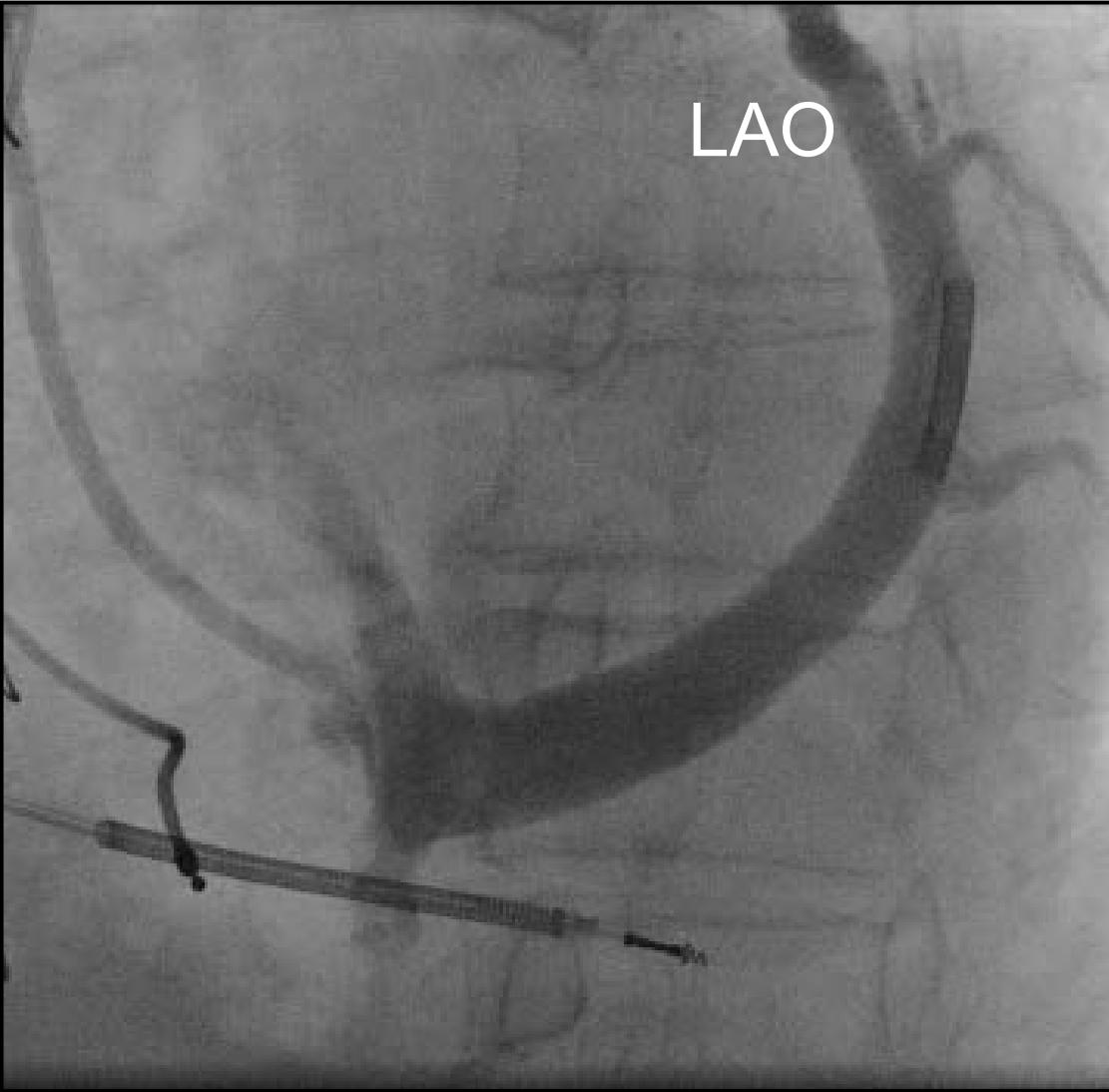


LAO

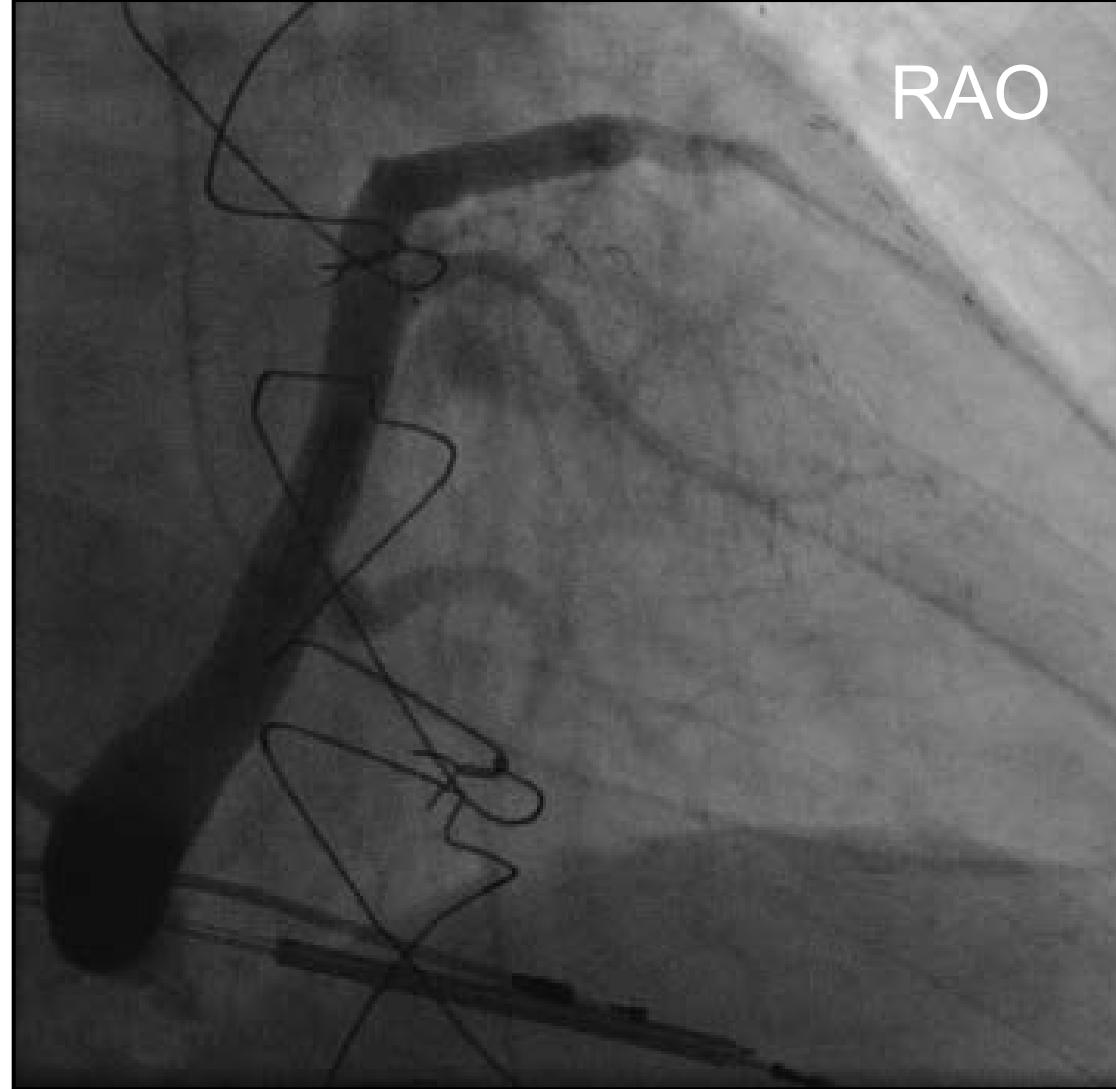


Where is the LV lead (LV pacing)

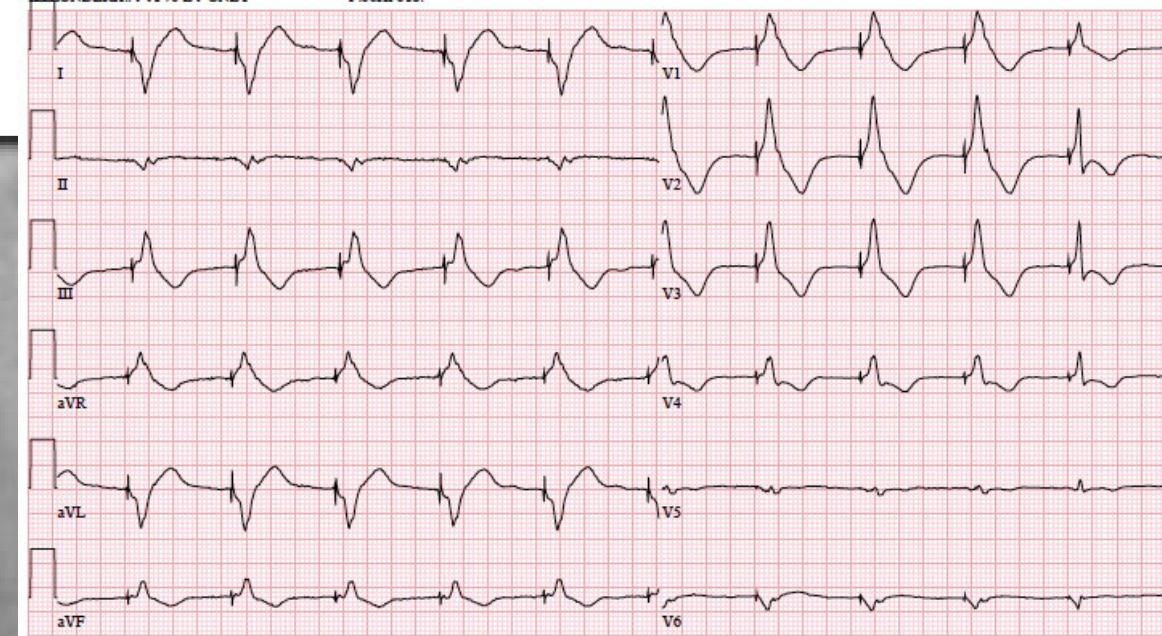




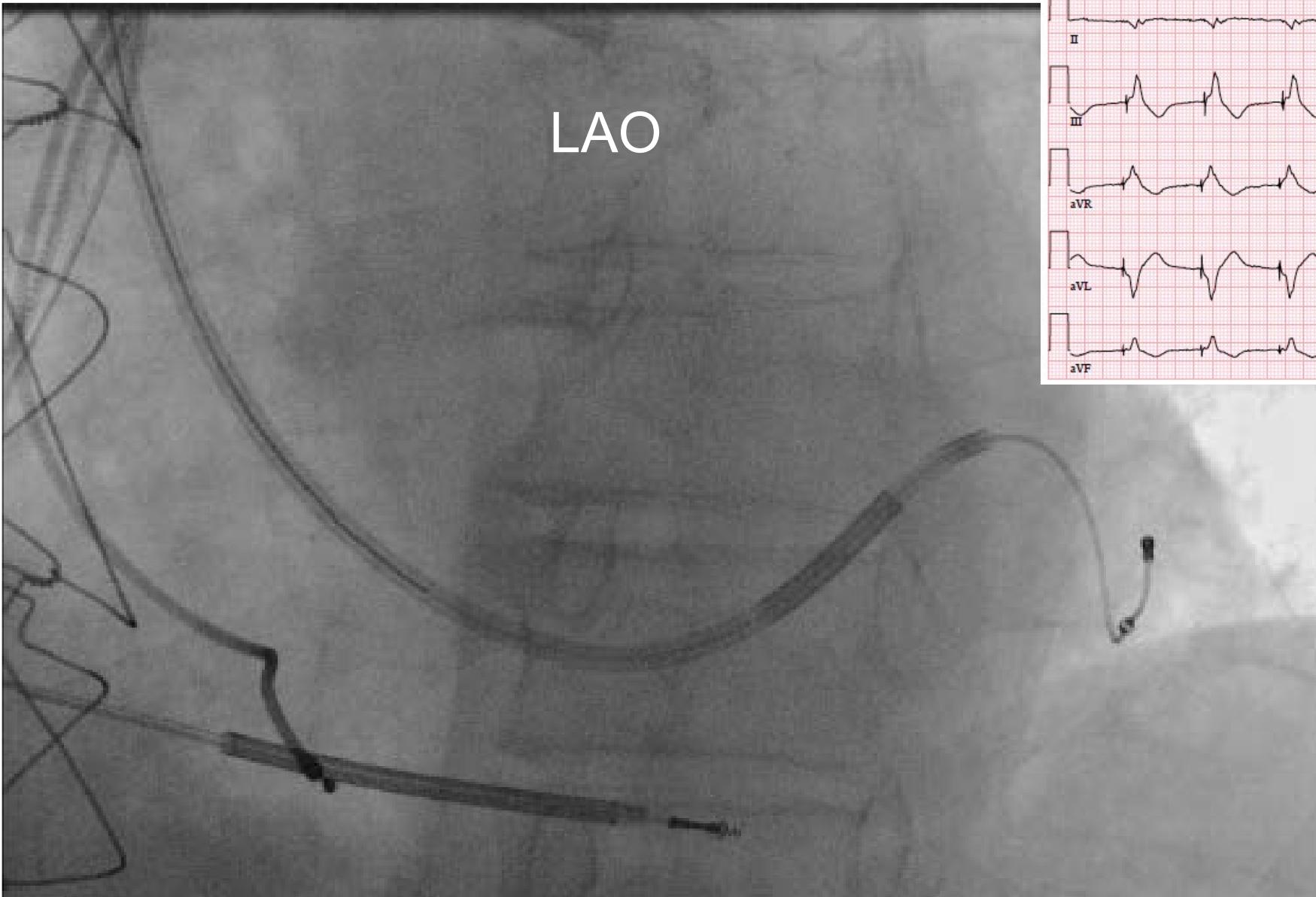
LAO



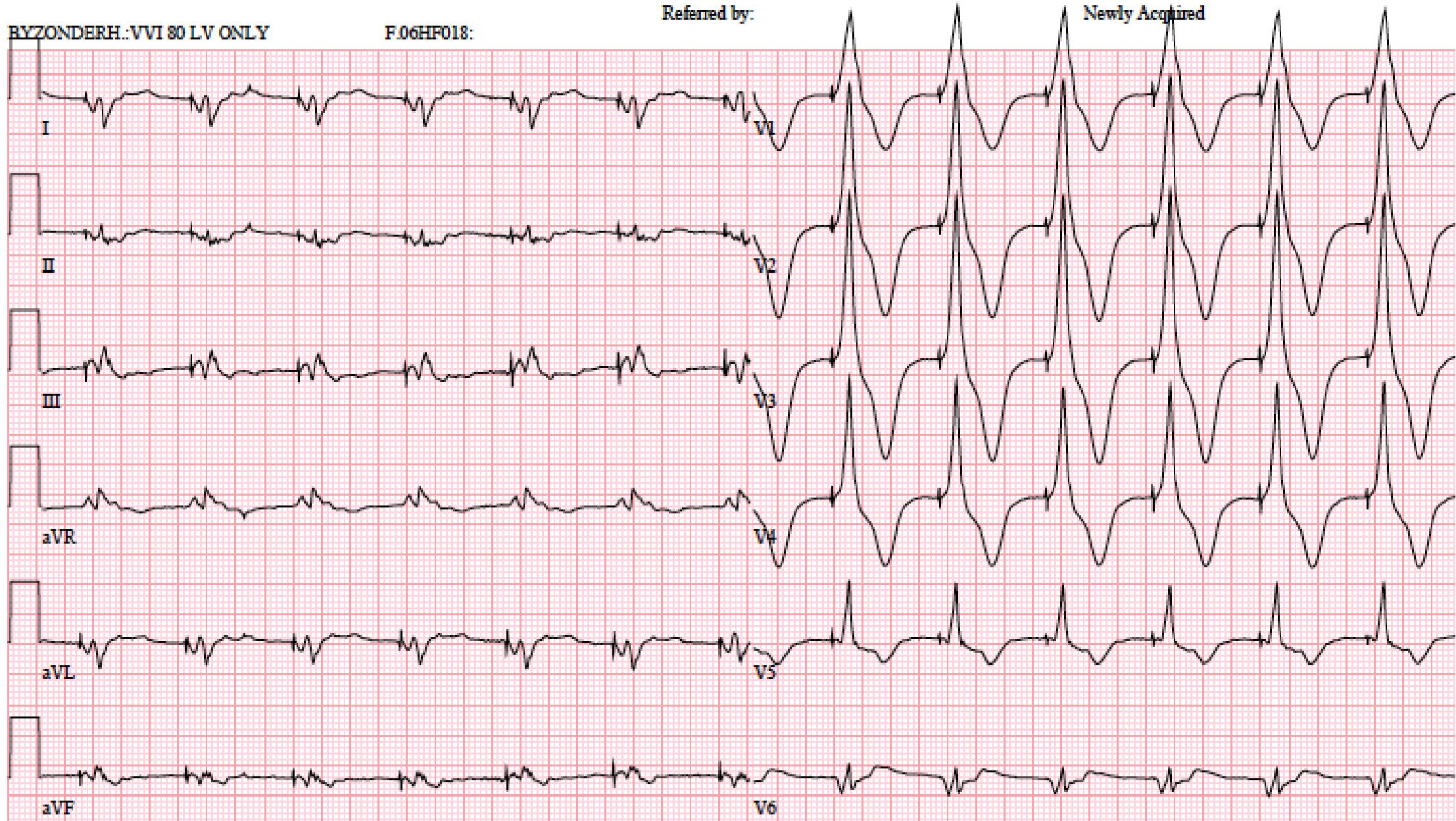
RAO

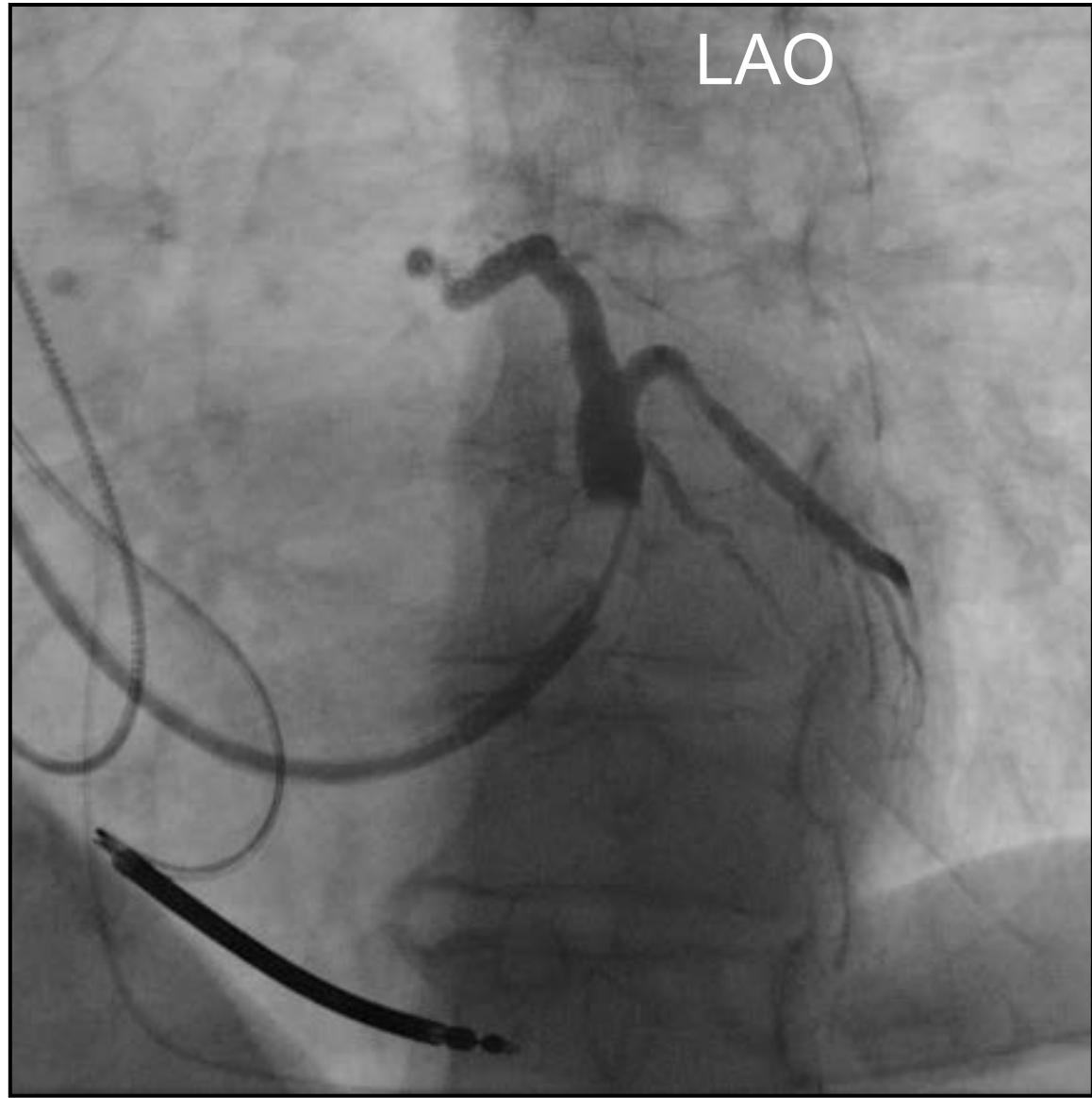


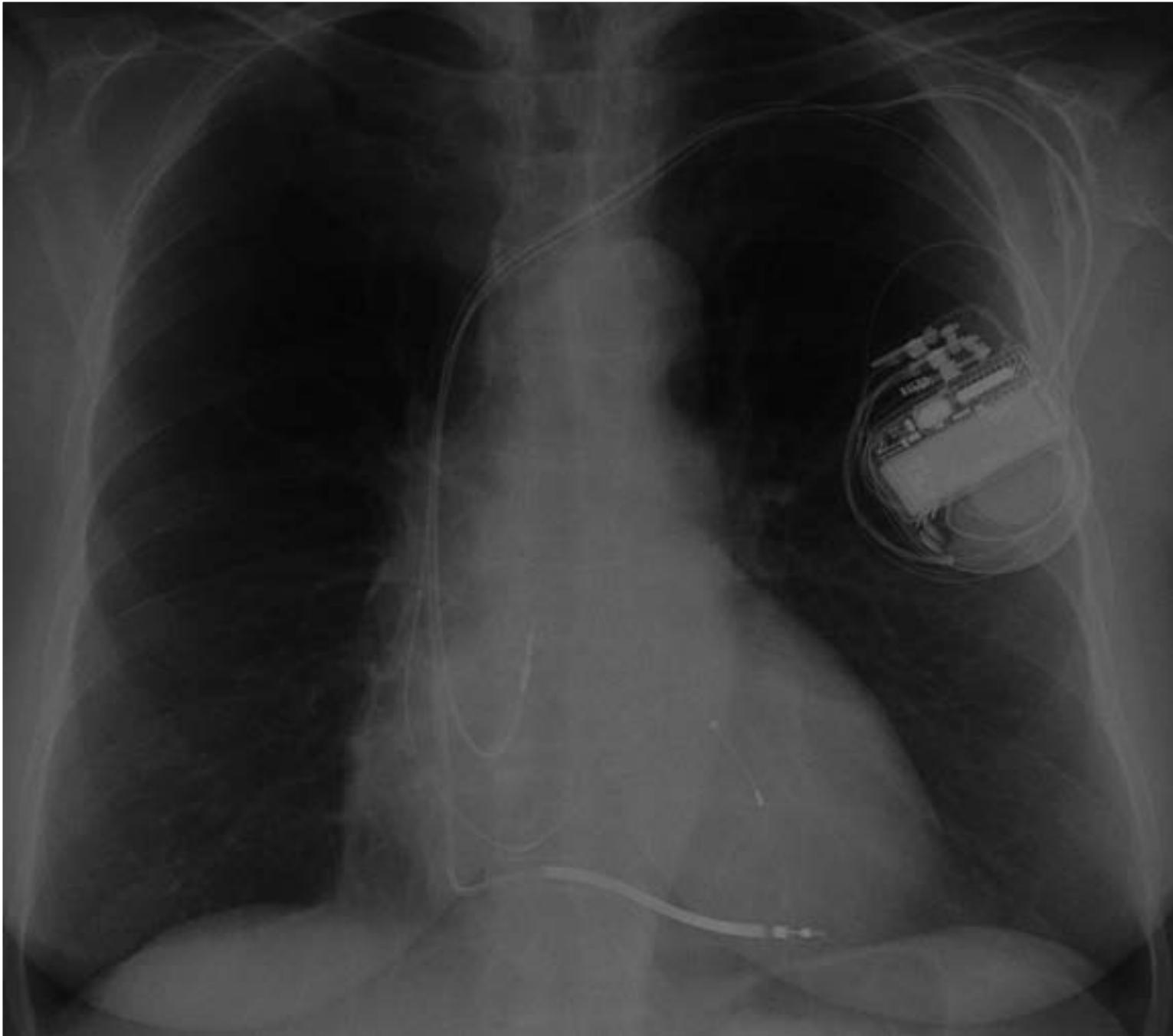
LAO



Where is the LV lead? (LV pacing)







Where is the LV lead? (LV pacing)

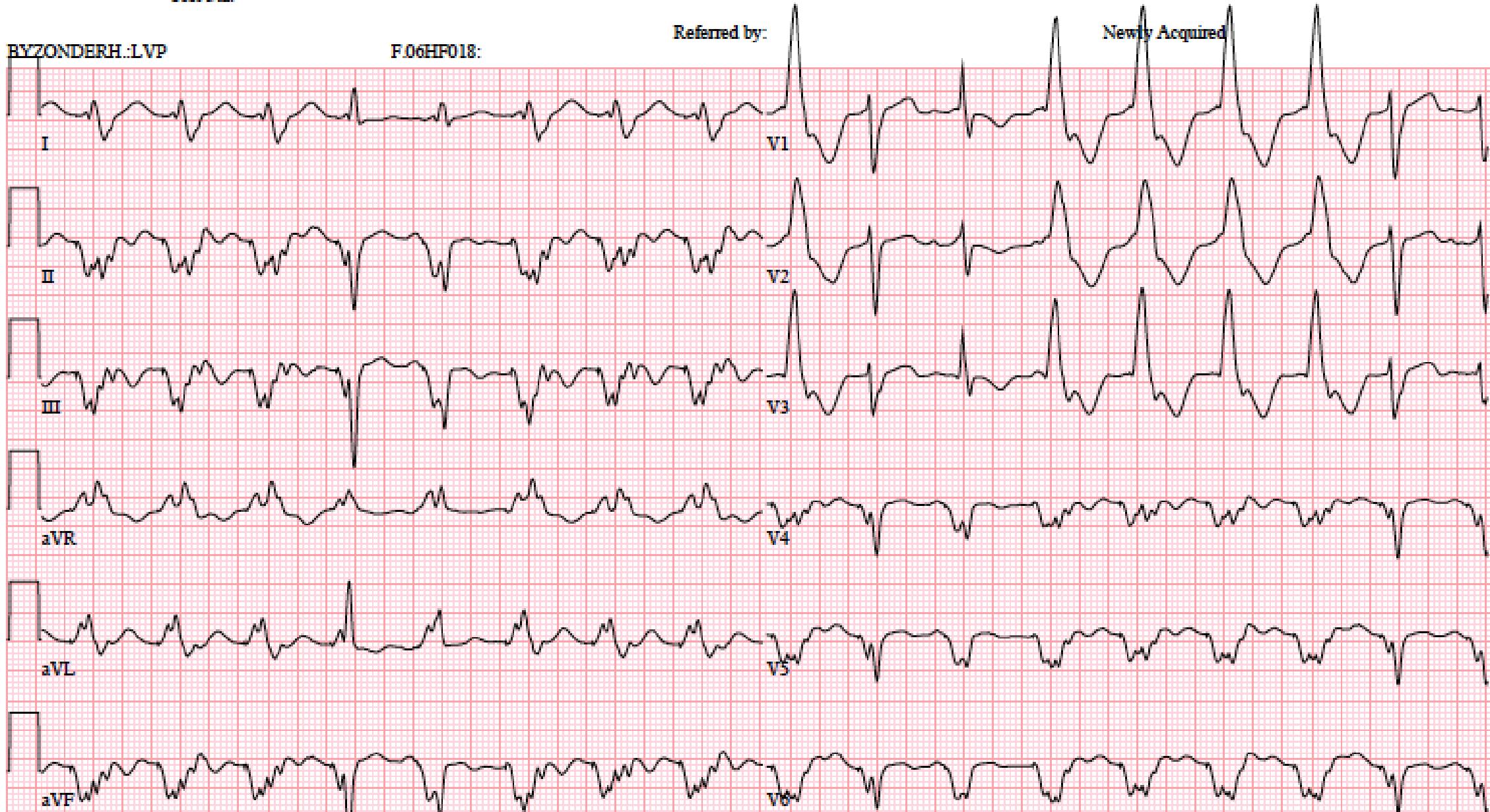
Test ind:

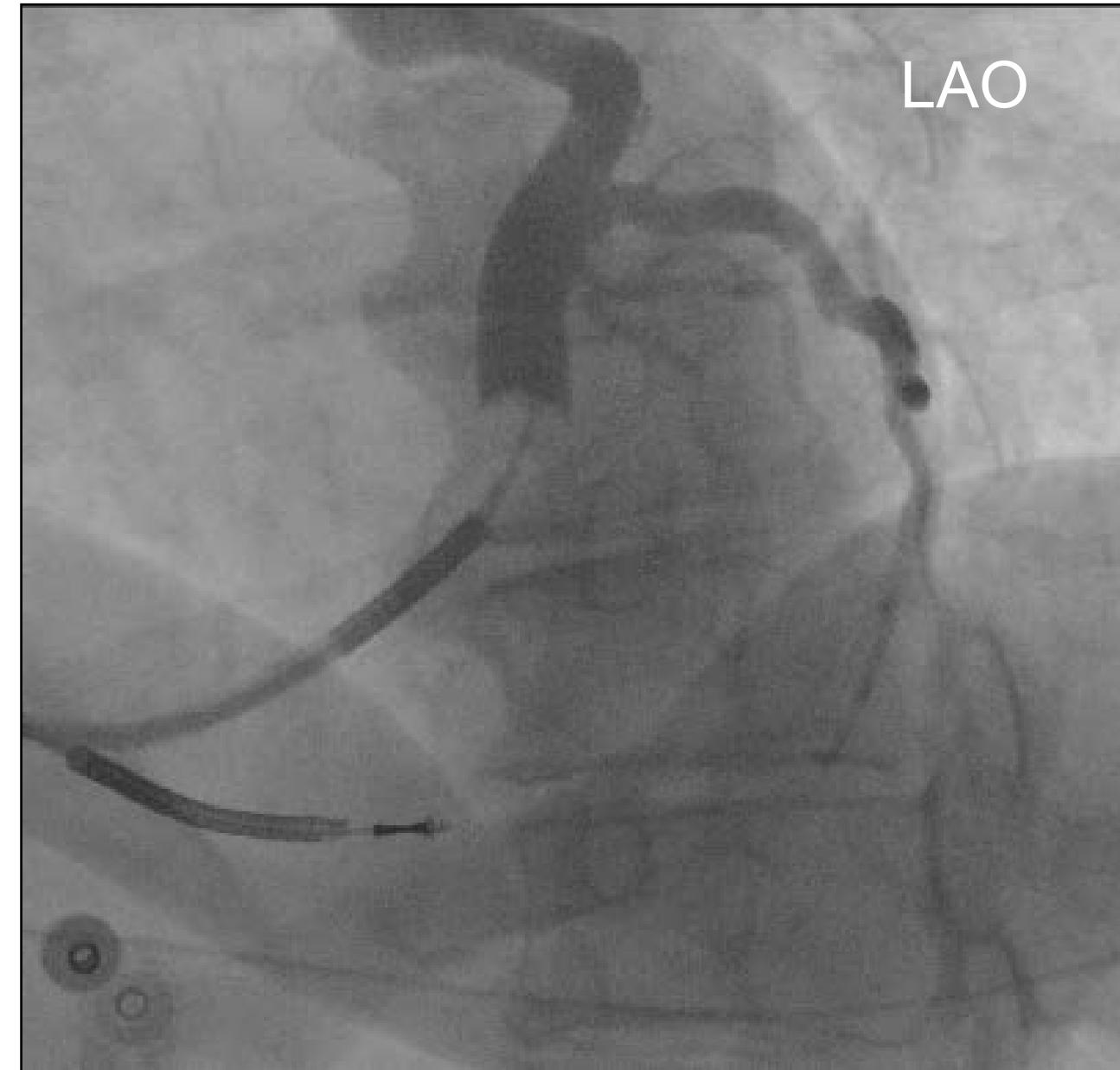
BYZONDERH:LVP

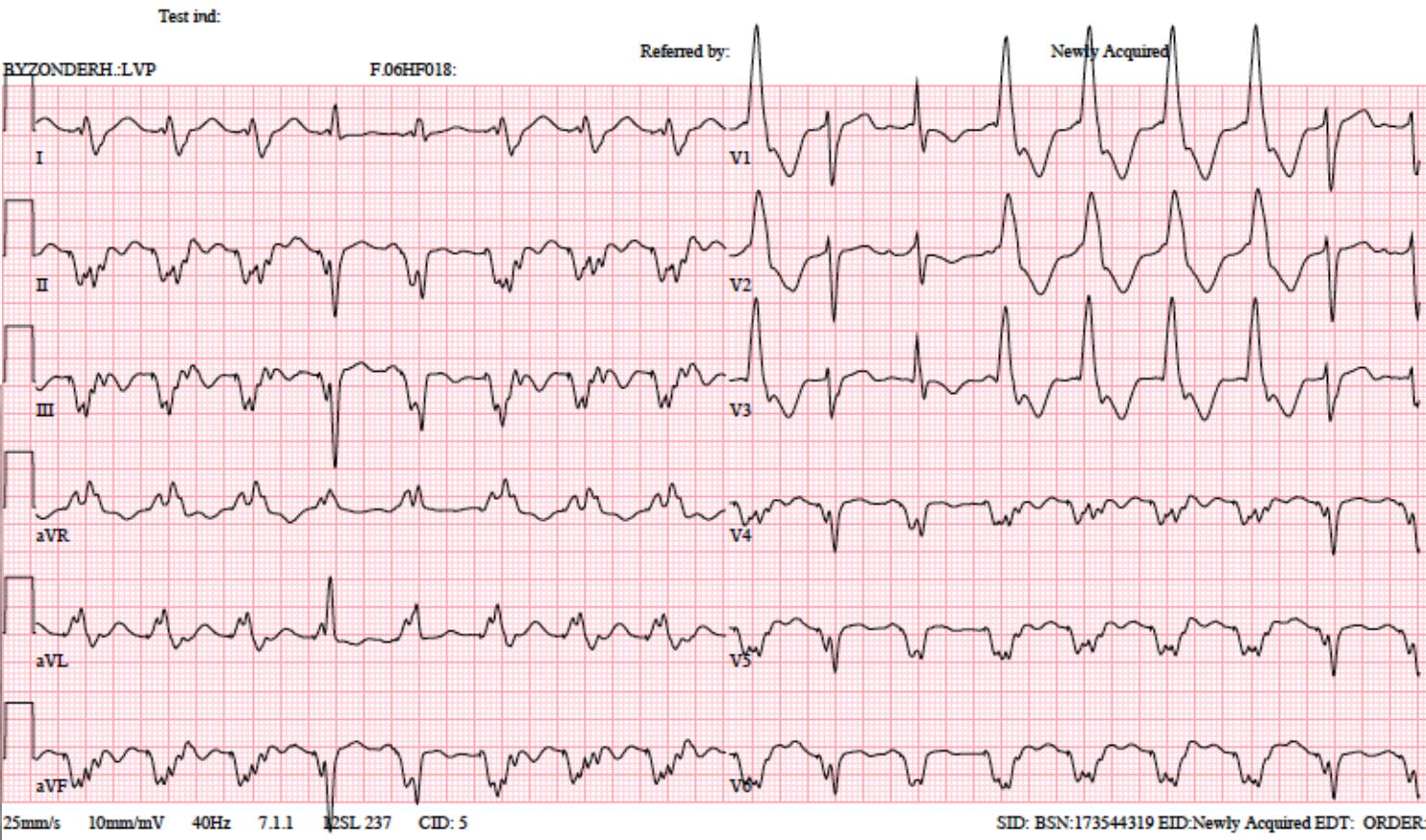
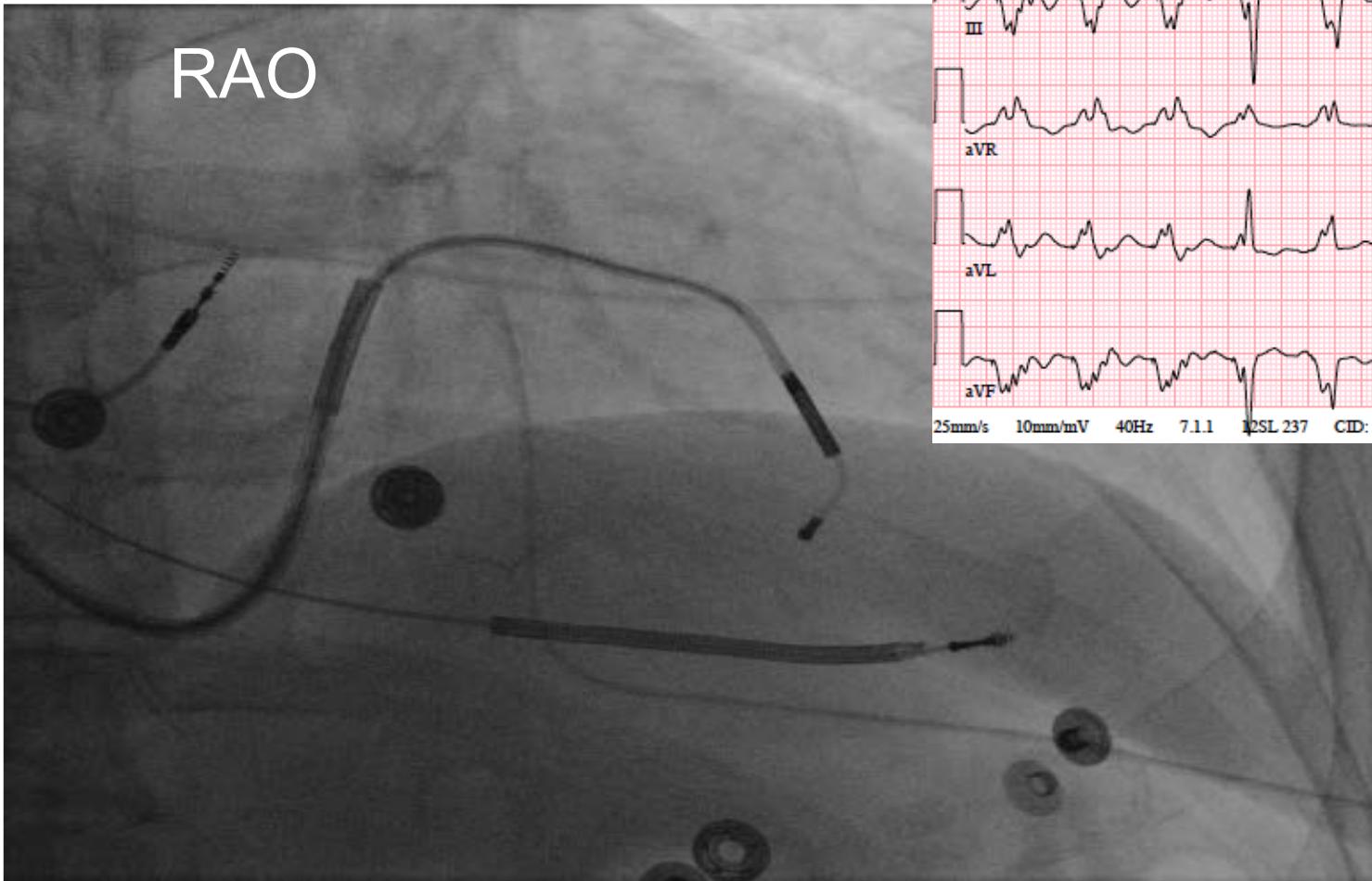
F.06HP018:

Referred by:

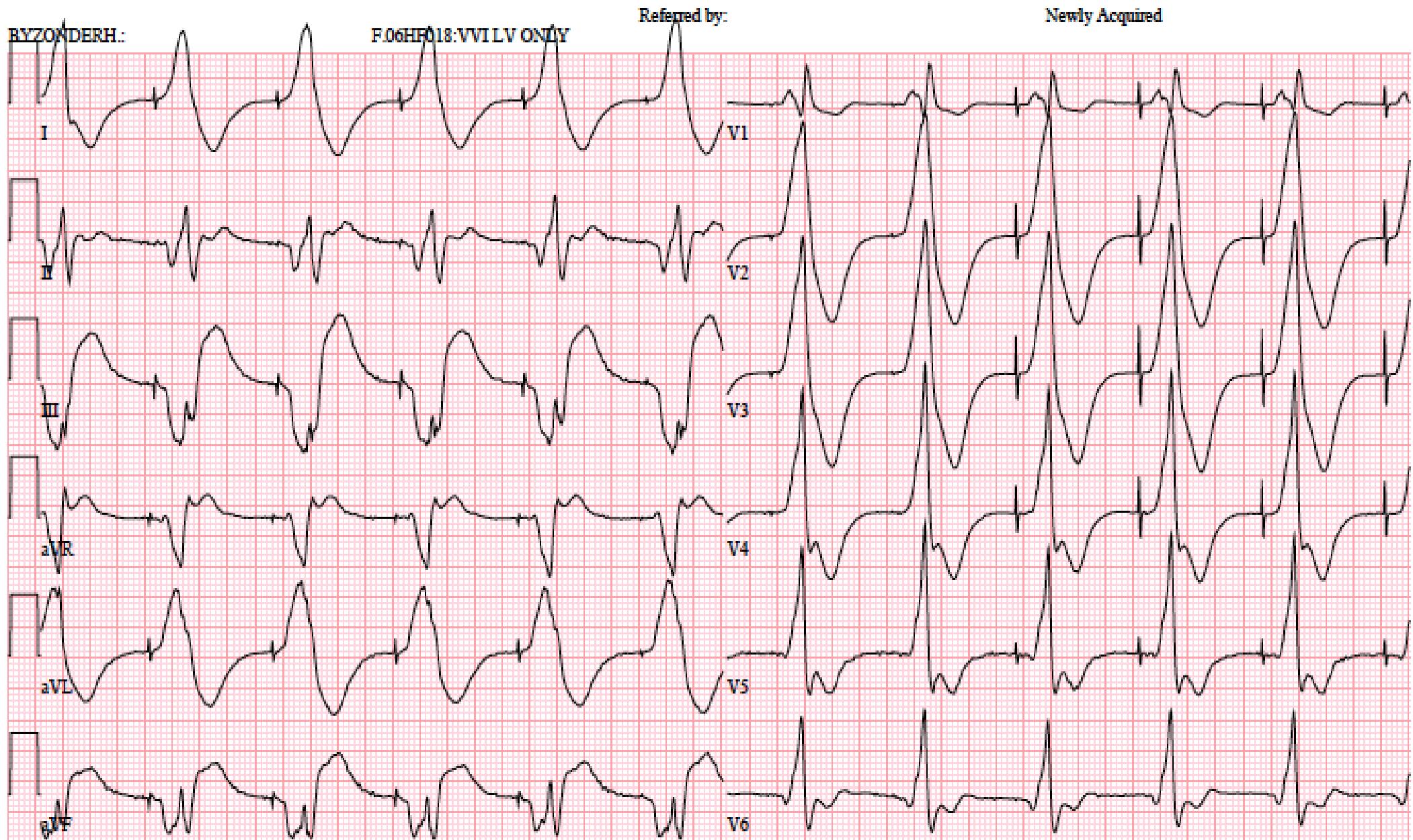
Newly Acquired

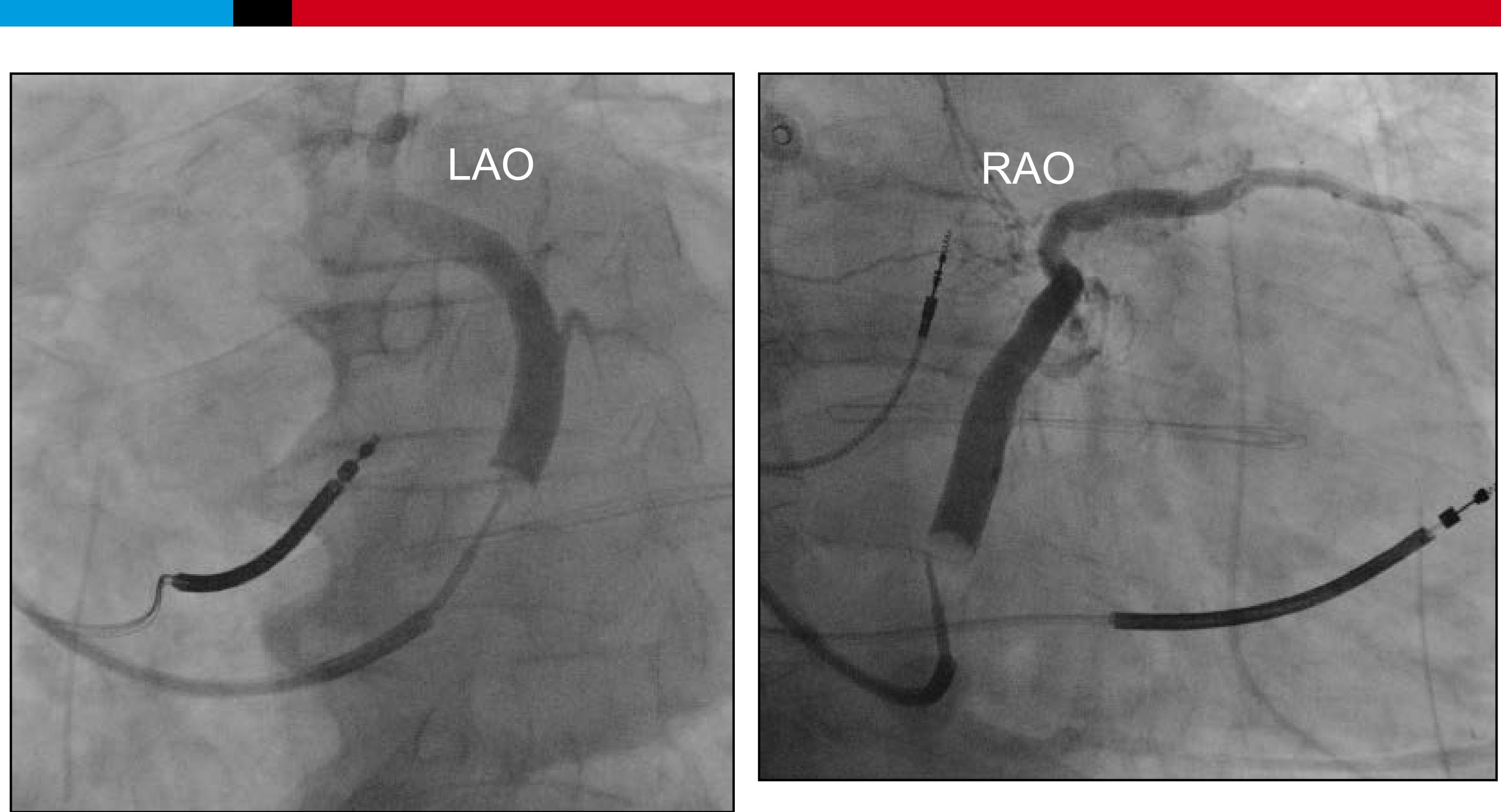


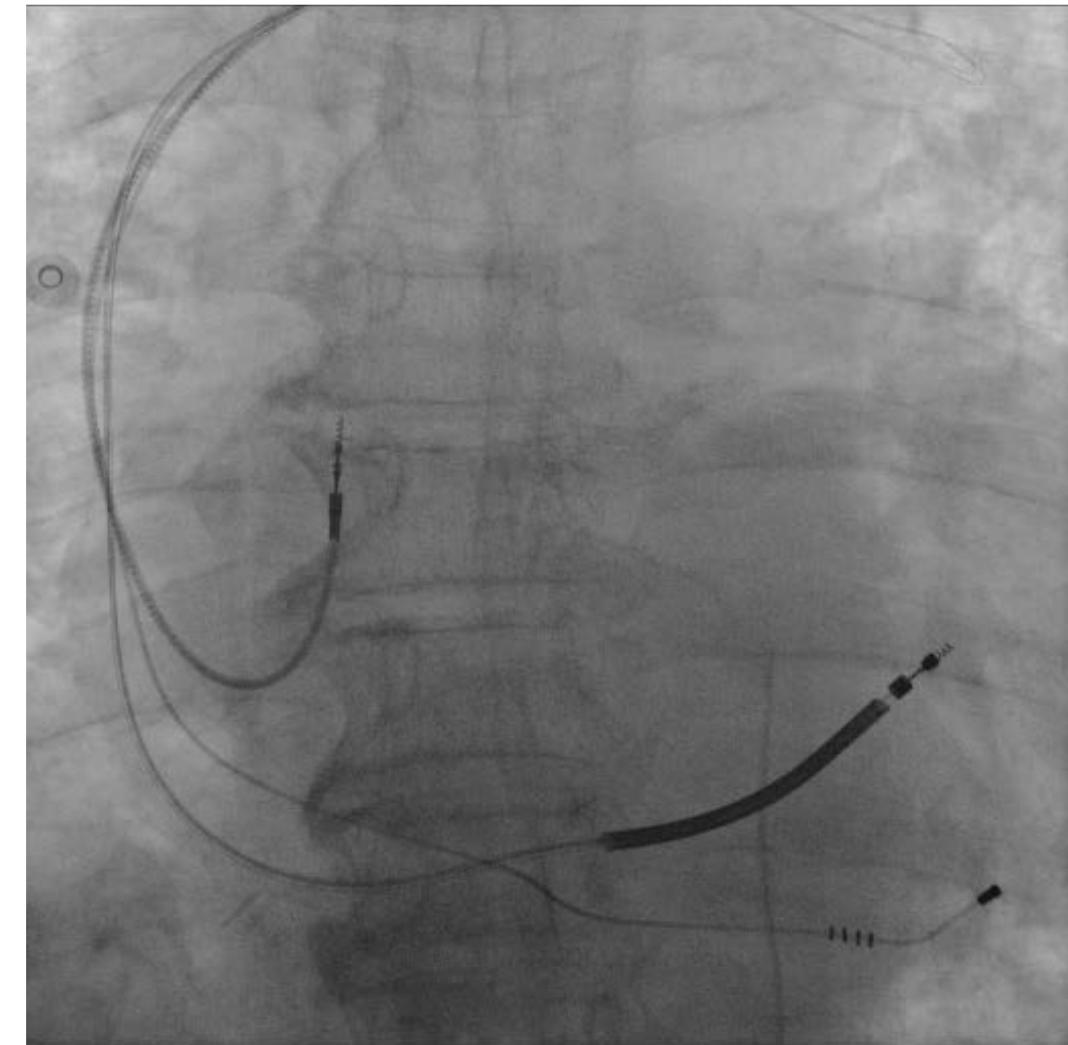
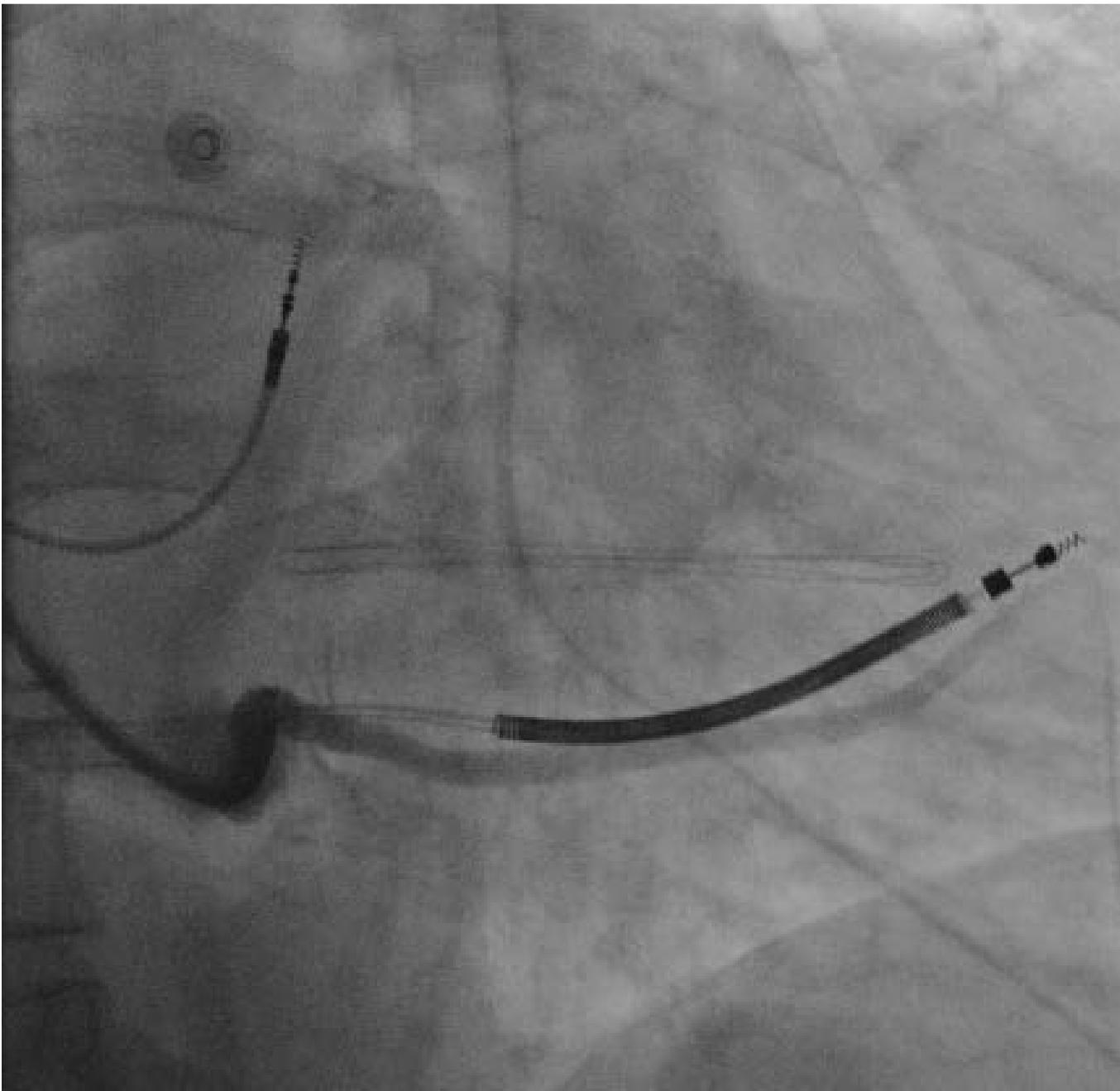




LV Pacing: Where is the LV Lead?

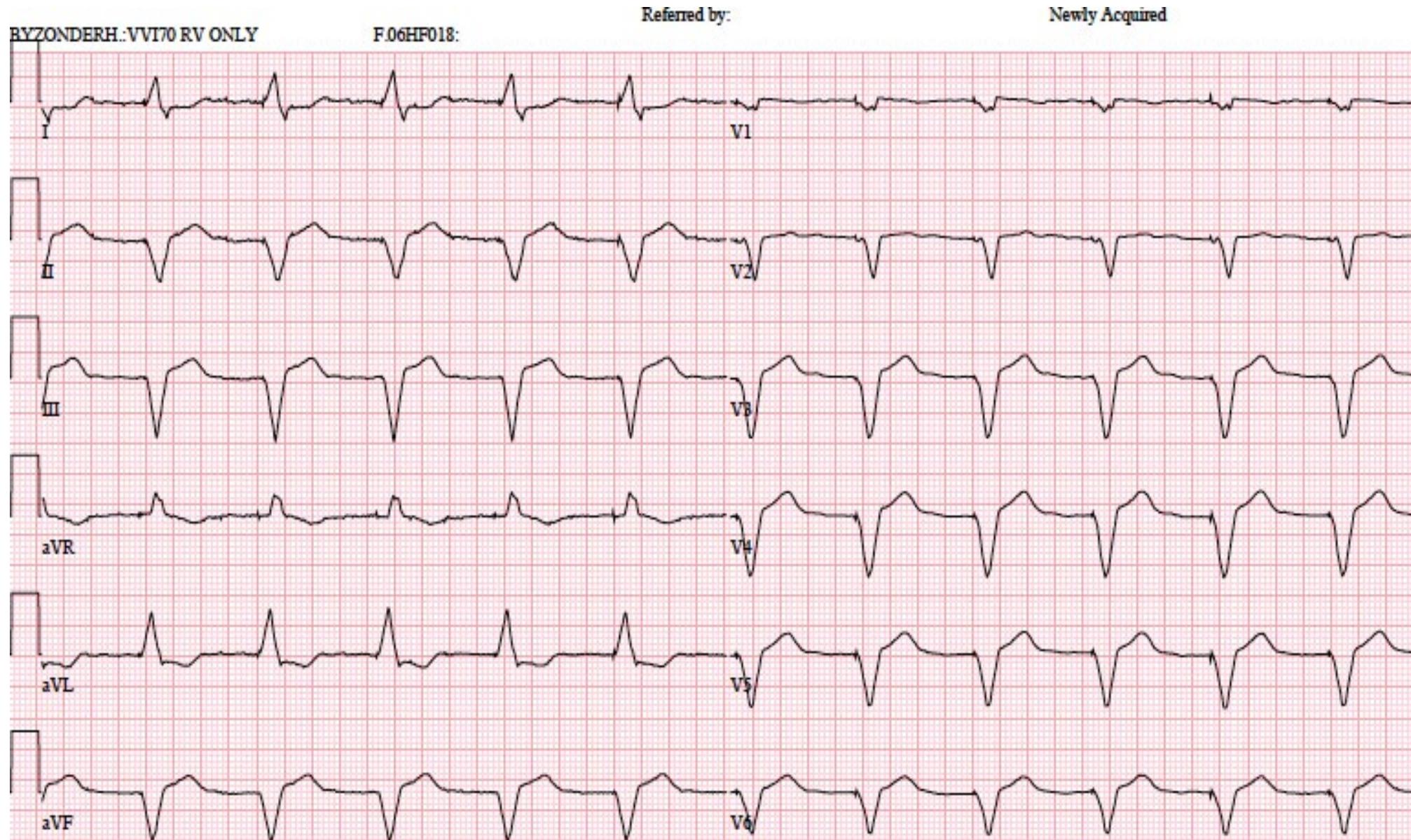


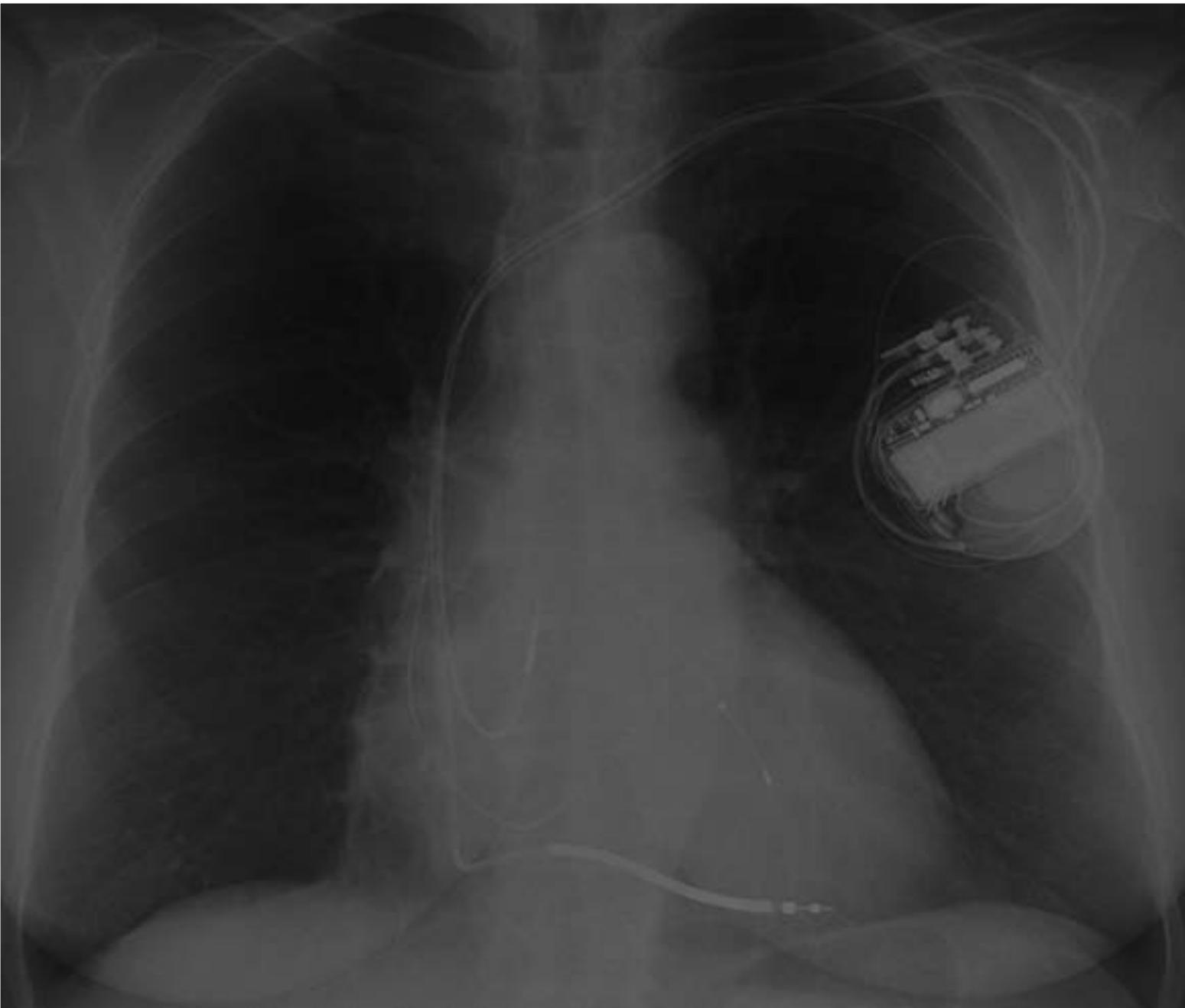




Infero-posterior vein: Suitable?

VVI LV Pacing: Where is the Lead?



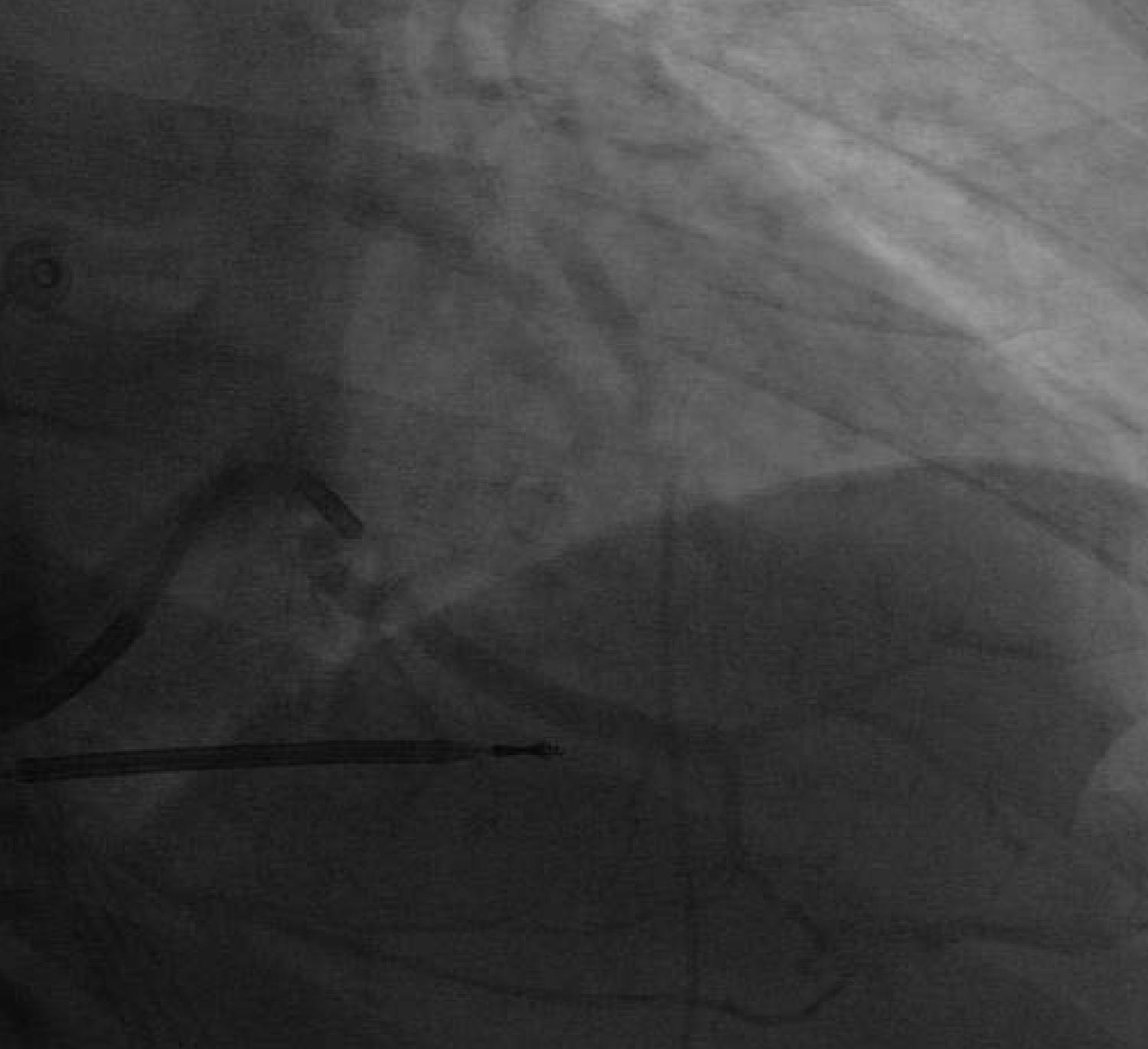


RV apex Pacing

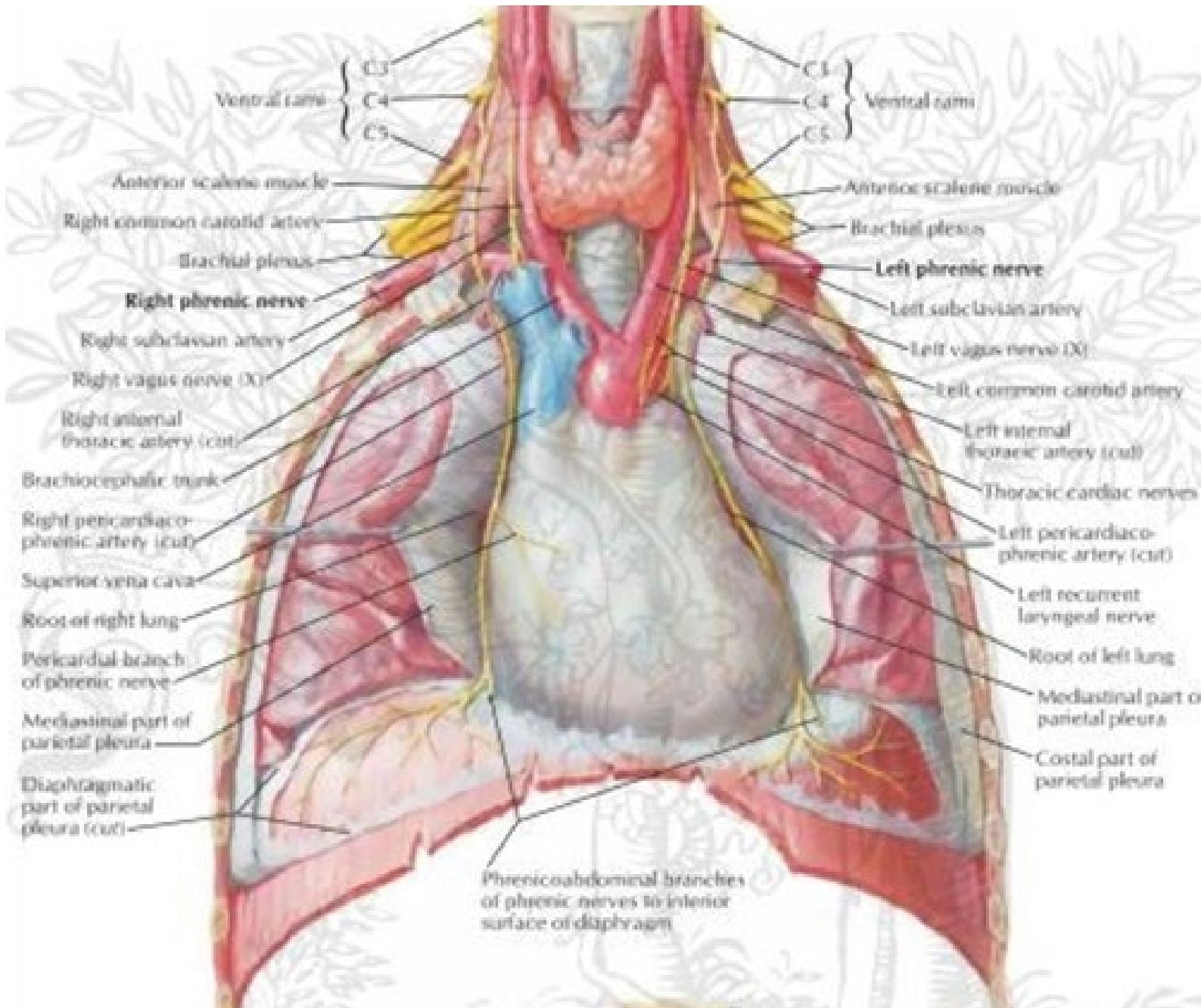
Where is the LV lead? (LV Pacing)







Phrenic Nerve



LANDMARK Trial: MADIT-CRT

ESTABLISHED IN 1812

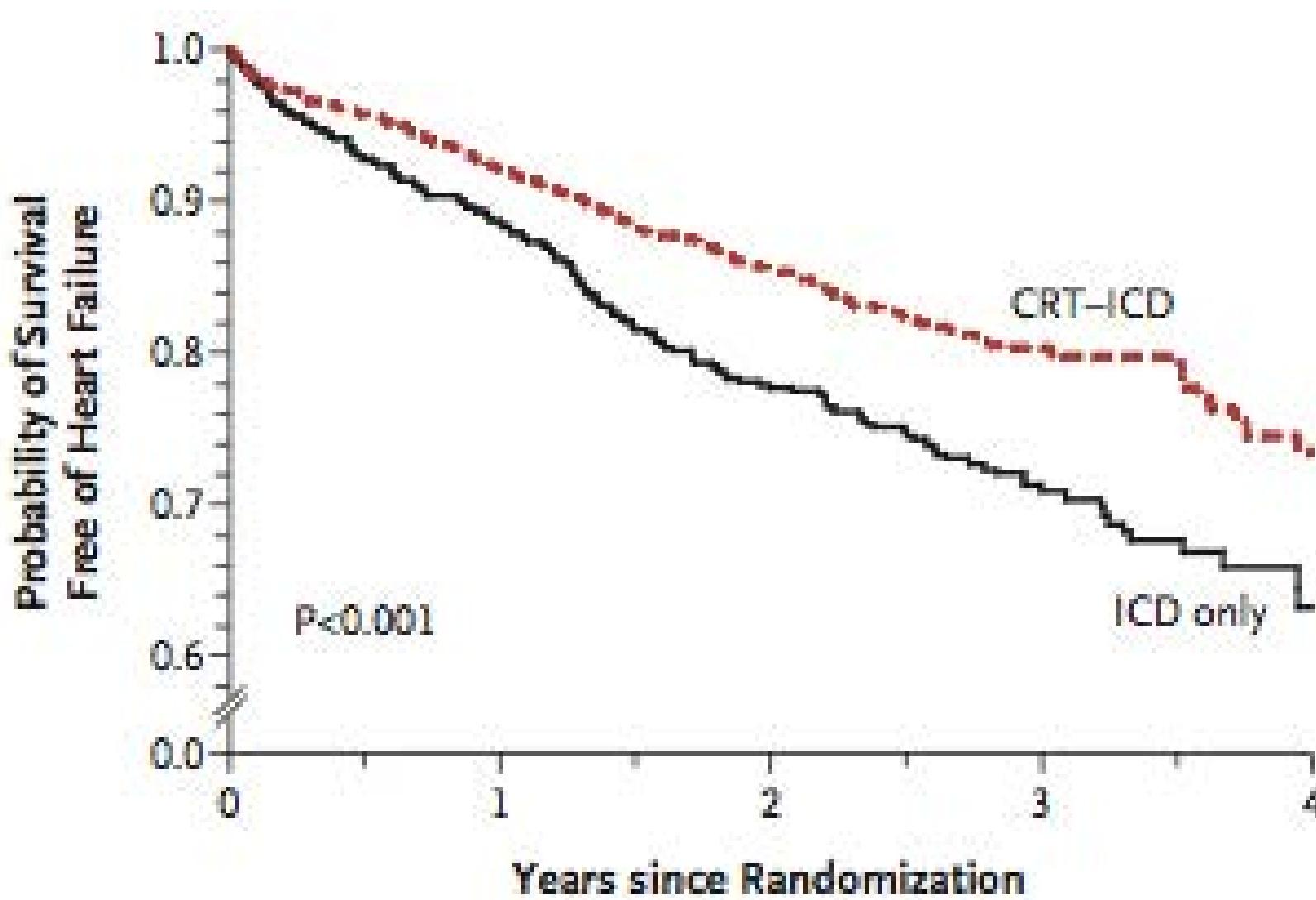
OCTOBER 1, 2009

VOL. 361 NO. 14

Cardiac-Resynchronization Therapy for the Prevention of Heart-Failure Events

Arthur J. Moss, M.D., W. Jackson Hall, Ph.D., David S. Cannom, M.D., Helmut Klein, M.D., Mary W. Brown, M.S.,
James P. Daubert, M.D., N.A. Mark Estes III, M.D., Elyse Foster, M.D., Henry Greenberg, M.D.,
Steven L. Higgins, M.D., Marc A. Pfeffer, M.D., Ph.D., Scott D. Solomon, M.D., David Wilber, M.D.,
and Wojciech Zareba, M.D., Ph.D., for the MADIT-CRT Trial Investigators*

Variable	ICD-Only Group (N=731)	CRT-ICD Group (N=1089)
Age — yr	64±11	65±11
Male sex — no. (%)	553 (75.6)	814 (74.7)
Race — no./total no. (%)†		
White	657/724 (90.7)	979/1083 (90.4)
Black	56/724 (7.7)	87/1083 (8.0)
Other	11/724 (1.5)	17/1083 (1.6)
Cardiac history — no. (%)		
Ischemic heart disease		
NYHA class I	113 (15.5)	152 (14.0)
NYHA class II	288 (39.4)	446 (41.0)
Nonischemic heart disease		
NYHA class II	330 (45.1)	491 (45.1)
NYHA class III or IV >3 mo before enrollment — no. (%)	73 (10.0)	109 (10.0)
Left bundle-branch block — no./total no. (%)	520/729 (71.3)	761/1088 (69.9)
Right bundle-branch block — no./total no. (%)	92/729 (12.6)	136/1088 (12.5)
QRS duration ≥150 msec — no. (%)	476 (65.1)	699 (64.2)
Left ventricular ejection fraction	0.24±0.05	0.24±0.05



Echocardiographic Dysynchrony Parameters

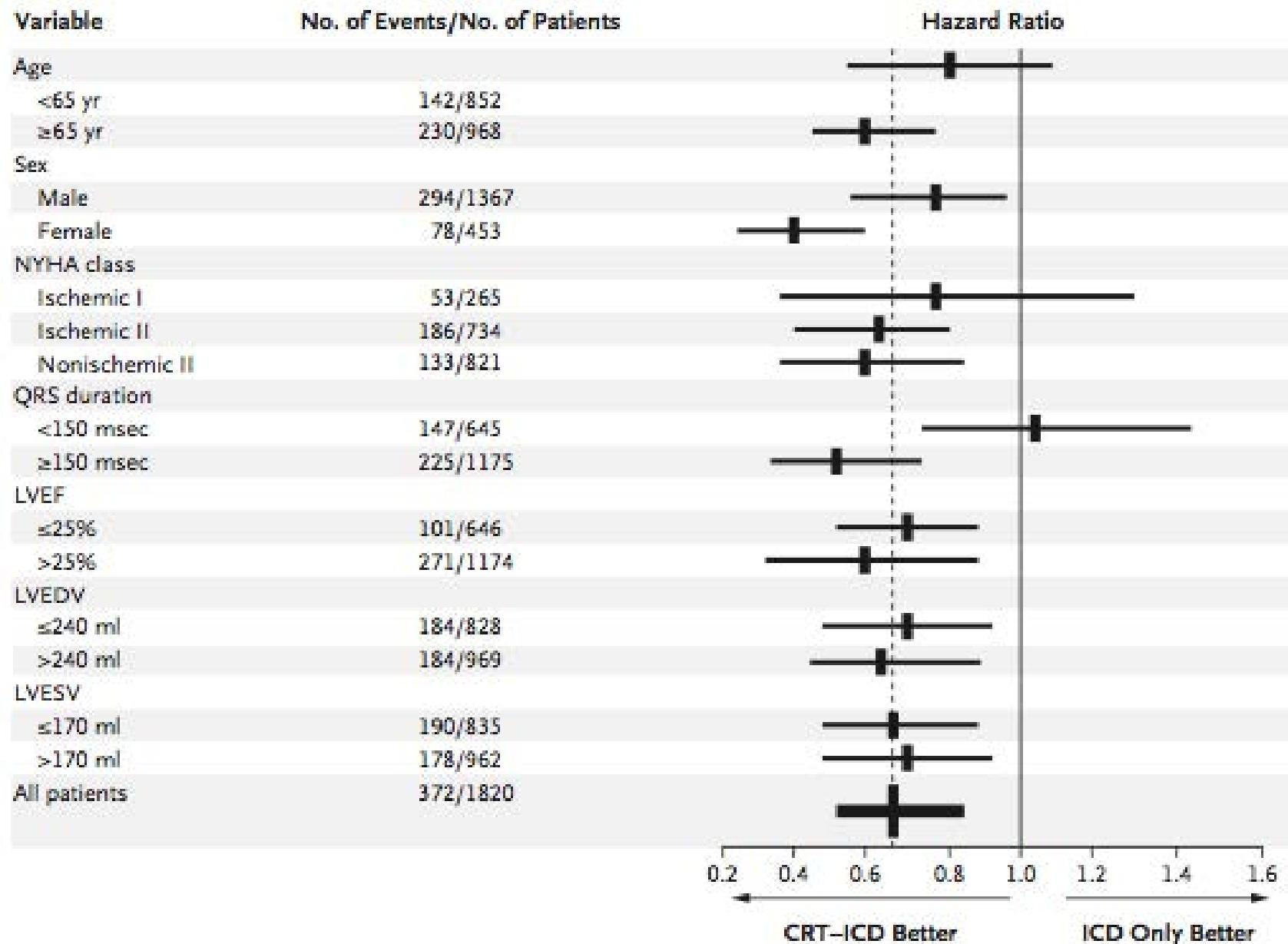
Table 5. Ability of Dyssynchrony Parameters to Predict Volume Responders

Dyssynchrony parameters	Sensitivity	Specificity	Positive predictive value	AUC
-------------------------	-------------	-------------	---------------------------	-----

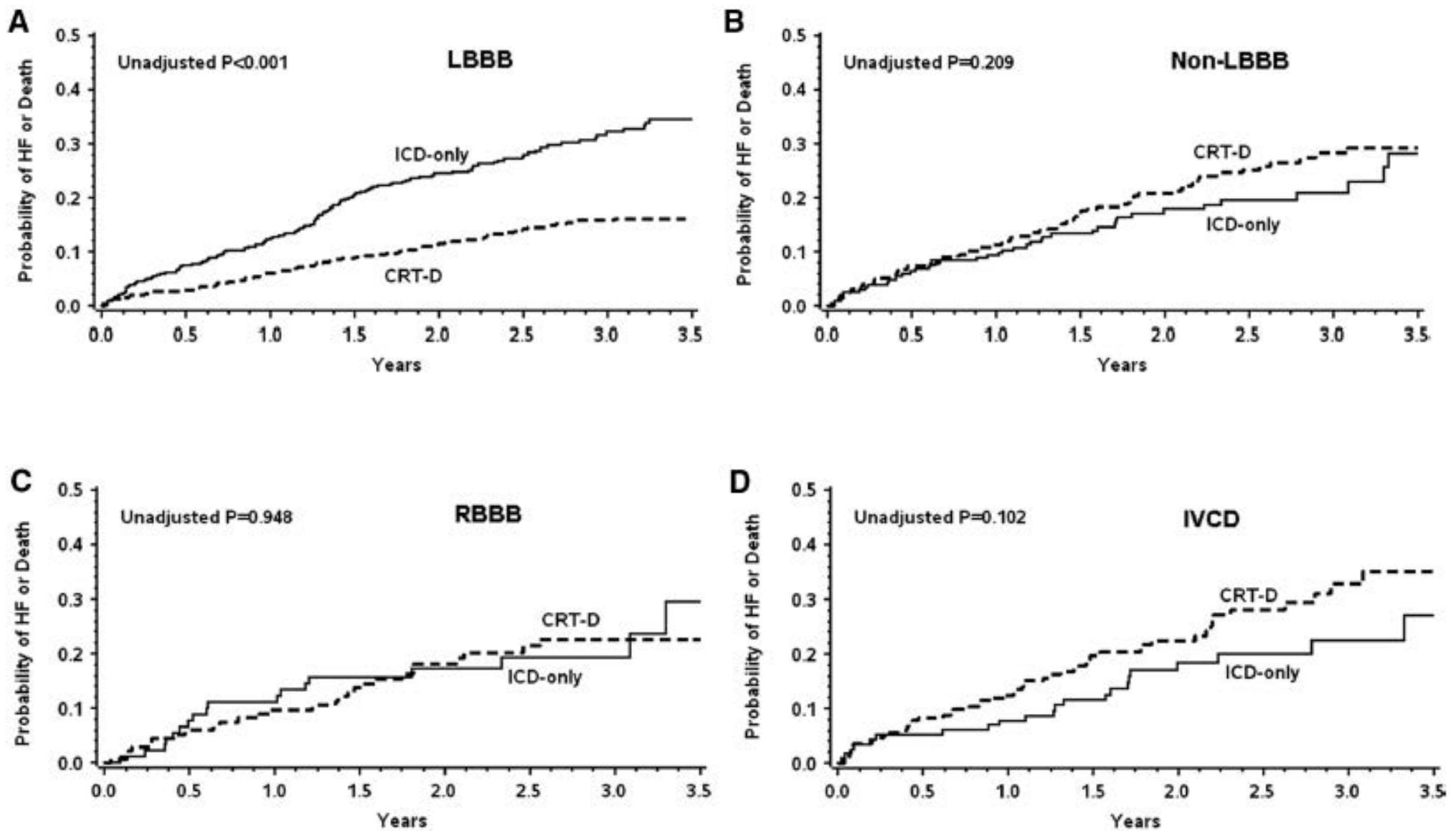
Table 7. Logistic Regression Analysis for Predefined Predictors of Volume Responders

Characteristic	Univariate		Multivariate model 1		Multivariate model 2		AUC
	HR (95%CI)	P value	HR (95%CI)	P value	HR (95%CI)	P value	
Age, years	1.02 (0.99–1.04)	0.05	1.01 (0.89–1.05)	0.26	1.02 (0.99–1.05)	0.16	0.65
LBBB	2.72 (1.51–4.89)	<0.001	2.91 (1.47–5.79)	0.02	2.58 (1.34–4.98)	0.004	0.56
Baseline BNP >350 pg/ml	1.34 (0.76–2.34)	0.31					0.64
Intravenous inotropes	0.11 (0.03–0.38)	<0.001	0.07 (0.01–0.30)	<0.001	0.11 (0.03–0.43)	<0.001	0.53
β-blocker	0.24 (0.10–0.53)	<0.001	0.21 (0.08–0.57)	0.002	0.20 (0.09–0.53)	0.001	0.55
SP WMD >130 ms	2.12 (1.16–3.83)	0.01	1.71 (0.86–3.38)	0.12			0.59
Ts (lateral-septal) >65 ms	1.65 (0.93–2.90)	0.08					0.50
Sum of asynchrony >102 ms	0.91 (0.44–1.85)	0.73					
Combined SPWMD and Ts (lateral-septal)	2.53 (1.35–4.79)	0.004			2.19 (1.05–4.56)	0.03	AUC
SPWMD >130 ms		0.61		0.66		0.64	0.68
LV-PEP >140 ms		0.58		0.64		0.62	0.59
IMD >40 ms		0.50		0.62		0.61	0.55
DFT/RR <40%		0.70		0.46		0.56	0.60
12Ts-SD >34.4 ms		0.68		0.41		0.54	0.62
Ts (lateral-septal) >65 ms		0.49		0.66		0.59	0.60
Sum of asynchrony >102 ms		0.54		0.62		0.59	0.60

Abbreviations as in Tables 1, 2, 5.



Subanalyze MADIT-CRT Trial



2013 ESC Guidelines on cardiac pacing and cardiac resynchronization therapy

The Task Force on cardiac pacing and resynchronization therapy of the European Society of Cardiology (ESC). Developed in collaboration with the European Heart Rhythm Association (EHRA).

I LBBB with QRS duration >150 ms. CRT is recommended in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment. ^d	I A	IIa Non-LBBB with QRS duration >150 ms. CRT should be considered in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment. ^d	B
I LBBB with QRS duration 120–150 ms. CRT is recommended in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment. ^d	I B	IIb Non-LBBB with QRS duration 120–150 ms. CRT may be considered in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment. ^d	B
		III CRT in patients with chronic HF with QRS duration <120 ms is not recommended.	B

1) The goal of CRT should be to achieve BiV pacing as close to 100% as possible since the survival benefit and reduction in hospitalization are strongly associated with an increasing percentage of BiV pacing.

IIa

B

2) Apical position of the LV lead should be avoided when possible.

IIa

B

3) LV lead placement may be targeted at the latest activated LV segment.

IIb

B

1) Patients with HF, wide QRS and reduced LVEF:

IA) CRT should be considered in chronic HF patients, intrinsic QRS ≥ 120 ms and LVEF $\leq 35\%$ who remain in NYHA functional class III and ambulatory IV despite adequate medical treatment^d, provided that a BiV pacing as close to 100% as possible can be achieved.

IIa

B

IB) AV junction ablation should be added in case of incomplete BiV pacing.

IIa

B

2) Patients with uncontrolled heart rate who are candidates for AV junction ablation.

CRT should be considered in patients with reduced LVEF who are candidates for AV junction ablation for rate control.

IIa

B

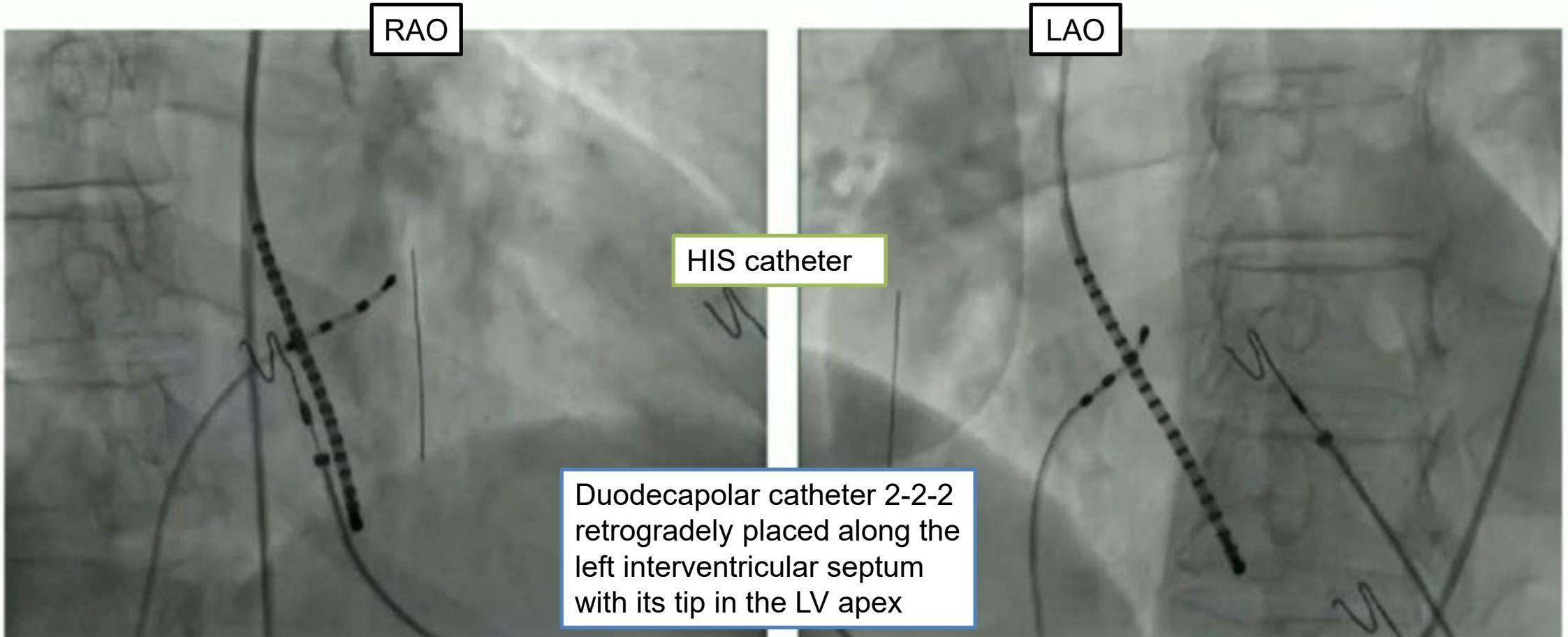
1. Sélection du patient pour la thérapie de resynchronisation cardiaque

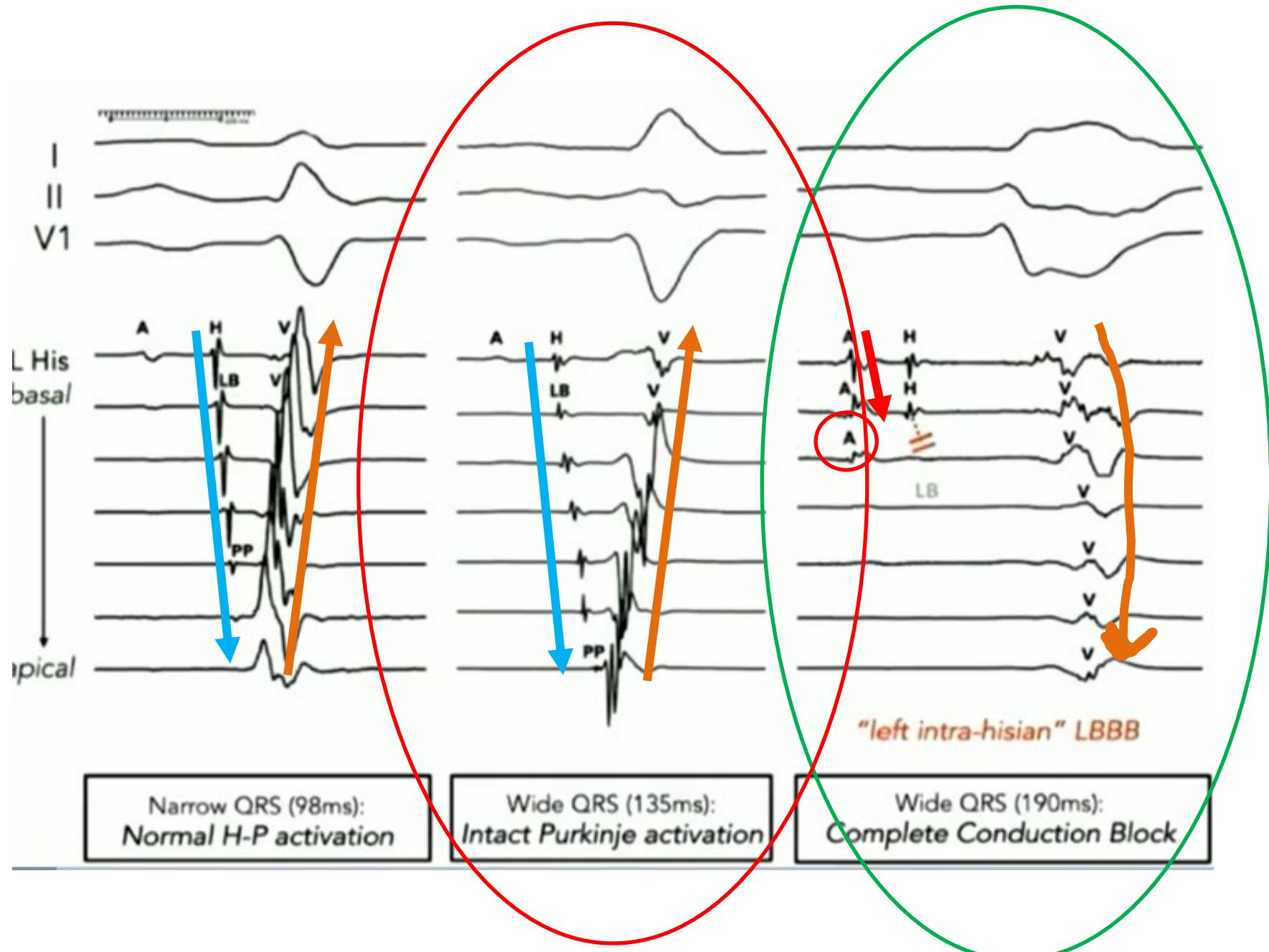
Quelle est la définition d'un bloc de branche gauche?



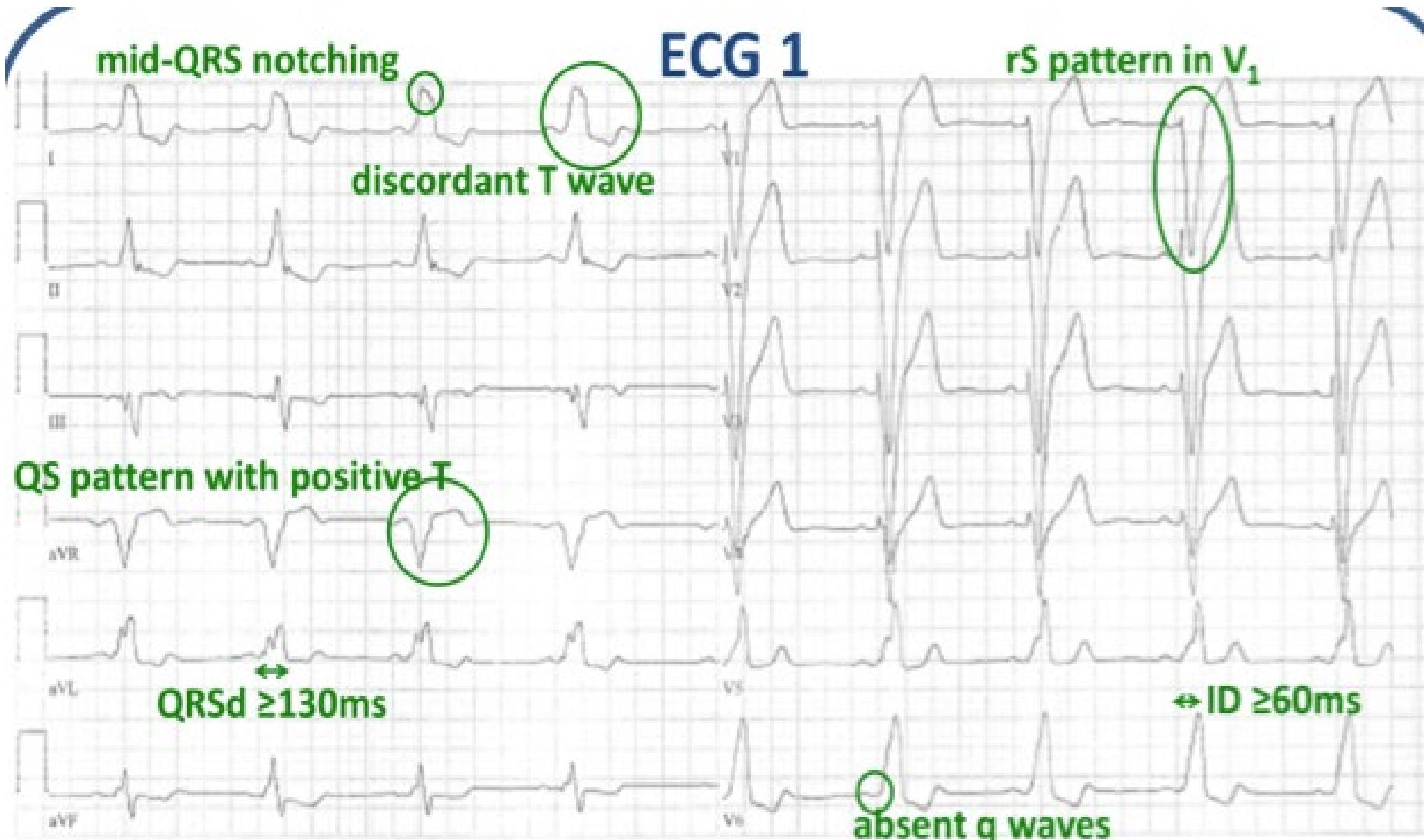
QRS \geq 120ms, notched/slurred R wave in I aVL V5 V6
Absent q wave in I V5 V6
R peak time >60ms in V5 and V6
ST and T wave usually opposite to the QRS

LBBB pattern does not necessarily mean LBBB

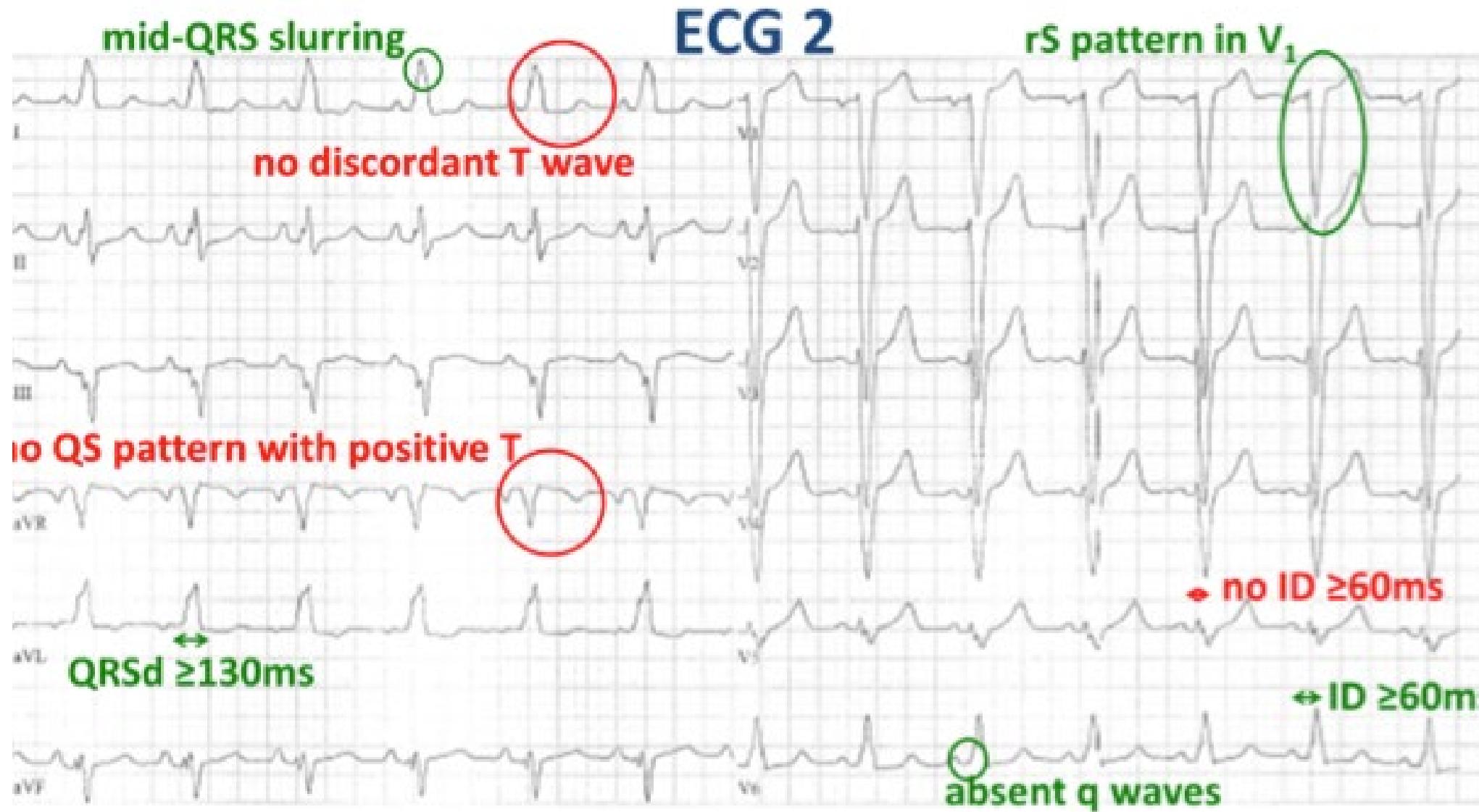




ECG parameter for complete LBBB	ESC	AHA	Strauss	MADIT	REVERSE
QRS duration ≥	120	120	□130 □140	130	120
QS or rS in V ₁	yes	yes	yes	yes	yes
Positive T in V ₁	yes	no	no	no	no
Normal ID R in V ₁ -V ₃	no	yes	no	no	no
ID R in V ₅ ≥60ms	no	yes	no	no	no
ID R in V ₆ ≥60ms	yes	yes	no	no	no
ID R in I ≥60ms	yes	no	no	no	no
Notch-/slurred R in I, aVL and V ₅ -V ₆	no	yes	no	no	no
Mid-QRS notch-/slurring in ≥2 leads of V ₁ -V ₂ , V ₅ -V ₆ , I, aVL	no	no	yes	no	no
RS pattern allowed in V ₅ -V ₆	no	yes	yes	yes	yes
Absent q in V ₅ -V ₆	no	yes	no	yes	yes
Absent q in I	no	yes	no	no	no
QS with positive T in aVR	yes	no	no	no	no
Usually discordant T	yes	yes	no	no	no

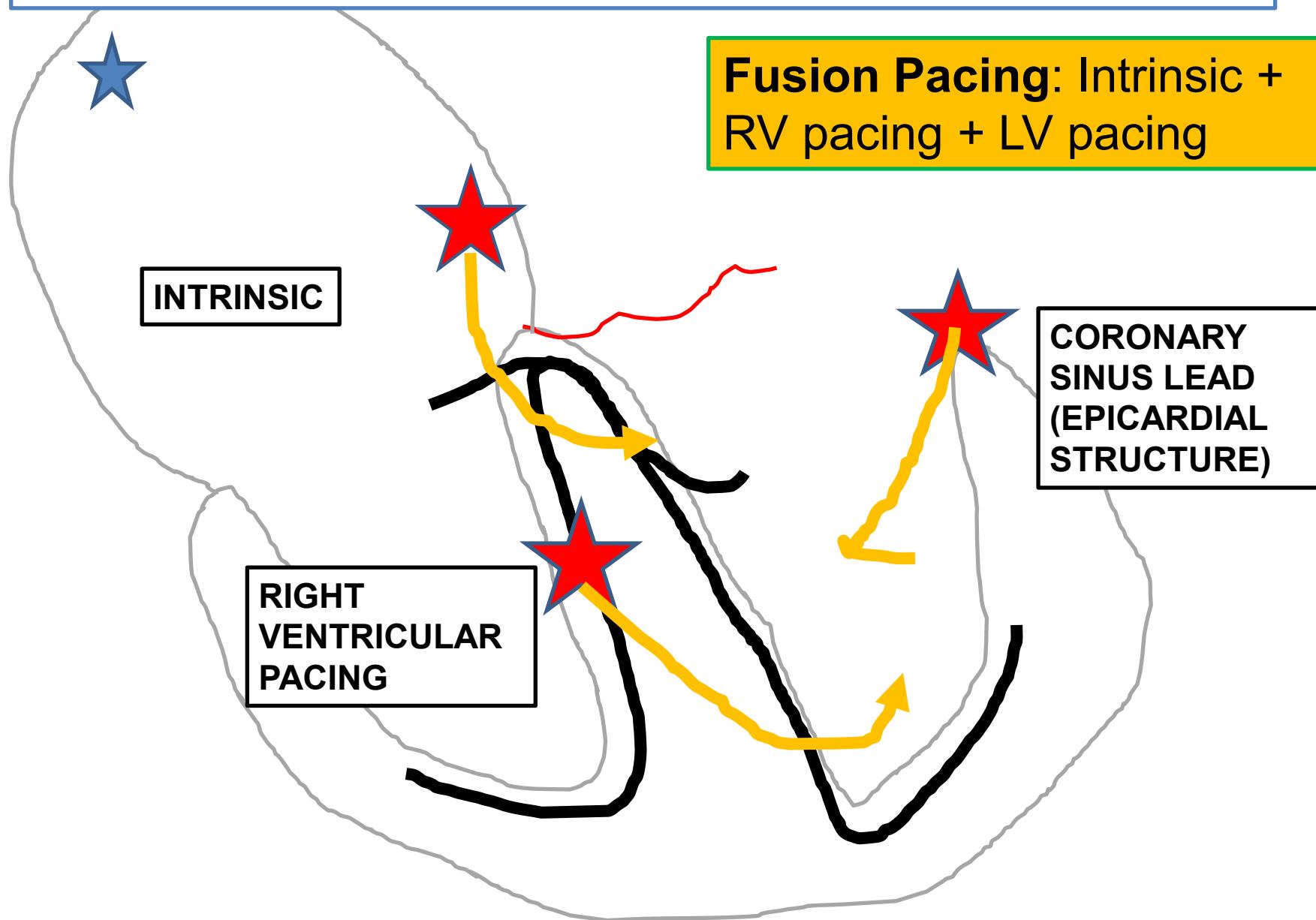


ECG 2

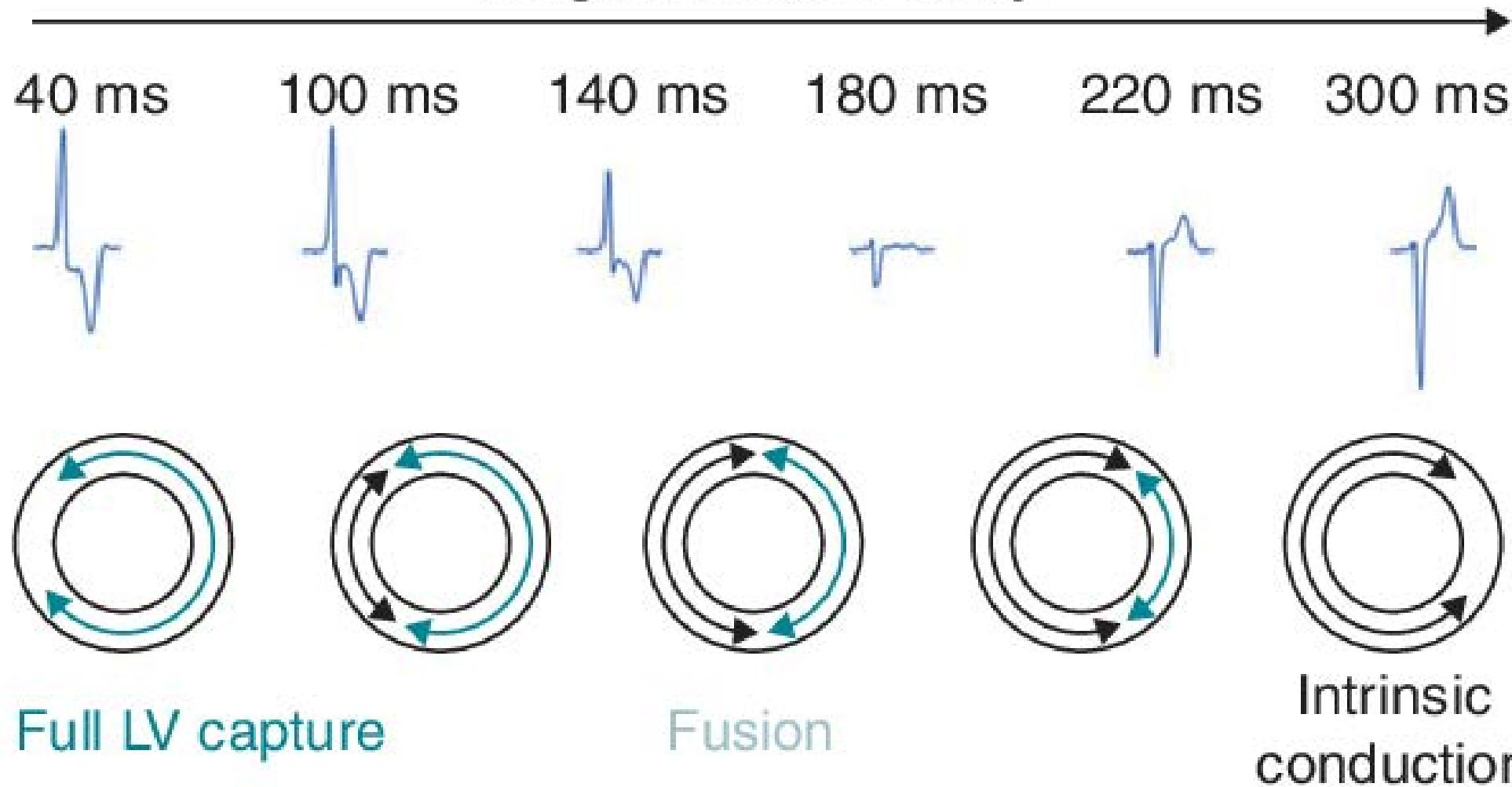


2. Sélection du bon appareil

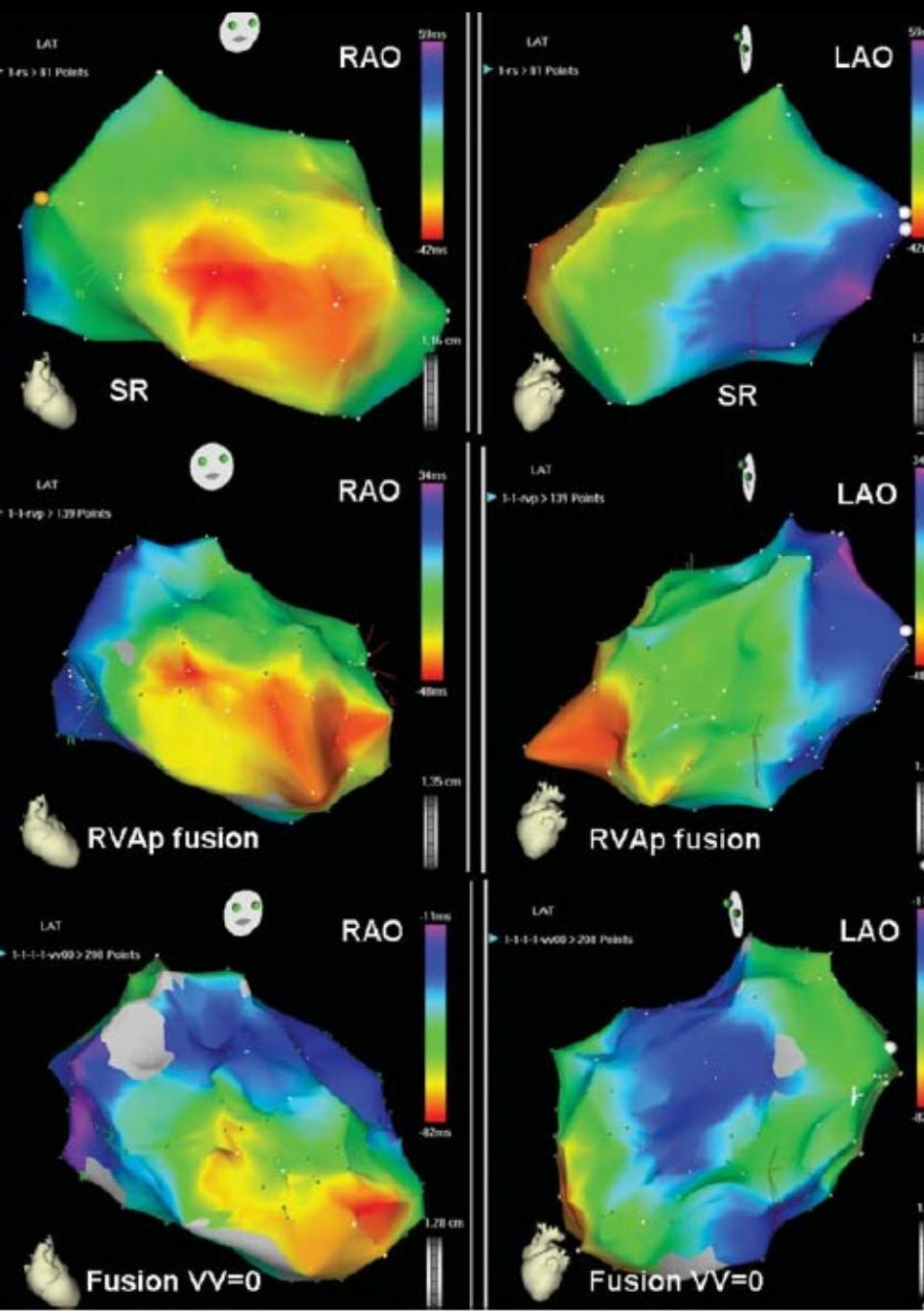
Situation 1. When there is an intrinsic ventricular rhythm



Programmed AV delay



AV optimization allowing CRT with fusion.

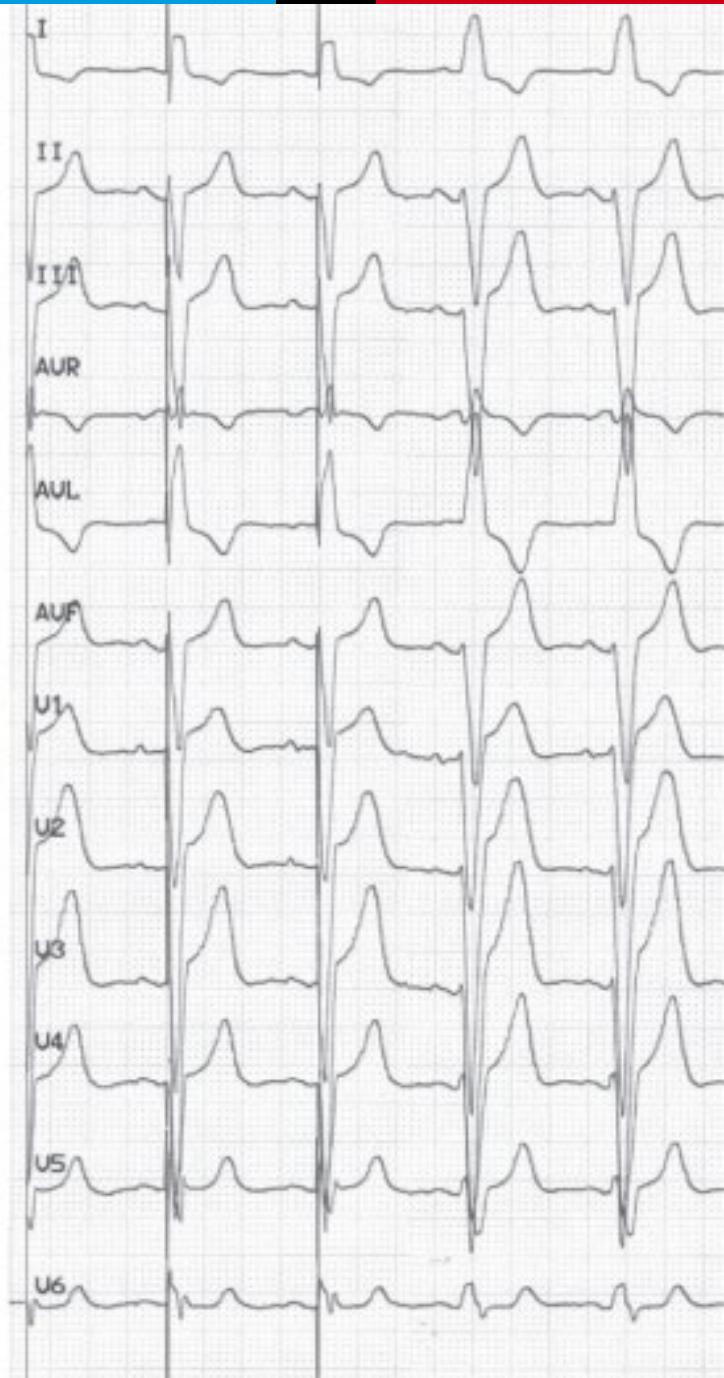


LBBB

Sinus rhythm with mid-septal breakthrough creating a very delayed postero-lateral activation with a long left ventricular activation time >100ms.

Right ventricular apex pacing with fusion with intrinsic depolarization = 2 septal breakthroughs and the anterolateral wall the most delayed, and shortening of the LVAT to 82ms

3 wavefronts: Intrinsic + RV pacing + LV pacing (coronary sinus lead): 2 septal breakthroughs with most delayed activation at intermediate positions and LVAT 71ms



- Ventricular fusion pacing using the **VVT (trigger) pacing mode**
- The first two beats show triggered biventricular pacing, synchronized to right ventricular sensing
- Last two beats show intrinsic rhythm with LBBB during temporary inactivation of the algorithm

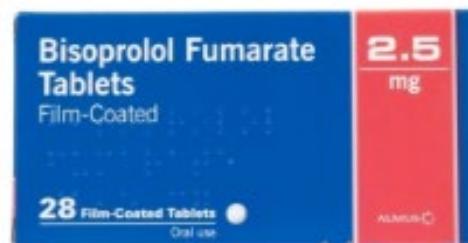
How and why may an individual's AV delay change?

Minutes or hours



Variation in Activity

Days or weeks

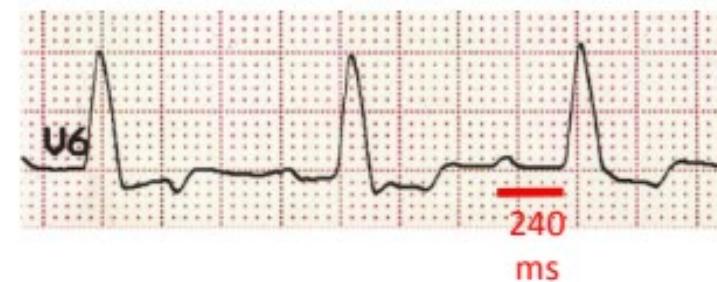


Change of Meds

Months or years



V6



V6

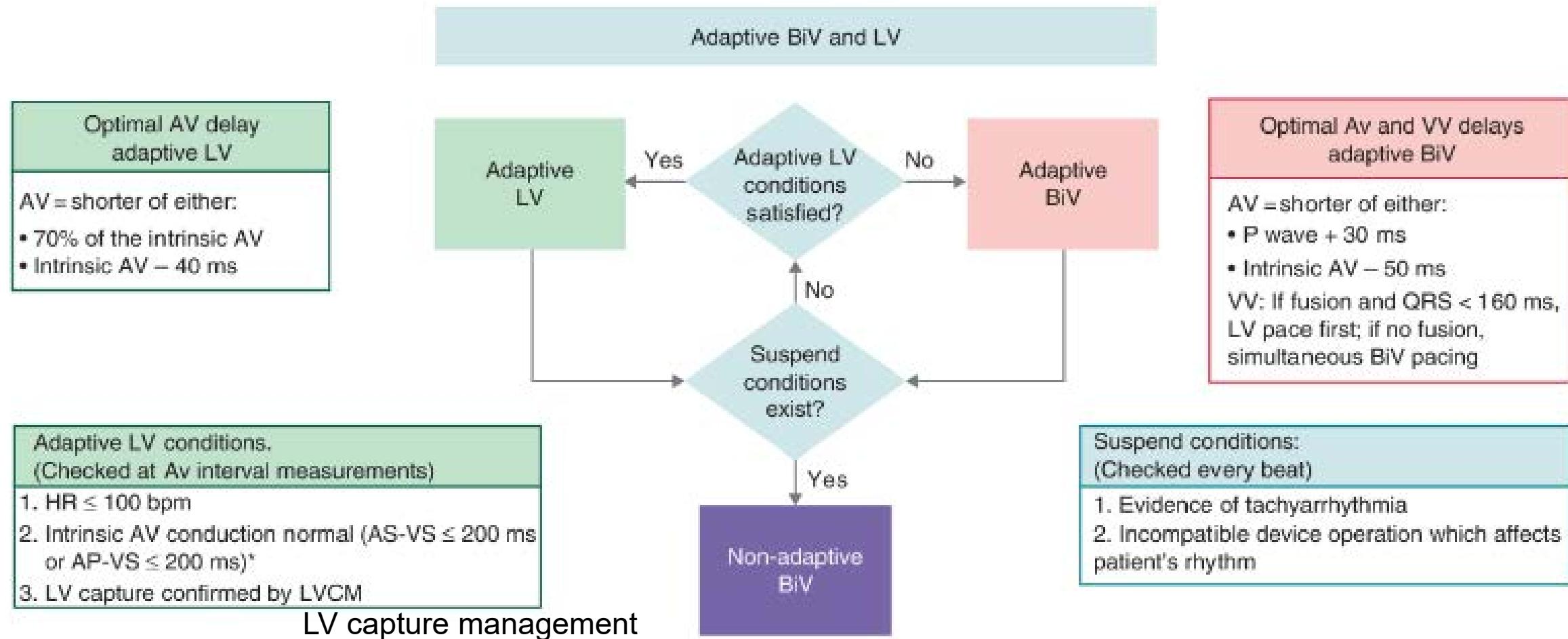
240

ms

240

ms

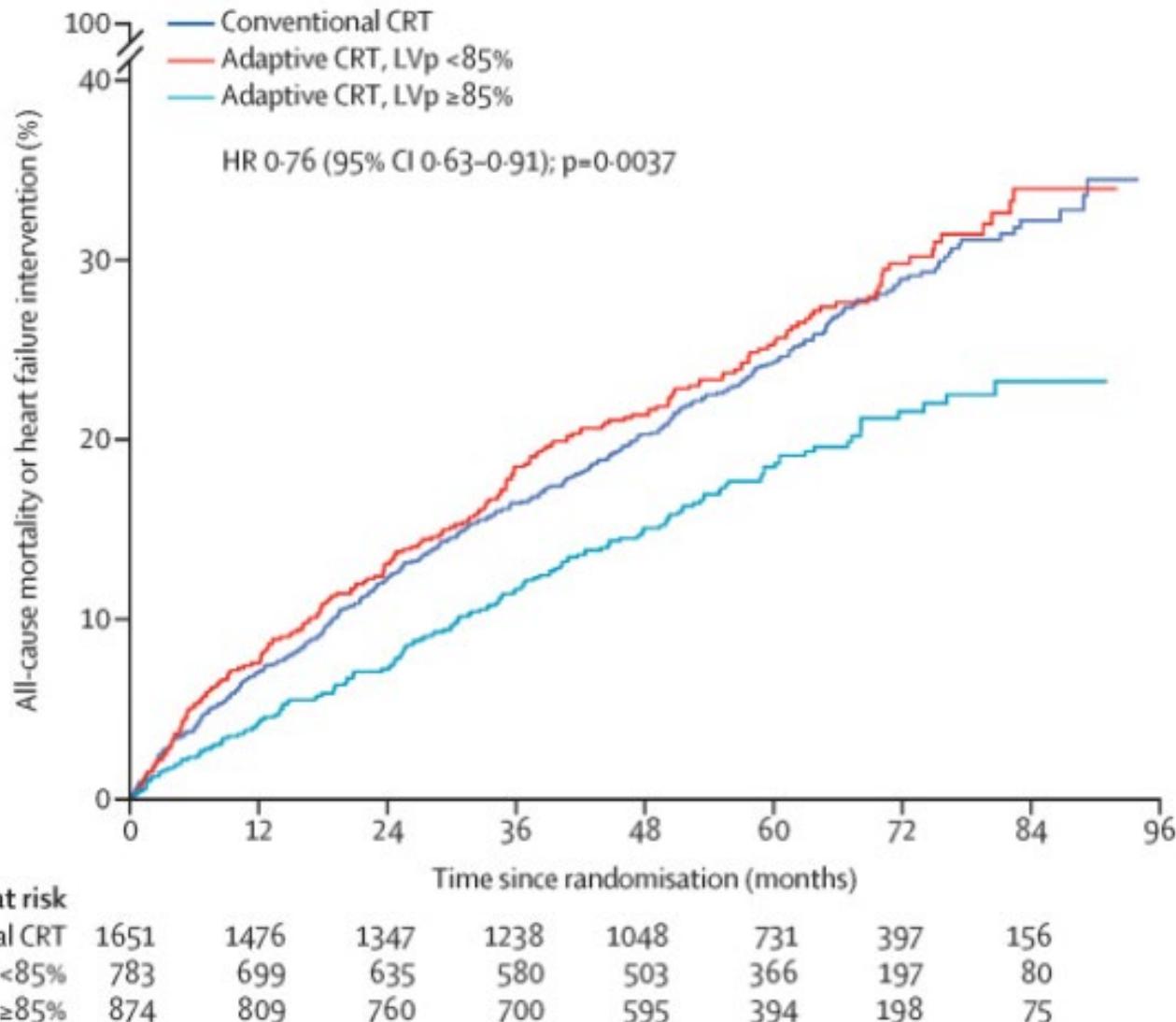
Disease Progression



- Adaptive LV algorithm measures the intrinsic AV conduction delay + p wave + QRS duration (far-field EGM) every minute for 1 beat (the QRS is measured 1x per 16 hours where no trigger pacing is performed)
- If intrinsic AV interval is normal and HR <100bpm, then optimized LV pacing with an AV delay of 70% of intrinsic is applied
- This results in fusion and is hemodynamically preferable. Otherwise BiV pacing is performed (pacing occurs 30ms after the end of the p wave, but at least 50ms before intrinsic QRS)

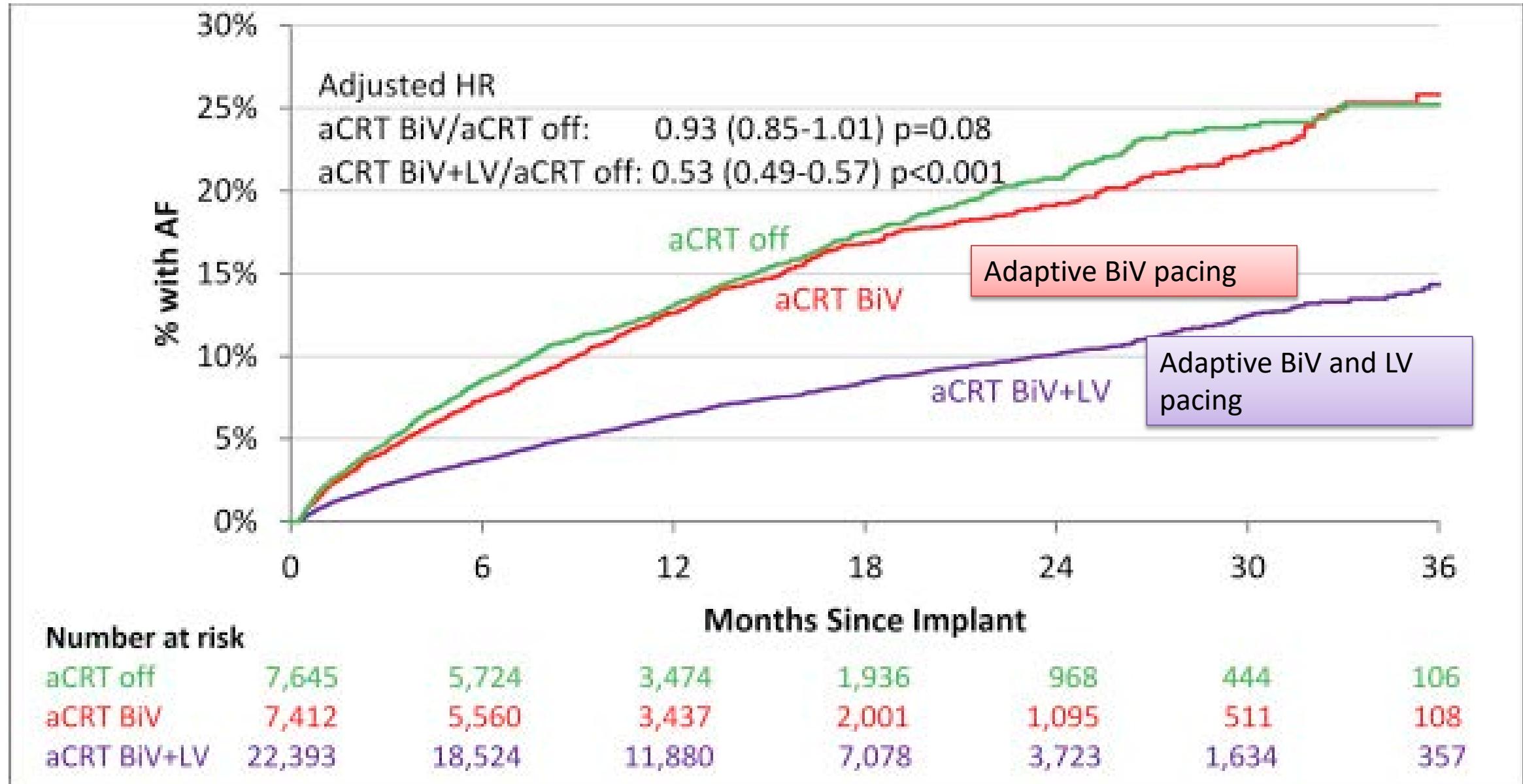
Medtronic: Adaptive BiV

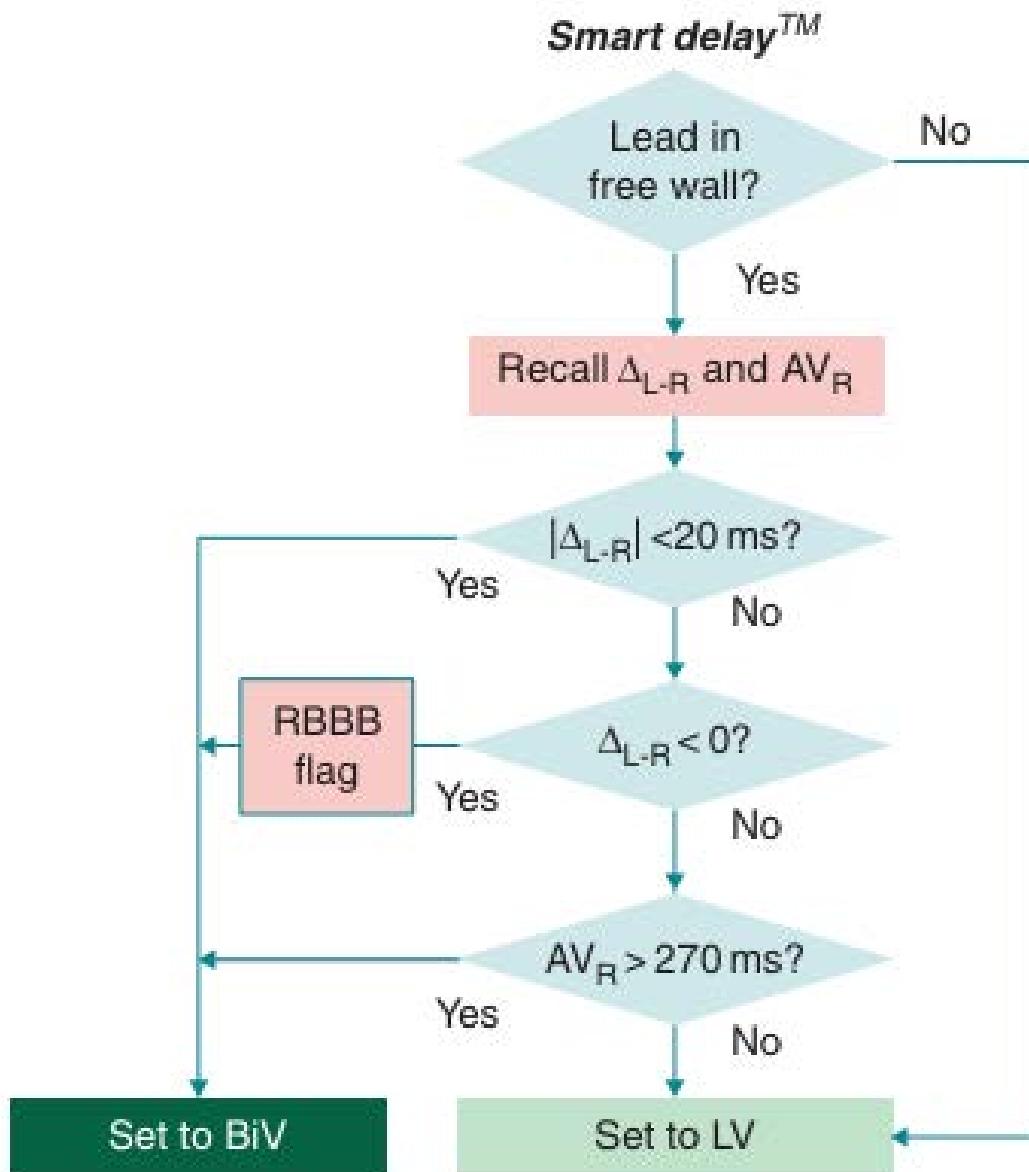
- Used primarily when the PR interval at baseline is <220ms



- AdaptResponse Trial 2023
- Adaptive CRT vs conventional CRT
- Patients with Strauss-LBBB (140ms male, 130ms female), EF<=35%, PR <=200ms, and sinus rhythm.
- 3617 pts
- Follow-up 59 months
- Excellent response to CRT
- Improvement with LV pacing >85%

Development of Atrial fibrillation less with Adaptive BiV and LV pacing



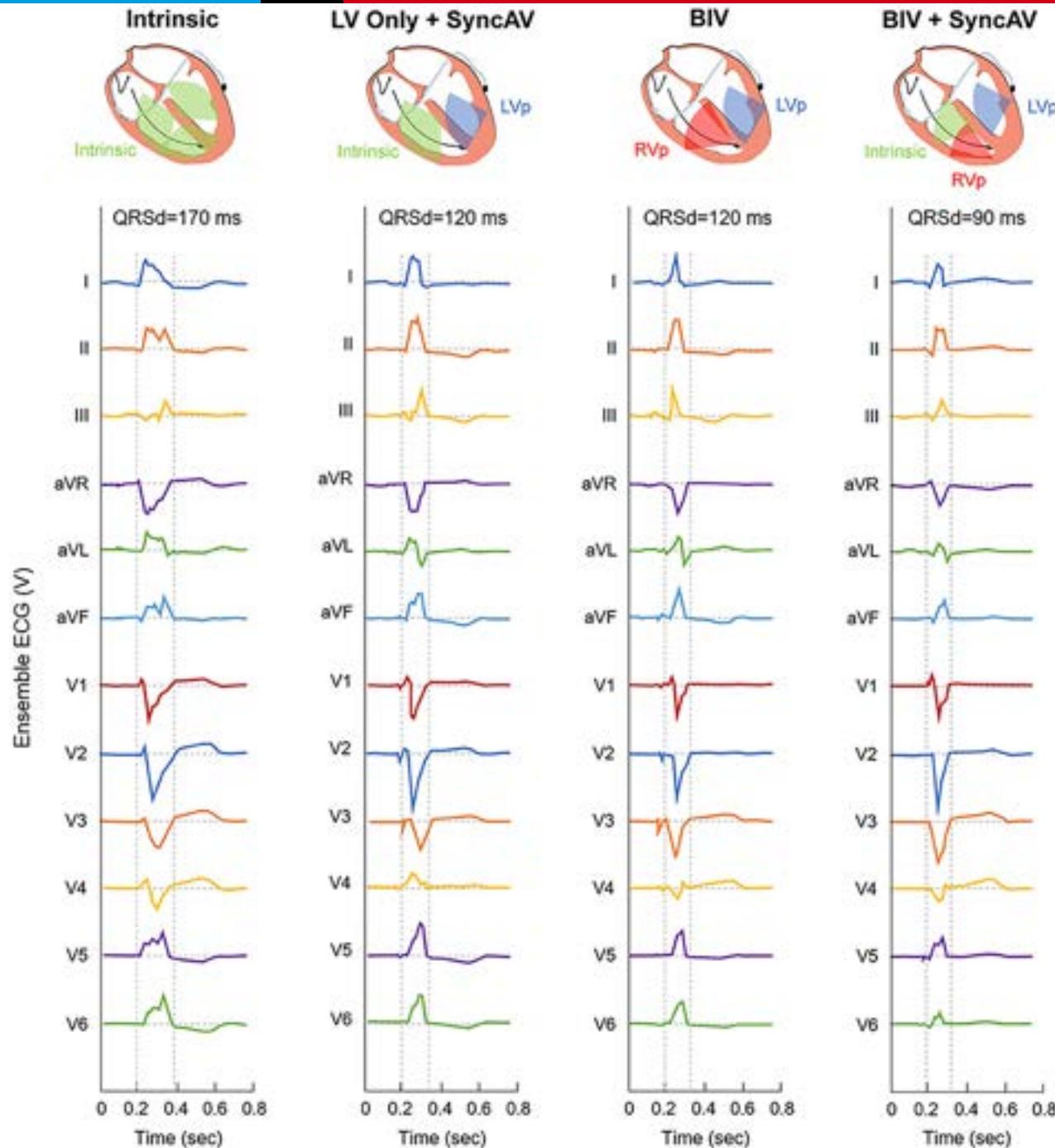


Smart Delay

Boston Scientific

Based on hemodynamic data from PaTH CHF II studies

- In-office only, measures intrinsic AV conduction time of RV and LV during atrial sensing and atrial pacing
- Algorithm recommends simultaneous BiV or LV pacing



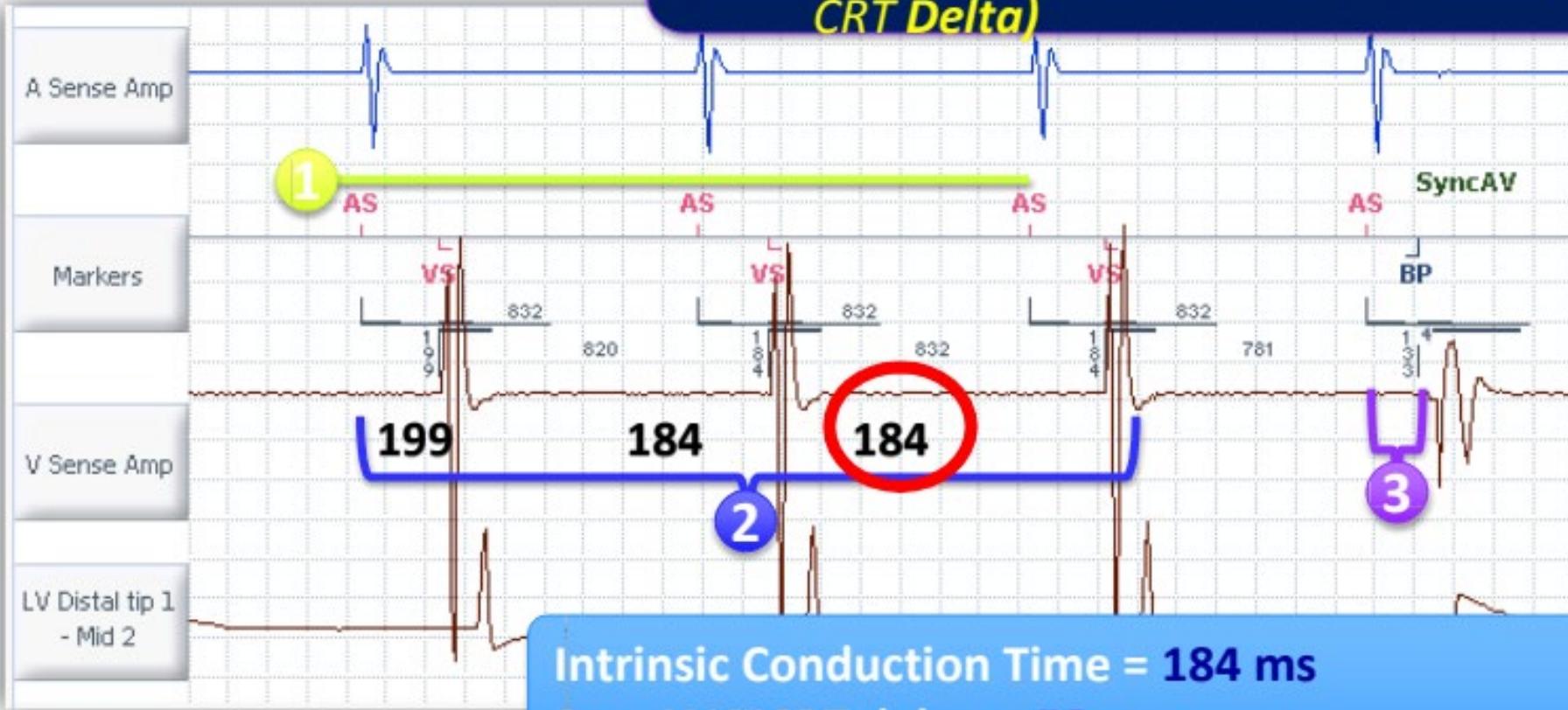
Sync AV

- Abbott
- Based on negative hysteresis algorithm that is already present in Abbott pacemakers

SyncAV™ CRT in action

SyncAV CRT adjusts the AV delay for the next 256 cycles using the following equation:

3
$$\text{AV}_{\text{Delay}} = (\text{Intrinsic Conduction Time}) - (\text{SyncAV CRT Delta})$$



Intrinsic Conduction Time = 184 ms

SyncAV™CRT delta = -50 ms

$\text{AV}_{\text{Delay}} \text{ w/ SyncAV™ CRT} = (184 - 50) = 134 \text{ ms}$

Sync AV CRT adjusts AV delay

1: Markers

2: A Sense Amp AutoGain (10,0 mm/mV)

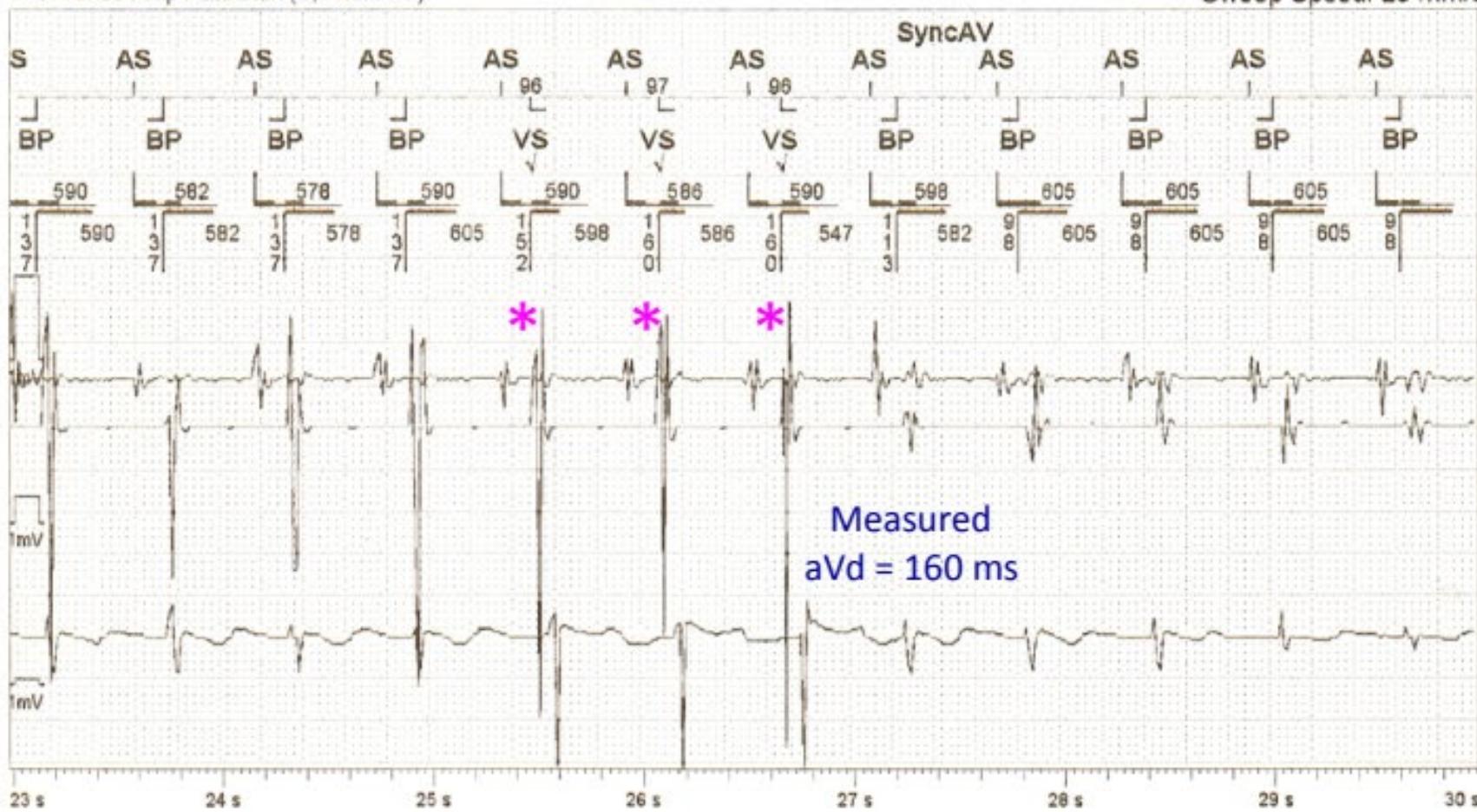
3: V Sense Amp AutoGain (3,3 mm/mV)

4: LV Distal tip 1 - Mid 2 AutoGain (1,0 mm/mV)

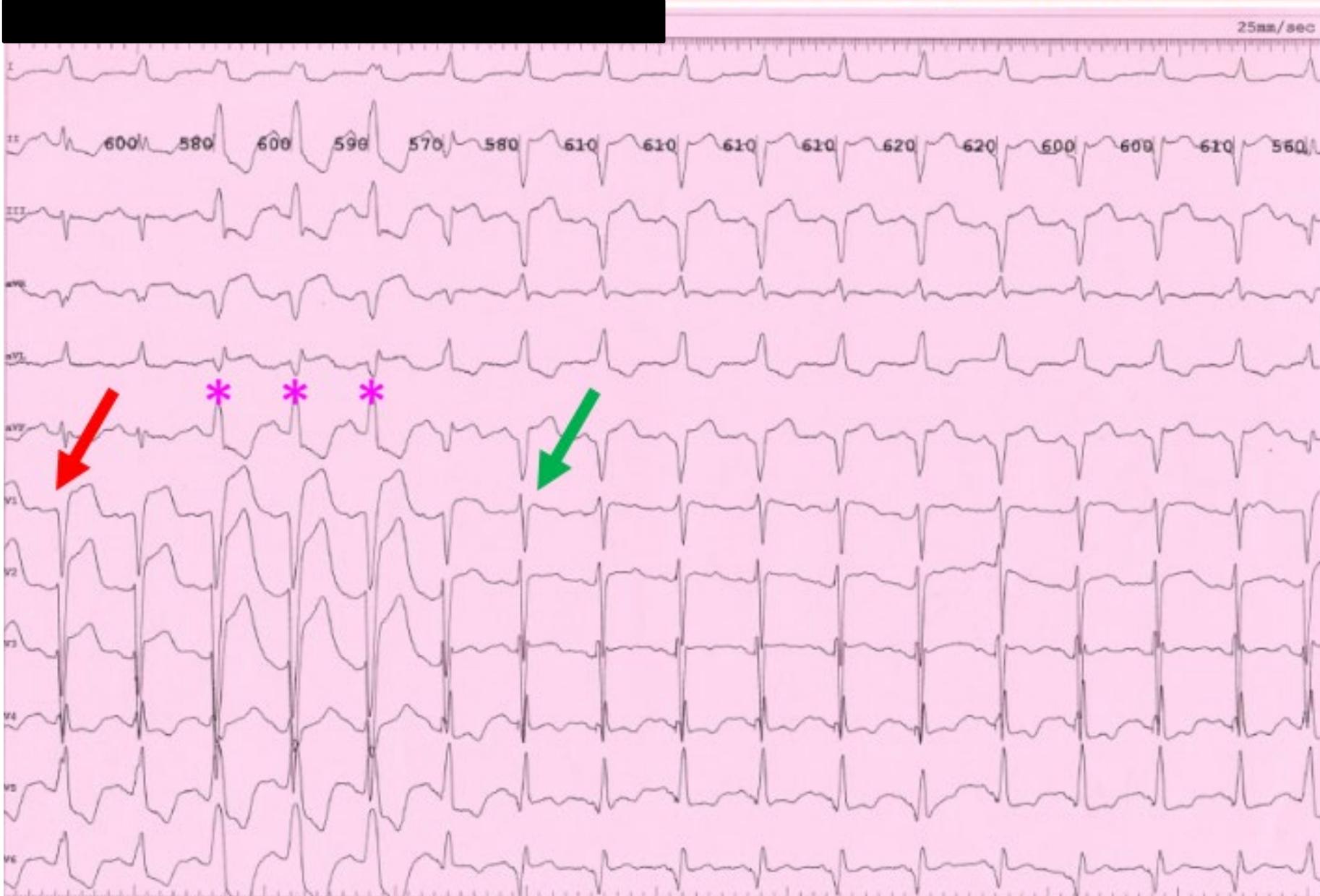
Sweep Speed: 25 mm/s

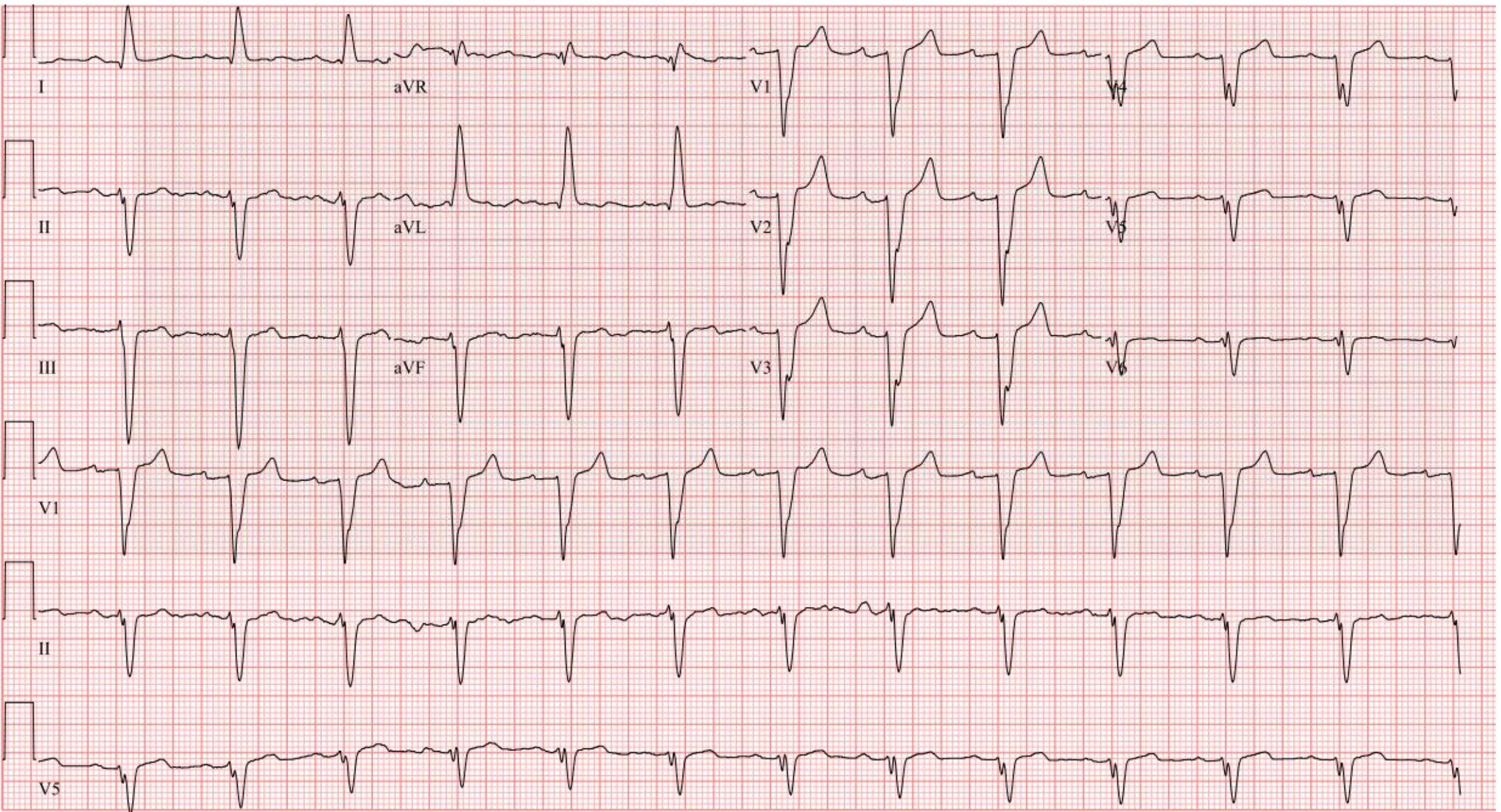
Pre AVd =
137ms

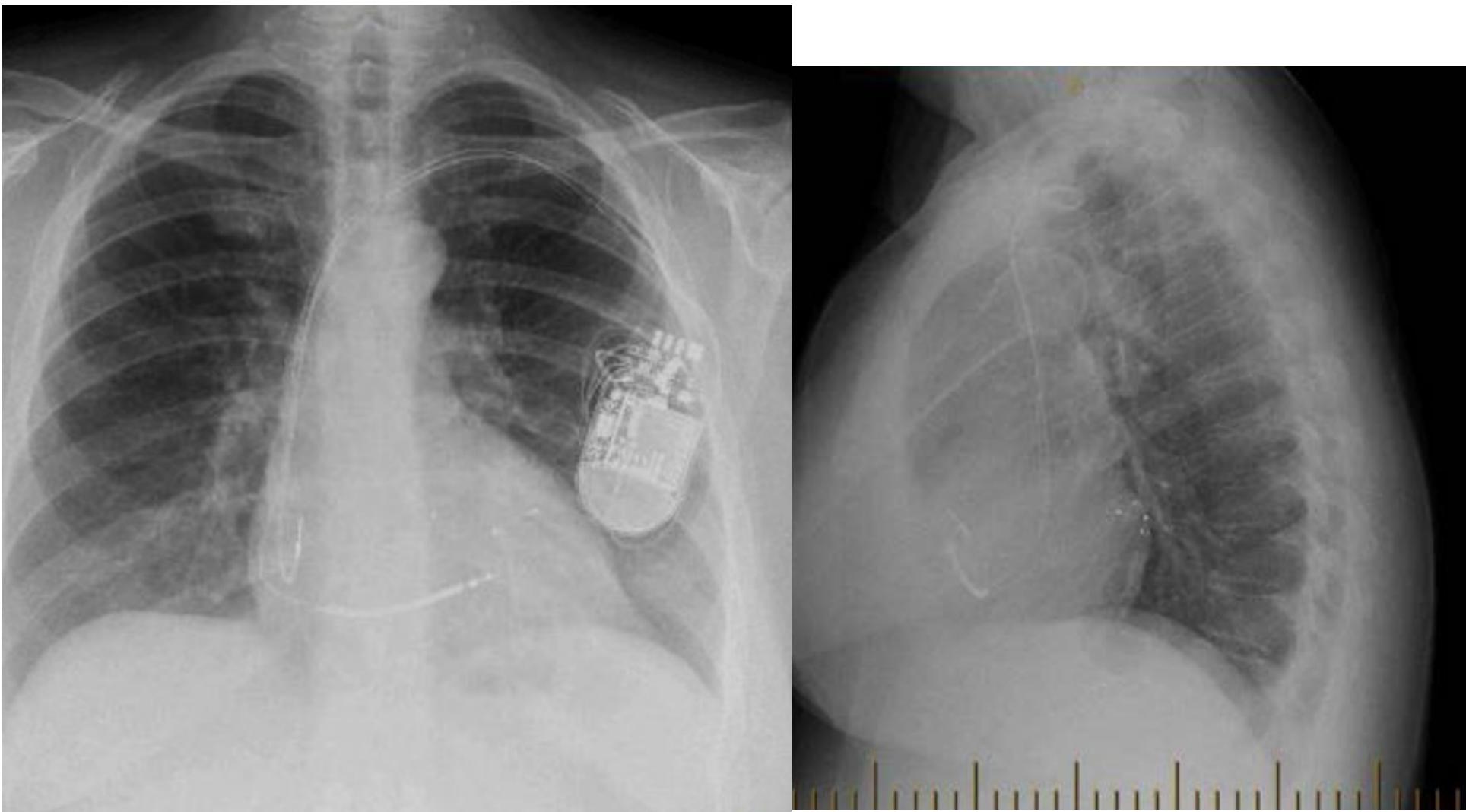
Post AVd =
98ms



QRS narrows and R wave reappears in V1





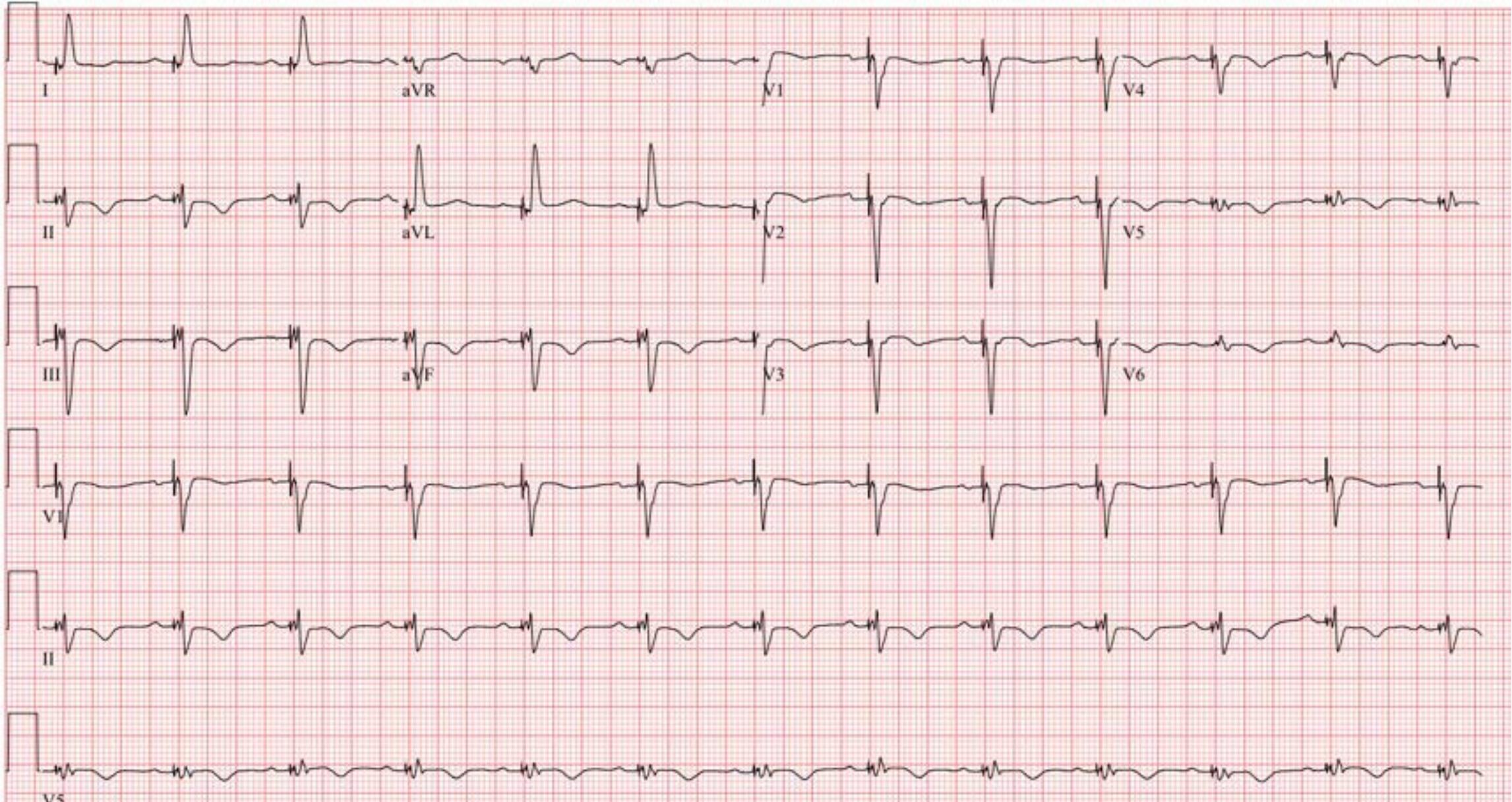


COMMENT:SYNC AV -30

COMMENT:LV -30

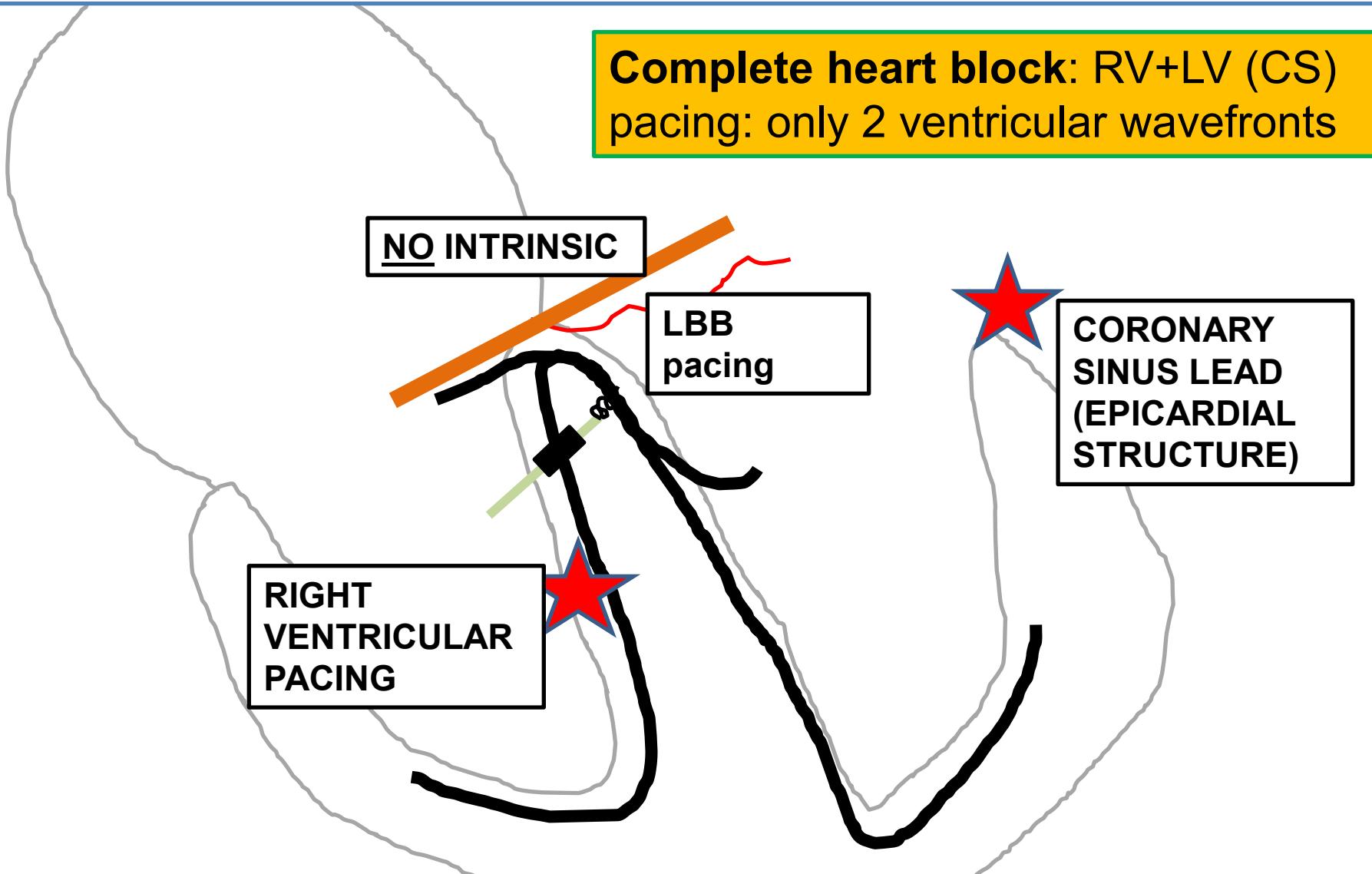
Referred by: DR JULIA

Reviewed by: DAVID KUSHNER MD



AV optimization, with LV occurring 30ms prior to RV: Abbott Device

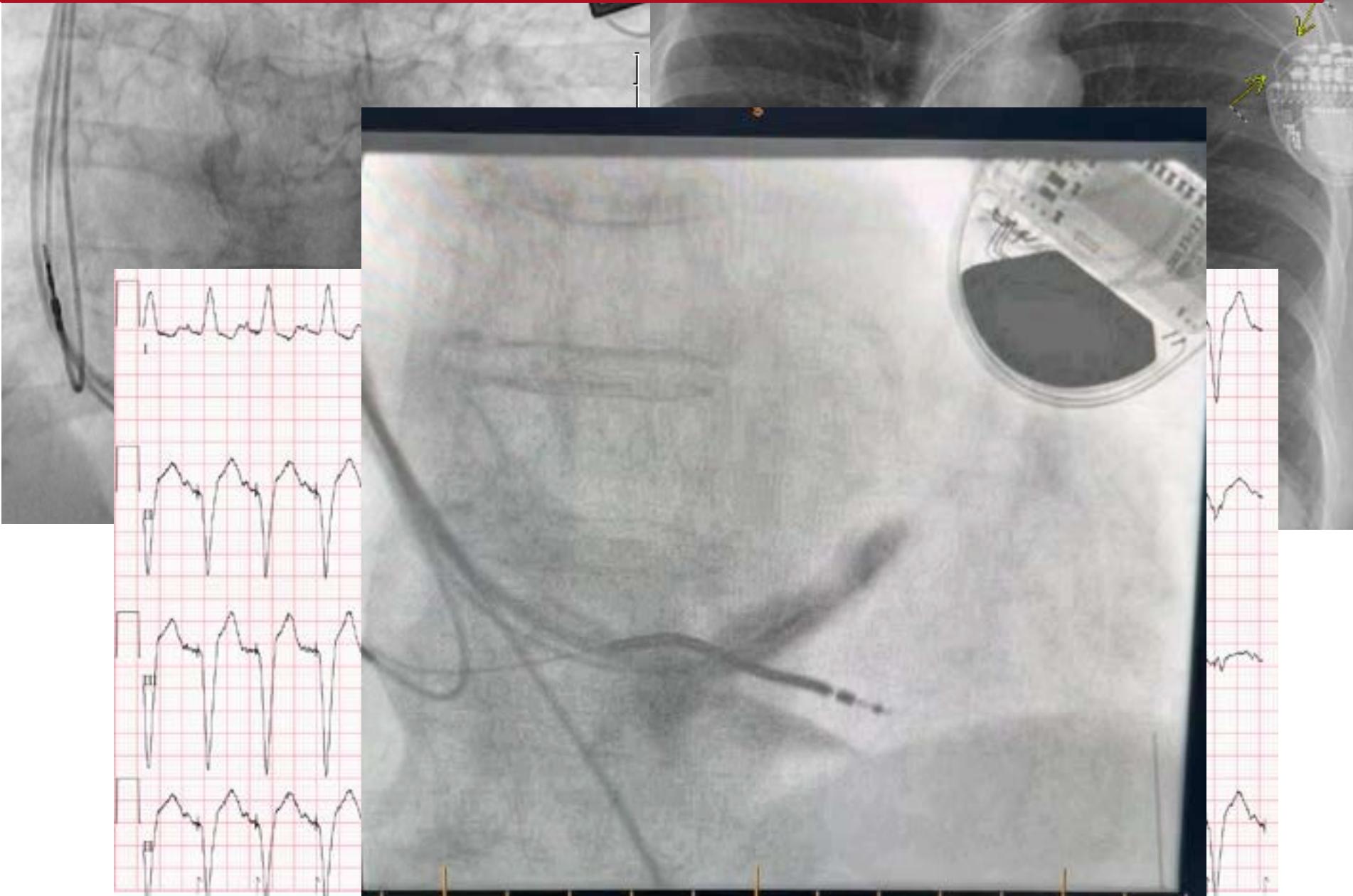
Situation 2. When there is NO intrinsic ventricular rhythm. Ie. Heart Block



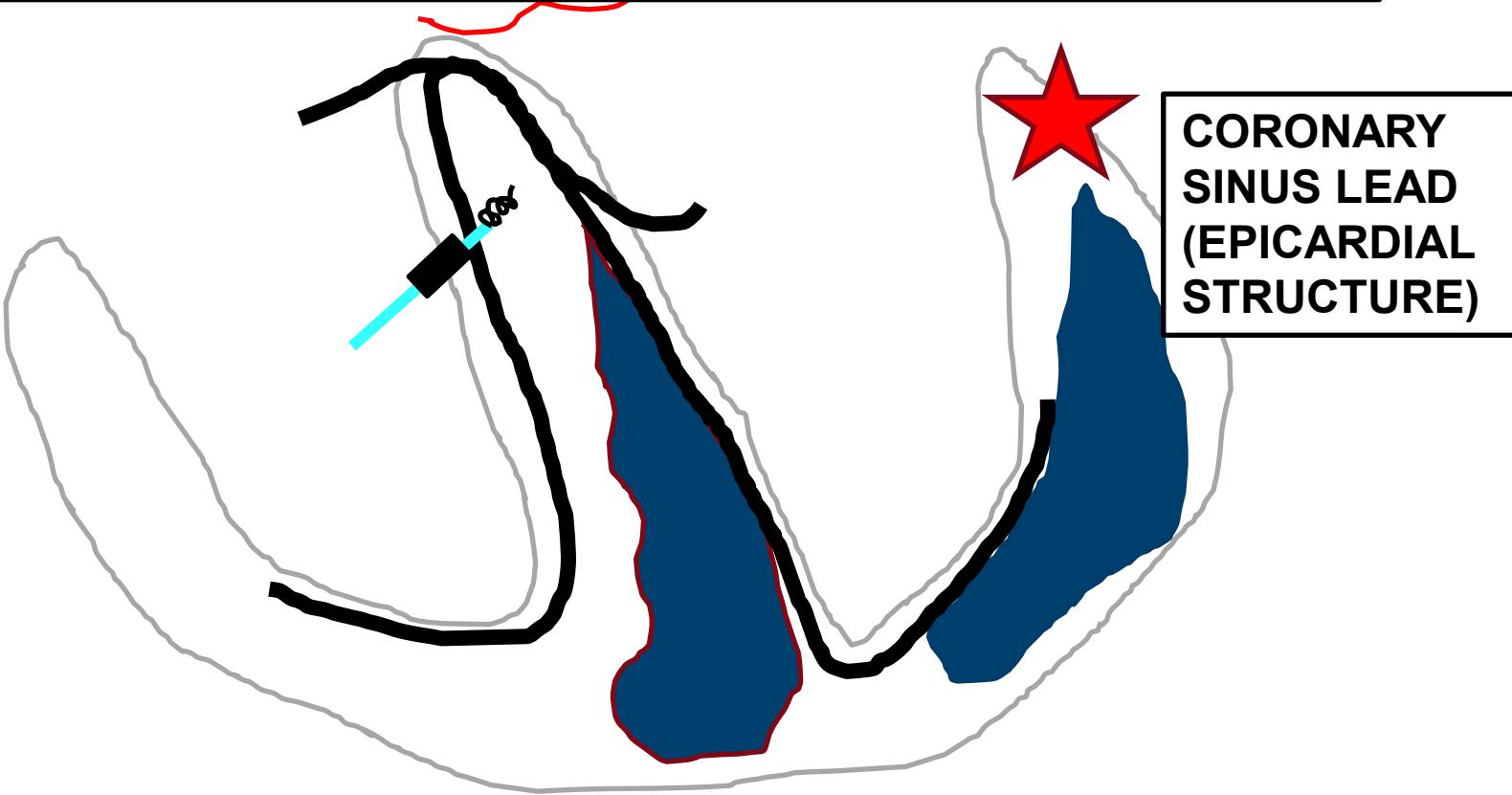
"Up to 1/3rd of CRTs do not improve after biventricular pacing".

- Non-response is not necessarily a failure of CRT, but of appropriate patient selection

Other situations where coronary sinus lead may not be ideal:
anatomical concerns (lack of appropriate branch), presence of scar..

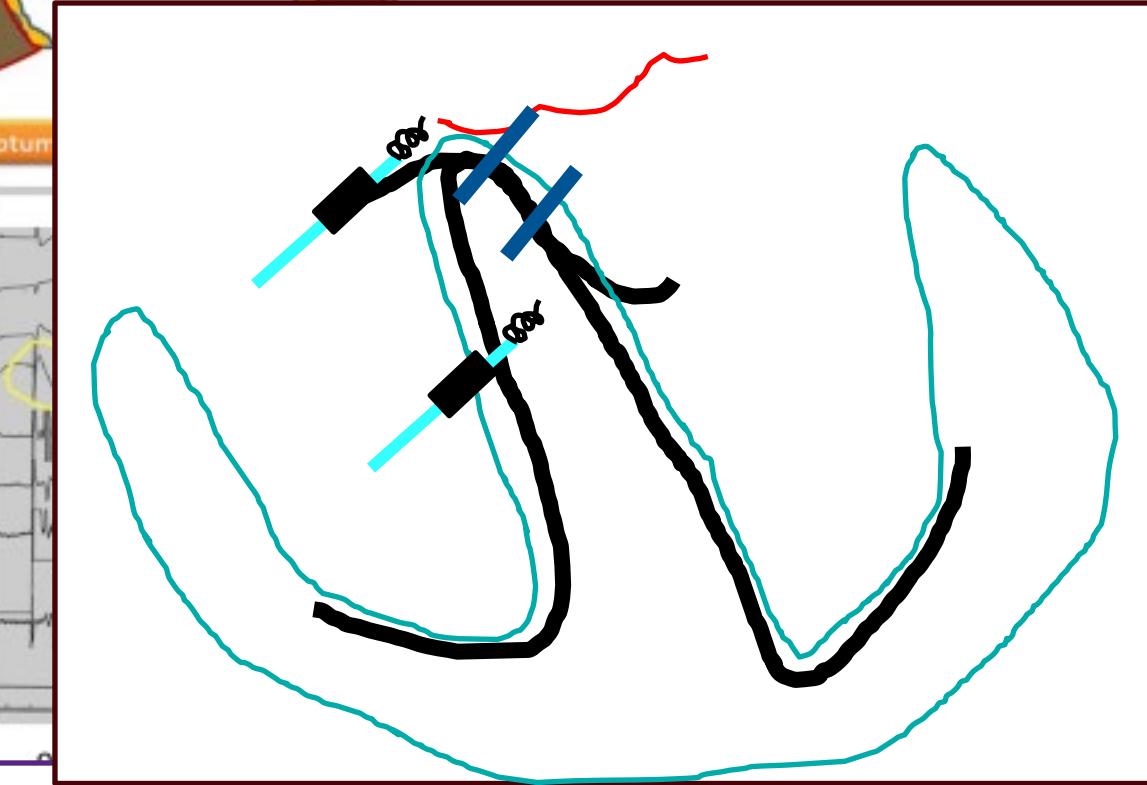
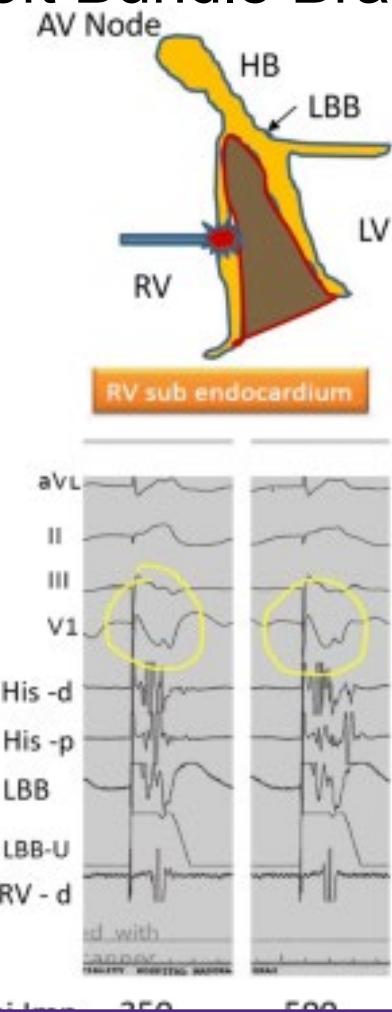
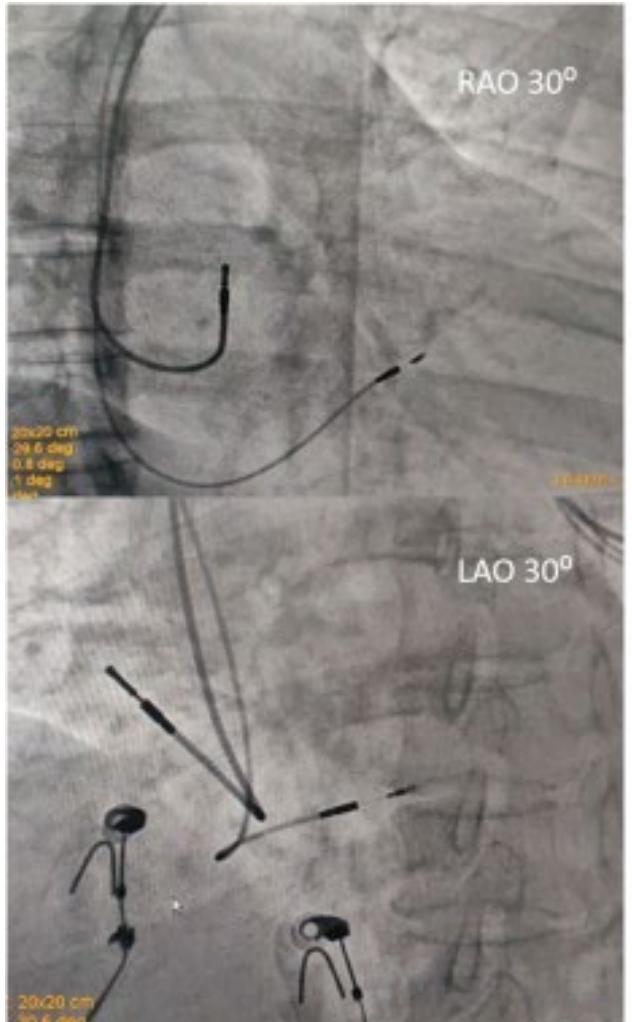


Inappropriate patient selection: IVC – not an electrical disease, but distal pathology or myopathy leading to dysregulated ventricular activation



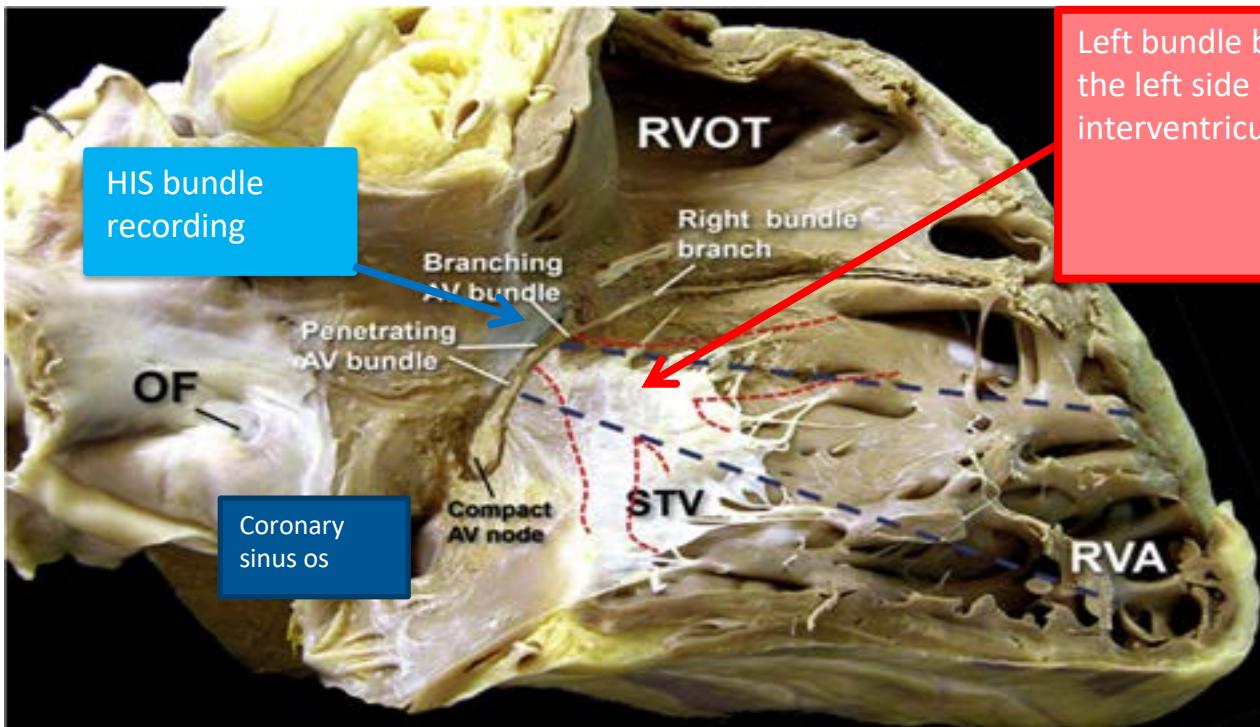
Patients may benefit from CRT
No potential benefit from conduction system pacing

Left Bundle Branch Pacing: 1st case report in 2017

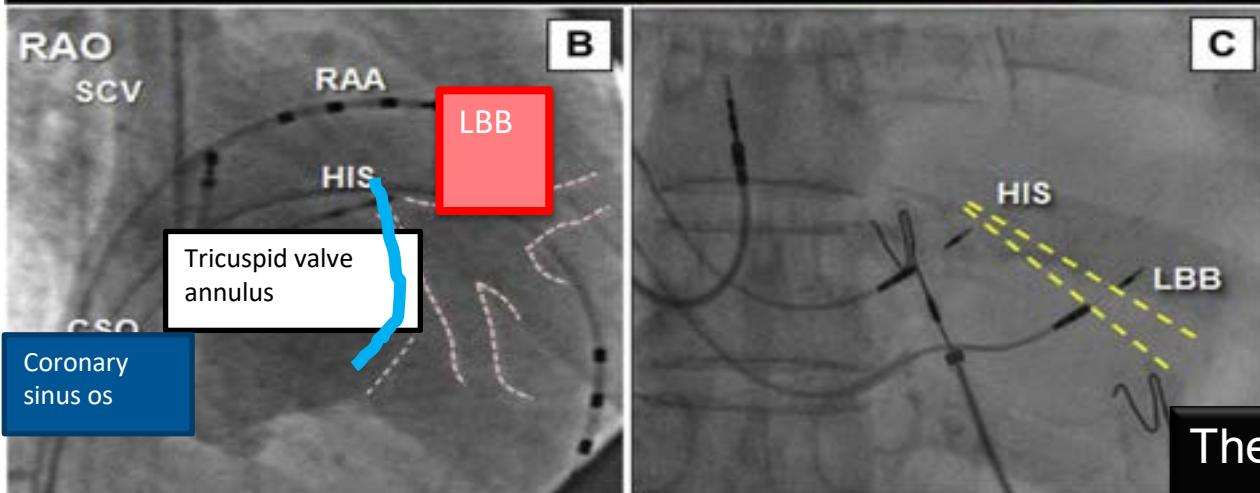
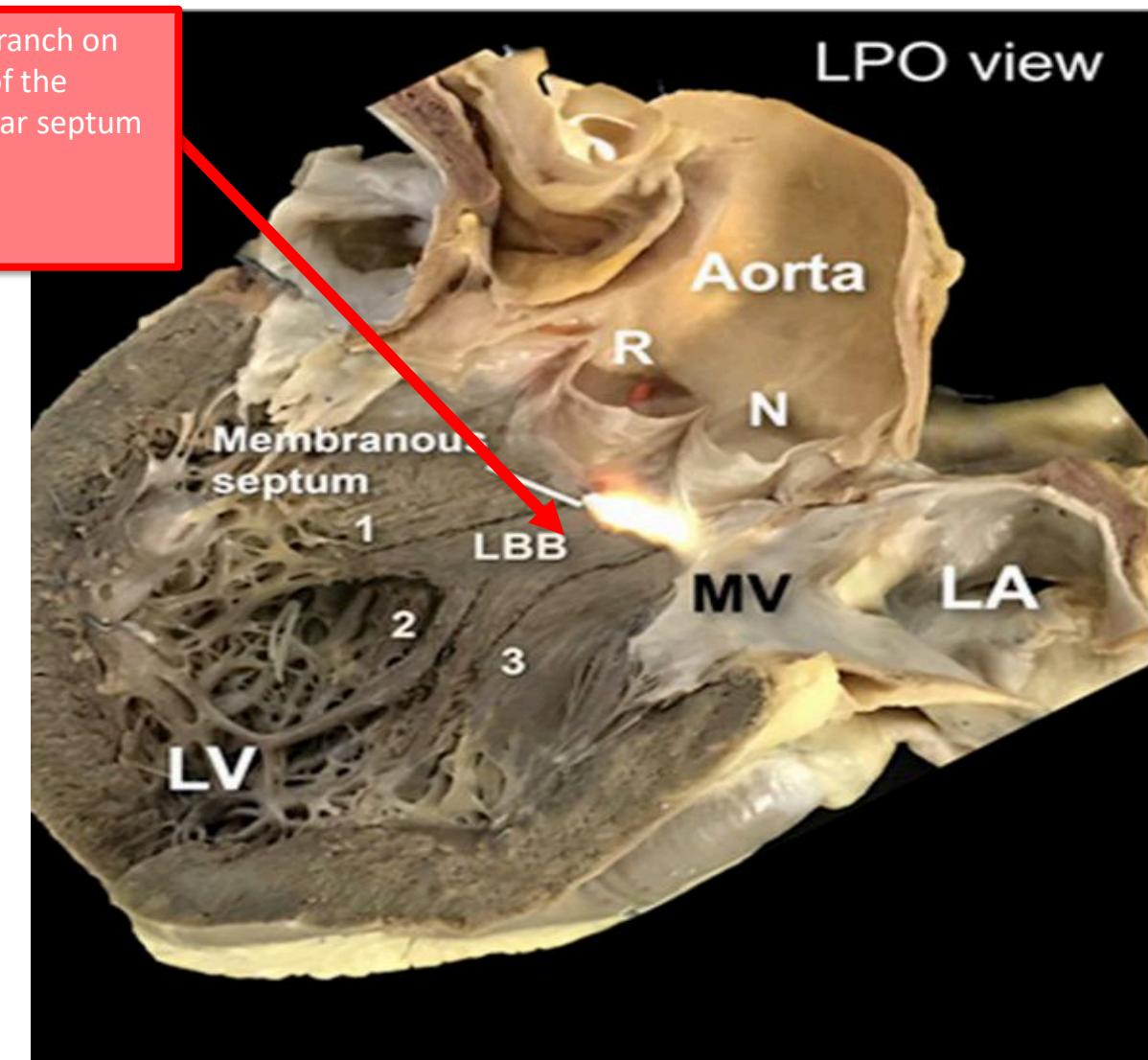


What about HIS Bundle Pacing?

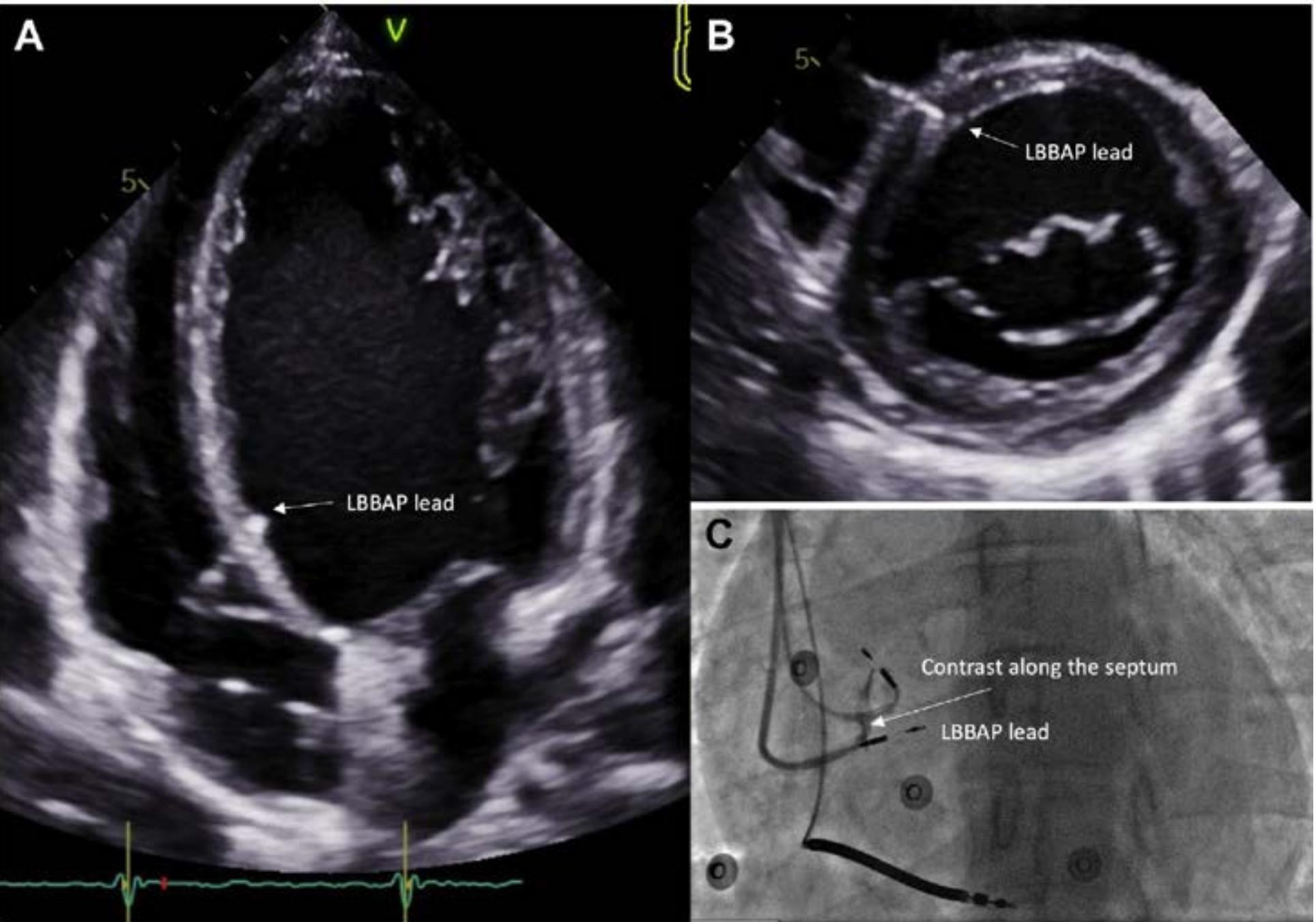
- Still being performed in highly experienced centers
- Concern for development of block distal to the HIS pacing lead, increasing thresholds over time, frequent need for back-up RV apical pacing



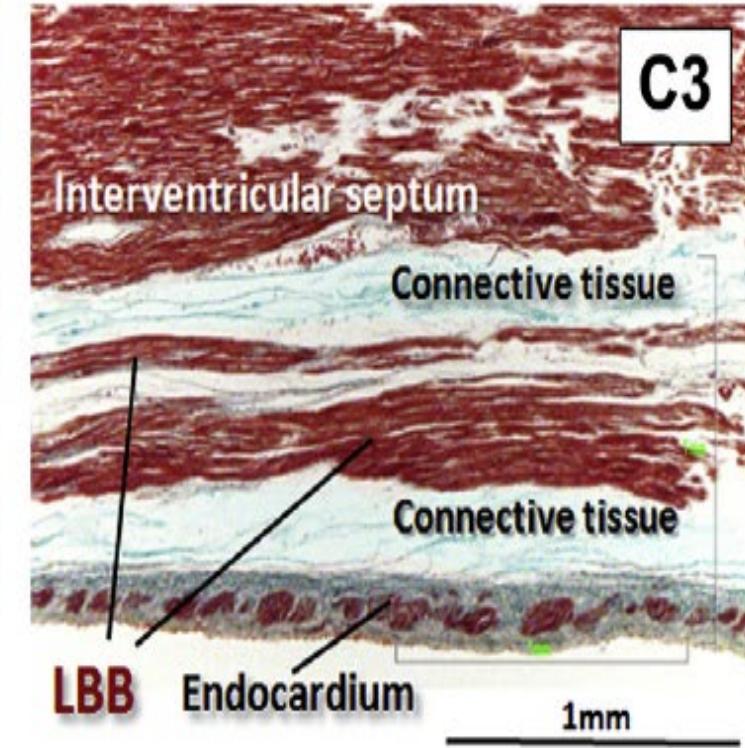
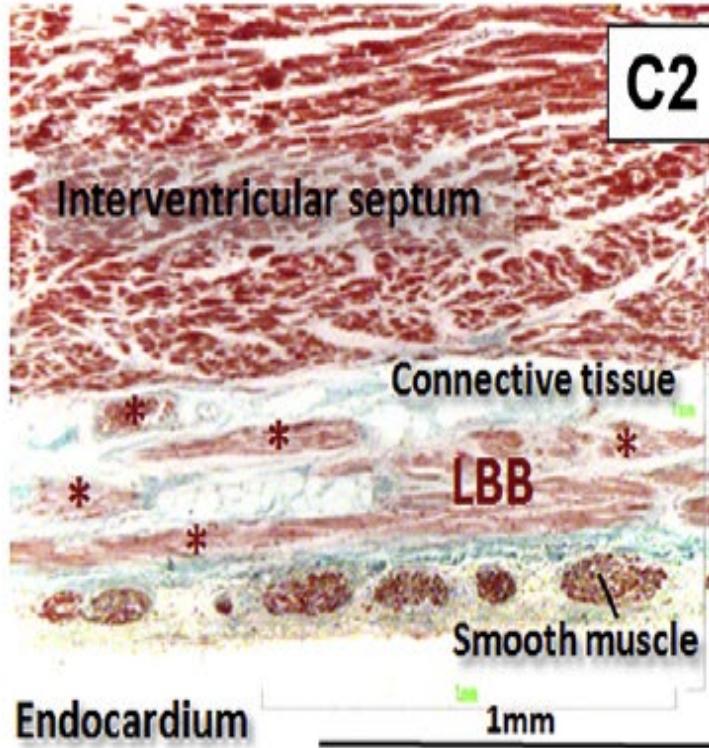
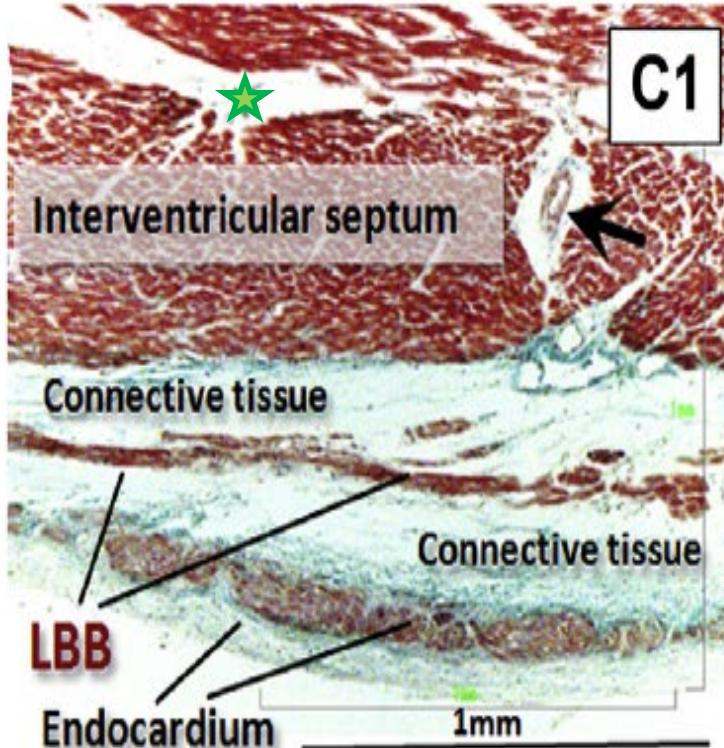
Left bundle branch on the left side of the interventricular septum



The relationship with a His pacing lead: Left bundle pacing lead is typically 1-1.5mm further distally along the septum



The thickness of the LBB is highly variable = variability in 'implant success'

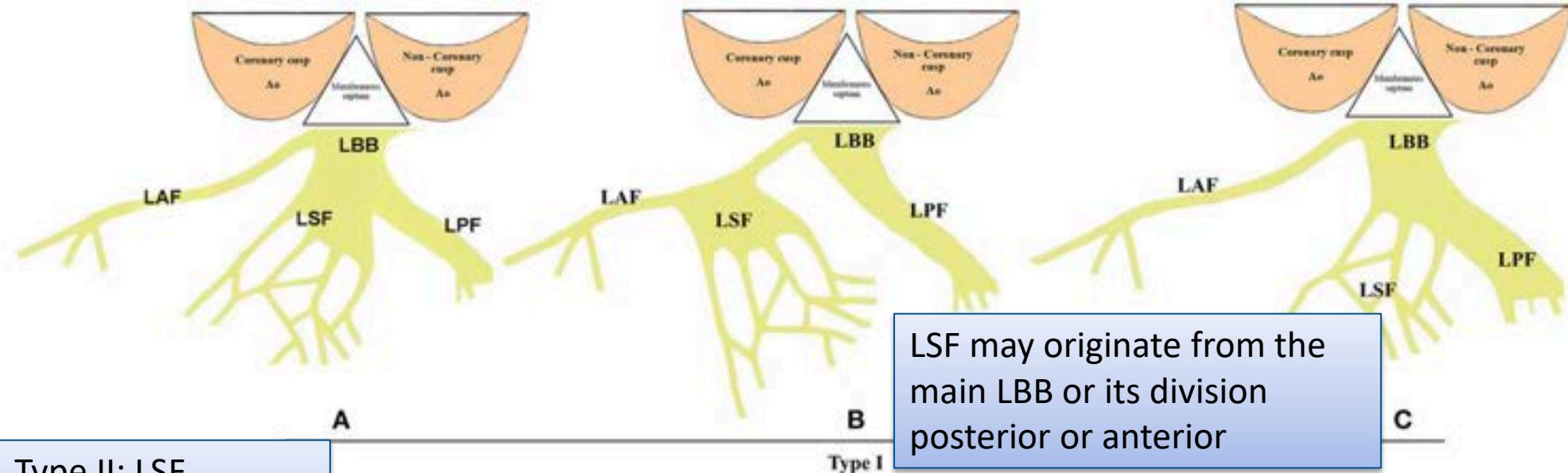


C1: very small LBB

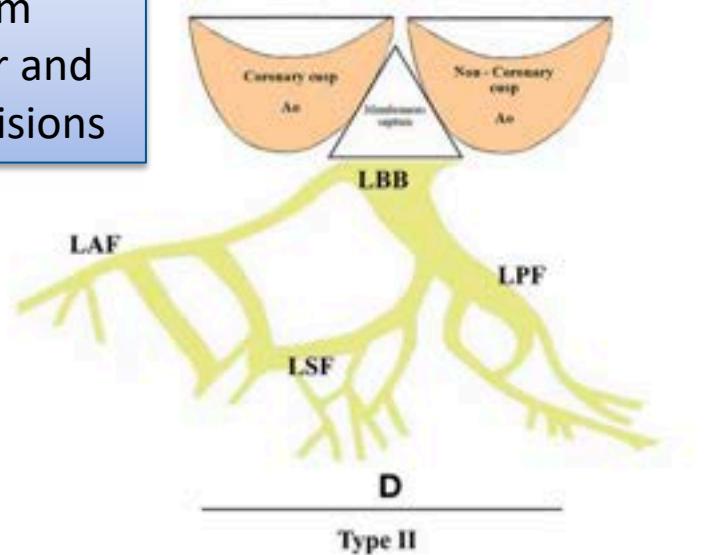
C3: very large LBB

Endocardium has smooth muscle cells in its thickness and surrounding the LBB there is connective tissue of variable thickness.

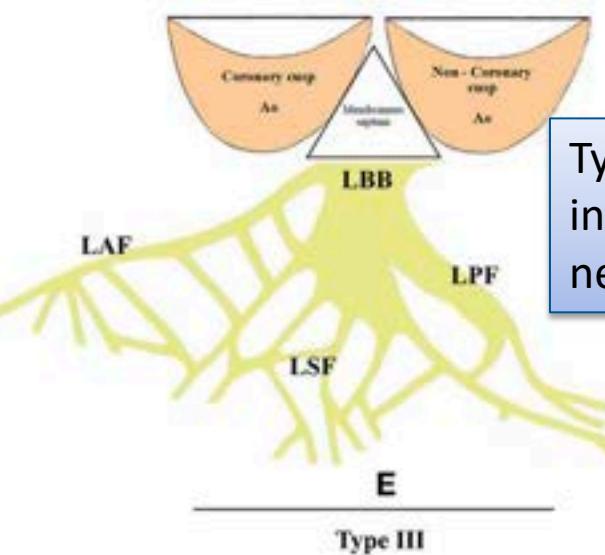
Green star in C1= fibrous tissue; black arrow = septal artery



Type II: LSF branches from both anterior and posterior divisions



Type II



Type III

LSF may originate from the main LBB or its division posterior or anterior

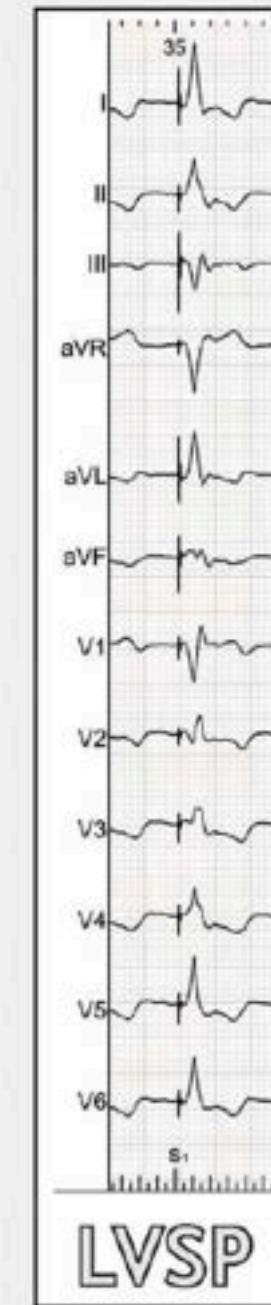
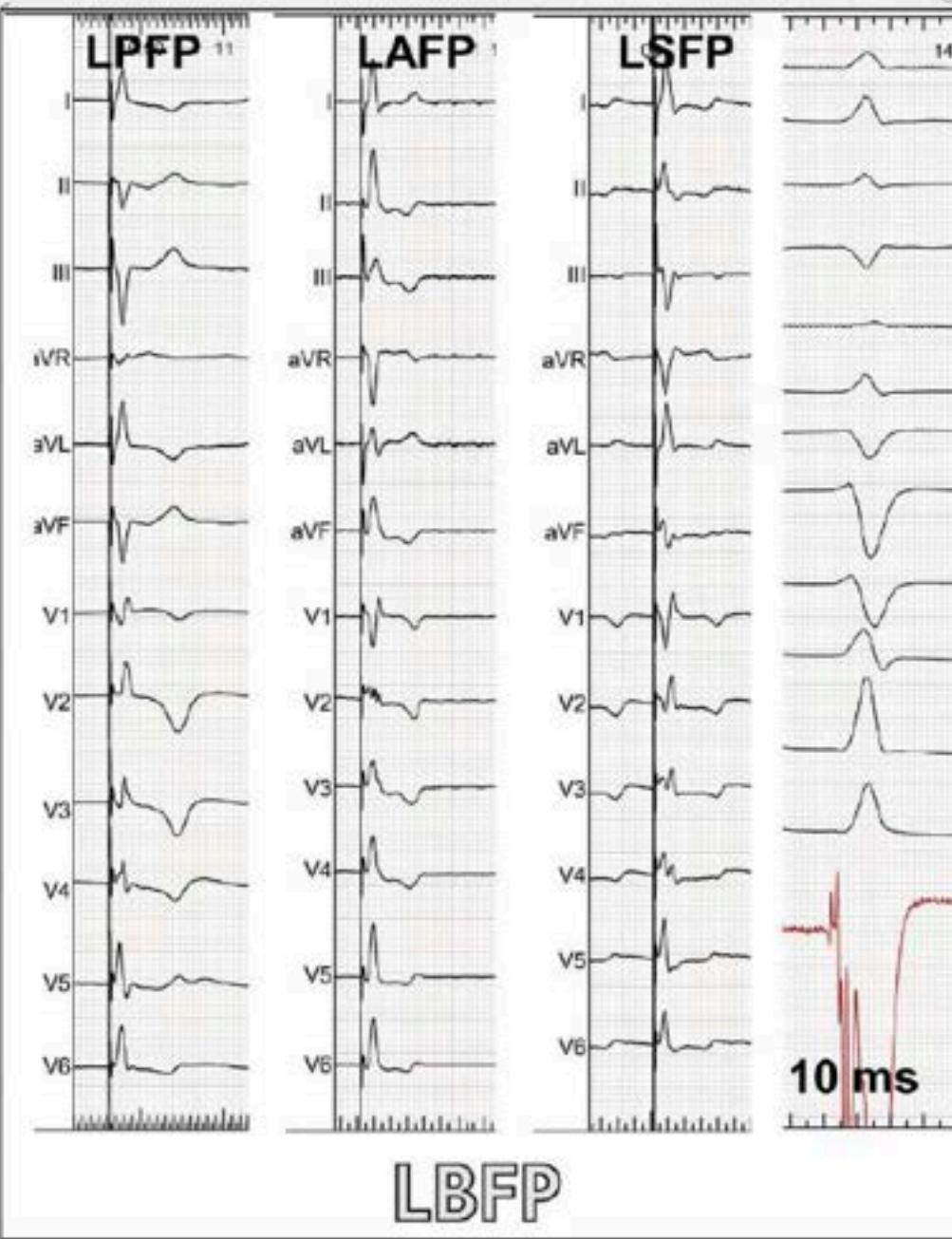
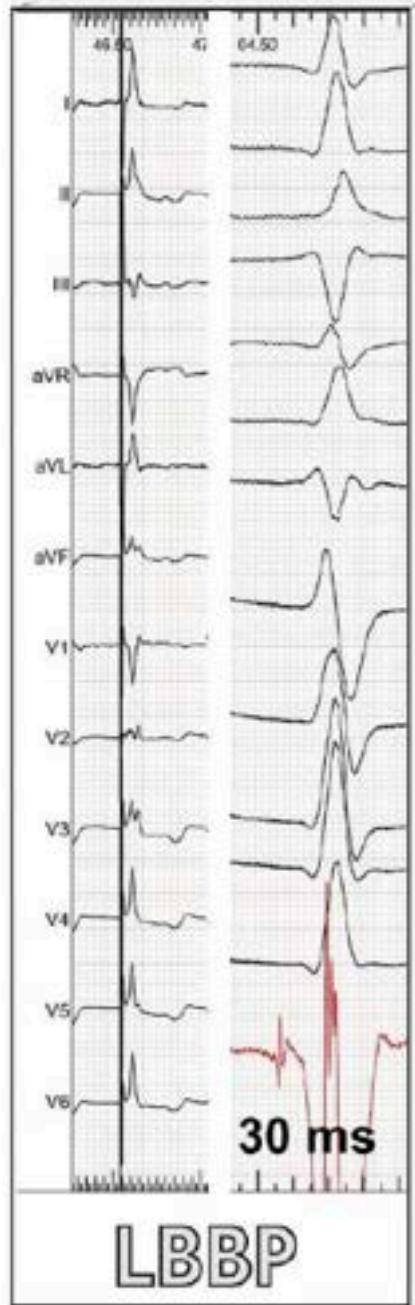
Description of the Left septal fascicle's anatomical variants in 20 normal human hearts

Type 1 = most common pattern showing definite septal division.

"The existence and importance of the Left septal fascicle cannot be ignored"

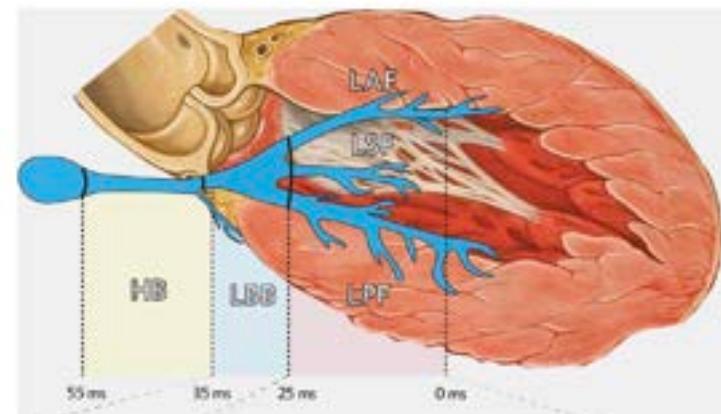
- Produce a network of interwoven strands covering the inferior third of the septum

FIGURE 2 | The anatomical variants of LSF. **(A–C)** The most common LSF pattern, known as type I. In this type, LSF may originate from the main LBB or any of its division (PD or AD). **(D)** Type II anatomical variants of LSF. The LSF branches concomitantly from the AD and PD. **(E)** In type III, LSF is a "fan-like interconnecting network." LSF, left septal fascicle; LBB, left bundle branch; AD, anterior division; PD, posterior division.



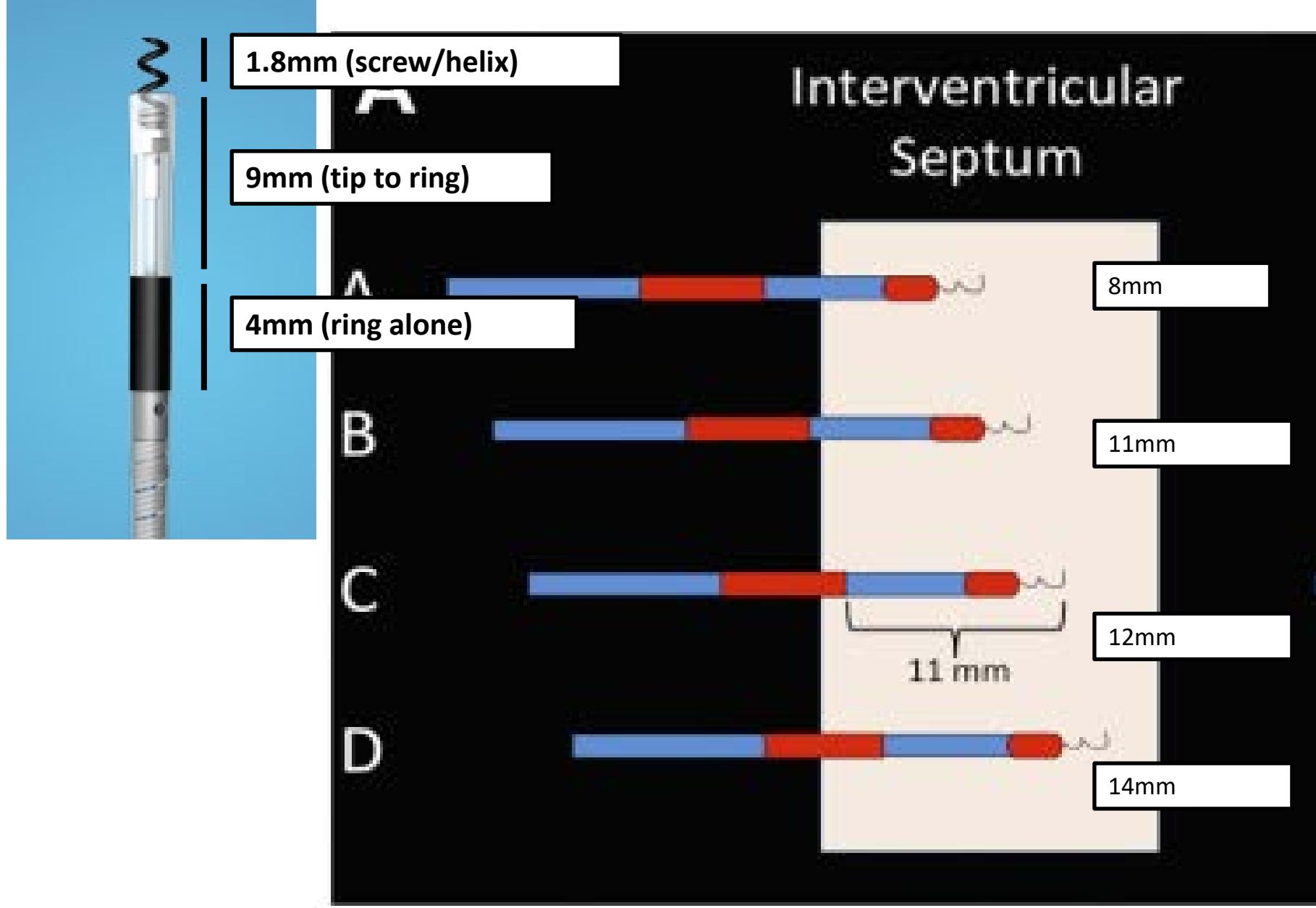
LB Fascicular pacing divides into:

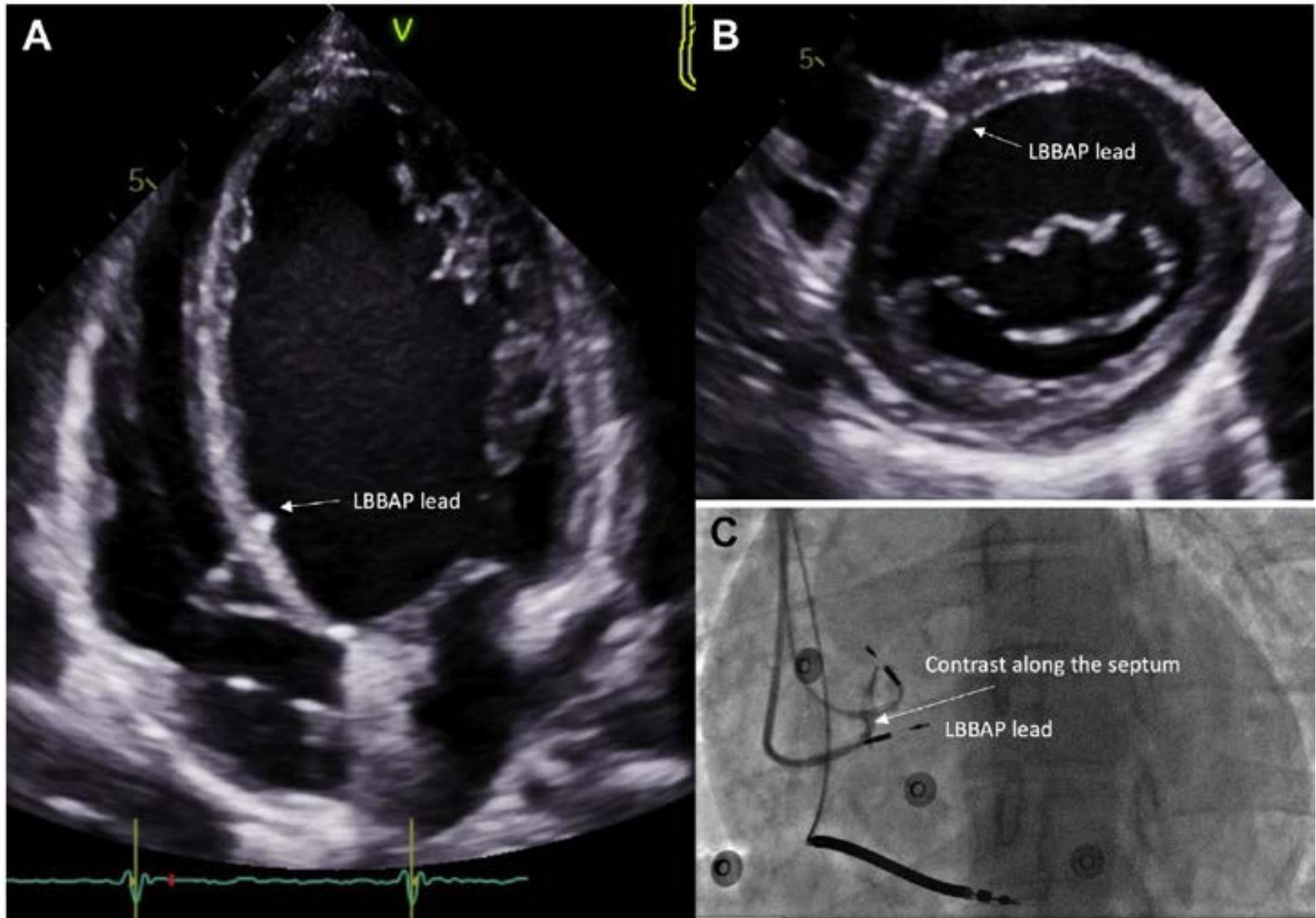
- I. **LPFP**: left posterior fascicle pacing: superior QRS axis (leads II and III mostly negative)
- II. **LAFP**: left anterior fascicle pacing: inferior QRS axis (leads II and III positive)
- III. **LSFP**: intermediate QRS axis (II mostly positive, III with negative component)

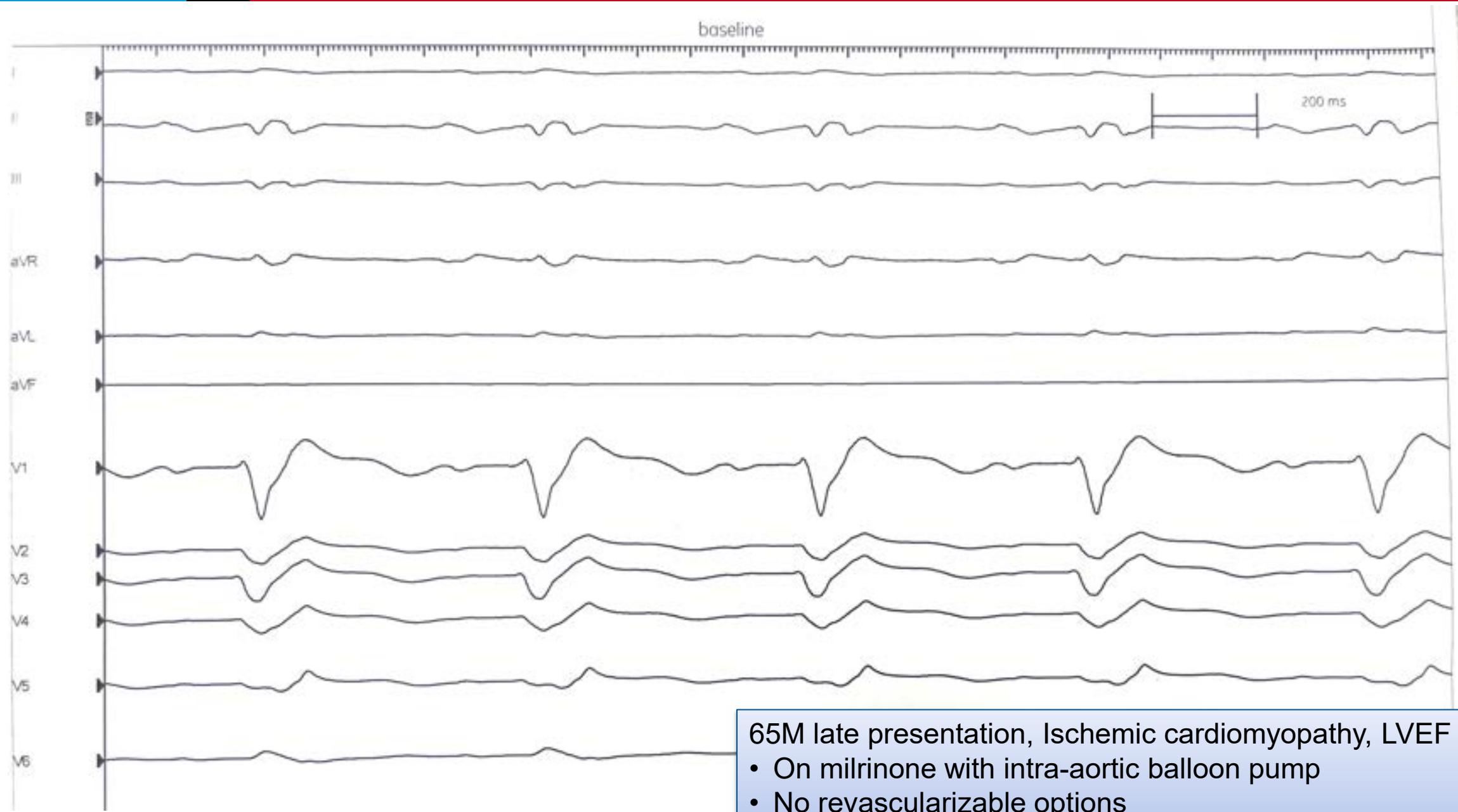




LIMA 1H RHM 17
Veno 3
cm 25
A
KV 87
mA 588
D 1186
LAO 24° / 0°



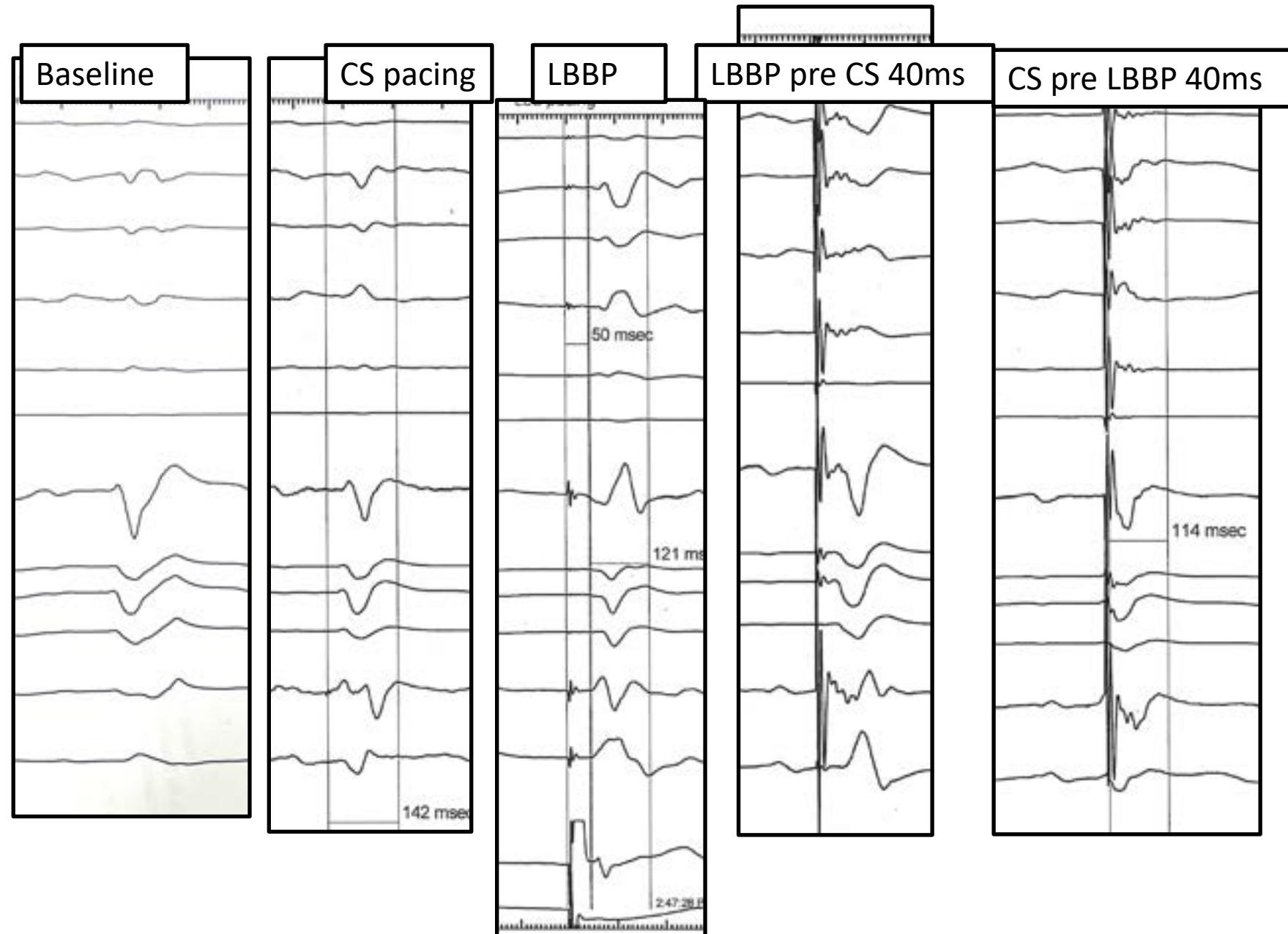


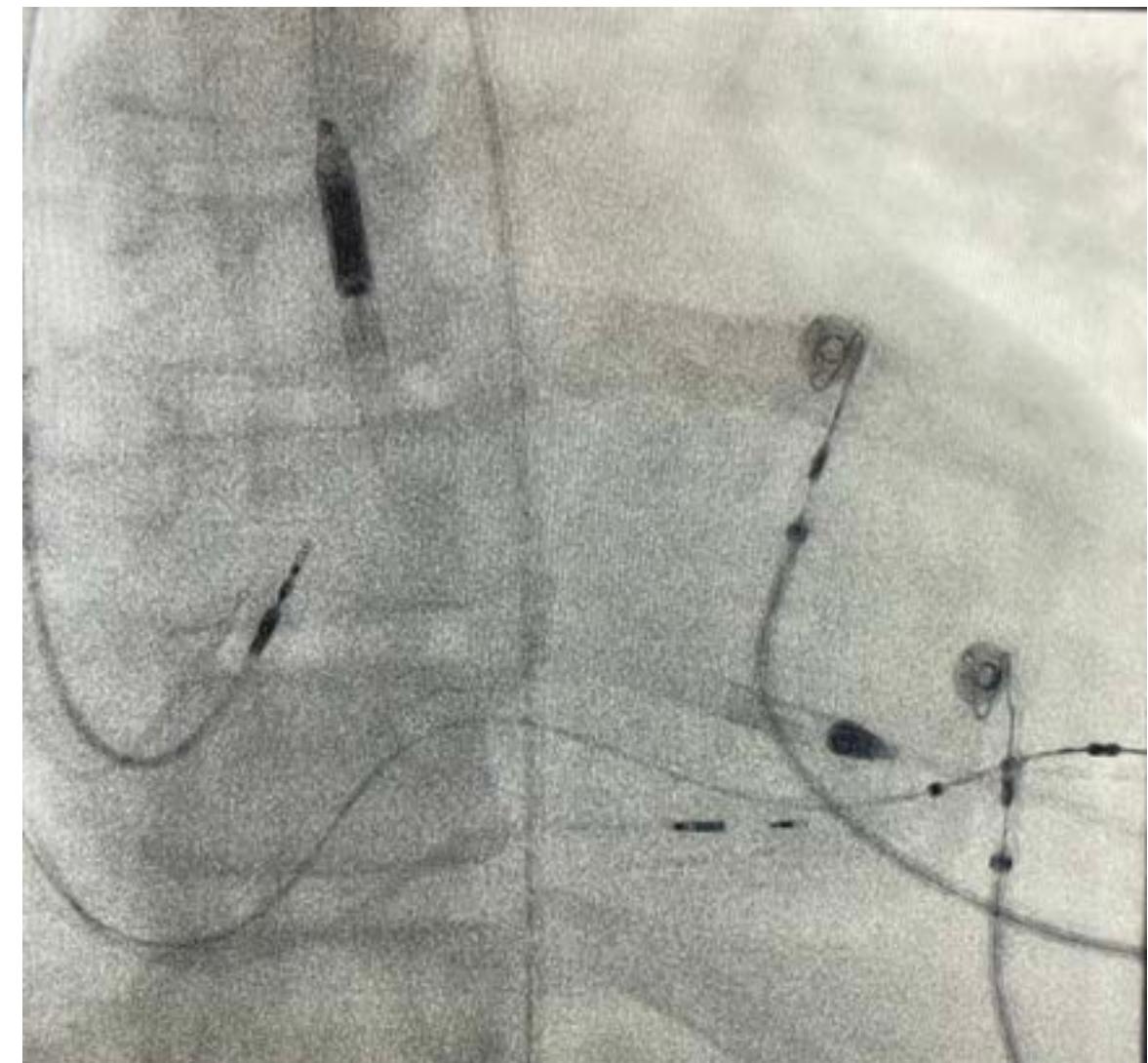
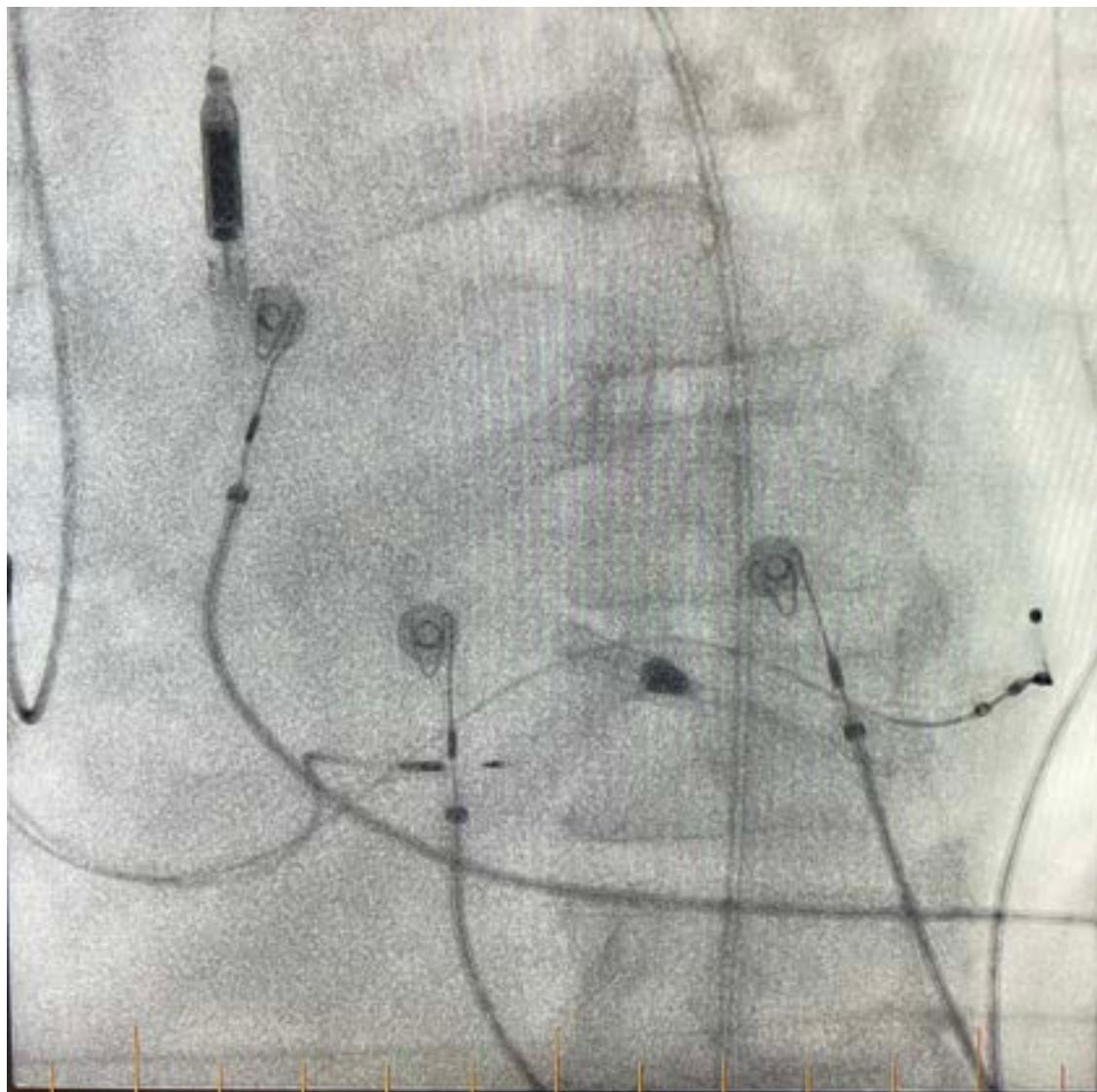


65M late presentation, Ischemic cardiomyopathy, LVEF 5%

- On milrinone with intra-aortic balloon pump
- No revascularizable options
- Refusing ventricular assist device/transplant







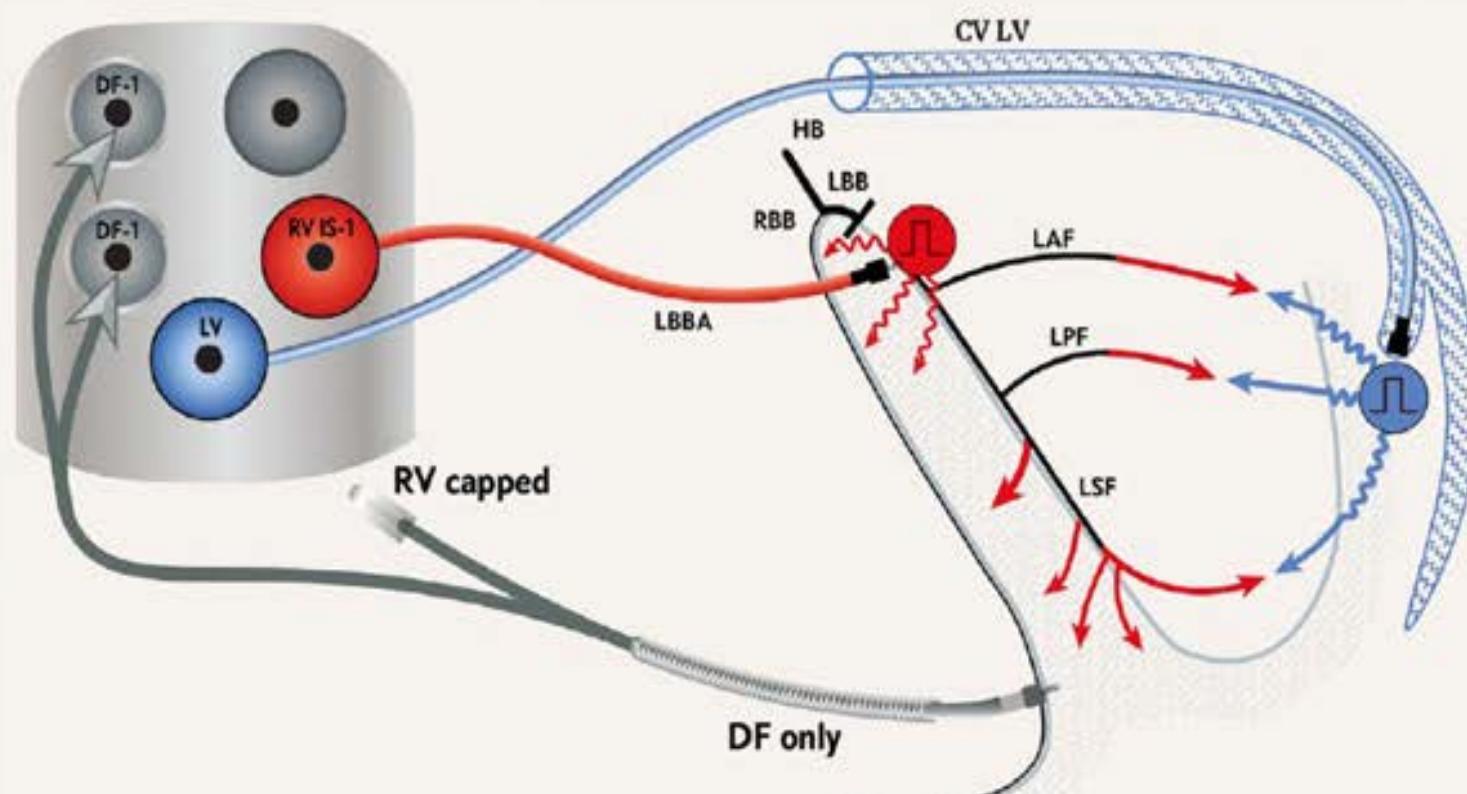




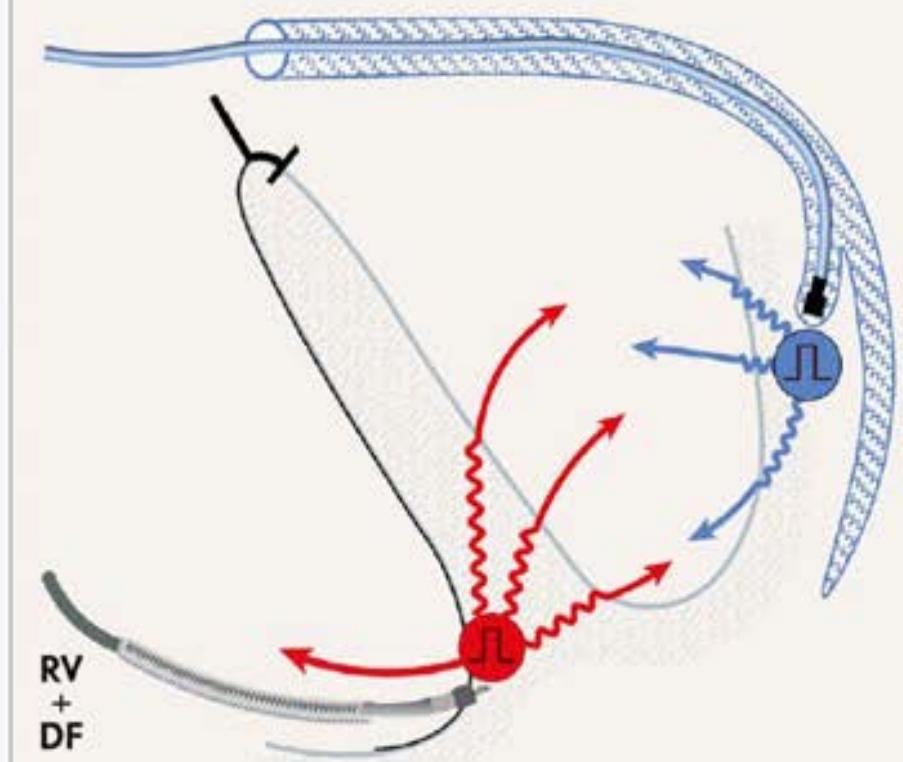
Intra-aortic balloon pump removed the following day, milrinone weaned off

Left bundle branch optimized CRT

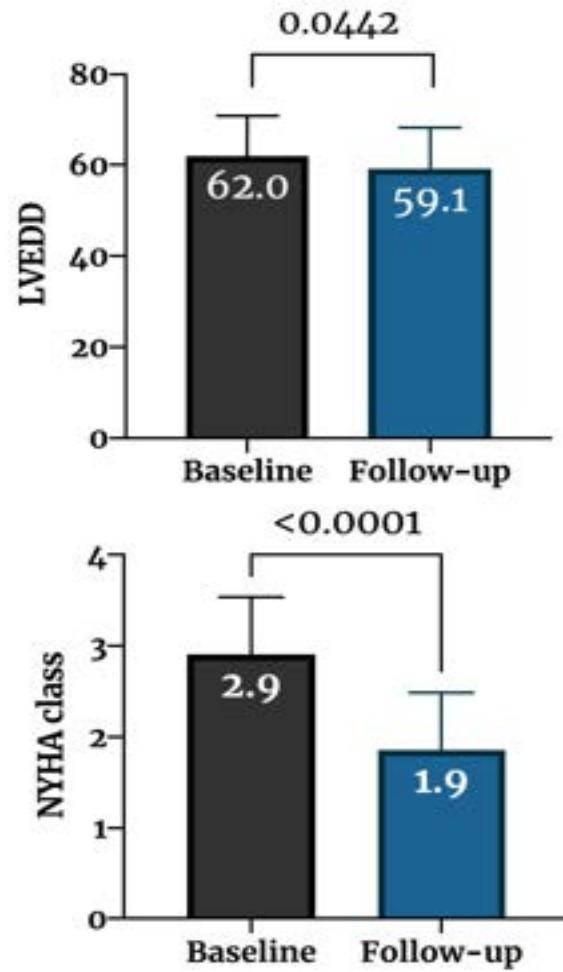
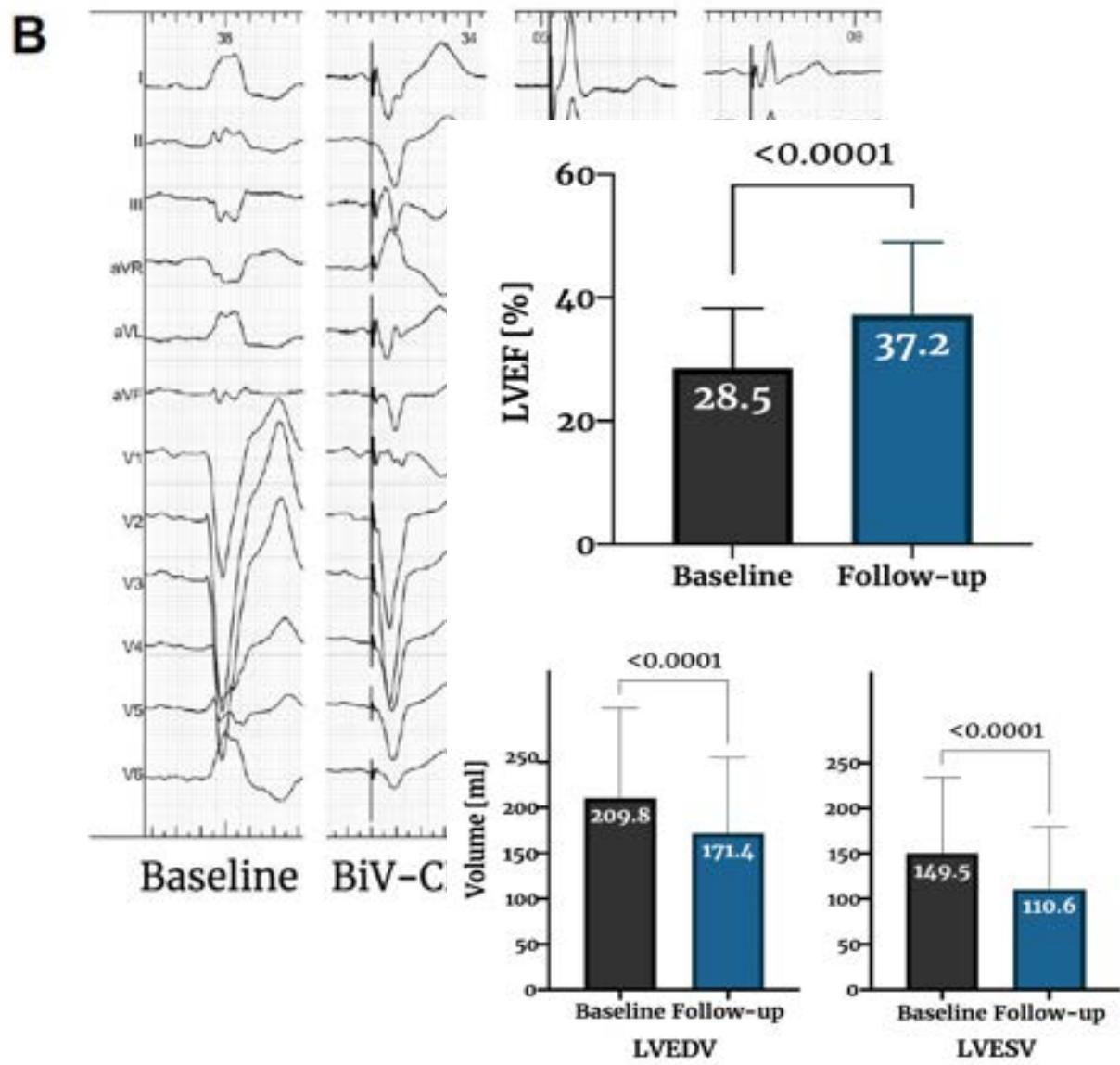
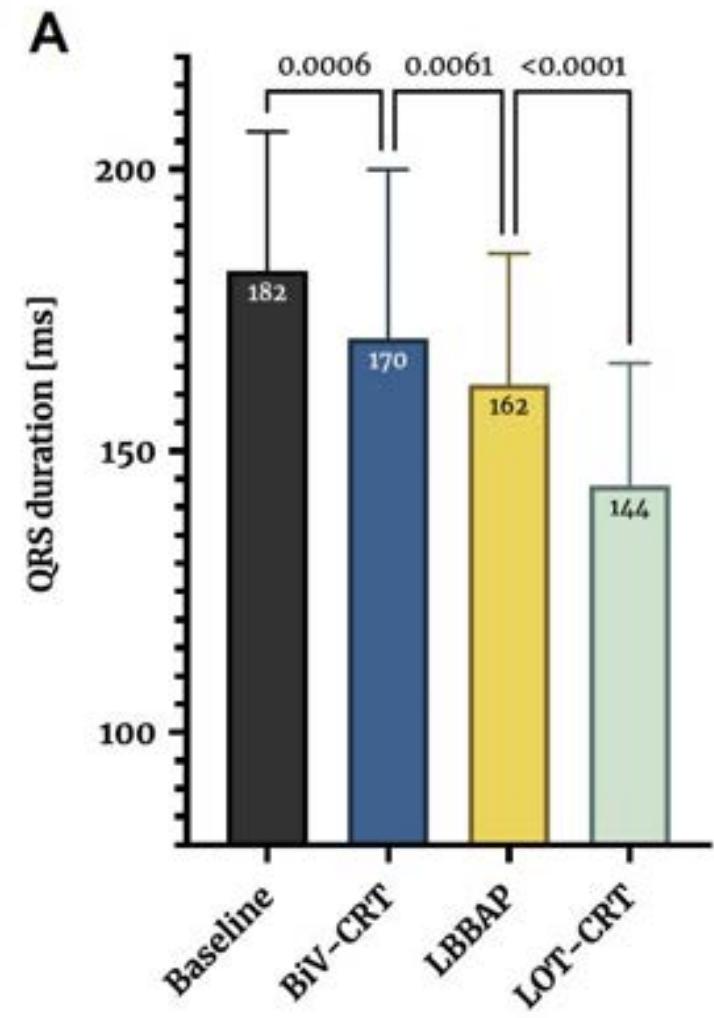
LOT-CRT



BIV-CRT

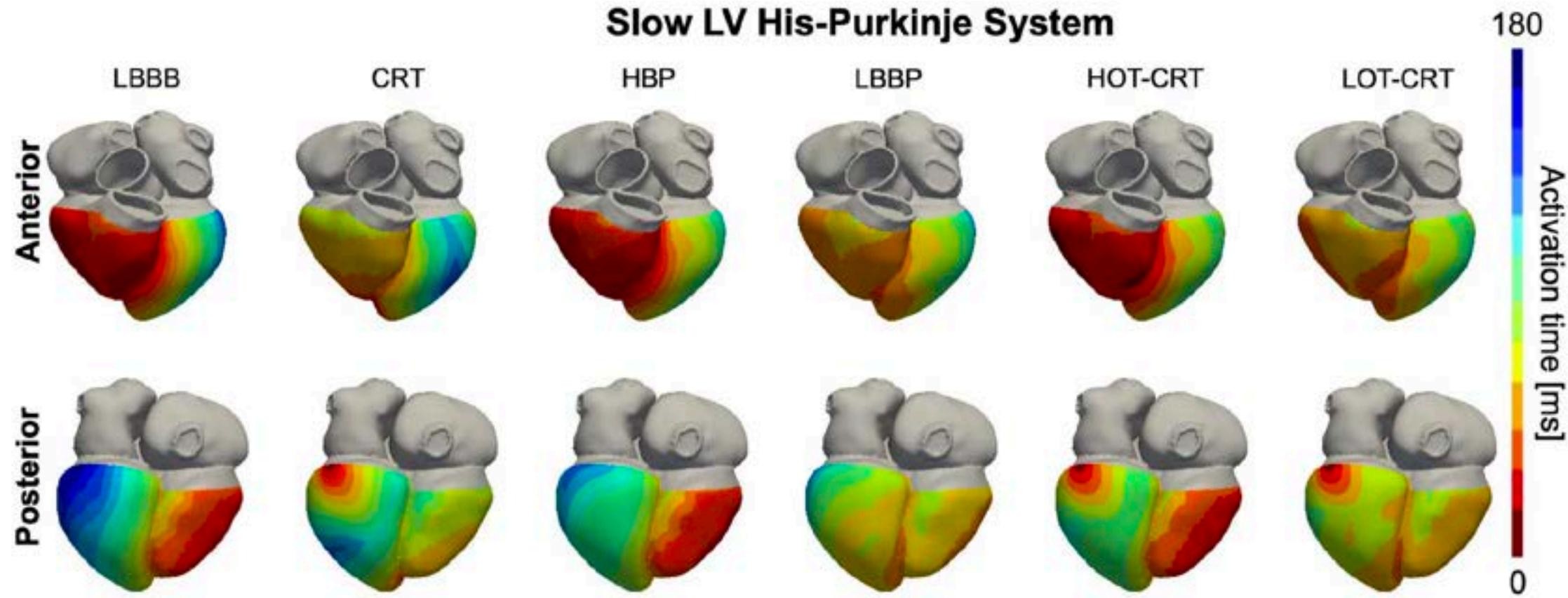


Left bundle branch pacing optimized CRT (LOT-CRT)



Ventricular Electrical Activation Simulations generated from HF patients

- Diffuse conduction disease, septal scar, and lateral scar were simulated
- Electrical synchrony was measured during pacing with varying modalities



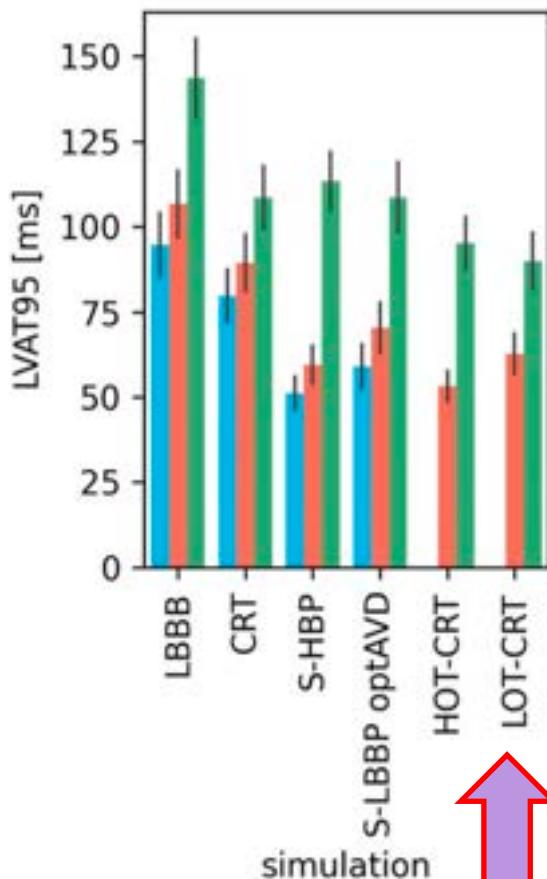
LVAT95

CRT or combination CRT + CSP able to achieve shortest activation time

CRT achieves shortest LV activation

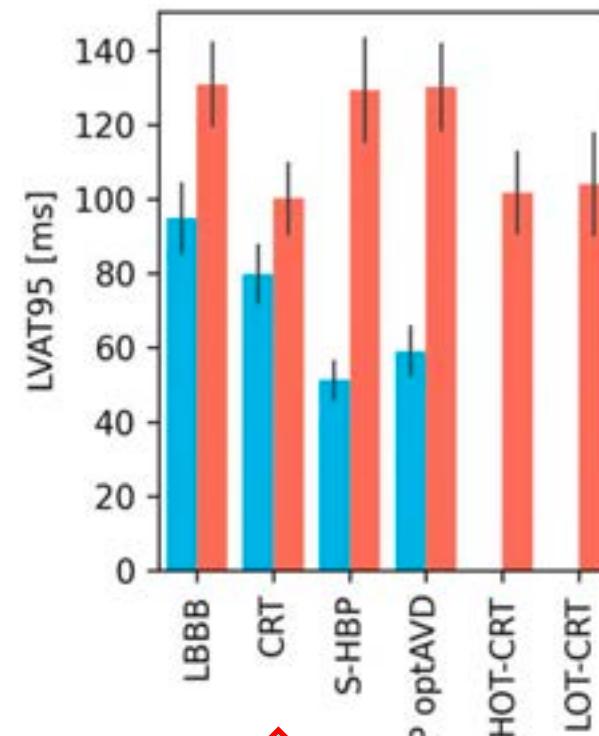
CSP achieves shortest LV activation

His Purkinje Disease



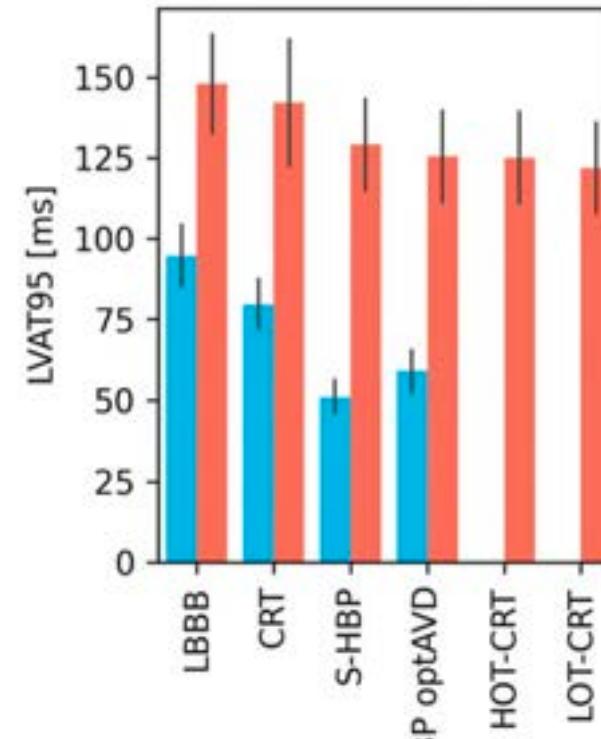
■ Mild LV His-Purkinje Conduction Slowing
■ Severe LV His-Purkinje Conduction Slowing

Septal Scar



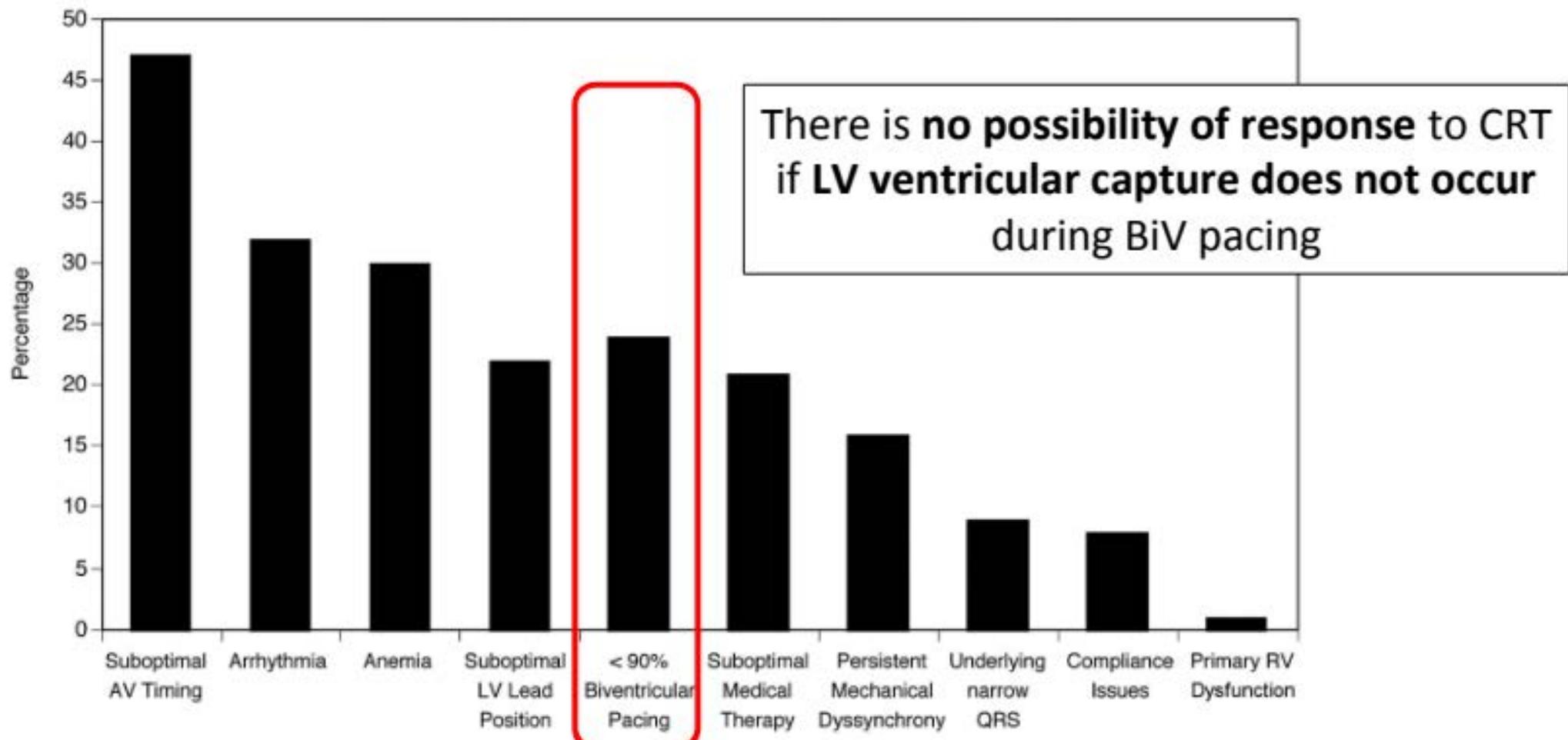
■ Normal His-Purkinje System
■ Septal scar

Lateral Scar



■ LV lateral wall scar

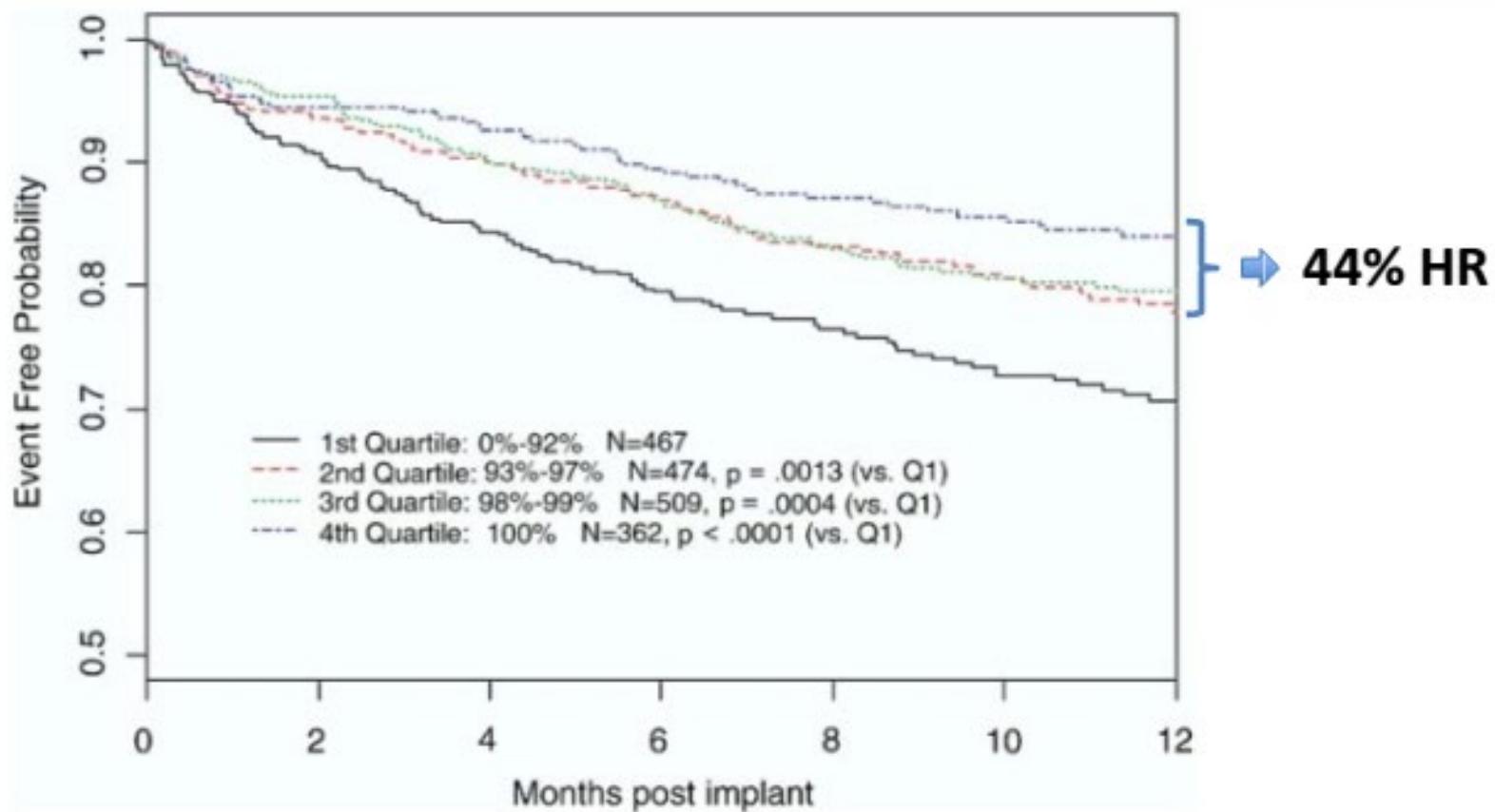
MAGNITUDE OF RESPONSE TO CRT



There is **no possibility of response** to CRT
if **LV ventricular capture does not occur**
during BiV pacing

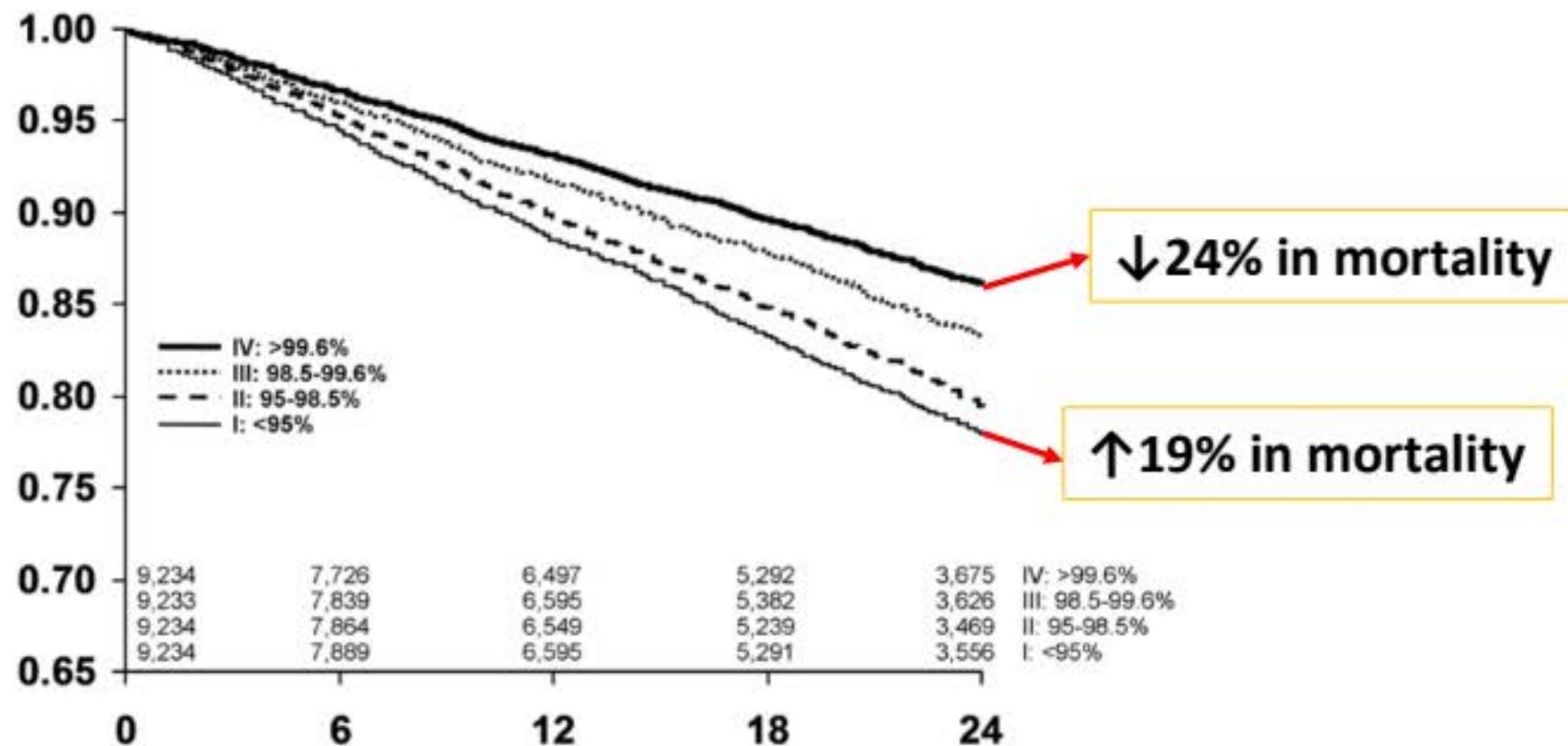
IMPACT OF VENTRICULAR PACING

- Small decreases in CRT pacing have a significant impact on long term outcomes:



IMPACT OF VENTRICULAR PACING

- Small decreases in CRT pacing have a significant impact on long term outcomes:

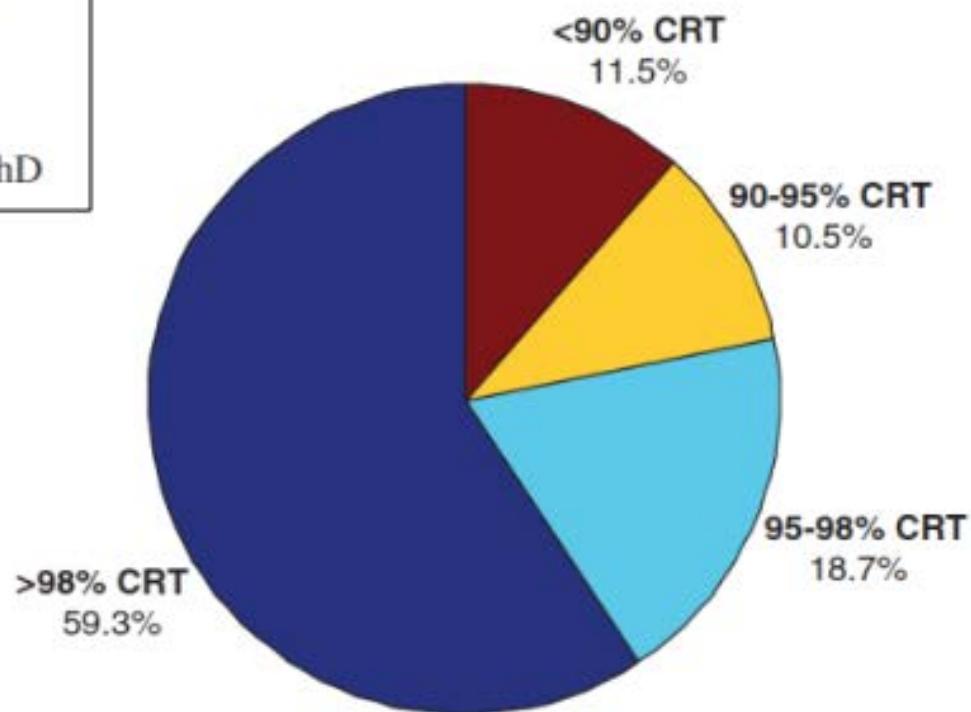


Reasons for Loss of Cardiac Resynchronization Therapy Pacing

Insights From 32844 Patients

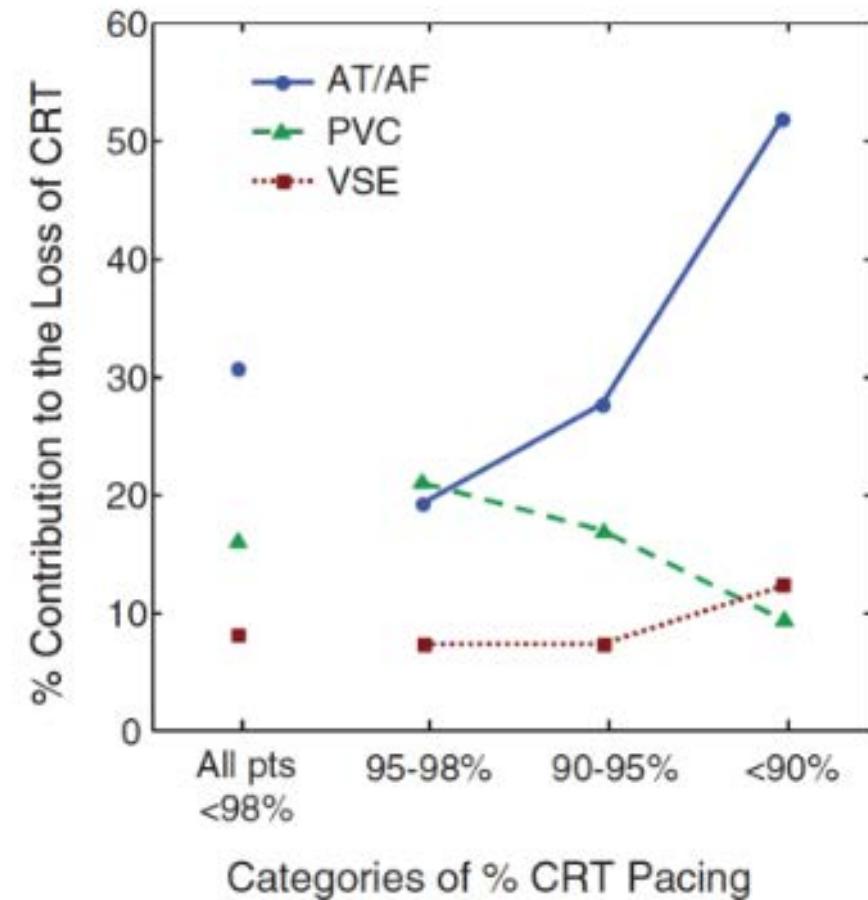
Alan Cheng, MD; Sean R. Landman, MS; Robert W. Stadler, PhD

- In 80.768 patients,
- 40.7% <98% CRT pacing.
- Evaluated **sensed events**.

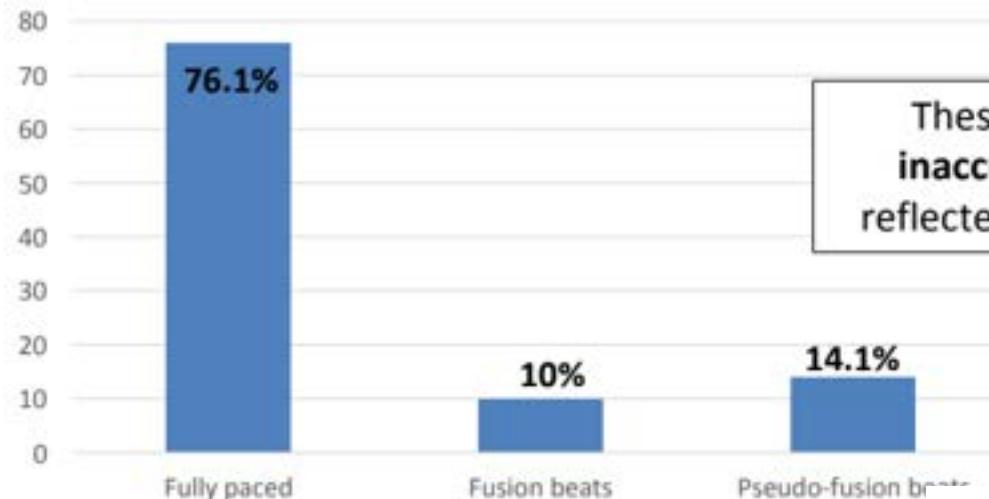


- Reasons to loss CRT pacing:

- AT/AF accounted for the largest % of lost CRT.
- An important reason was an inappropriate programming of SAV/PAV interval.
- Another important reason was PVC.

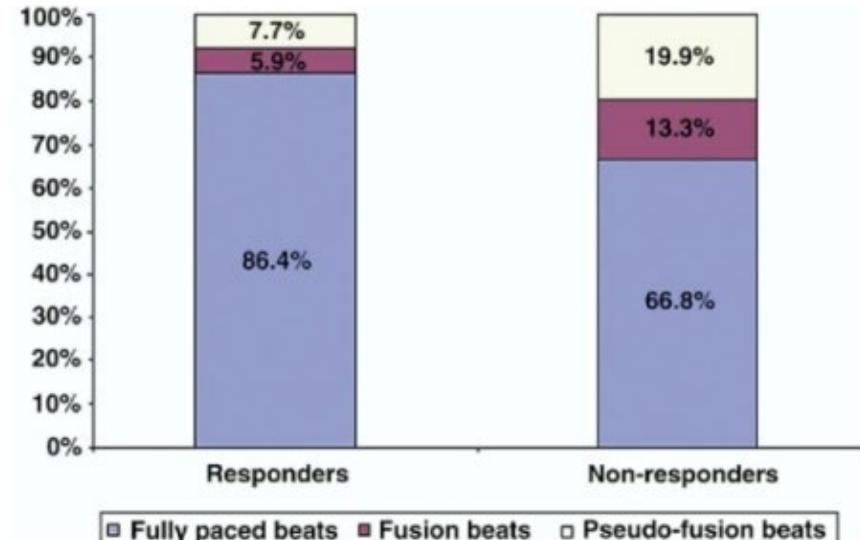


- Patients with a high degree of BiV pacing (device counters): $95.4 \pm 3.2\%$.



These results show the
inaccuracy of %V pacing
reflected on device counters

- Impact of ineffective capture on clinical response:



-2013 ESC Guidelines:

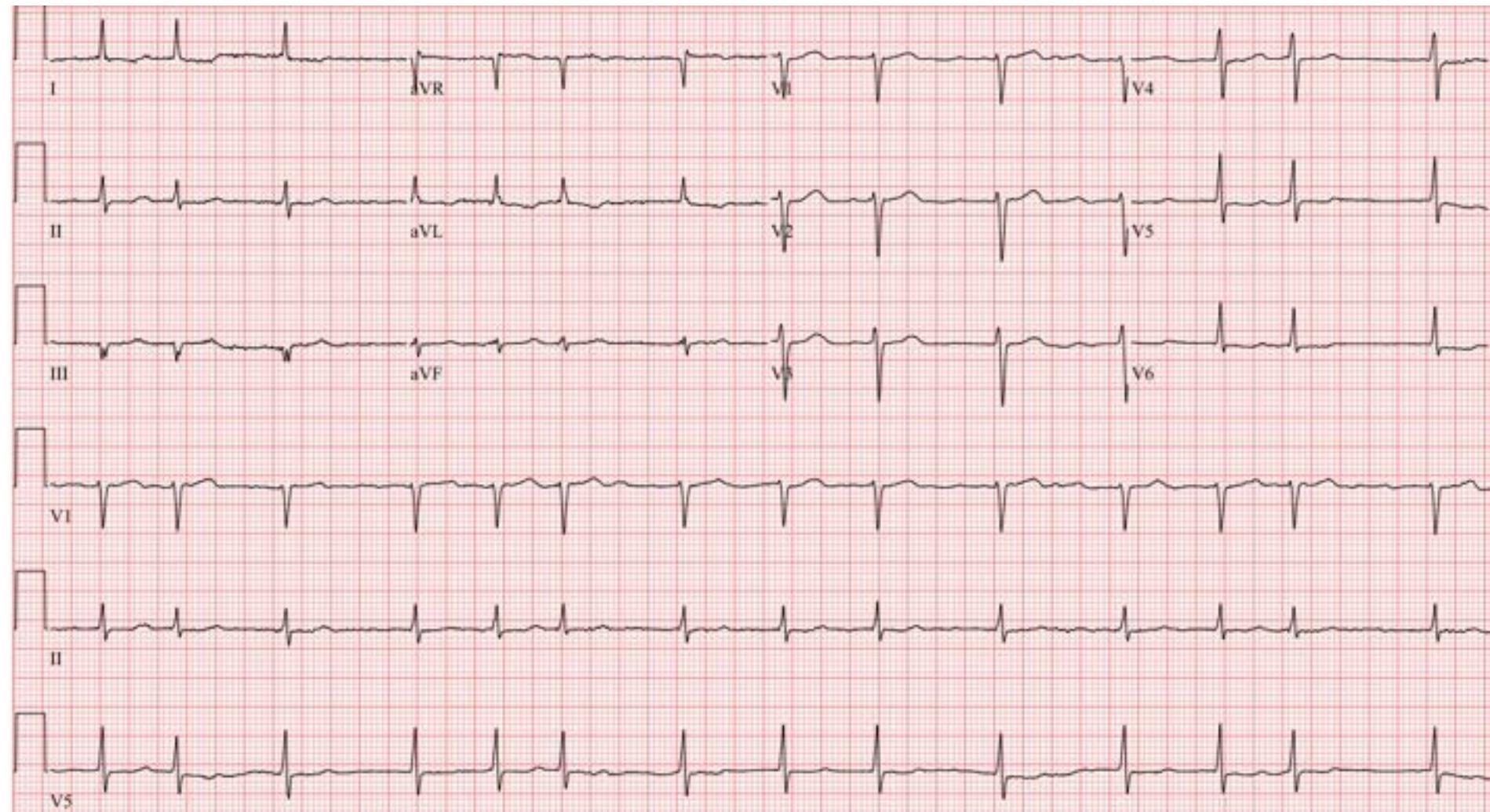
1 a major determinant of the success of CRT is the effective delivery of biventricular pacing. Data from large registries showed that a high percentage of biventricular pacing ($\geq 99\%$) was a prerequisite for successful CRT pacing and that AF was a major determinant of loss of biventricular pacing (see also section 3.2.2).^{67–69}

Failure of CRT was associated with new-onset AF during follow-up.^{w151,w152} A particular aspect of AF patients is that AF rhythms with fast ventricular rate and irregularity may interfere with adequate biventricular pacing delivery. Competing AF rhythm—by creating spontaneous, fusion or pseudo-fusion beats—may reduce the rate of real biventricular capture. A careful analysis of the surface ECG is mandatory and in some cases a Holter recording could be useful, to assess the completeness of biventricular capture and to exclude pseudo-fusion, which the device algorithms might register as paced beats.⁹⁶ In most AF patients with intact AV

HOW TO ASSESS EFFECTIVE BiV PACING?

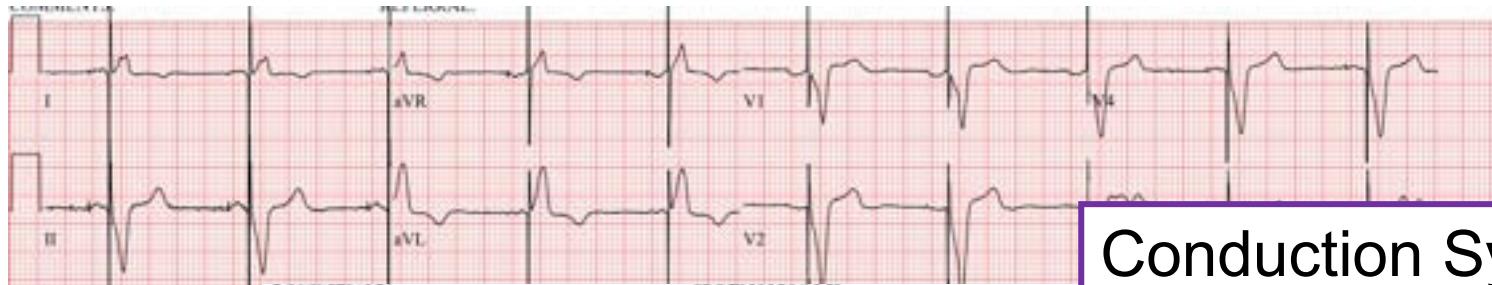
1. A high % of BiV pacing **does not confirm** effective LV pacing.
2. Reasons for **ineffective LV pacing** are:
 - i. **Loss of LV capture.**
 - ii. **Pseudo-Fusion:** AVI too long or effective pacing is prevented by intrinsic AV conduction (atrial fibrillation).
3. To confirm effective pacing: **surface ECG.**

80F Pre-op TAVI. Severely enlarged LA with chronic AF. Severe TR, EF 45%

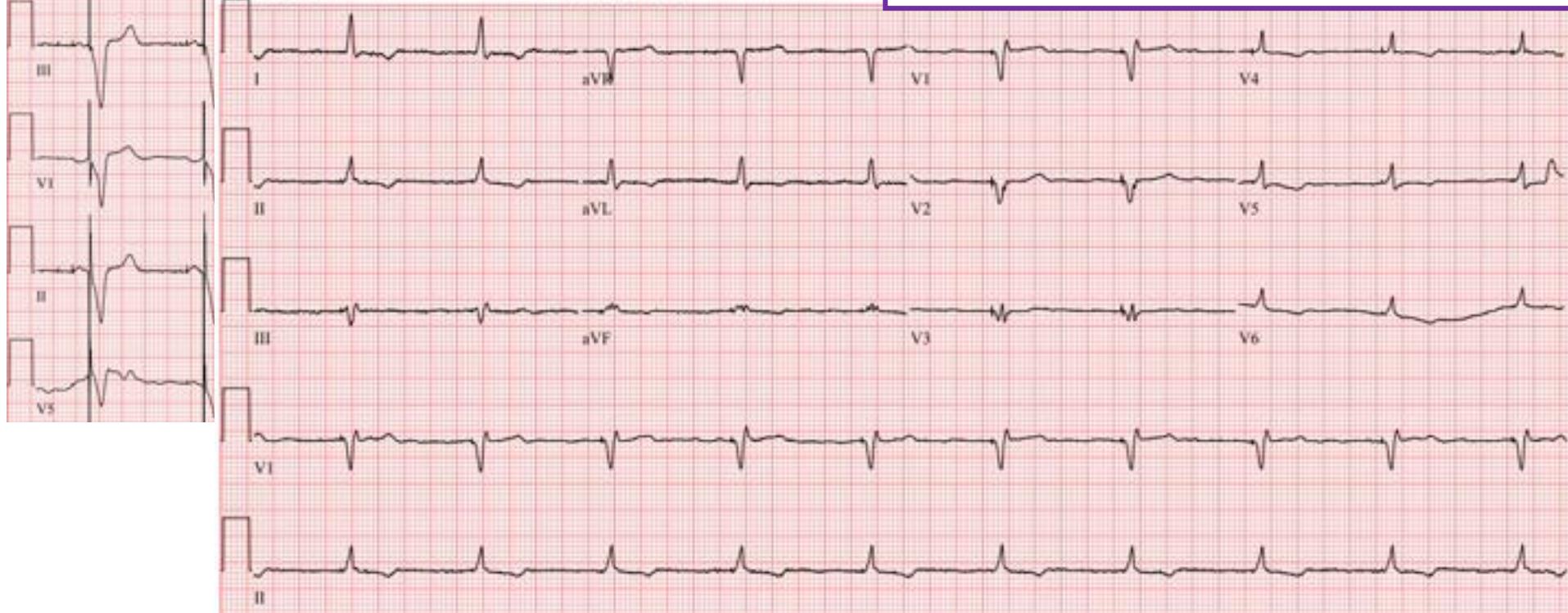


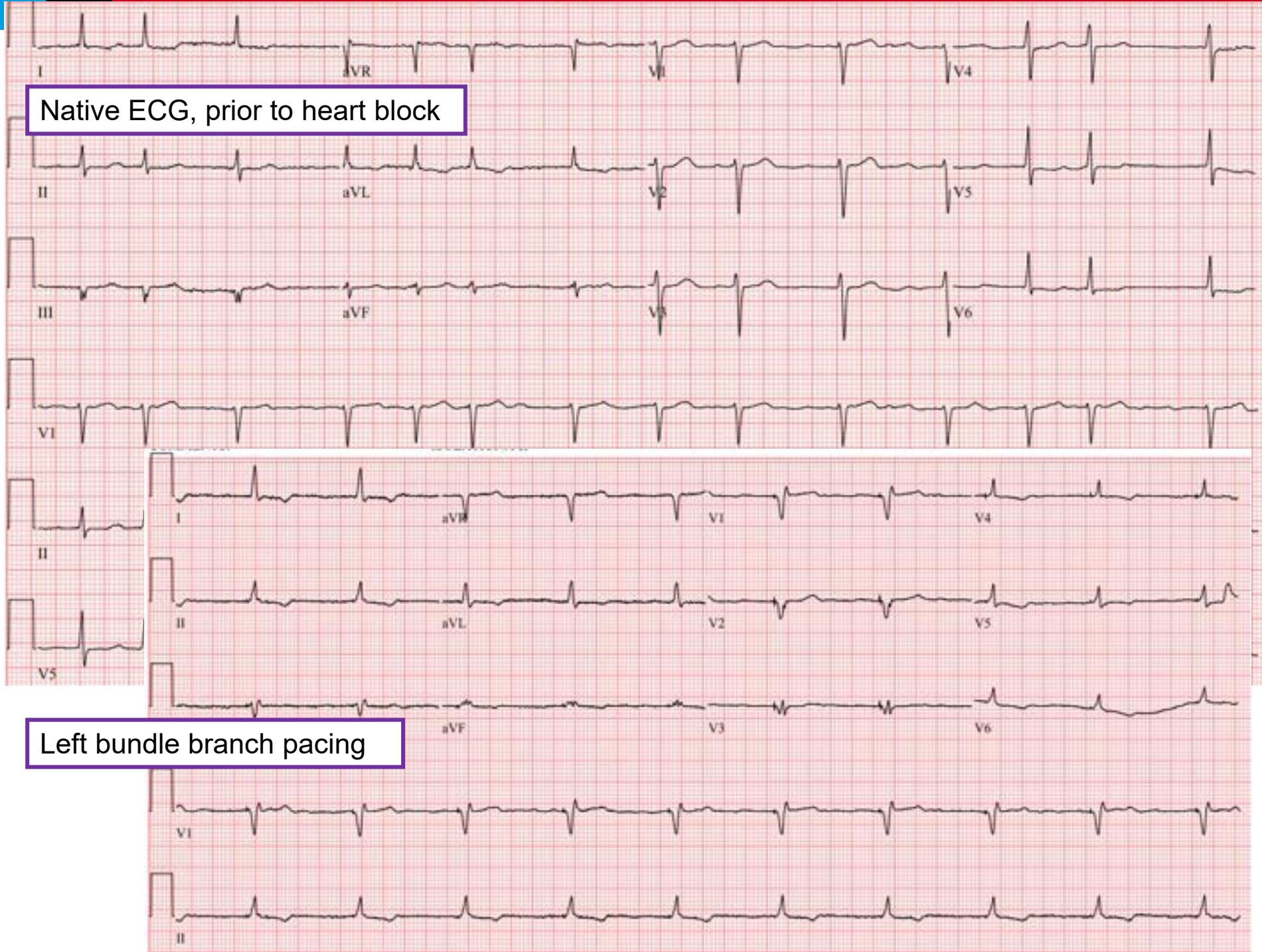
80F Post-op TAVI develops complete heart block, dependent on temporary pacing wire. What should we do now?

Standard RV pacing



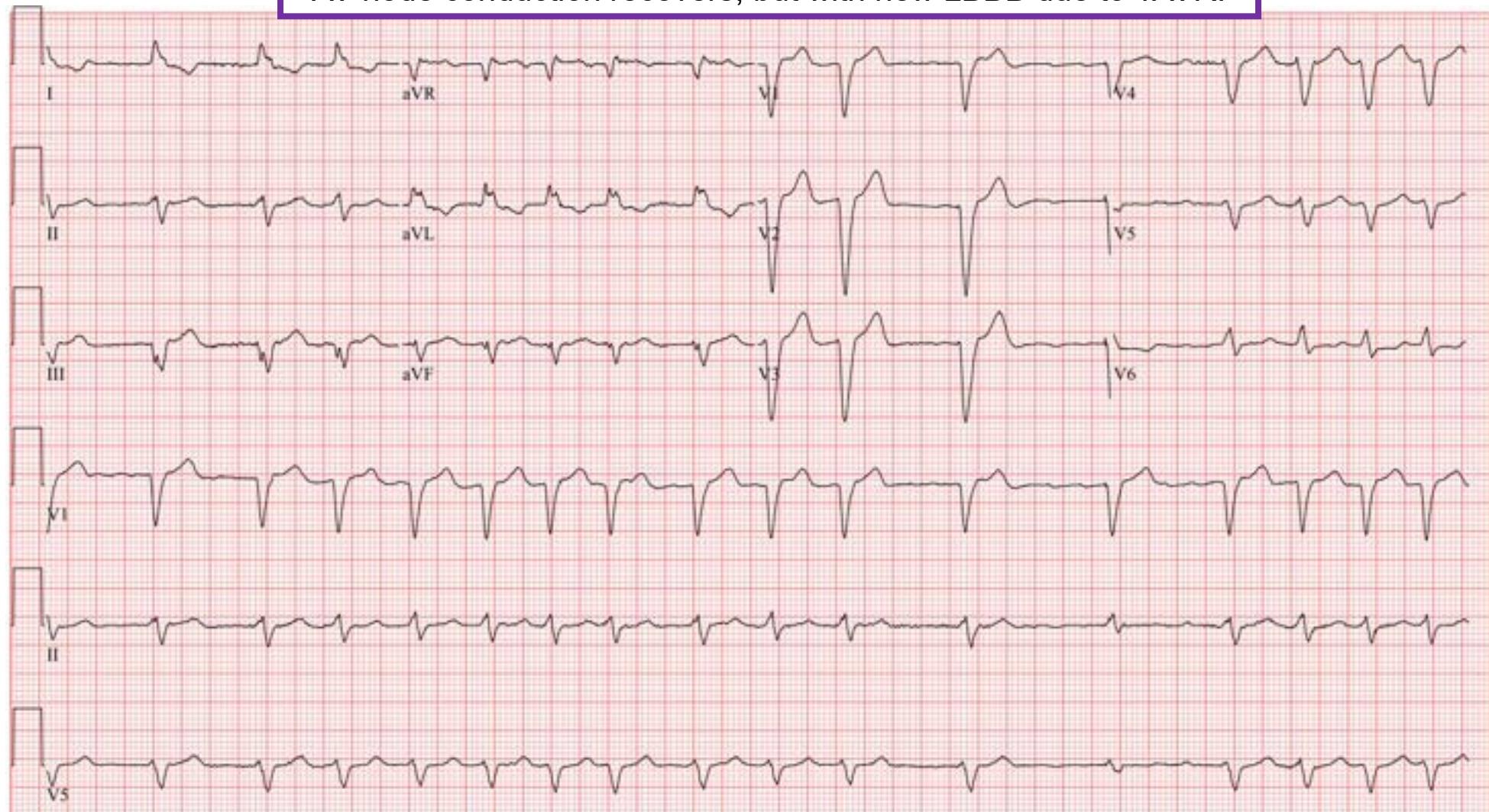
Conduction System Pacing

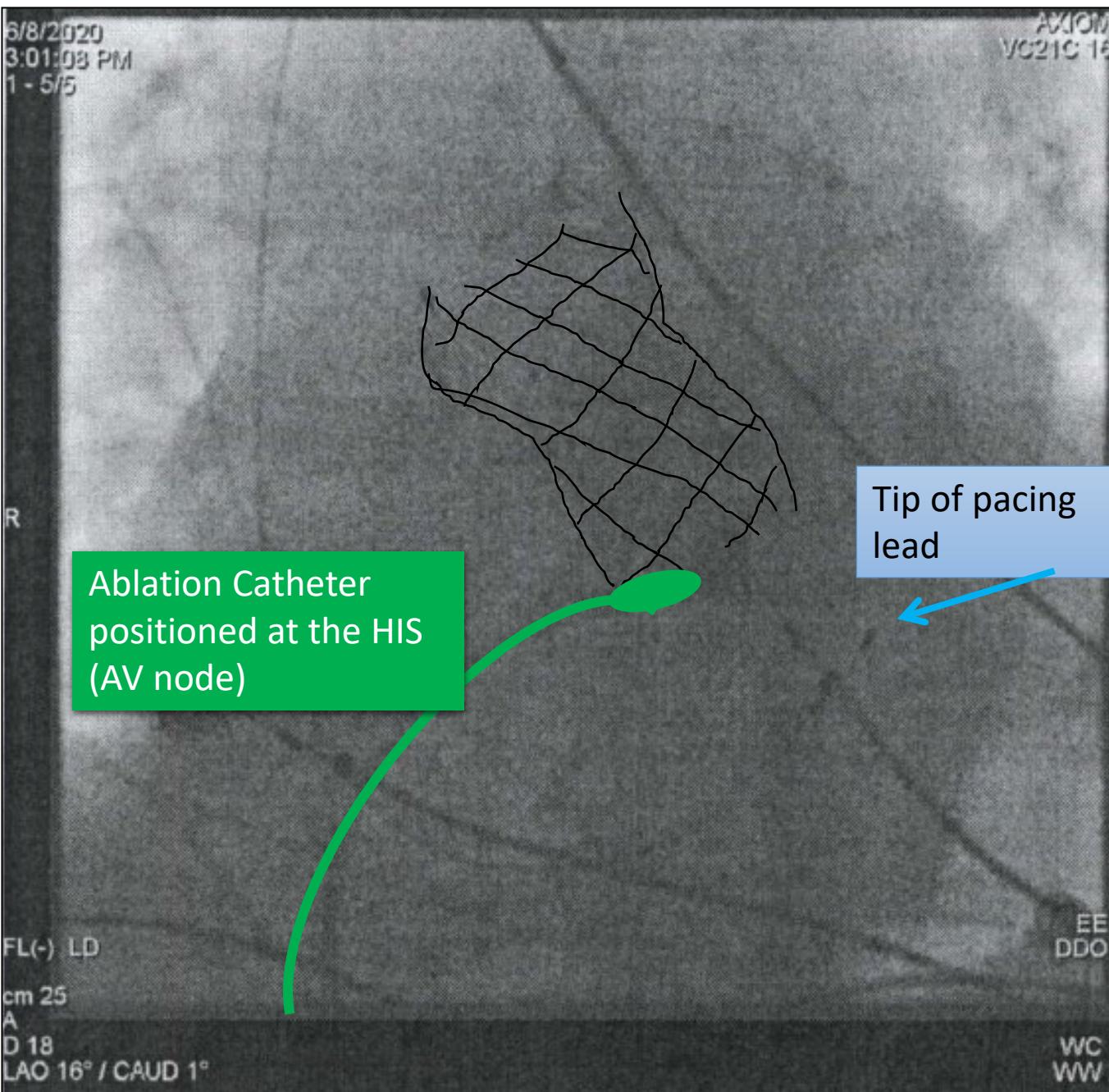




1 week later, presents to ED with pulmonary edema.

AV node conduction recovers, but with new LBBB due to TAVR.





80F Post AV node ablation

28-OCT-1939 (80 yr)
Female

Room:
Loc:1

Vent. rate 71 BPM
PR interval * ms
QRS duration 98 ms
QT/QTe 408/443 ms
P-R-T axes * 31 245

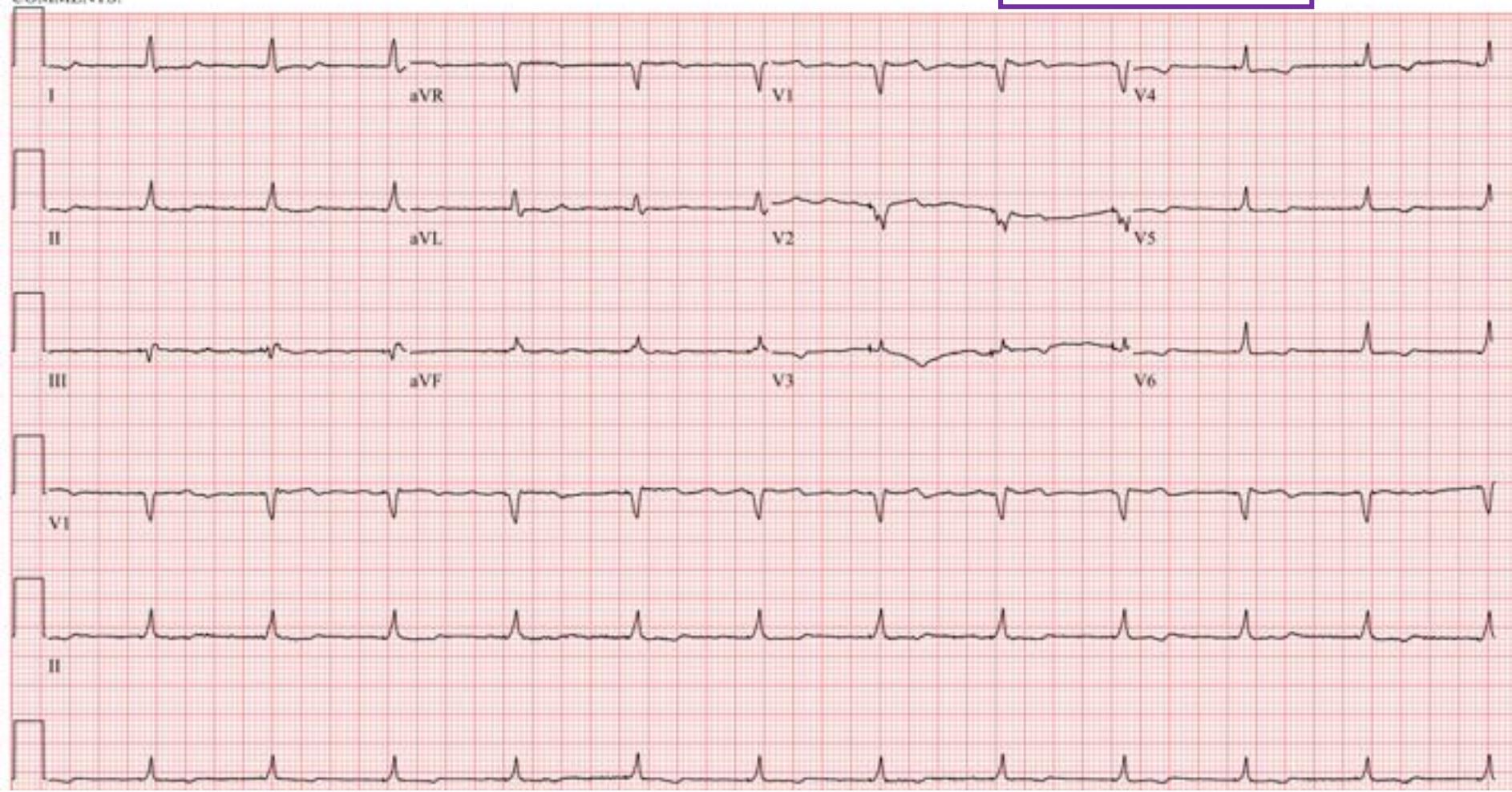
Electronic ventricular pacemaker

Technician: * Nurse
Test ind:

COMMENTS:

Post AV node
ablation
Threshold
0.5V@0.4ms

sole MD



Séance Q&R

Tous les panélistes

UN GRAND MERCI!

N'oubliez pas de compléter l'évaluation de la séance.



Ce n'est pas terminé! Veuillez-vous rendre dans le hall d'exposition (Samuel ABC) pour une pause santé, puis à la salle de bal Champlain pour la séance plénière 2 intitulée *Clinical Pearls and Conundrums in HF Clinical Care* qui débutera à 15 h 00.